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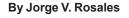
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November 22 - 28, 2018

Volume XXI, Issue No. 47

INSIDE

## **Azusa Veterans Memorial Committee Holds Veterans Day Observance**



AZUSA - The Azusa Veterans' Memorial Committee and over 300 community residents, including close to 100 veterans of all wars after WWII, were honored in a ceremony on Sunday, November 11 at 11:00 a.m. in front of Azusa's City Hall. The ceremony was in honor of all Veterans with emphasis on the five WW II veterans from Azusa in attendance at the ceremony: Johnny Granados, Henry Perez, Gilbert Ortiz, Frank Morales and George Pegoles.

The ceremony commenced with introductions and welcoming remarks by Jesse Martinez, Vietnam War Veteran and Commander VFW Post 8070, followed by the presentation of colors by the Azusa High School JROTC which were accompanied by members of the Glendora High School Bag Pipers, the Pledge of Allegiance led by Patrick Padilla-U.S. Army Retired. As is customary, the National Anthem was sung by Ana Aguilar, followed by the Invocation by Pastor Jerry Jefferson-Azusa First Assembly. There were three musical interludes in the ceremony by the Christbrige Academy Heritage singing mili-



Five World War II Veterans were recognized at the Azusa Veterans Day Ceremony on 11/11 at 11 am. (left to right) Johnny Granados, George Pegoless, Gilbert Ortiz, Frank Morales, and Henry Perez.

tary songs medley, the Seventh Day Adventist Church singing "The Last Call," and the Glendora High School Bagpipers playing "Amazing Grace."

As part of his remarks, Azusa Mayor Joe Rocha requested that all veterans to raise their hand in order that Azusa and Gladstone High Schools Cheerleaders could present them a yellow rose as a symbol of gratitude for their

service, and then delivered his M.S.; Justin Mo-Christbridge welcome remarks to the audience and to thank all AVMC members and the City for making this meaningful event possible. He also thanked all Veterans for their sacrifice.

This year's ceremony highlighted Azusa Middle School Students as Keynote Speakers and delivering the Closing Remarks. Students were asked to prepare two to three minutes remarks on the meaning and importance of honoring and celebrating Veterans and what Veterans Day means to them, respectively. Delivering keynote remarks were Sidney Ramon-Center Middle School; Alex Lam-Christbridge Academy; Guiliana Ruiz-Ellington K-8 School; Janet Osuna-Foothill M.S.; Kaitlyn Arellanes-Slauson M.S.; and Andre Doeve-St. Jimenez-Foothill M.S.; Phillip Villa-Slauson M.S.; and Gianna Yarza-St. Frances of Rome Catholic Church.

A single wreath in honor of all fallen Veterans was graciously laid in front of the Veterans Memorial Monument by Committee member Joe Torres, U.S. Air Force escorted by four members of Azusa High JROTC. The wreath was a decorative red, white and blue bouquet of flowers

A 21-gun salute to all Fallen Heroes was performed by the Azusa Veterans Memorial Team Post 8070 under Commander Jesse Martinez and Taps was played by Retired Sgt. Blas Chavira, U.S. Army and Vietnam War Veteran. The ceremony concluded with the ceremony Benediction by Pastor Barney Harris-Canyon City Church and the singing of "God Bless America" by all in attendance led by Anna Aguilar.



Two American Gold Star Parents were recognized during the Azusa Veterans Day Ceremony on 11/11 at 11am. (From left to right) Gloria

## **National Scholarship** Month

Beware of Charity Scams / A3



Free Money For College / A7

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Commentary		
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**Glendora Woman's Club Presented** "Josh Elmore and Friends"

#### **By Joan Hallidy**

GLENDORA -Glendora Woman's Club presented a musical program featuring the "Josh Elmore and Friends group" at a recent meeting. Members of the group are musicians Josh



Elmore, with his mandolin and Cajon, a state of the art drum; Kevin Rose, with his guitar. Their program included a combination of original music blended with other styles, and also a selection of well-known songs, said program vice president Helen Storland.

The Josh Elmore group is known for its eclectic style of blending pop, folk, jazz and the blues, said Mrs. Storland. She added that their performance marked the second return engagement to the Glendora Woman's Club.

For information about

The musical group "Josh Elmore and Friends" are pictured following their recent performance for the Glendora Woman's Club. Back row from left, are Josh Elmore with mandolin and Cajon drum, and Kevin Rose with guitar; front row from left, are Woman's Club program vice president Helen Storland, and club co-president Joy Martau. (Photo by Rose Myers)

Woman's Club membership, service projects, or special events, call Chris at 909-598-0554; for information about renting the

clubhouse for an event or meeting, call Ryan at Cambria 626-335-7010.

## **Medical Devices Help Improve Lives** of Patients with Parkinson's

Ken Girlardo knew something was wrong when his hand started shaking uncontrollably to the point he couldn't pour his morning coffee. In July 2010, Girlardo was diagnosed with Parkinson's disease (PD).

PD is the second most common progressive, neurodegenerative condition, affecting more than one million people in the U.S., according to the Centers for Disease Control and Prevention.

While PD can't be cured, people with the condition are typically treated with medications to manage their symptoms. Unfortunately, the frequent use of some drugs can be associated with side effects such as involuntary movements and motor fluctuations, and over time the medications become less effective.

After Girlardo's diagnosis, he started taking medications and increased his dosage as the disease progressed. "At one point, I was taking as many as eight pills a day to manage my PD," says Girlardo. "I don't want to say I was discouraged, because I don't let anything discourage me, but it was a pain to be disabled." Taking the drugs took a toll on his lifestyle as he could no longer do the things he loved, like play golf and fish with his grandchildren, or the things he needed to do, like change the oil in his car. He needed his wife's help for everything from getting dressed to walking through the grocery store.

Girlardo became hopeful once his doctor told him he was a candidate for deep brain stimulation (DBS), a technology helping some people manage the symptoms of PD when medication alone is no longer effective. DBS uses a small medical device that is implanted in the body and connected to leads that stimulate a portion of the brain to control the

motor functions affected by movement disorders, including tremors, slowness and rigidity.

While this treatment option has been available for some time, until recently, physicians have had to rely on older DBS technology. In December 2017, the U.S. Food and Drug Administration approved the Boston Scientific Vercise DBS System, which is designed to be more easily adapted to a patient's specific needs and is engineered to allow for targeted stimulation therapy delivery.

"Since being implanted with my DBS System, I feel like I got my life back. Now, I'm not taking any medications for PD. I can dress myself, chop vegetables, tie knots and drive without worry," says Girlardo, who received the Vercise DBS System in March. "It was like hitting the lottery with the results."

To learn more, visit DBSandMe.com. (StatePoint)

Frances of Rome Catholic School. And for Closing Remarks: Maia Galicia-Center

and Jose Padilla who lost their son Staff Sergeant Steve Jason Padilla and Guiselle and Leroy II Harris who lost their son PFC Leroy Harris Kelly III.

## **Start Me Up: The Rolling Stones 'No Filter' Touches Down In Los Angeles**

Academy; Damien Almodovar-

Ellington K-8 School; Anahi



**PASADENA** - The Rolling Stones announce they will bring their hugely successful NO FIL-TER tour to stadiums in 13 cities across America in 2019 with a stop in Pasadena, CA on May 11, 2019 at The Rose Bowl Stadium.

