

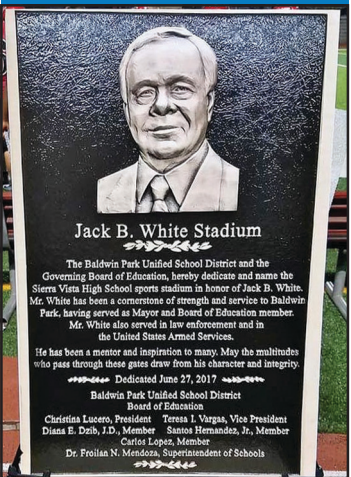


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20 Arcadia High School Students Named National Merit Scholarship Semifinalists

ARCADIA - 20 Arcadia High School students were recently distinguished as National Merit Scholarship Semifinalists. These skilled seniors join a group that represents less than one percent of high school seniors across the country. Semifinalists in the 2018 National Merit Scholarship Program will have an opportunity to compete for nearly 7,500 National Merit Scholarships collectively worth almost \$32 million.

"Receiving this honor and having the chance to be considered for a scholarship through this program makes me happy beyond words," said Arcadia High Senior and 2018 National Merit Semifinalist Elyse Yao. "I took a prep course before I took the SAT, but that class just built on the foundation laid by my Arcadia Unified coursework."

Approximately 1.6 million juniors from more than 22,000 high schools vied for entrance into the 2018 National Merit Scholarship Program by taking the 2016 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT). Scores from this test served as an initial screening of applicants. Of the 16,000 seniors chosen as semifinalists, about 15,000 are expected to continue as finalists. While some high schools have



Arcadia High School National Merit Scholarship Semifinalists: (Alphabetical order) Ethan Chen, Justin Chen, Liang-Wei Chen, Sean Chen, Conner Ching, Andrea Fang, Nicholas Figueira, Xinyang Gu, Daniel Ho, Frank Lee, Derek Li, James Shin, Arianna Togelang, Regina Wang, Elyse Yao, Benjamin Yeh, Xiaoke Ying, Warren Yuan, Edward Zeng, and Louis Zhao.

less than a handful of seniors invited into this program, in the past five years, Arcadia High School has been home to over 100 National Merit Semifinalists with more than 90% of its seniors advancing as finalists.

"We are incredibly humbled by the number of our Arcadia High students who make it into this program each year," said Arcadia Unified School District Superintendent Dr. David Vannasdale. "It's a testament to the commitment to education our students and teachers make every day and

is what makes Arcadia High School one of the top public high schools in the country."

More than half of the finalists will be awarded a National Merit Scholarship, earning the title "Merit Scholar." Finalists will be notified in February, and scholarships will be awarded starting in April and concluding in July.

Arcadia High School has been distinguished a U.S. News and

World Report Gold Medal School three times, an honor bestowed on less than 3 percent of the more than 19,000 schools in the country. Similarly, Newsweek named Arcadia High on its Top Public High Schools in America list. Arcadia High was also recently identified by Niche.com as being in the top 2 percent of the best public high schools in

California. For the second consecutive year, Arcadia High's 2017 graduating class had at least one student accepted into every Ivy League school in the country. Likewise, the Arcadia Unified School District is one of only 22 districts in California to be named on the College Board's most recent and 7th Annual AP® District Honor Roll.

Glendora Police Visit Schools During Child Passenger Safety Week

By Jayam Rutnam

GLENDORA - On Monday September 18th, Corporal Bill Lee of the Glendora Police Department, and Police Officer Lewis were accompanied by Police Cadets who went to Stanton Elementary School on Vecino Drive in Glendora. From 1 p.m. to 3 p.m., they handed out informative flyers to parents of the children they were picking up.

The Glendora Police Department, the Glendora Unified School District and the Charter Oak Unified School District pledged to keep children safe around the schools this school year. The program encourages residents of the City of Glendora to drive safely around schools.

The Child Passenger Safety Week was from September 17th through September 24th.

The Glendora Police Depart-



Parents of children attending Stanton Elementary Jessica Babcock and Rebecca Messenger are handed informative flyers by Corporal Bill Lee.

ment also handed out informative flyers about California's Child Passenger Safety Law. For more

information on car seat safety, please go to www.nhtsa.gov/carseat.

Gold Star Banner Goes Up in West Covina for Lance Corporal Ruben Velasco

By George Ogden

WEST COVINA - The City of West Covina along with state and city officials unveiled on Wednesday, Sept. 20, a gold star banner in honor of Lance Corporal Ruben Velasco, a 19-year-old resident who was killed last month in an aircraft crash.

Velasco, a lifelong resident of the San Gabriel Valley who attended and graduated from West Covina High School entered the military right after graduation.

While on a training exercise, he lost his life, along with two fellow Marines, when the MV-22 Osprey tiltrotor aircraft they were flying in crashed off the coast of Queensland, Australia, on the night of Aug. 5.

The banner was unveiled in front of his parents, family and friends in front of City Hall and the court house on West Covina Parkway. The gold indicates that a family member has died during their military service.

Velasco leaves behind; including the girl he is engaged to, his high school sweetheart, Nicole "Sticks" Valdiviez. He is survived by his parents, an older brother, a younger sister and a new baby brother.

The dedication event was well attended.



LA County Public Defender Jail Mental Health Program Wins Top Ten Award



Program collaborators from left: Head Deputy Mitchell Bruckner; Clinical Social Worker Natalie Rojano Jenkins; Chief Joanne Sharp; Social Worker Manager Tracie Jones, and Assistant Public Defender Winston A. Peters.

LOS ANGELES COUNTY - A new LA County Public Defender program that assists incarcerated, mentally ill and developmentally disabled clients has won a coveted Productivity and Quality Award.

The award honors LA County departmental improvement efforts deserving recognition by the Board of Supervisors, Chief Executive Office, Quality and Productivity Commission and the public.

Called the Jail Mental Health Liaison Program, the effort for the first time allows Public Defender licensed clinical social workers direct access to detained mentally ill and developmentally disabled inmates. These efforts help ensure the inmate receives the correct medication, proper interventions, more humane treatment and alternatives to remaining in custody. The approach also improves their legal outcomes in court.

Since its inception in January 2016, more than 400 mentally ill and developmentally disabled inmates have benefited from this crucial service, significantly reducing the need for these vulnerable clients to endure forced, often-violent physical extraction

from cells.

The Public Defender program was developed in collaboration with the Department of Mental Health (Health Services), the Sheriff and the District Attorney. Currently, the program is available for the Airport and Lancaster branch offices with hopes to expand.

Often, mentally ill clients in custody are incapable of meaningful communication with their attorneys either in person, or through video conferencing and telephone calls. Many are not taking proper medication, suffer from depression or become suicidal. They may refuse to exit their cell to appear in court. This may result in disciplinary issues. The attorney-client relationship may suffer.

The social worker liaison streamlines each client's case. Before the program, if a mentally ill client had an issue in jail — not taking their medication, refusing to go to court or eat, becoming despondent — sheriff's deputies would contact the client's attorney, who would try to schedule a meeting usually at a later date.

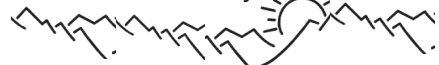
Now, deputies email the liaison team and within 24 hours,

typically much sooner, a Public Defender social worker arrives at the Twin Towers Correctional Facility where most mentally ill inmates are housed and meets with the client face-to-face.

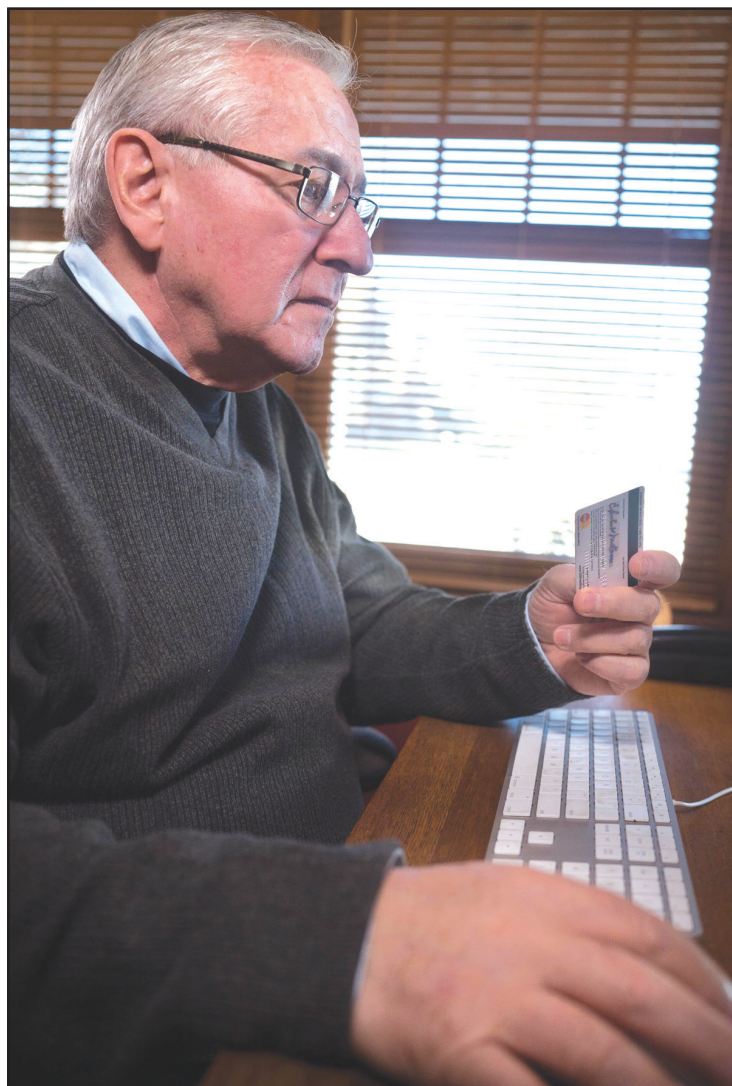
With the inmates' mental health issues analyzed, assessed and resolved by the liaison, Public Defender attorneys can focus their attention on the legal aspects of the case. These coordinated efforts expedite case processing, and result in better case outcomes and quicker mental health services for the client.

