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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

May 9 - 15, 2019

To reach us:

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Scam Targets EBT / A3





Elina Hughes / A7

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## Upper District and Cal American Water Tap into the Source

**DUARTE** - The Upper San Gabriel Valley Municipal Water District (Upper District) held a ribbon cutting for two recently installed water bottle fill stations at the California School of the Arts, San Gabriel Valley, located in Duarte, CA. Upper District partnered with California American Water, the local retailer, to install the two units with the goal of reducing plastic bottle waste and promoting the benefits of drinking from our local water supply.

The Water Bottle Fill Station program was approved by the Board of Directors in June of 2018 as part of its overall outreach program. Keeping with the Board's strategic goal of promoting watershed awareness and conservation outreach, the pilot program will install 10 water fill stations throughout Upper District's service area at designated schools, libraries, or community centers. This is the first of ten installed, the second unit at this location was installed in partnership with California American Wa-

Upper District's directors



Director Anthony Fellow, Mayor Tzietel Paras-Caracci, Director Jennifer Santana, Principal William Wallace, Brian Barreto, Upper District General Manager Tom Love, and Councilmember Liz Reilly.

Jennifer Santana and Dr. Anthony Fellow were joined by Mayor Tzeitel Paras-Caracci, Councilmember Liz Reilly and Duarte Unified School Boardmember Ceci Carroll for the ribbon cutting. Students, faculty and administration were in attendance.

"I am excited to unveil the first station in my division and hope that the students will em-

brace the change of using refillable water bottles and inspire positive behavioral changes that promote water conservation" said Director Jennifer Santana. "I also thank California American Water for partnering with us in providing a second water

station for the high school. It has been a great collaboration."

Brian Barreto, external affairs manager for California American Water stated, "It was a pleasure working with Principal Wallace and appreciate his support in helping us inspire change in water usage behavior that not only promotes our local supply but protects our watershed from plastic bottle waste."

Upper District's mission is to consistently meet our regions' need for reliable, high quality and affordable water; including water conservation, recycled water, storm water capture, storage, water transfers and imported water. Upper District services nearly one million people in its 144 square mile service territory. Governed by a five-member elected board of directors, Upper District is a member agency of the Metropolitan Water District of Southern California. Annually, more than 78 billion gallons of water is used in Upper District's service area. For more information about Upper District, please visit our website www.upperdistrict.org or call 626-443-2297.

## Citrus Valley Health Partners **Officially Becomes Emanate Health**

By Jayam Rutnam

WEST COVINA - It was a beautiful, sunny day in the garden facing the Queen of the Valley Hospital. On May 1st, 2019, doctors, hospital staff, dignitaries and guests were among the hundreds of attendees present at the Launch event to unveil the new health care network's brand image, its commitment to eight service lines serving the San Gabriel Valley, and the expansion and modernization plans at Queen of the Valley Hospital in West Covina.

President and Chief Executive Officer Rob Curry led the official brand launch of the San Gabriel Valley's largest healthcare network, Emanate Health. Rob Curry provided an insight on its commitment to its eight services lines Behavioral Health, Cancer Care, Cardiac Care, Emergency Care, Neuroscience Care, Orthopedic Care, Sports Medicine, Women's Health, and the expansion and modernization plans at Queen of the Valley Hospital. "Today, the health care system that serves approximately one million people begins a new chapter after operating 25 years as Citrus Valley Health Partners." said Rob

Emanate Health, is the largest



President & CEO of Emanate Health Rob Curry (center) with Glendora Mayor Pro Tem Michael Allawos (left) and Glendora Councilman Mendell Thompson (right).

nonprofit health care provider serving the one million residents of the San Gabriel Valley in California. The system provides specialized care in Cardiovascular, Cancer, Behavioral Health, Emergency, Neuroscience and Stroke, Orthopedics, Sports Medicine, and Women's Health. Its family of hospitals and hospice include Emanate Health Foothill Presbyterian in Glendora, Emanate Health Inter-Community in Covina, and Emanate Heath Queen of the Valley in West Covina, Emanate Health Hospice and Emanate Health

Home Care in West Covina, as well as other clinics throughout the region. Year after year the health care system has been voted "Best Hospital" and "Best Place to Work" and their providers are consistently among the "Top Doctors" in Los Angeles County. The welcome speech was by

Diane Martin, Chief Marketing & Communications officer. The Invocation was by Mary Kirchen, IHM, Chair of the Emanate Health Board of Directors Strategic Planning, Marketing and Community Benefit Committee. Acknowledgements were by Lisa Fuerst, Chair of the Emanate Health Foundation Board of Trustees. The introduction of the Emanate Health President was by Gary Mathewson, Chair Elect of the Emanate Health Board of Directors.