The tour follows NO FILTER dates this past year that have taken Mick Jagger, Keith Richards, Charlie Watts and Ronnie Wood back out on the road amassing rave reviews as they played to sold out stadiums throughout the UK and Europe.

"It's a thrill when we play stadiums in the States - the energy is always amazing!" - Mick Jagger "I've always loved playing the

states. It's a great crowd." - Keith Richards

The Rolling Stones NO FIL-

TER set list has the legendary band treating generations of fans to classic Stones hits such as "Sympathy For The Devil," "Paint It Black," "Brown Sugar," "Miss You," as well as special gems from their celebrated catalog.

Tickets for these dates will go on sale Friday, November 30 at 10AM. For ticketing information

#### please visit rollingstones.com.

American Express® Card Members can purchase tickets before the general public, beginning Wednesday, November 28 at 10AM PST through Thursday, November 29 at 10PM PST.

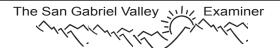
AEG Presents' Concerts West is the promoter of The Rolling Stones NO FILTER US tour.

## We Make A Difference! You Can Too!

WEST COVINA - Are you looking for a way to serve your community? Do you like interacting with people? Citrus Valley Health Partners at Queen of the Valley hospital, West Covina, needs volunteers who would be willing to help in the gift shop

and front desk. It's challenging, rewarding and fun. Four hour shift, weekly minimum requirement

For more information, call Tiffany Ramirez, director of volunteer services at 626-925-6337 or email tramirez@mail.cvhp.org



## Shop Glendora Village on Small Business Saturday, November 24th





\* SMALL BUSINESS SATURDAY" \*

#### By Sherri Fernandez

GLENDORA - The Holidays are upon us once again, and that means shopping! This year, think shopping small first. Small Business Saturday is Saturday November 24th. In the Glendora Village, the merchants are hosting a Small Business Saturday event like you've never seen before. There will be something for the whole family!

The activities start at 10 am. Included in the shopping festivities is Holiday music and a vendor fair provided by Top Billing Entertainment, dog adoptions by Rescue Works, cat adoptions from Hope to Home, and a pet friendly photo booth for families and their newly adopted furry family members, hosted by Sit Means Sit – San Gabriel Valley.

Now if that wasn't enough, there's more! Come and meet Glendora resident and Food Network's Kids Baking Championship Finalist, Matthew Azuma in the bus plaza from 11 am- 5 pm. See what he's been baking for us. Starting at 2 pm, carriage rides will light up the night and run until 8 pm. In addition to all the events, The Village has a new coupon book jam-packed with savings at shops in the Village. There are sales in stores for this event, and throughout the Holiday Season. You can pick up the coupon book at merchants in the Glendora Village, or go online to www.GlendoraVillage.com and

view the special Shop Small Coupon Book section on the home page. The coupons are ready to print.

Many restaurants will have early and extended hours for Small Business Saturday and throughout the Holiday season for your convenience and dining experience.

Come and Shop the Glendora Village on November 24th, and throughout the entire Holiday season. Get your coupon books, and help support the many independent shops in the Glendora Village. Shopping local keeps your tax dollars in our community and helps Glendora thrive. See you on Small Business Saturday in the Glendora Village, and remember to smile for the camera!

## **Glendora Genealogy Group Monthly Meeting**

**GLENDORA** - The Glendora Genealogy Group will hold its monthly meeting on Tuesday, **November 27** in the Elm Room of the La Fetra Senior Center, 333 East Foothill Blvd, Glendora.

There will be a refresher class led by Pat Chavarria from 6:00 PM to 7:00 PM. This will be followed by our business meeting at 7:00 PM. Our speaker for the evening will be Christine Johns Cohen presenting "Cousin Bait and Cousin Stalking."

Join us as Christine presents this class on Descendant research. The class will discuss a way to reach out to distant living cousins to help you expand your pedigree chart. You

may be lucky and find family

treasures that will break down a brick wall. We will explore the many resources to locate living people and help them find you.

As a 14 year member of the Whittier Genealogical Society (WAGS), Christine has served as President, Newsletter Editor, and is currently Membership Director. In addition to WAGS, she conducts presentations on a wide variety of genealogical topics. Her interests in genealogy began in 1977 with the airing of the tv mini series"Roots." She is a native Californian, a graduate of UCLA in Political Science, and has worked for Vitol Aviation for the past 25 years.

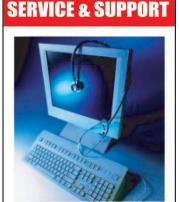
Any questions about our group or the meeting please call Pat Chavarria at 909-592-4030.

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The San Gabriel Valley

#### **ES**C LOS ANGEI November 22 - 28, 2018 **Officials Spark the Holidays** with Tree Lighting Ceremony

#### Carolers, performances, Santa and Express Line Trolley on tap for event

BALDWIN PARK - Traditional holiday features including Christmas carolers and, of course, Santa Claus will be on tap as Baldwin Park kicks off its annual Tree Lighting Ceremony on Thursday, November 29. Residents and business members are invited to join in the festivities at the Esther Snyder Community Center gymnasium, 4100 Baldwin Park Blvd. The community gathering begins at 6 p.m., and it is free and open to the public.

"The tree lighting ceremony is part of a long-standing custom for the Baldwin Park community, resident can expect to jumpstart the holiday season with festivities that spark the holiday spirit in us all," stated Baldwin Park Mayor, Manuel Lozano.

Following tradition, student choirs from Sierra Vista and Baldwin Park high schools, as well as local senior citizens, will help set the mood throughout the evening. Members of the local East Valley Boys and Girls Club,



as well as Pualani's Polynesian Dancers, will also provide entertainment before officials light the City's 20-foot Douglas Fir

Christmas tree, organizers noted. April Rojo, program coordinator for the event said, "Santa Claus is expected to make a surprise arrival at the Community Center." After the tree lighting, Santa will spend some time with those children in attendance, Rojo added. More than 600 visitors are anticipated for Thursday's celebration.

Located outside of the gym, in Santa's Village, the newly launched Baldwin Park Express Line will be exhibited during the event featuring holiday activities, free giveaways, and raffles. The first 50 people to come out and explore the inside of the holiday decorated trolley will receive a free tote bag. Mayor, Manuel Lozano stated that, "Residents, commuters and visitors to Baldwin Park will be able to travel to many key destinations and employment centers throughout the city with greater ease."

For more information about the new Baldwin Park Express Line and system-wide time schedules, please visit the City of Baldwin Park's Public Transit Webpage at www.baldwinpark.com/publictransit.

Those in attendance at the holiday event can also enjoy free refreshments including pozole, pan dulce, and hot chocolate immediately following the ceremony. Thank you to our event sponsors Grocery Outlet, Baldwin Park Women's Club, and the Baldwin Park Educators Association for helping us spread the holiday cheer.

The City's Christmas tree will later be relocated to the City Hall lawn for the public to enjoy. It will be on display there until after New Year's Day, according to organizers.