Often, after the social worker speaks with a client refusing to leave his cell, the issue is resolved, eliminating the need for forced removal. Addressing the client's underlying psychological and medical needs reduces court delays and ultimately helps the client move out of the criminal justice system.

The program is among the top ten entries to be honored during the 31st Annual Productivity and Quality Awards event Oct. 18 at the Dorothy Chandler Pavilion Music Center's Grand Ballroom. During the event, the gold, silver and bronze winners will be announced.



Protecting Seniors Online from Scams, Hacks and Tax Fraud



The vast majority of seniors today are using the Internet at least once a week to check email, pay bills online and keep in touch via social media. But all that time online puts them at risk for scams and hacks, such as tax fraud.

In fact, a new survey by Home Instead, Inc., franchisor of the Home Instead Senior Care network, found that 67 percent of surveyed older adults have been the victim of an online scam or hack.

Encouraging seniors to practice cyber security can go a long

way toward protecting their identity and sensitive financial information. Home Instead collaborated with the National Cyber Security Alliance to create Protect Seniors Online, available at www.ProtectSeniorsOnline.com, a free resource that educates older adults about cybersecurity. Here, seniors can test their cybersecurity skills with the "Can You Spot an Online Scam?" quiz.

Older adults can take the following steps now to protect themselves online:

*Password protect and secure

devices, accounts. Lock all devices (including computers, tablets and smartphones) with secure passwords in case devices are lost or stolen.

*Think before clicking. When faced with an urgent request -- like emails asking for money -- think before clicking or get a second opinion. Clicking on links is often how scammers get personal information. When in doubt, trash an unusual message.

*Share with care. More than half (51 percent) of seniors surveyed by Home Instead use social media to stay connected. Use care when sharing personal information, adjust privacy settings to limit who can see your information, and turn off location sharing.

*Use security software. Install anti-virus and anti-spyware software and program it to run regularly. And be wary of pop-up ads or emails, many of which contain malware that can infect computers.

*Log out. Log out of apps and websites when you are finished. Leaving apps and websites open on computer screens could make you vulnerable to security and privacy risks.

*Recommend support. Older adults who live alone may need help from a trusted source -- such as a family member, tech-savvy friend or professional caregiver -- to serve as a second set of eyes.

To explore additional Protect Seniors Online resources, including the interactive quiz, visit www.ProtectSeniorsOnline.com

A Home Instead office near you can be found by visiting www.homeinstead.com/state. (NewsUSA)

Americans Address The Need To Better Prepare for Alzheimer's Disease

The odds that you know someone affected by Alzheimer's are high, considering that more than five million people are living with Alzheimer's and more than 15 million Americans provide unpaid care for those living with the disease.

With the number of people in the United States living with Alzheimer's disease expected to triple in the next few decades, to more than 16 million in 2050 it is not only individuals with Alzheimer's who are impacted -- their family members and friends can feel the toll of providing care for loved ones.

As Alzheimer's and other dementias impact a growing number of individuals and their families, communities must find ways to become more supportive and accessible to those living with these diseases.

The Home Instead Senior Care network encourages Americans to pledge to learn more about the disease and how to compassionately engage with those who live with it.

No matter who you are, you have something to learn -- from caregivers and families of those living with Alzheimer's, to business owners or simply those who want to be more respectful and compassionate to those they may meet suffering from Alzheimer's or other dementia.

Home Instead Senior Care invites everyone to participate in free online training based on your role.

These educational courses, created by experts in dementia care, will help people learn how



to better respond to the needs of those living with the condition and their caregivers.

After the online learning sessions, participants are encouraged to share what they have learned with friends and family.

Interested individuals can find a training course that can help at www.AlzLearn.com.

Most courses take no more than one hour to complete. The website also includes a variety of other free resources and opportunities to learn more about Alzheimer's and dementia. For example, Home Instead recommends these five tips to learn more about Alzheimer's and dementia:

1. Learn the symptoms. Visit <http://www.helpforalzheimers-families.com/alzheimers-dementia-dealing/symptoms-and-stages> to learn more about the symptoms and signs of Alzheimer's and other dementias.

2. Read an article about Alzheimer's. Articles about Alzheimer's can be found at <http://www.helpforalzheimers-families.com/alzheimers-dementia-dealing/guide>

3. Watch and share the "I Will Remember You" video at <http://www.helpforalzheimers-families.com/alzheimers-dementia-dealing/capturing-memories/video>

4. Take an E-Learning Class. Visit <http://www.helpforalzheimers-families.com/alzheimers-dementia-education> to find an online Alzheimer's and dementia class that interests you.

5. Spread the word. Take the Home Instead Alzheimer's Learning Day pledge and share on your social media channels why you are participating.

To explore more about Alzheimer's and dementia care and family caregiving, find a Home Instead office near you at www.homeinstead.com/state (NewsUSA)

Remarkable Update on Duarte Unified School District

DUARTE - Dr. Allan Mucerino, Superintendent, Duarte Unified School District, shared an amazing report on the current status of the Duarte Unified School district at a recent meeting of the Duarte Kiwanis Club. The District's vision has resulted in great results through the newly organized K-8 Academies including STEAM, Artful Learning, Dual Immersion, GATE.

Expanded participation in the Early College and Course Pathways programs, expanded Career Technical Education including Culinary Arts Business Entrepreneurship, Graphic Design, Video

Production, Digital Photography, Woodshop, Welding "boot camp".

There is also a continuing partnership with the City of Hope helping prepare students for biomedical research. Finally, he shared the new enrollment for the CSArts program - which is now 712 students - about 10% from Duarte. These students represent 83 cities and 10 states. Truly remarkable results and a job well done!

For further information on speaking or joining the club, contact Tina Carey at tina.carey@amadamiyachi.com.



Dr. Allan Mucerino, DUSD Superintendent, Reyna Diaz, Kiwanis Board Member and DUSD Board President, Dr. Diane Hernandez, incoming Duarte Kiwanis President and Cheryl Reynolds, Duarte Kiwanis President.

Beautiful Wedding at the Four Seasons Hotel

By Jayam Rutnam

WESTLAKE VILLAGE - The fabulous Four Seasons Hotel at Westlake Village was the venue of the wedding reception of Cynthia, daughter of Kamini and Raja Edirisuriya of Claremont, Ca. and Praveen, son of Aney and Thomas Lal.

The traditional Poruwa ceremony was held at the gazebo in the plush garden of the Four Seasons. The couple were escorted by Kandyan drummers and dancers to the dais, where they read their vows to each other and were showered

blessings upon them.

After the ceremony, cocktails and hors d'oeuvres were served before the doors to the main ballroom were opened. The tables were very tastefully decorated with tall vases white roses, white hydrangeas and baby's breath. The dinner and service was excellent, as expected of the Four Seasons brand.

The DJ, saxophone player and hip violinist kept everybody dancing on the floor. A most enjoyable evening indeed!



The newlyweds Cynthia and Praveen Lal.

San Gabriel Names Keith Lemieux City Attorney

SAN GABRIEL - Following an extensive search, San Gabriel officials announced today that Keith Lemieux, of Olivarez Madrugra Lemieux O'Neill, LLP, will be the new City Attorney for the City of San Gabriel.

Lemieux, 50, comes to San Gabriel with an extensive background in representing government entities with an emphasis on government liability and environmental law.

"We're thrilled to have Keith Lemieux and his firm join the city and the community," said Mayor Juli Costanzo. "Keith's expertise will serve the city well, and we look forward to working with him and his firm moving for-



Keith Lemieux ward."

In his new role, Lemieux will be advising the City Council on all legal matters pertaining to the city, including the preparation of all ordinances, contracts, resolu-

tions, bonds and written matters required by the council. In addition, Lemieux and members of his firm will also be attending City Council and Planning Commission meetings.