## **City Of Arcadia Kicks Off Holiday Season** With Christmas Tree Lighting Celebration

ARCADIA - The City of Arcadia celebrates the start of the holiday season with the fourth annual Christmas Tree Lighting Celebration on Thursday, **December 6** from 6 p.m. to 8 p.m. The event takes place at the Arcadia Transit Plaza on the corner of Santa Clara Street and North First Avenue, and will feature the lighting of the official Christmas Tree in Arcadia by the Mayor, City Council, and Santa Claus.

Santa will arrive on an Arcadia Fire Truck and help the Mayor "flip the switch," bringing the festive tree to life with lights and decorations. The celebration includes free cocoa and cookies, strolling carolers, a kids' craft table where youngsters can decorate their own ornaments, face painting, and holiday photos. One of the highlights of this event is the holiday craft market featuring a variety of local, handcrafted items, gifts, and foods.

Bring a little joy to the children in need in our community by donating a new, unwrapped toy. The City will deliver the donated toys to the Foothill Unity Center in time for their annual toy distribution.

Don't forget to join us for our other fun holiday festivities. The merriment starts at the beginning of December with two holiday events. The always popular Breakfast with Santa is on December 1 at the Community Center with two options for breakfast: 8:30 a.m. - 9:30 a.m. or 10:30 a.m. -11:30 a.m. The Holiday Snow Festival is also on December 1 at the Community Center from 9 a.m. - 2 p.m.

**A3** 

S.G.V. EXAMINER

For additional information, please contact Laena Shakarian at lshakarian@ArcadiaCA.gov or 574-5434.

## **Officials Caution Public To Beware Of Charity Scams**

LOS ANGELES COUNTY - With Woolsey Fire recovery and relief efforts under way, Los Angeles County officials caution the public to beware of charity scams and to donate to organizations they know and trust.

"Some charities spend most of their donations on administrative costs or don't use the funds the way they promised. Others may not be legitimate charities at all," according to the Los Angeles County District Attorney's Office. "Just because an organization has 'police' or 'firefighter' in its name, doesn't mean that it actually will use the money to assist these public servants."

Warning signs for suspicious donation requests include:

• The organization refuses to provide information about the organization, identity, their mission and how the donations will be used.

• The organization does not provide proof that the donation is tax deductible.

• High pressure tactics are used.

• The need to wire money or donate cash.

If you are thinking about giving to a charity, use these simple tips to identify reputable charities:

 Ask for detail information about the charity, including the name, address and telephone and how the donations will be used.

• Don't be pressured into making a donation.

· Search the name of the organization on the internet to see if it's reputable company.

• Never give donations in cash, by wire or in gift cards. • Check with the IRS to see if the organization is eligible to receive tax deductible contributions.

For the Woolsey Fire, reputable first responder, relief and animal-aid organizations include:

• Los Angeles County Fire Department Foundation: lacfdf.org

• Los Angeles City Fire De-Foundation: partment supportlafd.org

• American Red Cross: redcross.org

United Way: unitedwayla.org

• Los Angeles County Animal Care Foundation: lacountyanimals.org

For further information about the Woolsey Fire, including evacuation and repopulation areas, animal shelters, road closures and disaster relief, visit lacounty.gov/woolseyfire.

## **Baldwin Park Police Department Receives Traffic Education and Enforcement Grant**

BALDWIN PARK - Baldwin Park Police Department has been awarded a \$80,000 grant from the California Of-

• Patrols at intersections with increased incidents of pedestrian and bike collisions.

safety.

killed in crashes across the state, a 7 percent increase from 2015, according to the National Highway Traffic Safety Ad-

ministration. Particularly alarm-

ing is the rise in pedestrian

deaths, with 867 pedestrians

killed on California roadways

in 2016, a nearly 33 percent in-

crease from 2012. Along with

the growing dangers of distract-

ing technologies like phones

and drug-impaired driving, this

grant funding will provide op-

portunities to combat these

dangerous and illegal behav-

ventable," OTS director Rhon-

da Craft said. "Education and

enforcement go hand in hand

helping change behaviors that

Funding for this program is

provided by a grant from the

California Office of Traffic

Safety, through the National

Highway Traffic Safety Admin-

cause devastating crashes."

"Almost all crashes are pre-

iors.

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Jorge V. Rosales

Lois M. Shade

Julia Yoder

**Gene Morrill** 

Jenny Park

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· We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain

• We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about. · We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.

• We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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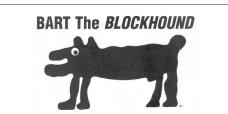
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Believe me if you're bothered by what doesn't bothered me bothering you...then bother not bothering me for what bothers you, please... **Book of Bart** 

fice of Traffic Safety (OTS) for a year-long enforcement and public awareness program. The traffic safety program is intended to educate the public on safe roadway habits and deter people from violating traffic laws or practicing other unsafe behaviors that lead to injuries and fatalities.

The grant from OTS will fund various education and enforcement activities for the 2019 federal fiscal year (Oct. 1, 2018 to Sept. 30, 2019):

• DUI saturation patrols to take suspected alcohol/drug-impaired drivers - and those unlicensed or with a revoked/suspended license - off the road.

• Traffic safety education presentations for youth and community members on distracted, impaired and teen driving, and bicycle/pedestrian

• Checking for seat belt and child safety seat compliance.

· Motorcycle safety operations in areas with high rider volume and where higher rate of motorcycle crashes occur.

• Speeding, red light and stop sign enforcement.

• Warrant service operations targeting multiple DUI offenders

• Compilation of DUI "Hot Sheets" identifying repeat DUI offenders

• Probation supervision for high-risk DUI offenders.

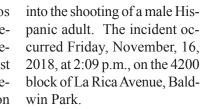
• Specialized DUI and drugged driving training to identify and apprehend suspected impaired drivers.

• Court "stings" to cite individuals driving from DUI court after license suspension or revocation.

In 2016, 3,623 people were istration.

## **LASD** Continue to Assist Baldwin Park **Police with Shooting Death Investigation**

BALDWIN PARK - Los Angeles County Sheriff's Department Homicide Bureau detectives are continuing to assist the Baldwin Park Police Department in their investigation



Detectives have learned that Baldwin Park police officers responded to a shots fired call. Upon their arrival they located one male Hispanic adult with a gunshot wound to the upper torso.

The male adult victim was transported to a local hospital where he was pronounced dead.

The suspects who were be-

lieved to be on bicycles, fled the location northbound on La Rica Avenue, and out of view.

The motive for the shooting is unknown.

The investigation is ongoing and there is no further information available at this time.

Anyone with information about this incident is encouraged to contact the Los Angeles County Sheriff's Department's Homicide Bureau at (323) 890-5500. If you prefer to provide information anonymously, you may call "Crime Stoppers" by dialing (800) 222-TIPS (8477)

The San Gabriel Valley Suby Examiner



## Trump, Brown, Newsom Join Together

President Trump, out-going Governor Jerry Brown and Governor -Elect Gavin Newsom came together in Paradise to survey the tremendous damage done by the Camp Fire. After the preliminary twitter debates over causes for the fire - poor forest management or global warming - finally there was some agreement as the three joined together with a background of gray in the torched out landscape. As Jerry Brown provided a guided tour of the area, he said to those observing the unexpected coalition, "We need the money. We need federal help."