"San Gabriel is an attractive community because it's an important city within the region," Lemieux said. "Historical locations such as the San Gabriel Mission and the Mission Playhouse, coupled with the city's cultural diversity, make San Gabriel very unique."

Lemieux holds a Bachelor of Arts in Political Science and Government from the University of California, Santa Barbara and a Juris Doctor from Pepper-

dine Law. Lemieux also serves as the City Attorney for the City of Ridgecrest, and has previously served as the City Attorney for the City of California City.

Lemieux succeeds Robert L. Kress, who served as City Attorney for the city from 1989 until his retirement in 2017.

"I've made some really good friends here," Kress said. "They are certainly more to me than people I work with, and it's hard to say goodbye."

"Bob Kress has served the city reliably for nearly three decades, and we're incredibly appreciative of his work," said Costanzo. "He's left an indelible mark on the city and we wish him the very best."

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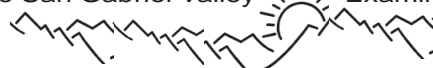
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Arcadia Named Most Business Friendly City Finalist For The 2nd Consecutive Year

ARCADIA - The City of Arcadia was announced as an Eddy Awards finalist for Most Business-Friendly City by the Los Angeles County Economic Development Corporation (LAEDC) for cities with a population under 68,000. This is the second time the City of Arcadia has been selected as a finalist for this award.

Finalists are selected by a blue ribbon panel that evaluates and recognizes Los Angeles County cities that are doing the most to encourage job creation and facilitate the ease of doing business within their communities. "It's great to see the City of Arcadia continuing to be leader in our economic development efforts," said Mayor Peter Amundson. "Arcadia has long been known to be

a great place to raise a family but being recognized for our unique approach to business attraction and development for two years in a row is no small feat. It's important for the business community and entrepreneurs to know that the City is here to help them pursue their dreams in Arcadia."

Over the past several years, the City has taken great strides to cut red tape, streamline processes, and enhance customer service through a business assistance program, and a new pro-business Development Code. "The City recognizes the changes in the retail and commercial sector, and is committed to a proactive and flexible approach", said Assistant City Manager/Development Services Director Jason Krucke-

berg. "We are focused on finding creative solutions for new businesses, providing resources and assistance to existing businesses, and fostering a business-friendly environment throughout the City.

Winners of the 2017 Eddy Awards will be announced on Thursday, November 9, 2017 at the Intercontinental Hotel in downtown Los Angeles. The annual gala began in 1996 to support fulfillment of the LAEDC's mission to recognize excellence by celebrating individuals, organizations, and cities that demonstrate exceptional contributions to economic development in the region. For more information, please visit the LAEDC website at www.laedc.org/eddy-awards.

Los Angeles County Assessor Receives Top Honor from International Organization

LOS ANGELES - The most prestigious recognition for government assessment agencies

has been awarded to the Office of the Assessor in Los Angeles County. Assessor Jeffrey Prang will be presented with the Certificate of Excellence in Assessment Administration (CEAA) by the International Association of Assessing Officers (IAAO) on September 27, 2017, at the annual conference.

"I am extremely gratified to accept the IAAO's coveted Certificate of Excellence," said Assessor Prang upon hearing the announcement. "This is an incredible recognition from our peers, reaffirming our Office's mission to be the premier property assessment agency in the nation."

The CEAA is awarded to those agencies which integrate best appraisal and administration prac-

tices and meet professional standards set by the IAAO. It is the highest professional honor a government assessment agency can obtain, and in receiving this honor, Los Angeles joins only 38 other jurisdictions out of more than 13,000 in the world. Los Angeles is also the first California county to receive this IAAO award.

The accreditation was a year-long process that included an intense evaluation of all operational aspects of the Assessor's Office.

According to IAAO, "Jurisdictions that earn the CEAA designation demonstrate a high level of proficiency in the assessment and appraisal disciplines to both their constituents and their peers."

LACoFD Deploys USA-2 to Mexico

LOS ANGELES COUNTY - On September 20, 2017, USAID's Office of U.S. Foreign Disaster Assistance, the lead federal coordinator of U.S. international disaster response efforts, activated the Los Angeles County Fire Department's Urban Search and Rescue Team, known internationally as USA-2, to deploy to Mexico and assist with the aftermath of a 7.1 magnitude earthquake.

USA-2 deployed to Mexico as part of the USAID Disaster Assistance Response Team (DART), an elite team of disaster response experts who lead the U.S. government's efforts to large-scale disasters overseas. USAID has deployed urban search and rescue teams, including USA-2, approximately 16 times since 1988, most recently

for the 2015 Nepal earthquake and 2011 Japan earthquake and tsunami.

USA-2 is a specially-trained and equipped Urban Search and Rescue Task Force comprising Los Angeles County Fire Department firefighters and paramedics rescue specialists, emergency room physicians, structural engineers, heavy equipment specialists, canine search dogs and handlers, hazardous materials technicians, communications specialists, and logistics specialists.

This unique technical rescue team responds with 55,000 pounds of prepackaged search and rescue tools and medical equipment to conduct around-the-clock search and rescue operations at domestic and international disasters, both natural and man-made.

Monterey Park Named as One of America's Best Cities to Live

MONTEREY PARK - The City of Monterey Park is excited and proud to be named as one of the "Best Places to Live" by Money Magazine.

"Ecstatic, completely ecstatic! We are so grateful to Money Magazine for recognizing us and for sharing with everybody what we as residents know firsthand," said Mayor Teresa Real Sebastian at a news conference.

In the Money Magazine rank-

ing, Monterey Park placed #3 in the entire United States, following #1 Fishers, Indiana, and #2 Allen, Texas. To compile its "Best Places to Live" ranking, Money Magazine used a matrix based on the cities' economy, cost of living, education, housing, crime, amenities and ease of living.

Council Member Peter Chan said, "We have commercial areas that are prospering, with a lot of people coming to shop, eat and

dine...but we also maintain the small town atmosphere for people to live and enjoy their life."

When asked by reporters, residents mentioned the plentiful restaurant choices, historic monuments like the Cascades Waterfall, recreation activities, cultural diversity, independent fire and police services, prospering economy, schools, their neighbors and the quality of life that Monterey Park provides.

Los Angeles County Moves To Address Hepatitis A Outbreak

Supervisor Barger Directs Public Health to Conduct Prevention Effort

LOS ANGELES COUNTY - On a motion by Supervisor Kathryn Barger, unanimously approved by the Board of Supervisors, the Department of Public Health will begin implementation of a Hepatitis A prevention and response action plan as part of a greater effort to avert a Hepatitis A outbreak similar to what has occurred in San Diego County.

In a report before the Board, the Department of Public Health confirmed three cases of Hepatitis A occurring in persons who acquired the infection in San Diego. Following the first two cases, a Health Advisory was issued through the Los Angeles Health Alert Network (LAHAN) de-

scribing the situation and providing prevention strategies.

"It is critical that the County and the Department of Public Health work proactively to educate the public about prevention and prepare for a potential outbreak," Supervisor Barger stated. "In addition to the vital public health concerns, this situation highlights the continued need to provide stable housing for the homeless who are at the highest risk of contracting Hepatitis A."

Barger further requested that the Department engage food truck commissaries and street based food vendors as part of this effort and list on its website the pharmacies that offer vaccina-

tions.

A viral infection of the liver, Hepatitis A is transmitted by close personal and fecal exposure, often through food or water. Outbreaks have occurred when a food handler who has poor hygiene contaminates food. Currently, a Hepatitis A outbreak is ongoing in San Diego County and Santa Cruz, with most cases occurring among homeless and drug using populations. The virus was also identified in a case involving a food handler in Lancaster and outreach is ongoing to inform patrons of the need to be vaccinated. Following exposure, vaccination or immunoglobulin given within two weeks prevents illness.

Celebrate Something We All Share - Our Public Lands

ARCADIA - For Immediate Release - Join other volunteers and celebrate National Public Lands Day (NPLD) on the Angeles National Forest Saturday, **September 30** from 8:00 a.m. to 1:00 p.m. Volunteers will meet at Mount Wilson and spend time together repairing trails and beautifying our backyard forest. Jeffrey Vail, Angeles National Forest Supervisor says, "This forest is part of our nation's legacy, a gift for all to celebrate, explore

and enjoy. Join us on National Public Lands Day to recharge and renew our spirit!"

Event organizers recommend ages sixteen and above; adult supervision of children is required. Lunch will be provided to volunteers. Interested individuals can register and find directions to the work site here: <https://nff.wildapricot.org/event-2661379>. Remember to:

- Bring work or garden gloves,
- Bring a hat, sunscreen and

water bottle,

- Wear long sleeve shirts and pants,
- Wear sturdy, non-skid, closed-toe shoes

The volunteer day is hosted by National Forest Foundation and the Angeles National Forest and sponsored by REI and Edison International. NPLD is the largest volunteer day for public lands. This year's celebration is expected to draw more than 200,000 volunteers nationwide.

La Verne Officer Injured by Friendly Fire, Suspect Shot

By George Ogden

LA VERNE - A La Verne police officer was shot by friendly fire when another officer opened up on a suspect when he failed to comply to the officers commands and aggressively came at the officers as if he had a weapon. The suspect was also shot after being tased which had no effect on him as he continually ap-

proached the officer in an aggressive fashion.

Shooting occurred around 3:30 AM Saturday morning, in the parking lot of the La Verne Town Center in the 2400 block of Foothill Boulevard. The officers were responding to a domestic violence call for a family disturbance when they encountered the suspect. The suspect approached the officer with an object that was not identifiable at the time. He was asked to drop that item a number of times as they suspected it to be a weapon. As he aggressively rushed the officer, the officer fired one round at the suspect. It was at that time they realized that the item was not a weapon. It is believed that the shot missed the suspect at that time. However, the suspect was fixed on going after the officer and a Taser gun was used to bring him down, it had no effect whatsoever. The man made

verbal threats towards the police officers and he reached into his waistband behind his back as if he was going to pull out a weapon. At that time the officer fired a number of rounds at the suspect for his own protection and hit both the suspect in the upper chest, and another police officer in the lower chest. It is believed the officer was wearing a protective vest; however he was injured in the shooting.

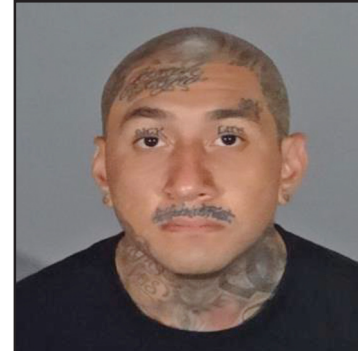
It is believed the suspect may have been attempting suicide by cop because of the aggressive manner and the threatening comments made to the officers as he went after them. Both the suspect and the officer are expected to recover.

Both the La Verne Police Department as well as the Los Angeles County Sheriff's Department are investigating this incident.

Wanted Car Theft Fugitive in Custody

SANGABRIEL - On September 18, 2017 at approximately 6pm, the San Gabriel Police Department received a call for service in the 100 block of East Grand Avenue in regards to a possible stolen vehicle parked in the driveway of a residence. When officers arrived on scene, two suspected gang members fled the vehicle and barricaded themselves inside of the residence. Officers surrounded the residence and ordered several occupants out of the home. One suspect, a known "Sangra" gang member on parole and a wanted fugitive with a \$100,000 felony arrest warrant, eventually fled the residence while officers pursued him. A containment was set up around the surrounding neighborhood where the suspect was last seen. Based on additional information the officers received, the suspect was also possibly armed with a firearm.

With the assistance of officers from the South Pasadena Police Department, Alhambra Po-



Joseph Arthur Leal

lice Department, Monterey Park Police Department, Pasadena Police Department, San Marino Police Department, and the Los Angeles County Sheriff's Department Aero Bureau, a search for the suspect ensued. During the search, the LASD Helicopter was alerted to a residence within the containment. While checking the backyard of that residence, a San Gabriel Police K-9 was deployed and alerted officers to a shed that the suspect was hiding in. After several commands the suspect, identified as Joseph Arthur Leal (28 years old), surrendered and was arrested with-

out further incident. It was also determined that the suspect committed another residential burglary while attempting to flee from the police.

The suspect was charged with residential burglary, obstructing police causing injury to an officer, grand theft auto and an outstanding warrant. The suspect was then transported to the Alhambra Police Department Jail Facility for booking.

15th Annual Taste of the Town: Cruising Through Cuisines

AZUSA - The Azusa Chamber of Commerce presents the 15th Annual Taste of the Town Cruising Through Cuisines on **October 10** from 5:00 p.m. to 8:30 p.m. at the National Guard Armory 1351 W. Sierra Madre Avenue, Azusa CA.

The Azusa Chamber of Commerce is thrilled to host the 15th annual Taste of the Town

15th Annual Taste of the Town: Cruising Through Cuisines

featuring local eateries, wines, craft brews, opportunity raffles and live auctions. Guests will have the opportunity of sampling a variety of cuisines of over 30 restaurants including already confirmed wineries and breweries: Lagunitas Brewing Company, MillerCoors, Mountain Vista Winery and PRP Wine International.

Tickets are \$40 advanced and \$50 at the door. Ticket purchase includes all you can eat and drink, souvenir wine glass and opportunity for door prize. For vendor or sponsorship opportunities, please contact Susie Vander Loop at susie@azusachamber.org. To purchase tickets, visit www.azusachamber.org.

San Gabriel Valley Examiner
INFORMATION GUIDE

1160 Englewild Dr.
Glendora, California 91741
Phone (626) 852-3374
Fax (626) 852-1904
E-mail: sgexaminer@aol.com

EUGENE F. MOSES
Publisher/Editor

Edward M. Moses, Esq.
Legal Counsel

Jayam Rutnam
Contracted Reporter

George Ogden
Contracted Reporter

Glenn Purbaugh
Photographer

Contributing Writers
Pat Murphy
Joan Hallidy
Ken Herman
Charles H. Bayer
Jorge V. Rosales
Lois M. Shade
Julia Yoder
Gene Morill
Jenny H. Park

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Mission Statement

- We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor or flattery, to enhance a particular political interest, or for the purpose of financial gain.
- We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.
- We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.
- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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All submissions for publication become the property of San Gabriel Valley Examiner and will not be returned. San Gabriel Valley Examiner does not guarantee submissions to be published. All submissions are subject to editing, including to conform to space limitations.

Contributing Writers:

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer.

Thank you for your cooperation.

Up for Grabs - California Lt. Governor

I had the pleasure of meeting David Hernandez Saturday evening at the East San Gabriel Valley Republican Women Federated's annual fall dinner announcing the new Board of Directors for the upcoming year. David Hernandez has filed a Notice of Intent to run for the office of Lt. Governor in California's 2018 election. He previously had run for Mayor of Los Angeles in 2017; and 2002, 2004, and 2012 for Congress. One of his biggest concerns is one of his opponents in that Lt. Governor's race may be current Senate Leader, Kevin de Leon.



Shade's Perspective
Lois M. Shade

Former Mayor of Glendora

gineering firms just weeks after Gov. Jerry Brown and the state Legislature approved a \$5.2 billion tax-and-fee plan to repair California's roads." Any wonder for this reason - and, I'm sure so many more - the Democrats under the leadership of Kevin de Leon have fought so hard to prevent the repeal of that gas tax and the recall of Sen. Josh Newman (SD-26)? As Senate Leader, de Leon has been part and parcel of a "never before done" budget trailer bill to re-write the recall rules to stall it out for a year; and, watched as Secretary of State wrote the ballot measure for the repeal of the gas tax in language so misleading a judge hearing the lawsuit said he would write the repeal measure himself for 98,000 people who want to vote the tax out.

Senate Pro Tem de Leon, obviously from pictures flashed in the media after Cap and Trade tax extension passed, was the big push to ensure there were the votes for passage on the increased taxes on polluters including the oil refineries. We are now seeing that increase in cap and trade tax dollars being sought after for various transportation corridors, including the Gold Line to Montclair. In simplistic language to a very complex situation, I find it quite ironic the oil refineries would be taxed to fund mass transit.

In 2012, de Leon's SB 535 required the California Air Resources Board to spend at least 25% of cap and trade revenue from that era on benefits to low-income communities impacted by pollution. I have no idea how much money that was or how it was spent but certainly I am willing to write a letter and ask.

SB 54, State Sanctuary bill by Sen. Kevin de Leon, so radically

tying the hands of law enforcement in their duty to protect public safety, and with his outrageous statements in the L.A. Times, even Gov. Brown refused to sign the bill constructed in a way that would have made it next to impossible to round up murders, rapists, hard core criminals for deportation. Infuriated Sheriff's Association came out in the nicest possible language to refute de Leon's charges of engaging in immigration enforcement and said "... contrary to Senator de Leon's comments ... We protect and serve all those who live, work, and visit our jurisdictions, regardless of their immigration status ..." And, we don't do immigration enforcement, but do cooperate with agencies in their efforts to perform their assigned duties.

De Leon showed his bias, and perhaps forced the Governor to re-look SB 54, when he was quoted in the L.A. Times April 21, 2017, saying, "It has become abundantly clear that Atty. Gen. [Jeff] Sessions and the Trump administration are basing their law enforcement policies on principles of white supremacy - not American values ... Their constant and systematic targeting of diverse cities and states goes beyond constitutional norms and will be challenged at every level."

Showing such strong, vocal support of minority communities, it is curious to me why de Leon claimed responsibility for throwing Janet Nguyen out of the Senate when she tried to explain and critique the Viet Nam war after the Senate held a memorial for Tom Hayden. Actually, it was not only de Leon but Sens. Bill Monning (D-Carmel) and Ricardo Lara (D-Bell Gardens) who were challenged by Republican Jean Fuller (SD -). When a crowd gathered in protest to the Senate leaders' actions, de Leon appeared after Nguyen had left the protest and his comment when asked to apologize was quoted in the Times as, "I think she enjoyed the 15 minutes of fame ... and she doesn't want it to disappear, obviously."