We have suffered fires before in California and each year they seem to me to get worse with more devastation to the forests but now an increasing loss to personal property and loss of life. Regardless of causes at this point that should be addressed seriously in the future, we are looking at 77 dead, one thousand unaccounted for and property damage with no serious final numbers that will stun all of us when that loss is tallied up. The biggest question of all -- how do the people get back to "normal". Find a place to set up a home life, get their kids back to school and back on a normal routine. Things we, not affected by these fires, take for granted.

I've had conversations with a fellow employee who took Brown's position on reasons for fires being the long-term drought and global warming objecting vig-



#### Shade's Perspective Lois M. Shade

Former Mayor of Glendora orously to my suggestion of poor forest management. It seems the powers that be in Paradise, California, have conceded that both are causal effects of the massive conflagration this state has suffered.

Fellow employee says because of the 5-year drought, the earth in the forest is dried up and becoming devoid of any moisture that even in times of low rain levels was not this severe. The continued unusually warm weather has exacerbated the problem. And, yes, I have to admit I've even commented that we seem to have had no weather except the same each day. Sun comes up, temperature stays about the same every day and no rain or a cold blast of wind from the north.

Poor forest management has been an issue for some for the last 25 years (and that is a round number) going back to Congressman David Dreier's days in Washington who insisted the forests needed thinning out, and to the aggravation of some, establishment of isolated areas in the name of fire prevention or at least fire control because of the conditions. Areas have been ravaged because beetle gnawed out trees were left standing next to healthy trees and eventually fire took out the dead and the healthy trees

The government has accumulated land - forest land - to protect the environment including our water and water infrastructure, animal life and recreation activities. Those are honorable objectives and ones I agree with whole-heartedly. But along with those objectives comes a level of responsibility to ensure that public health, safety and private property protections are penciled into the equation to create a fair balance

All that aside at this moment, President Trump did come to the area, did meet with two of his strongest and most out-spoken adversaries and did comment to the leadership in the Chico Enterprise Newspaper, 'We have to help these people because they're my people.' Those people will have his help and his support along with Congressman Doug LaMalfa (R-Paradise) who commented that President Trump wants to get something done and LaMalfa proposes becoming very aggressive in finding and accomplishing solutions.

## **The Lucky Duck** For many of us thankfulness

lies at the heart of our daily lives. It is the feeling that overwhelms me much of the time. The more I know about the various journeys of this world's people, the more I realize that in a variety of ways I stand near the top of the food chain. I have more to eat and drink than is good for me. (Every noon someone else has cooked and served a beautiful meal-and then does the dishes.) What is more, around here are ten supermarkets, and within a ten-minute drive, there are twenty restaurants including three Mc-Donald's.

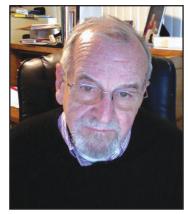
I have a roof over my head but if is too dark under it there are twenty switches by which I can brighten things up. I even have a light in my Kindle so I can read at any time and in any place. If it is too cold I have a switch to solve that problem, and another one if it is too warm. I could change clothes twenty times-or more—without wearing the same thing twice.

Not only is there a medical doctor nearby, there are a hundred of them, six I regularly see—and two nurses five minutes away. And I have already lived twice as long as most of those who have inhabited this planet.

A car takes me anywhere I want to go, and if that destination is too distant there are trains and planes I have taken to the far reaches of the earth.

I have books galore, nearby libraries, and the machine on this desk that can unlock almost any information I need. I have a precious wife, an extended family and scores of friends.

And all this just scratched the surface of my blessings. I could go on ad infinitum and not run out of things for which I am thankful. All this is also true of the three hundred or so others who live in this intentional community. While we all still may grumble about this and that, we know we are a very blessed people, and we say so. "And isn't your life



**Charles H. Bayer** 

extremely flat With nothing whatever to grumble at?" (from Gilbert and Sullivan's Princess Ida). Every day one of our residents stands at a mic in our communal dining room and recites a list of things for which we all give thanks. I am overwhelmed daily by these beautiful expressions. As Thanksgiving Day approaches I recognize again that blessings have been a dominant reality of my life.

But I have a confession to make. In the seventeen years we have lived here I have never offered this noontime prayer. Let me tell you why. It is not that I am ungrateful, but I have a very deeply planted feeling that I just cannot call all I have "blessings." What do I make of a world in which I am probably part of the upper 10%? I doubt that many who read these columns are that far from it. And the truth is we want to keep it that way. I know I do.

Pause-This morning, after working on this column for an hour, I had an appointment with a doctor about a medical issue I have been facing. In the waiting room there were three genetically disabled adults, a blind women and half a dozen other obviously very poor individuals. When we travel to the Los Angeles Philharmonic concerts, we pass scores of people on the sidewalks or living in tents. I cannot turn on my newly purchased smart TV without seeing the homeless starving children of the world, huddled with their fami-

lies.

So I cannot take the mic and thank God for all the blessings God has heaped on me. Why am I so blessed? It is not because I am good, or have earned it. I hear regularly the reason is that God is good, and loves me. If I am blessed, God must be the blesser. But that answer only identifies a very unjust God. There is an old camp love song that says in the second verse: He picked you out from all the rest, because He knew I loved you best. I cannot believe that God has singled me out from all (or most of) the rest because He loves me best. I will deal with the question of a just God at another time, but today I have only to ask WHY ME?

I have spent years struggling with that issue. When I wrote an autobiographical sketch for my family I titled it "THE LUCKY DUCK." Might it be that it is not that I am blessed, but that I am lucky? It is not that God loves me more than others, but that in a very long series of tosses my coin has consistently come down "heads."

When I have offered this explanation to friends and colleagues, they remind me that the inequality in the world is my fault as is the fault of all of history's "haves" for not sharing. Of course that is at least partly true. So I have regularly given away much more than a simple tithe, as long I have known that I had plenty left. I know that if I am blessed it s that I may be a blessing. But even that answer does not really address my dilemma. In addition, I have spent much of my life seeking ways to change the way society works. But the larger issue persists. Unfairness dominates life!

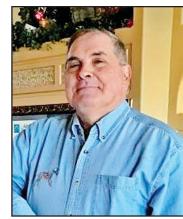
So I still sense that "lucky" is much closer to my reality than is "blessed." Perhaps the word "fortunate" dodges both horns of my dilemma. What do you think?

Contact Charles Bayer at candwbayer@verizon.net

## The People's House Verses Jim Acosta

"After Mr. Acosta asked the President two questions-each of which the President answered ... " was the first words of one report. It should have been considered the beginning of the problem and why, in spite of endless criticism, President Trump calls CNN "fake news." It should tell you all you need to know about the reason the CNN lawsuit is a farce.

Just because you don't like or don't agree with the President's response doesn't mean he didn't answer the question. I don't recall the biting and assertive questioning of the old reporters to be a lecture for the President, who ever the man was. Helen Thomas



**Charles Lopresto** rather than an affirmation of CNN's agenda.

I would tell the CNN folks and other networks as well, that are defending Mr. Acosta, not to always conveniently blame the President or Ms. Sanders. Let's face it, you guys have little to no Conservatives in your news organizations. The people you claim are Conservatives on your shows are most often watereddown Progressive Conservatives whose common denominator is quite often being Anti-Trump. And when you do have someone from the Right with real Conservative convictions and values, you make sure he is outnumbered, out-shouted, interrupted and marginalized. And when you can't demean with language like "Oh, you really aren't going to call it a mob, are you?" You go to the ever

popular "cut to commercial break." A prevention often needed to keep the conversation from drifting to close to a good Right leaning explanation or rebuttal.