Sen. Ricardo Lara is author of the Universal Health Care bill insuring all Californians costing \$400 billion with no funding source identified other than a minimum 15% payroll tax.

Sen. Bill Monning is the author of a bill to tax water. Yes, now a tax on water. No specifics are available but the bill will surface next year as part of the Democrat agenda.

No matter which way Kevin de Leon travels at the end of his term, private sector or public sector, his history is documented. We all come to the table with our background and our experiences that translate into our opinions and how we make decisions, including decisions in the political arena. It is time for Kevin de Leon, born of Guatemalan parents, raised by his mother in San Diego, and having benefitted from one of the best U.S. educations available, and with a daughter, and at age 50, to go and experience in the real world - the private sector - how the rest of us must function in a state of unaffordable housing, astronomical numbers of homeless, with tax after tax after tax laid on us for every necessary commodity the progressive Democrats can find to support their own personal agendas.

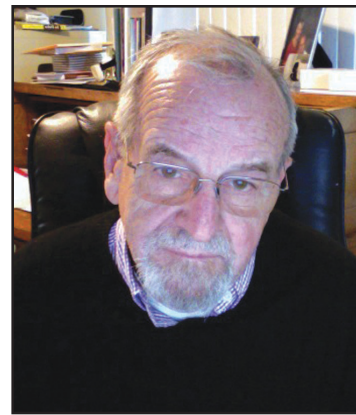
The One Swallow Fallacy

No! One returning swallow doesn't mean that Summer has arrived. Herein lies a fallacious trap into which both conservatives and liberals have often fallen.

On February 25, 2015, Oklahoma Senator James Inhofe brought a snowball onto the floor of the world's greatest deliberative body, and lobbed it to one of the chamber's clerks. It was his less-than-rational effort to prove that climate change is a hoax. He went on to muse that if the earth is really getting warmer how was it that it was unseasonably cold in the nation's capital. How can the earth be heating up? One snow storm on the east coast proves that the world's scientists are wrong. Here is an illustration of the old truth that holds that "One swallow doth not a summer make." This consummate tower of wisdom had previously written a book claiming that global warming was a fraud, perpetrated by Al Gore and a collection of liberal stooges employed by the alternative energy industry.

But just a minute. Recently a cadre of liberals demonstrated that they too can be snared by the one swallow fallacy. Well, there might have been two or three swallows.

I'm referring to the storms that boiled up in the Atlantic Ocean and attacked Houston, the Caribbean Islands, and Florida. You



Charles H. Bayer

guessed it. Before the wind ceased and the clean-up began, here was proof that climate change was the real McCoy.

If you are serious about making a point either for or against climate change, then relying on these one-off happenings ought to be out of bounds. The vast majority of the world's scientists have amassed scads of serious research on the subject, and no scientist worth the title would rely on drawing a conclusion based on a single—or a dozen— anecdotes selected to prove the point or to bolster a conclusion already assumed.

In some very religious circles, all that is needed is a single verse or just part of a verse—a Bible snippet—or even two, three or more unrelated verses strung together. So, *Judas went out and hanged himself—go and do thou likewise—and whatever you do, do quickly—*

and you will have treasures in heaven. I have often challenged Bible thumpers to come up with some religious point, no matter how obscure, and I will produce snippets to prove it and other snippets to disprove it. The Bible is a rich resource for multitudes of us, but it is not a collection of verses given to us so we can prove whatever we want to prove.

The fallacy has its roots in coming to a conclusion and then searching for evidence to back it up, instead of starting with massive evidence and from it drawing a conclusion or even pointing in that direction. How many expeditions have scaled what someone believed was Mount Ararat looking for Noah's ark? But first they concluded that the tale of the ark and Noah, with his collection of a few million animals that landed there with him, is a historic fact, and not a story variously told over centuries in almost every culture in an effort to explain a natural catastrophe.

The scientific community has produced scads of evidence affirming the reality of global warming and the human activity that has helped cause it. So beware of the one swallow fallacy, which "proves" what you have already concluded to be true—or false.

Charles Bayer
candwbayer@verizon.net

War of Words - Trump vs. Kim Jong-un

First off, I could say, that Pres. Trump is not one of my favorite English experts. He is a little risqué to say the least.

I am well entertained by the war of words between North Korea's, Kim Jong-Dung... oops, did I say DUNG? Well, I will just leave it since I feel he is full of it. I think this guy suffers from Little Man Syndrome. Since he has come to power it has really gone to his head. He is making decisions that are seriously compromising the safety in that region. Shooting ballistic missiles over Japan and all over the Pacific and not caring about the flight paths and repeatedly bragging about how easy it would be to at-



George Ogden
That's just the way it is!

Between Trump and Jong-un and the war on words, it actually has been somewhat entertaining. However, Jong-un is ruffling the feathers of Trump, or possibly his hair, and countries around the world. I would not doubt that one

or more countries may retaliate against North Korea. If it was me and my country, and you shoot a ballistic nuclear missile over our land, I would send one down the throat of your palace, and if that did not work and resolve the problem, I'd turn your country into a vacant lot.

I do have another solution, why doesn't Trump just buy North Korea and then fire the little weasel? That way he could build some more Trump Towers. Well, we know that's not going to happen.

I think for the safety of the people of North Korea, the leaders of North Korea should better back off.

"That's Just the Way it Is!"

"TIME JOCKEY" - Discovery

By Joe Castillo

Secret Mission... The discovery of the wreckage of the RMS Titanic was not a planned expedition but was based on a stroke of luck. In 1963, the USS Thresher, a nuclear-powered submarine, sank approximately 225 miles east of Boston, Massachusetts. The entire crew of 129 sailors died on the ship which was the first nuclear powered ship to be lost by the Navy. Five years later, the USS Scorpion sank in the same proximity of the USS Thresher. It too was a nuclear-powered submarine and the circumstances around both incidents were a mystery as neither wreckage had been located.

Dr. Robert Ballard received his undergraduate degree in Chemistry from UC Santa Barbara, his PhD from USC in Marine Geology and had served in the Navy during World War II. In 1982, Ballard built an underwater robot craft called the Argo and

installed a state of the art imaging system aboard it. When the Navy heard about his innovative new technology, Ballard was asked to try and locate the wrecks of the USS Scorpion and Thresher so that their nuclear load could be contained. But Ballard was focused on trying to find the Titanic and made a deal with Admiral N. Ronald Thunman to first locate the USS Scorpion and Thresher and if any time and funds were available to then locate the Titanic.

Ballard started searching for the Thresher using a different approach than other search efforts had used. With his new imaging technology and robo-craft Argo, Ballard was able to more clearly identify debris which had fallen from the sinking ship and Ballard's plan was to follow the debris trail until he found the main wreckage site. He started by locating the last known position of the Thresher, found the debris

remains for the wreckage and then followed it to locate the main site. The debris trail was eventually a mile long but it led to the location of the target area. The same approach was used to locate the Scorpion but with Titanic the situation was different. Ballard started his search where the Carpathia first started bring aboard survivors. He started with a mile search radius in trying to locate a debris trail. The Argo with its new imaging technology was able to locate debris which sonar was unable to locate and for nine days Ballard searched for any man-made item which could lead him to his main objective.

Finally an item was located and Ballard narrowed his search circle until a large boiler was finally located. The boiler was one of only three known to have been made. The locations of two of the boilers were already known but the last location of the third boiler was aboard Titanic. Ballard was confident he was on the right path and he soon located more and more debris until the trail led to the main hull of the Titanic. The debris trail was 13 miles long but it led to the final resting place of Titanic.

The Ronald Reagan Presidential Library and Museum currently is hosting an exhibit on the Titanic, its discovery by Dr. Robert Ballard and the crew of the Argo...

Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 3 books on the topic. He can be reached at joecastillo@aol.com.

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Safe-Haven Investing is Back in Style

Late summer is historically a time of market turbulence. Not only is the August-September timeframe a period of lower-volume trading - coming at the end of second-quarter reporting season - it tends to be more volatile if negative news crosses the tape. Today, geopolitical tensions over the scope and scale of the North Korean conflict are driving volatility higher and calling into question the market's bullish trend.

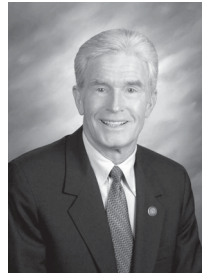
Just when it seemed the bulls were about to take out the 2,500 level for the S&P 500 and lure more cash from off the sidelines, the war of words erupted between President Trump and North Korean dictator Kim Jong Un.

Up until recently, market participants had been taking the heated rhetoric in stride and were especially relieved when the UN Security Council voted 9-0 to impose fresh sanctions on North Korea following the latest unlawful missile tests. The new sanctions are stiff, aimed at countering the threat posed by Pyongyang's nuclear program following two intercontinental ballistic missile tests in July and the testing of a hydrogen bomb in early September. The United States-drafted resolution comes after weeks of tough rhetoric, with the President having recently taken aim at China for supposedly not doing enough to counter the renegade North Korean regime.

The new resolution bans North Korean exports of coal, iron, iron ore, lead, lead ore, and seafood. It also prohibits countries from increasing the current numbers of North Korean laborers working abroad, bans new joint ventures with North Korea and any expansion of current joint ventures.

The escalation of threats and counter-threats now has investors taking the possibility of diplo-

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

matic failure more seriously. Rather than endure the uncertainty of the multiple scenarios that could unfold, some investors have begun to rotate out of the 'hot-ties' on the speed charts - many with P/E ratios over 50 - and into the bastions of safer havens, which would include defense contractors; telecom service providers; consumer staples; utilities; select healthcare; gold; Treasuries; currency shares denominated in dollars, yen, and Swiss francs; long volatility; and index puts.

Given the nuclear-barbed rhetoric recently, one could make an argument that a nuclear war with North Korea is predictable. That doesn't mean, however, that it wouldn't have a major impact and be a shock, since it would be the first nuclear attack in 72 years.

Past experience has shown that North Korea has often made threats about its war readiness and military capabilities, but it hasn't ever pushed the literal button to start a war. That understanding has created a prevailing sense that "this is just Kim Jong Un talking nonsense again."

event will certainly matter in a big way for many people.

One major key to disarming this situation is the role China plays in the coming days and weeks. North Korea is their stepchild. China accounts for 90% of North Korea's economic existence. Peel back the paint on the vast majority of North Korea's weapons and there will be a clear label: "Made in China."

If the threat of military engagement escalates to the realm of probability, the installation of tariffs on Chinese goods might be the next course of action that pressures China's leaders to rein in Kim Jung-Un. Squeezing China economically is the best non-military option to deal with a fanatic who is bent on developing an effective nuclear arsenal - and it sure beats having to deal with a second major war on the Korean peninsula, where there seems to be no good military option now.

I have yet to hear one military strategist claim that disarming North Korea won't come without massive collateral damage to Seoul, South Korea, and the 28,500 troops in the DMZ. With this understanding, it's hard to think past the notion that some sort of negotiated outcome won't result in a de-escalation of tensions that might provide a face-saving solution for Kim Jung-Un, and China for that matter.

What Wall Street is now coming to terms with is that it won't be long before we know how the various scenarios will likely play out. To that end, having more exposure to the safer haven sectors of the stock market might prove wise.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

I'm a Real Estate Broker without employees or any agents. What kind of retirement account(s) are available for me?

Doctors, architects, attorneys, CPAs, insurance agents, recruiters, barbers, consultants, realtors/brokers, and other one-person business people need to pay attention here. According to an IRS rule, if you're age 45 - 70, and have had \$75,000 - \$100,000 or more income for a minimum of 3 years, you can put away up to 100% of your income, up to a \$177,000 annual limit. (A 401k has a limit of less than \$50,000). Defined benefit plans must be set up by Dec.

We've received several pieces of mail from companies offering (for a fee) to file some Homesteader's paperwork so we can save on our property taxes. Is this legitimate?

With these offers, you are paying for the service of someone else handling the paperwork for you. However, you can get the instructions and paperwork (one page) for free from your County Tax Assessor's website or office. Fill it out, and follow the instructions to file your own claim for Homeowners' Property Tax Exemption. California property tax laws provide up to a maximum of \$7,000 to be subtracted from the assessed value of your primary residence before taxes are calculated. Forms are available in English and Spanish.

We've done our own financial planning, and now that we are approaching retirement, we'd like some additional guidance. Is there a way to get some financial advice without being pres-



Julia Yoder
sured into moving our money unnecessarily?

It's never too late to get a second opinion - even when you are your own financial planner. An ethical, licensed professional will look at your entire financial picture, talk to you about the lifestyle you want in your retirement years, and design a plan with a couple of options for you to select from. You are under no obligation, but if that pro points out something that you feel is beneficial to you, it would be nice to utilize them as your agent, or at least give them some good referrals.

Now that we're older, we're pretty sure we cannot afford long-term care insurance premiums. We have quite a bit of money in CDs and annuities. Is there anything we can invest in that will also give us long-term care benefits?

Get a quote on your actual cost of long-term care policies. Keep in mind that those premiums (with generous limits) can be added to your medical deductions on your income tax return. Also, take a careful look at the annuities you own to see if they already have any long-term care

benefits included. If not, you might consider doing a 1031 exchange of your annuity money to a newer annuity policy. Look for policies which include living benefits for retirement, including critical illness and/or long-term care benefits. You could also consider using some of your CD money to fund a life insurance policy with living benefits.

We live off my Social Security and Pension. All of my wife's Social Security goes into the bank. We're both in our 70's. Is there a better place to keep this money?

It would probably be a good idea to move some of your money to a different safe place. Preferably this safe place for your money would also be tax-advantaged, or tax-free for you and for your beneficiaries. Consider putting some of your money into an immediate annuity, a fixed or fixed-indexed annuity (sometimes with a bonus on your investment dollars), or a fixed-indexed universal life insurance policy with access to your money while you are alive.

Ask Julia by email:
juliayoder@yahoo.com

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Asian Industry B2B Monthly Mixer

ALHAMBRA - Asian Industry B2B Monthly Mixer is held every 2nd Wednesday of the month.

The October 11 mixer, hosted by Tammy Fox & Jesus Alvarez of Coldwell Banker George Realty, will be held from 6-8 PM at 1611 S. Garfield Ave, Alhambra.

Guest Speaker will be William Hung. Our speaker is a former American Idol contestant who overcame many rejections when he was working



William Hung
for the entertainment industry.

As a result, he has appeared

on many TV shows, such as Jay Leno, Ellen Degeneres, and Jimmy Kimmel. His first album, "Inspiration", was the #1 independent album on Billboard! Attend the mixer and talk with William about how you can "Find Your Inner Courage" for success.

Complimentary appetizers & beverages.

Please RSVP to reserve your spot. Call Gala Caprice Cruz at 818-261-3279 or email galacruz@mangus@gmail.com

LA County's Sales Tax for Homeless Services Takes Effect October 1, 2017

SACRAMENTO - The California Department of Tax and Fee Administration (CDTFA) reminds Californians that the Measure H Sales Tax for Homeless Services and Prevention, which was approved by voters on March 7, 2017, will go into effect on October 1, 2017, throughout Los An-

geles County, with the following exceptions.

The .25 percent tax will not be imposed in the cities of Compton, La Mirada, Long Beach, Lynwood, Pico Rivera, Santa Monica, and South Gate because doing so would cause the rate in those cities to exceed the 10.25 percent maxi-

mum tax rate allowed under the law in Los Angeles County. If and when an existing tax in one of these cities expires, the Measure H tax will be imposed in that city immediately.

To find the correct rate for your home or business location, visit www.cdtfa.ca.gov and click the Tax Rate button. Please note that the new rates will not be available until October 1, 2017, when they take effect.

THE CAR GURU
WHAT YOU "AUTO" KNOW
By Gene Morill - Certified Automotive Specialists

Let's Talk Lights

The daylight hours are getting shorter now and we depend on our lights more and more. I have noticed people driving around with one headlight out or a brake light and one can only assume a turn signal (though some people just don't bother to use them for some strange reason!). It is a good idea to test your lights! You can have someone assist you, ask us to check, or check them out yourself by pulling up to a building and shining your lights, or even do it in your garage. Seeing well while driving is very important, and it is also important that others see you!

If your headlights seem yellowed, we can fix that! Just contact us and we'll tell you how we do this (no, it isn't magic!).

When Your Lights Go Dim

Your vehicle's alternator keeps the battery charged. The alternator replaced the generator of the past. If your car fails to start as

quickly as it used to (hard or slow cranking) or your lights seem dimmer it could be a sign that your alternator needs to be replaced. If you are used to dashboard lights telling you of a problem and you didn't see the "alt," "bat," or "gen" light come on to alert you, keep in mind that the alternator is responsible for those dashboard lights! If it isn't working then the lights will not illuminate.

Today's vehicles have more and more equipment that is powered by our alternators. We have stereo systems with multiple speakers, televisions and DVD players, fancy headlights and navigation systems, rear wipers and heat and air conditioning systems. We take for granted that all this works, but sometimes an alternator simply gets overworked and needs to be replaced. If you have a poor battery it also puts extra stress on the alternator and can even cause it to overheat because it will try to keep the voltage up.

When an alternator fails it usually does so in stages so pay attention when things start functioning abnormally. The signs are often subtle such as dimmer lights. You may be using all the bells and whistles at once such as the television, wipers, air con-

ditioning and the navigation system and they seem sluggish. When you stop using one or more of the functions the remaining ones work better. The dashboard lights may start flickering.