It is truly shameful how the Fake News folks became the Fake News folks. Maybe it began when they decided to be the campaign headquarters for the Democrat party, and started a "collusion" that would make the Russians look like amateurs. Their defense of being Pro-DNC is to, of course, blame Fox as being pro-RNC. But Fox has more Liberals on their network than the other Mainstream media outlets have Conservatives combined.

"Time Jockey" - Wells Fargo Stagecoach

#### **By Joe Castillo**

Symbolic Wagon... On Jan- known as thoroughbraces, a more which sold for \$1,000, a Yellowuary 1st, the Tournament of comfortable ride was achieved stone Wagon which sold of \$575 for passengers in the wagon. The

system of thick leather straps for \$1,200, a Transfer Omnibus and a No. 201 Overland Wagon which sold for \$600. Wells Fargo purchased each type of wagon, and customized them with its pomegranate red and bright gold lettering to distinctively identify each coach to customers, passengers and towns where the stagecoach traveled. One-hundred and fifty-two years later, the Wells Fargo stagecoach will still be displayed in one town in the West and on New Year's Day it'll be moving down the streets of Pasadena.....

and Sam Donaldson were tough, blunt and willful, but not rude or condescending.

And why is it that the majority of questions come from such a small group of CNN, MSNBC, and in a limited sense, Fox News reporters, as if that whole room full of reporters are just bystanders? Maybe more than just Jim Acosta should be booted out.

I would like to rotate the press pool and include a number of local affiliate journalists from the various smaller markets and big cities too. Middle American people that are not in the blue bubble beltway who may be more inclined to ask pertinent questions of interest to regular folks

The number of Fox employees that have relationships with Republican party individuals still doesn't seem to reach the level of their Democrat party counterparts. Then there is Hollywood, all in with DNC "networks."

When 98 % of Trump's coverage by the likes of CNN is negative and without apology, do they expect hugs and kisses from the Queens businessman?

There are a lot of reasons why the road Jim Acosta travelled was paved much earlier by CNN outrage. "I am appalled that the President acts this way and treats us this way," so they might say. But who really started it?

Koses Parade will once again roll down Colorado Boulevard in Pasadena in front of a million spectators watching in person and millions more on television. The theme of the 2019 Rose Parade is 'Melody of Life' and every entry will have a music focused design or accompaniment. One of this years' entries is expected to be the world-famous Wells Fargo Stagecoach, the iconic symbol of the world's 4th largest bank. Since 2006, the Wells Fargo stagecoach has paraded in front of the massive crowds coming out to celebrate New Years Day. Not only has Wells Fargo sponsored their stagecoach equestrian entry in the parade, they have also sponsored the opening and closing events, and the Equifest show for all equestrian entries at Griffith Park a couple of days before the New Year's Day parade.

Concord name was given to the coach based on the location of where it was manufactured, Concord, New Hampshire, in the factory of the Abbott-Downing Company. J. Stephens Abbot and Lewis Downing employed workers skilled in carpentry, blacksmithing, leatherwork, sewing, varnishing and decorative painting to build a coach which had never been built before.

In October 1867, Wells Fargo ordered the first batch of 30 stagecoaches from Abbot-Downing, and shortly thereafter all 30 were loaded on a railroad flatbed for shipment to the west coast. Abbot-Downing made a variety of stagecoaches including a Mail Carrier coach which sold

Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 4 books on the topic. He be reached can at joeacastillo@aol.com...

## **California School Of The Arts Invites Bright And Talented Students To Attend Preview Day**

School of the Arts – San Gabriel Valley (CSArts-SGV), a public charter school that offers an unparalleled arts and academic education to seventh through 12th grade students, invites prospective students and their families to attend Preview Days on Dec. 1, 2018 and Jan. 19, 2019 to learn about admissions opportunities for the 2019-2020 school year. The school currently serves approximately 1,200 students and provides a rigorous college prepa-

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**DUARTE** - California ratory academic program, as well as pre-professional arts training in numerous areas of study, including dance, fine and media arts, music and theatre.

> CSArts-SGV has begun accepting applications for the 2019-2020 school year. The early admissions deadline is January 28, 2019. Interviewaudition placement activities will be scheduled in the order that applications are received, so prospective students are encouraged to apply early.

> CSArts-SGV is also accepting applicants for the spring 2019 semester, which begins Jan. 8, 2019. Applications for the spring semester are due on Nov. 30 along with a digital

placement activity.

Preview Day sessions take place from 9:30 a.m. - 1:30 p.m. on the CSArts-SGV campus, located at 1401 Highland Ave., Duarte, Calif. For more information and to register, visit www.sgv.csarts.net/Preview-Day.

At Preview Day, prospective students and families will learn about the school's academic program, which includes college prep courses, honors and Advanced Placement classes, comprehensive college and academic advising and fully credentialed faculty. Guests will also be able to attend up to four arts conservatory presentations and meet with directors.

In 2018, a six-horse team was used to pull the Wells Fargo stagecoach for the first time after a four-horse team was used in previous parades. The sixhorse team requires a wider turn radius which should be no problem for the pretty much straight parade route but its history was the basis for using the larger team of horses.

In the early days of Wells Fargo, a six-horse team was used for its express delivery and mail service as it traveled from the midwest to the west coast. Even though the horses provide the power for the stagecoaches, it was the Wells Fargo stagecoach which became the symbol of safe and secured deliveries and transportation. The 2,200-pound Concord coach was built in the same design as a ship with a curved frame and bowed connections. Using an innovative suspension **Holiday Decoration Awards Are Coming To Town** 

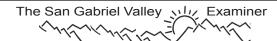
ARCADIA - It's already November and Santa and his elves are starting to gear up for the Holiday Decoration Awards on December 11. As the excitement of the season kicks in, haul out your decorations, string your lights, and spread holiday cheer. Judged by the Arcadia Beautiful Commission, this annual event recognizes properties decorated in the most festive and creative ways. Get ready to deck the halls and illuminate the community with holiday spirit!

"The Holiday Decoration Awards are a great tradition in the City of Arcadia. This award recognizes both residents and business owners who truly get in the holiday spirit and create colorful and festive decorations for the entire community to enjoy," said Robert Miller, Chairperson for the Arcadia Beautiful Commission.

To be considered for an award, please have your decorations up before Monday, December 3. Once your home is decorated, leave your lights on until 10 p.m. for nomination and judging purposes. Winners of a Holiday Decoration Award will receive a yard sign, holiday gift, and a personal visit from the Santa Squad on Tuesday, December 11.

To nominate a property for consideration, please call the City Manager's Office at (626) 574-5434 or email lshakarian@ArcadiaCA.gov before Monday, December 3. Please include the complete address including the street, avenue, etc.

Properties are only eligible to win every 4 years.