When you take your vehicle to your car care provider they will:

- Perform a "load test" to check the voltage readings (measure the voltage at the alternator connector and the battery)
- Check the belts to determine if they are old and cracked or slipping
- Listen as an experienced mechanic can tell from a clanging or rattling noise that something is not as it should be

Alternators work long and hard for us but occasionally even the best can fail. The battery will still run many miles on reserve power so this usually saves you from being towed in. As always, if things aren't working as well as they normally do it is best to have it checked out before it becomes a serious problem. This always saves you time and money!

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

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BART The BLOCKHOUND

I'm not troubled by your indiscretion... I'm bothered by the trouble your indiscretion causes me....

Around the Valley & Senior News

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

ARCADIA

Father Daughter Dance!

Fathers, Grandfathers and Uncles, treat your princess to a night filled with fun and excitement while creating wonderful memories together. Come dressed in your most elegant attire for an evening featuring gourmet dining, a DJ, dancing, exciting games, and activities.

This event is for girls ages 4-13 and is \$52 per couple, \$12 for an additional daughter and will take place at the Arcadia Community Center, 365 Campus Drive, Arcadia on Friday, **September 29**, 6:30-9pm. Advance registration is required. No registration will be taken on site. For more information please call 626.574.5113.

Tennis Anyone, Classes and Camps

Tennis Anyone has been teaching successful tennis classes for the Arcadia community since 2012. Tennis Anyone believes in the development of tennis players from beginning through competitive tournament levels. Their goal is to run a comprehensive program of classes that will suit the needs of all ages and levels of players. Coaches are energetic, dynamic, friendly, fun, and passionate about the game.

This summer, Tennis Anyone is offering Pee Wee, Beginner Junior Tennis, Intermediate/Advance Junior Tennis, Small Group, and Adult classes, as well as weeklong camps. Don't miss out and sign-up today! For more information, please visit our website at www.arcadiaCA.gov or call the Recreation Office at 626.574.5113.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or Pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. We request that articles be in Word while photos be in jpeg.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

Fall 2017 Registration for Adults 50 years +!

The City of Arcadia Recreation & Community Services Department - Senior Services Division is offering fall classes for adults (50 years of age and older). The course offerings include oil painting, yoga, strength training, line dancing, tai chi, zumba gold and aerobics. Registration is now open on-line, for walk-in, fax-in or mail-in. Courses are offered at the Community Center, 365 Campus Drive.

For class dates, times and locations, please contact Arcadia Senior Services at 626.574.5130 or log onto www.arcadiaCa.gov.

BALDWIN PARK

Avocado Festival in Carpinteria

The Avocado Festival held in Downtown Carpinteria has evolved into one of the largest festivals in California with fabulous food, live entertainment on 4 stages, arts and craft vendors, food booths, commercial vendors and so much more. Located a block away from the beautiful Carpinteria Beach. Tickets are \$20 for Baldwin Park Residents and \$25 for Non-Residents. **Saturday, October 7**, 8:00am-7:00pm. For more event information and ticket prices, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

Four Queens Hotel in Las Vegas

Enjoy a 3 day and 2 night stay at the 4 Queens Hotel and Casino in Downtown Las Vegas. Enjoy free nightly shows and entertainment including the Viva Vision. Take a walk down the Fremont Experience and see the Breeze Canopy zip line that goes up to 30 miles per hour. Tickets are \$150 for Single Occupancy and \$135 for Double Occupancy. Price include: room reservation and transportation also includes luggage handling and 1 fun book per room. California ID is required. **Wed, Thu, Fri, October 8,9,10**. For more event information and ticket prices, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

COVINA

Home Gardeners Meeting

The Friendship Garden Club is inviting members and friends of the community to attend our first meeting this Fall on Thursday, **September 28th** at 12:00 - 3:00 PM. We will meet at The Covina Woman's Clubhouse, 128 S. San Jose, Covina, CA. The building is one block south of Badillo and San Jose. Our business meeting will begin at Noon, then our program, followed by a complementary tea organized by a committee of members. Our meetings are free to the community.

We have a docent from The Huntington Library And Gardens. Chris Atkinson will inform us about the newest changes to the Gardens. She will speak for a half hour and then there will be time for questions.

Volunteer Your Gift Of Music

Volunteer Services of Citrus Valley Health Partners is looking for volunteers to share the gift of music with the patients, families and staff. If you sing or play an instrument and have a passion for bringing peace, comfort and joy to others please call Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email at tramirez@mail.cvhp.org to start the application process.

DUARTE

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate

delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

GLENDORA

OktoberFest

Ja, Ja! The La Fetra Oktoberfest celebration is here! Enjoy traditional German desserts, delicious food, and entertainment by the Bavarian Wudnerband at this popular event. It's sure to be "eine gute zeit", a good time! Purchase your tickets at the La Fetra Center; 333 E. Foothill Blvd. Glendora. \$5 Partners Members & \$6 Non Members Thursday, **October 12** 11:00am to 12:30am.

Laugh Because You Can

In this class Barbara Stevens will help students snort and giggle while exploring the simple truth about laughter and why it transcends the borders of geography and lifestyles. Humor obliges us to have an open mind and compels empathy and forgiveness; so join us as we laugh at the absurdities of life. Pre-Register at the La Fetra Center; 333 E. Foothill Blvd. Glendora or by calling 626-914-0560. \$8.00 is payable to the instructor for printed materials. Classes on Mondays, **October 16 - November 6**, from 6:15 PM to 8:15 PM

Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at

Newcomers and Friends Invites Local Residents to October Events

ARCADIA - Are you interested in meeting new people, making new friends, exploring well-known landmarks, and enjoying new activities? Newcomers and Friends of San Gabriel Valley, a social club, invites local residents to attend their October meeting.

On **October 4**, at 10:00 am, Newcomers and Friends of SGV's "meet-and-greet" coffee will be held at the Fireside Room, Santa Anita Church, 226 West Colorado Blvd., in Arcadia.

This general meeting is a great way to meet the members of Newcomers and Friends and learn about the club's wide variety

of daytime, weekday, fun activities. Anyone interested in joining is welcome to attend. Additional Newcomers and Friends' mostly-daytime week-day activities include a Book Club, Bridge, Crafters, Games (Bunco, Rummikub, etc.), Hiking, Happy Hour, Day Trips, Lunch Bunch, Mah Jongg, Meditation, Movies, Golf, and Wine Tasting.

Regional Food Bank Distribution Program

The La Fetra Center and the Los Angeles Regional Food Bank invites SENIORS (Ages 60+) to participate in the Commodity Supplemental Food Program. Current Food Bank participants can receive a FREE food kit once per month which contains items such as canned meats, canned fruits and vegetables, dry milk, cereals, and related products.

Participants must meet the following income guidelines to be eligible: one person household income must not exceed \$1,211 per month and a two person household income must not exceed \$1,640 per month. You must provide income verification and a photo ID with birthdate at your first visit. The La Fetra Center distribution takes place on the **Fourth Tuesday of Every Month** from 1:00 p.m. 3:00 p.m. For additional information, please call the Center at (626) 914-8235.

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

Introduction To Computers And Internet Learning

Never touched a computer before?! You did, but felt confused? It's never too late to learn! Explore the basic skills to enrich your knowledge and understand the terminologies and access the online world through the Internet. Our hands-on practice can accelerate students to master computer learning while making it easy and fun. Register online at www.ci.glendora.ca.us or at the

La Fetra Center; 333 E. Foothill Blvd. Glendora. \$120 Tuesdays, September 26- October 31, 11:15am to 12:00pm

MONROVIA

Senior Blood

Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00

a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.
- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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Sierra Vista Stadium Dedicated in Honor of Jack B. White

By George Ogden / Susan Rubio

BALDWIN PARK - Last week, a number of City and State Officials attended the dedication ceremony of Sierra Vista high school football stadium named in honor of Jack B. White. The event was well attended by family, friends, City and State Officials. The City of Baldwin Park and the Baldwin Park Unified School District were honored to make this dedication to Mr. White.

"It was with great pride that I attended the dedication of Sierra Vista High School football stadium in honor of my dear friend Jack B. White. He has dedicated 22 years to public service & has left an impressive legacy in Baldwin Park. As the first elected Mayor in our city to his role as a School Board Member, Mr. White has been a fierce leader who has led with compassion, courage & integrity. He did the same as a police officer & Police Commander for LAPD. He has been a positive role model to so many, especially me. I love you Jack!" Stated Councilwoman Susan Rubio.



Jack B. White and Baldwin Park Councilwoman Susan Rubio.

Real Talk -- When Was The Last Time You Enjoyed Your Business Trip?

It's hard to believe that 2017 is more than halfway over and that fall is in the air.

With that, life starts to speed up as kids head back to school, holidays loom just around the corner, and you may find yourself traveling for work a bit more in the coming months as companies try to wrap up end-of-the-year projects.

Welcome to real travel. What does that mean exactly?

While we would all like to plan trips to exotic locations for weeks at a time, the truth is that people travel for life reasons, such as visiting relatives, meeting with clients, and for children's sports.