## **Things End Because Something Else Is Ready To Begin**

Last Monday was a holiday throughout much of the land, and Wall Street had relatively low volume, but the market finally tested its October lows, with the Dow falling 602 points. The good news is that we didn't have the kind of machine selling we had in October. This selloff was much simpler. An Apple supplier issued lower guidance, so sellers "shot" Apple, but big tech stocks will continue to have strong sales and earnings. Basically, everyone was over-reacting. Many energy and retail stocks were up, after being hit on previous days, because good stocks bounce. We're still in a "washing machine" cycle.

Normally, as earnings announcement season winds down, the last few S&P 500 sales and earnings reports tend to show sub-par results. However, some corporate third-quarter sales and earnings announcements have gotten stronger. Amazingly, with over 85% of the S&P 500's earnings announced, average sales growth has accelerated to 10.3% and average earnings growth is now running at a stunning +28.9%! Many companies are lowering their sales guidance, but I suspect they are really just trying to lower analyst expectations so that they can surprise us again during the next announcement season.

Naturally, the big news last week was still the mid-term elections and, for once, the pollsters were correct. The GOP picked up some seats in the Senate (one of which is being contested in recounts), while the Democrats gained 35 to 40 seats in the House of Representatives and some Governorships.

With gridlock returning to Washington DC, we return to a focus on business. In the next six weeks we should see a rise in



holiday spending. Retail and Consumers seem to be coming alive. What we are seeing on Wall Street is an expected sector rotation.

Gridlock is usually good for stocks. In the 1950s, 1980s, and 1990s, stocks had great decades under split control of power in DC, with a Republican President and Democratic Congress (1950s and 1980s) or the reverse (1990s). That is the situation once again, with a Republican President and a Democratic House. However, we have never likely experienced the current hatred or determination of one party to harm the other major party regardless of the resulting cost to our country.

President Trump and the person widely anticipated to be the new House Majority Leader, Nancy Pelosi, have somewhat pledged to work together. Naturally, this bipartisan cooperation should not be expected to last very long. The stock market has historically tended to celebrate a potentially less toxic political atmosphere for at least six months after the mid-term elections. In fact, according to Bespoke Investment Group, during the post-World War II years, the S&P 500 has risen by an average of 8% and 13.9% during the three months and six months, respectively, following the midterm elections. Furthermore, ac-

cording to Bespoke, the S&P 500 has been higher 94.4% of the time during the six months after the mid-term elections. Will current political animosity allow such potential this time?

The volatility we have been seeing recently may be "ripples" from the splash. This usually happens for a few weeks as the market finds its footing. Part of the volatility comes from a drop-off in liquidity. After a corrective price action, sometimes it's a "Vshaped" recovery with liquidity rushing right in. Other times, like now, it could take a while for confidence to flow back into stocks.

Sentiment out there is still generally bearish. That's yet another reason why many on Wall Street are bullish. The fundamentals have not changed: sales and earnings beats, low taxes, high cash-repatriation, and huge stock buy-backs. It still could be a great backdrop for stocks. Mid-term elections are out of the way. The China trade may resolve itself at some point, and stocks will find some ballast and should move north from here.

Also, when people like Warren Buffett get bullish, that's a great sign! He's buying back a slug of Berkshire Hathaway stock. Meanwhile, when so many are bearish, and many are nursing wounds from disorderly trades and wrong-way positioning, stocks continue to beat earnings estimates. I think it's a great time to grab quality names on sale. Emotion should subside, liquidity will return, and stocks will likely once again be rewarded for their stellar reports.

LIVE LOCAL, SHOP LO-**CAL - THIS IS THE TIME OUR MERCHANTS NEED US** I welcome your questions and comments kenherman46@hotmail.com

## **Your Money - Ask Julia**

HOPE YOU ARE HAV-ING A HAPPY, THANKS-FILLED, THANKSGIVING

Be thankful for family, friends, freedom, and food! Enjoy your family time while you all still have the opportunity to gather together on this day of giving thanks. Try to be kind to one another; HUG the cook(s). As you travel, be aware, and be safe! (Avoid a DUI - don't drive under the influence of alcohol or drugs.) And don't spend beyond your budget on Black Friday.

Is there a deadline for our small business to set up a retirement plan?

Employers and the self-employed must establish certain retirement plans such as a 401(k), profit sharing, or defined benefit plan by December 31 to receive income-tax deductions for that year.

What are the qualifications to get a home through the Habitat for Humanity program?

The Pomona Valley Habitat for Humanity covers a 16-city service area. They said they "look at three distinct areas of selection criteria when reviewing potential 'Partners': 1. The family's housing need and suitability of current shelter, 2. Current income, and the ability to pay a 0-percent interest loan, and 3. Willingness to participate as a 'Partner' and complete the required sweat-equity hours by helping to build your home." For more information, call (909) 596-7098.

**Do Realtors help renters?** How much do they charge? I don't have a lot of time to research and find a place. I'm in college now, and would like to buy later, but until I know



Julia Yoder where I might have to move to find work, I'll rent.

Yes, some Realtors help renters, and they get paid by the landlord, not the renter. Start by making a list of 'gotta haves" and "wanna haves" and be prepared to compromise. This will help you prioritize your list and help the Realtor to better help you. Your parents might consider purchasing a condo close to campus, and renting to you! And, when you move on, they can choose to own a rental, or sell. Win-Win.

What do you suggest is the best way for me to be able to use some of my savings for retirement, and leave the rest to my charity?

You could put your money into an insurance-companyheld safe investment with a guaranteed\* lifetime income for you, and with the remainder going to your charity. Another option would be to get a single-premium cash-value life insurance policy with the possible use of funds while you live and the life-insurance death benefit going to your charity.

\*(Guarantees are based on the strength of the insurance company.)

Do you offer a concise, quick read for me to learn more about the problems

#### baby-boomers face as we approach retirement?

**A5** 

The "Reclaiming the Future Study," conceived and designed by Allianz Life Insurance Co. of N. America is one of the most comprehensive examinations of baby-boomers' preparation for, and expectations of, retirement. The study revealed several key findings: 1. Americans believe that there is a retirement crises. 2. They believe they are unprepared. 3. There are five distinct financial "personalities." 4. Americans fear outliving their money more than they fear death. 5. The recent economic downturn was a big "wake-up call." In conclusion, Americans do have options as they face these challenges and plan for retirement. Further, the study found that annuities might be one of the most relevant of these options. Only annuities can offer the combination of principal protection and income for life. (In case you are anti-annuities, check to see what union pension, teachers' pension, or government pension really are!)

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/NMLS 248681/ Nat'l. Ethics Assoc. Home loan application: https:// /blink.mortgage/app/signup/p/ allsourcemortgage/juliayoder. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

**El Monte Union Voters Approve \$190 Million Facilities Bond Measure** 

EL MONTE – El Monte Union High School District voters on Nov. 6 approved Measure HS, a \$190 million facili- have a better opportunity to community for supporting this

Measure HS received 72 per- Superintendent Dr. Edward cent of voter support.

Zuniga said. "I want to thank "To ensure that our students the members of our school



## **Dipsticks - They are Disappearing**

I remember when we Not sure about you, but that tions to make the final decision checked engine oil and transmission fluid by pulling the dipstick out, wiping it clean, putting it back in, and pulling it back out. That simple process enabled us to check the fluid level. We could tell many things by that dipstick, but today it isn't that simple. Many new models don't even come equipped with an engine oil or transmission dipstick!

Modern automobiles have become marvels of precision and durability over the years. Many transmissions have 5, 6, 7 or even 8 speeds and do not have a dipstick to allow checking or adding to the fluid level or inspecting the fluid condition, unless you have specialty tools to do so. Some engines are following suit by removing the dipstick as well. These cars rely on the engine computer to check oil level and condition.

scares me.

Vehicles with dipstick-less engines and transmissions came about to keep people from adding incorrect fluid. A person or non-qualified shop would add or change the fluid using the incorrect type. The engine and/or transmission would fail prematurely because the less-expensive fluid did not lubricate properly, and failure was eminent. The consumer might put the fault on a poorly designed or defective car. This is happening more and more.

Some of these engines and transmissions are filled with what the manufacturer says is "long life" fluid, claiming it does not require changing for many miles. I recommend you find a trust worthy service center and use the manufacturer recommendations along with your service advisor recommendaon when to service your car.

With rules regulating the automotive manufacturers that mandate fuel mileage be increased every year, vehicles require very specific synthetic fluids. The cost of today's fluids can be staggering, ranging from \$6.00 to \$26.00 per quart. Adding the wrong fluid will damage the internally lubricated parts over time.

Please do your homework when having any service performed; it can be devastating if the wrong fluid or incorrect fill procedure is performed.

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can Count On!

ties bond that will fund basic repairs, upgrade school safety and security, and enhance learning facilities at each high school.

Anna Lee, D.D.S.

**General & Cosmetic Dental Care** 

- **Porcelain Veneers**
- **Ceramic Crowns**  $\triangleright$
- **White Fillings**

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The San Gabriel Valley Street Examiner

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**Whitening & Cleanings** 

compete for 21st century cameasure and helping us reach reers, we must make classroom our goal of providing students a high-quality education in an upgrades and repairs that are necessary for today's teaching environment that is conducive and learning environments," to their success."

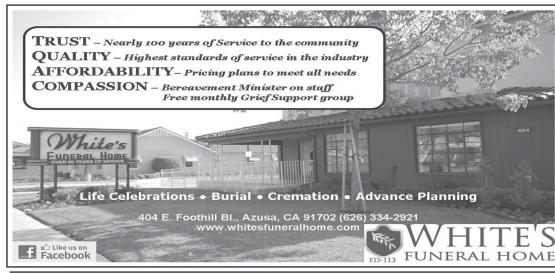
The measure will allow the District to repair leaky roofs and fix aging walls, plumbing and bathrooms. Proceeds from the bond will also fund upgrades to school safety and security, emergency communication systems and fire safety systems to include safety doors, smoke alarms and smoke detectors at all high schools. The measure would also ensure students continue to have safe drinking water, as well as expand science, engineering and computer labs.

"There is a direct correlation between retaining quality teachers and providing a quality teaching environment," Dr. Zuniga said. "Making basic repairs, upgrading school safety and classroom technology throughout the District will ensure our students and teachers are equipped with the tools they need to excel."

The bond will cost property owners 3 cents per \$100 of assessed valuation. An independent Citizens Oversight Committee will review the expenditures to ensure the funds are spent as authorized.

For more information about Measure HS. visit www.emuhsd.org/measurehs.

**Upcoming Event?** Let us know at SGExaminer@aol.com



## ALLEY/SENIC

## **Around the Valley & Senior News**

#### **AZUSA Volunteer Drivers** Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

#### **TOPS** Meeting

TOPS(Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

#### ARCADIA **Scrapbooking Studio After School Film Fun**

Arcadia Public Library hosts a monthly movie program for middle-school students. All middle schoolers are invited to attend a showing of a new fun movie on Friday, December 7, at 3:30 p.m. at the Arcadia Public Library. Meet up with friends, and enjoy a great, new movie and tasty snacks. For more information, please call 626.821.5566 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia.

#### **Instructors** Needed

Do you have a talent you want to share or have a love for teaching? The City of Arcadia is always looking for quality, dedicated instructors to offer a variety of programs to residents and surrounding communities. The best contract instructor candidates are individuals who combine a sincere interest in community service with a desire to supplement their existing income. Go to www.ArcadiaCA.gov/recreation for the Prospective Instructor Application or call the Recreation Office for more information.

ets! For more information, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

#### Annual Christmas Dance

Come celebrate and dance during the holiday at the Julia Mc-Neill Senior Center on Saturday, December 8th from 6:00 pm -11:00 pm. There will be live music performance, raffles, and much more! Hot meals will also be available for a nominal fee of \$6.00. \$15 for pre-sale tickets and \$20 at the door. For more information, please visit the Julia McNeill Senior Center or call

#### (626) 813-5245, Ext. 323 **McNeill Fitness** Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/ walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia Mc-Neill Senior Center or call (626) 813-5245, Ext. 323

## COVINA

#### **BUNCO!**

The City of Covina Parks & Recreation Department is hosting BUNCO at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on the 2nd and 4th Thursday of each month, 1-3 p.m. The cost is \$2. For more information, call (626) 384-5380.

#### **Indoor Chair Beach** Volleyball

The City of Covina Parks & Recreation Department hosts "Indoor Chair Beach Volleyball" at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursdays, 1:30-2:30 p.m. For

free blood pressure checks. No appointment needed. Every 2nd Tuesday of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

#### **Meals on Wheels**

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

#### Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

#### **Alzheimer's Safe Return Registration**

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

#### **Volunteering Does** Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

#### GLENDORA **Glendora** After **Stroke Center**

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is Wednesdays 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

and the world. Call 626-963-0814 for more information.

#### **Instructors Needed At** The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at jmarkel@ci.glendora.ca.us.

LA VERNE **Cruisin' La Verne Holiday Car Show** 

The Cruisin' La Verne Holiday Car Show on Saturday, November 24, 9:00am - 3:00pm includes the community's participation in the "Spark of Love" Toy Drive, which benefits local children for the holidays. Attendees are encouraged to donate a new, unwrapped toy, either at the event or to the La Verne Fire Department. For more information please contact City Hall at (909)596-8706.

Car show will be at Old Town La Verne, "D" and Third Streets, south of Bonita Avenue.