Just because these types of trips are practical does not mean they can't also be enjoyable. And one travel blogger has some ideas on how to inject some fun into your real life trips.

Danielle Smith, wife, mother, and creator of the Pretty Extraordinary website, "A place where you can ditch perfection, embrace the juggle

and come away celebrating the small victories," believes there are some simple ways to get the best out of real travel.

*** Make Practical Trips Fun and Fun Trips Practical:** Whether you are obligated to visit a family member or simply travel for business, seek out a few opportunities to enjoy the time away. Find a new restaurant that serves your favorite type of food, take in a show or visit a local treasure. Alternatively, if you have the opportunity to steal away for vacation, take the time to do a college tour with your kids: even if they aren't looking yet, you never know what doors you may open.

*** Seek the Perks:** For any type of travel, always look for hotels that offer the amenities that will make your stay both more comfortable and affordable. When traveling for business, chances are you're visiting clients in various cities, so it's important to find a hotel brand that consistently offers what you need. Hampton by Hilton, for instance, has more

than 2,240 properties around the world and offers free amenities to make your stay more pleasurable. To help fuel up for those long days on the road or endless meetings, the hotel provides On the Run breakfast bags as a perk. Need to stay up late working into the evening? There's free Wi-Fi for that.

*** Plan for Disruption:** We all know that real travel involves real life moments -- lost luggage, delayed flights, rainstorms when you were planning on a sunny day. So take the time to monitor the weather before you head to your destination, and keep a few extra items in your carry-on or purse (such as a rain hat, sweater or umbrella).

While travel can be stressful, if you are prepared and plan ahead, it doesn't have to be. You may even be able to enjoy a few moments.

So don't forget to book your next getaway at Hampton.com, where Hilton Honors members get a guaranteed discount. (NewsUSA)

Avoiding Scammers: 5 Tips for Hiring a Roofing Contractor

It's the biggest con being played on homeowners, according to the Better Business Bureau's new Scam Tracker Annual Risk Report.

Some guy knocks on your door claiming to have extra roofing material left over from a nearby job, and offers to fix yours for bupkis.

And you know what you get for bupkis, right?

Invariably, the scammer -- who especially loves showing up in areas recovering from major storms -- takes the money and runs after doing little or no work.

"You always try to give people the benefit of the doubt," the Bureau's Felicia Thompson told a local CBS TV station in Arizona. "Not everybody's bad, but nowadays you just can't do that."

No, you can't. And now that you've been forewarned about this particular swindle, read on to learn how to choose the right (reputable) contractor to repair or replace your own roof.

*** Make certain they're insured.** If there's one thing that's non-negotiable it's that the contractor carry insurance for all employees and subcontractors - and provide a copy of their certificate for your inspection.

"Actually call the insurance carrier to confirm that they are valid," Angie's List advises.

*** Run if they suggest this.** Did the contractor vying for your business really just claim to be able to handle a storm-related repair, say, without you paying your required insurance deductible? There's a name for that: insurance fraud, which you want no part of.

*** Run even faster if they suggest this.** While it's reasonable for contractors to request a modest down payment before work begins -- call it "earnest money" -- beware if the figure exceeds 20 percent of the bill's projected total cost. Should they start talking 50 or even 75 percent, though...

"The red flags of possible fraud are fluttering," the Coalition Against Insurance Fraud's James Quiggle has warned.

*** Know your contractor.** When it comes to peace of mind, hiring a contractor who's a member of a reputable roofing manufacturer's contractor program is helpful. But certification alone may not tell the whole story. GAF, North America's largest roofing manufacturer, for example, is exceptionally strict about who it designates as its highest-ranking "Master Elite Contractors" -- less than 2 percent of roofing contractors have



qualified -- and you can find one in your area through a quick search on the gaf.com website.

"We have a full vetting process we go through to determine whether they're the right contractors to put in our program, like making sure they're licensed and insured where required, and have a history of installing roofs in the local community," says Jim Slauson, GAF's vice president of certification program and services.

*** Communication skills matter.** A knowledgeable contractor will present a range of roofing shingle and accessory options by price, style and color. Balking at running through them with you is a bad sign.

Oh, and about that Scam Tracker Annual Risk Report. Guess who's "most susceptible," as the Bureau delicately put it, to home improvement scams in general? Men aged 55-64.

Now you're doubly forewarned. (NewsUSA) - Sponsored by GAF

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Now you're doubly forewarned. (NewsUSA) - Sponsored by GAF

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Five Secrets You Should Know Before Becoming A Teacher

A career in teaching is one of the most demanding and challenging jobs that exist today. For those considering this path, the decision may be fraught with questions, and some not easily answered.

That said, if becoming a teacher is the direction you want to take, there are some things you need to know, especially if you are considering online schools:

*** It's doable.** It may seem overwhelming, but online schooling has become better with each passing year. You can keep your job while taking classes online. And if you already work in the field or have taken classes before, take placement tests and move on to new classes and information.

*** It's affordable.** Cost is a big setback for many students today. Online schools help people take part in higher education without many of the costs associated with a traditional college experience.

For example, Western Governors University (WGU) is a non-profit school that has a record of high placement with more graduates employed five years after



they earn their degrees compared to the national average, according to wgu.edu.

WGU's competency-based learning model makes it possible for students to fit studying into their busy lives. Students complete courses as soon as they demonstrate that they have mastered the subject matter, enabling them to move quickly through material they already know and spend more time focusing on what they still need to learn.

*** It's gratifying.** As everyone knows, teachers make a difference. Every time you feel

stressed about classes, focus on why you want to become a teacher -- to see the smiles on students' faces, to be a role model for students, and to do what you love.

*** It's financially beneficial** with a master's. A benefit of online schooling is that you can continue your education while educating others. In addition to furthering your abilities in the teaching field, a master's degree will help you earn more money.

Teachers from elementary to high school make about \$7,000 more per year with a master's degree, according to teacher.org.

"By earning a master's degree, you also have the option to take on more advanced roles in the field of education, and these positions typically come attached with higher salaries," Masters in Teaching says.

*** It's possible to achieve balance.** Another advantage of online classes is that you can balance your life at work, home and school. Of course, adding to your schedule will keep you busy, but you can attend classes while sitting at home or on your lunch break. With a few tweaks to your schedule, you can manage your time to fit it all in.

"Choosing to become a teacher may be one of the more noble decisions one can make in life," teacher.org says.

"Teachers have the ability to shape the lives of children and young adults of varying ages and in a variety of learning stages." (NewsUSA)

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West Covina Councilman Wins Trophy at Orange County Fair Car Show

By George Ogden

ORANGE COUNTY - The West Covina VFW Post 8620 Member and West Covina City Council Member, Lloyd Johnson, brought his 1956 Chevy that has been customized and dedicated to the veterans, to the "Cruisin' for a Cure" at Orange County Fairgrounds car show.

Johnson received the trophy for the best of the 50s for all makes. There were over 3800 cars at the car show. Johnson's car has become quite familiar at many car shows and many veterans' events.

At the fair, many veterans one of their pictures taken with Councilman Johnson and his car and Johnson was more than willing to do so. He feels that it is an honor to shake the hands of other veterans and dedicating his car for the cause is another way to honor our flag and our American veterans.

With all the electronics, and certainly the paint job, including his dedication under the hood, and in the trunk area of his vehicle, Johnson has spent well over \$100,000 wrapped up into this car. This is a must-see vehicle. When you have the opportunity, don't miss out to see this car. Many veterans and non-veterans thank Johnson for his time and money for the dedication to the veterans, POW MIA and our Purple Heart veterans.



West Covina Councilman Lloyd Johnson's Award Winning 56 Chevy.



West Covina Councilman Lloyd Johnson receiving another award.

Toastmaster Club 5880, Toast to The Best Meeting

SAN DIMAS - The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7 PM to 8:45 PM. Learn to motivate and lead? Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere.

They had 5 guests at their meeting this past Thursday; Tom, Amanda, Joseph, Annette and Maria. Anny Qian won the

Best Speaker award her Ice breaker speech, the first Competent Communicator project. Maria (visiting) won in Table Topics which were questions presented by Cyla Apache. And Art Douglas was the best evaluator.

Thursday, October 5th, they will have three speakers and more intriguing table topics. You can stop by to meet with them at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave (Between Walnut & San Dimas canyon Rd) San Dimas. Contact is Art Douglas, DTM, VP of Membership of Toast To the Best (951) 505-0555.

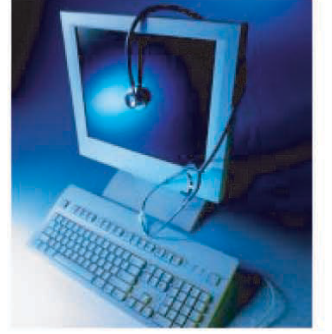


Anny Qian won best table speaker.



Visiting Maria won Best Table Topics. Presenting both awards was Annette who was also visiting.

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