#### MONROVIA Senior Blood **Pressure Screenings**

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the Second **Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the Fourth Wednesday of the month from 9:00am - 10:00am

ting, crocheting and hand work or

#### **Caring Crafters**

If you have an interest in knit-

class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. -2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

#### SAN DIMAS San Dimas

**Toastmasters Club** The San Dimas chapter of Toastmasters International, Toast

To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555. **WEST COVINA** 

## **TOPS** Meeting

TOPS (Take Pounds Off Sensibly) meets every Thursday at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first

COVINA - The Citrus Val- gery Waiting Room; the Barley Medical Center Inter-Community Auxiliary needs volunteers. If you are a senior citi- the hospital. Call Tiffany zen, retired, or simply looking for something to do, join the auxiliary and be a volunteer! Volunteers are needed in the following areas: The Front Desk; the Gift Store; The Sur-

meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: ehernandez57@aol.com

#### Go West **Shuttle Service**

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

• For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

• The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

• The fare is only \$1.00 each way. No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

#### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily** lunch service for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

## **Medical Auxiliary Needs Volunteers**

gain Box; Newspaper Delivery to patients and other areas of

#### Arcadia Senior Card **Club Looking For New Members**

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

#### **BALDWIN PARK Holiday Lights Cruise**

Spend a relaxing evening under the stars cruising Newport Bay aboard a fully decorated parade ship on Thursday, Decem**ber 6th** from 2:30 pm – 8:30 pm. Experience all of the holiday activities and décor centering around the boat parade in this 75 minute tour. With all of the holiday décor, music, activities and amazing light displays, you don't want to miss out on this! Walking distance from the Balboa Pier with many restaurants and quick food stops in the area. Meals not included. Tickets are \$30 for Baldwin Park Residents and \$35 for Non-Residents. Limited tickmore information, call (626) 384-5380.

#### DUARTE **Duarte Museum Needs Docents**

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

#### **Blood Pressure** Checks

Health Care Partners will provide a medical assistant to do

#### **Cars 4 the Community**

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country

would like to learn, join us at the Monrovia Community Center every Wednesday. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. -3:00 p.m. at the Monrovia Community Center.

#### Senior Stretch & **Exercise Class**

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The

## **Glendora Woman's Club To Begin Christmas Season with Holiday Music**

#### By Joan Hallidy

**GLENDORA** - The Glendora Woman's Club will present the Glendora High School Girl's Choral Groups,; The Silhouettes and the Illumination and directed by Dr. Brian Trevor, in a Christmas program "Music For The Holidays" at the club's luncheonmeeting on Tuesday, December 4th, 2018.

The service club's day will begin at 10:30 a.m. with a social time, followed by the business meeting at 11 a.m. The luncheon by Cambria Catering and the program by the Glendora High School Groups with follow said club co-presidents Carolyn Cunningham and Joy Martau.

One of the club's ongoing service projects is the collecting of

used eyeglasses for the California Lions Friends in Sight project, said Chris Ohrmund, woman's club project chair and Lions club member. Also collected for the project will be children's eyeglasses, lenses without frames, eyeglass cases, sun classes, and broken glasses. After the glasses have been cleaned and calibrated, the items will then be distributed at area Vision Clinics that are open to everyone.

For the Shepherd's Pantry project, another of the club's ongoing service projects, club members are asked to donate nonperishable food items at the club meetings. Located in Glendora, the Pantry serves families in need

The San Gabriel Valley

in 10 area cities, said project chair Gloria Liddle, and donations are always appreciated.

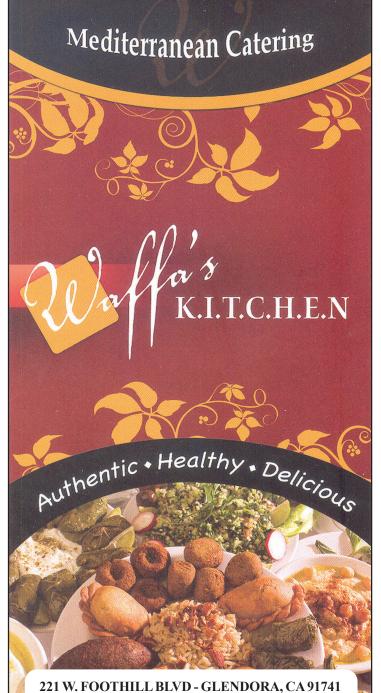
At each club meeting, the Members' Participation Art Display will feature a different display theme, said committee member and club co-president Joy Martau.

This month's theme will be "Holiday Magic" and members are encouraged to share an item from home for the display.

For information about Woman's Club membership, service projects, and special events, call Chris at 909-598-0554; for information about renting the clubhouse for a special event or meeting, call Ryan at Cambria Catering at 626-335-7010.

Suby Examiner

Ramirez, Director of Volunteer Services at (626) 925-6237 or email her tramirez@mail.cvhp.org to start the volunteer process.



TEL: 626-914-3500 --- FAX 626-914-3511

## How to Take Advantage of National Scholarship Month

Bargain hunters will spend November tracking down Black Friday deals to save on holiday shopping, but savvy higher education shoppers know November is also National Scholarship Month, a perfect time to find free money for college.

To help students and families get the most out of scholarship season, Sallie Mae, the nation's saving, planning, and paying for college company, is offering six tips:

• Get an early start. Apply for scholarships your junior year of high school and every year in college. Approximately 50 percent of available scholarships are for students already enrolled in college. There are also many scholarships available for graduate school.

• Don't miss out. To qualify for \$150 billion in financial aid, including scholarships, complete the Free Application for Federal Student Aid (FAFSA). Schools use the FAFSA to put together financial aid packages, states use it to determine eligibility for state aid, and it's required for many scholarship applications. Some aid is awarded on a first-come, first-served basis, or from programs with limited funds, so the earlier families fill out the FAFSA, the better.

• Remember, not everything is a deal. Never pay for scholarships and be wary of "guaranteed" money. Don't be lured in by sites or organizations that charge a fee to access scholarship applications. School counselors and school financial aid offices can recommend reputable options.

• Even small savings count. Many scholarships may just be for a few hundred dollars, but these can add up and can be used for a variety of college expenses. Apply for as many as possible -- you'll be surprised by how much you can earn.

• Take advantage of doorbusters. Some scholarships awards are as easy as showing up and registering. Sallie Mae, for example, offers a \$1,000 monthly sweepstakes for those who sign up for its free college planning tools. To commemorate National Scholarship Month, the company is increasing the award in November to \$5,000. • Keep an eye out for unique gifts. Scholarships are not limited to athletics and academics.



Photo Source: (c) VadimGuzhva / stock.Adobe.com

There is free money for college for just about any interest, including awards for lefthanded students, skateboarders, and bakers.

To find additional tips and to register for Sallie Mae's Scholarship Search, home to 5 million scholarships collectively worth more than \$24 billion, or the recently launched Graduate School Scholarship Search, home to 850,000 graduate school scholarships worth more than \$1 billion, visit www.salliemae.com. After filling out a brief profile, students are matched with relevant scholarships, their award amounts, application requirements, and deadlines. The tool automatically sends updates when it identifies new matches.

"Scholarships are one of the most prevalent funding sources families use to help pay for college," said Martha Holler, senior vice president, Sallie Mae. "The key is knowing where to find them, and how to apply." (StatePoint)



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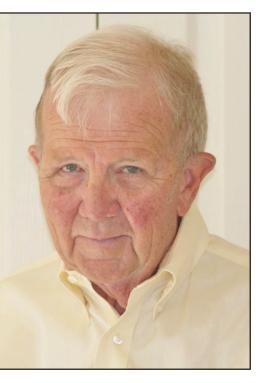
## **Dr. Edward L. Davis Joins Woodglen Medical Group**

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**GLENDORA** - Edward L. Davis, M.D. Board Certified Urologist, specializes in female urology, has joined Drs. N. Bouz, and N. Kassar of Woodglen OB/GYN Medical Group, Glendora.

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For a direct access appointment to Dr. Davis, call: Woodglen Medical OB/GYN Medical Group (626) 963-4124



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