Rob Curry, President & CEO spoke about the Transformation and Future of Emanate Health. The Blessing was led by Chaplain Al Aguilar and was accompanied by Spiritual Care Services. The music was by the Northview Band of Covina. The guests were given complimentary umbrellas. Refreshments were served.

The Queen of the Valley Hospital is located at 1115 S. Sunset Avenue, West Covina.

## **Monrovia Unified Celebrates Mathematics During 2nd Annual Next Generation Math Bee**



After six rounds, the Mayflower Elementary Mariners were awarded the first-place trophy during Monrovia Unified's Next Generation Math Bee on April 18.

boards and calculators, 30 elementary school students from Monrovia Unified School District competed in the District's second annual Next Generation Math Bee on April 18, with the Mayflower Elementary Mariners taking the top prize.

Working in teams of six, students employed collaboration, critical thinking, and language skills to solve math-related word problems. In a series of six rounds, teams were allowed six minutes to read, discuss, and answer each question by showing their work and explaining their

MONROVIA – Using white thinking process in full sentences.

> "The Next Generation Math Bee is an opportunity for our students to showcase their math skills and expand on their passion for mathematics," Board President Ed Gililland said. "Monrovia Unified is proud to provide students with a challenging academic environment that promotes student success."

Students were given access to materials such as white boards, pencils, highlighters, and calculators to help solve math problems. Clifton Middle School teachers Marilyn Smith and

**Duarte Seeks Volunteer to Fill** 

Hiroshi Suzuki were judges for the event and carefully read through each answer to determine the winner.

"Monrovia Unified's Next Generation Math Bee is an event that aims to nurture mathematical skills in our students," Superintendent Katherine Thorossian said. "Congratulations to all of our competitors who showed excitement and good sportsmanship throughout the entire competition, and thank you to everyone who came together to make this event possible for our stu-

#### Volunteers are the Connection

**COVINA** - Volunteers come from all walks of life. Post retirement is a motivator to becoming a volunteer. Volunteering is not only good for your health but it gives you a sense of purpose. It builds and strengthens relationships. Not only do volunteers get the opportunity to meet new people but they also make new friends. Being involved as a volunteer is a great way to be engaged and energized. Volunteering is a non-prescription mood enhancer that keeps you alert and motivated.

Citrus Valley Inter-Community Auxiliary is always in need of

volunteers. The areas currently serviced by volunteers are: Bargain Box (thrift store), Admitting/Front Desk, Gift Store, Newspaper Delivery, Recovery Room, Surgical Waiting Room, Pet Therapy, Music Therapy, and

Contact Tiffany Ramirez, Director of Volunteer Services at (626) 915-6237 or email her at tramirez@mail.cvhp.org to start the volunteer process. Citrus Valley Medical Center Inter-Community Hospital is located at 210 W. San Bernardino Rd. in Covi-

#### **District #7 City Council Vacancy DUARTE** - The City of Duarte cancy applications must be subis accepting applications to fill the balance of the term for a City

Council vacancy in District #7. Only Duarte citizens residing within District #7 are eligible to apply and will have until 6 p.m. on May 20 to submit an application. The successful applicant appointed will serve the balance of the term for the seat that was originally elected in November 2018, with the term ending December 8, 2020.

City Council District #7 va-

mitted to the City Manager's Office at Duarte City Hall by 6 p.m. on May 20. Physical applications will be available at City Hall, Public Safety, and the Duarte Teen and Senior Centers; and an easy to use fillable version is available on the City's website. Interested candidates will also need to submit a current résumé and a 200-word or less statement describing their background, qualifications, and objectives for serving on the Council.

City Councilmembers will interview qualified, prospective applicants during open session as part of the regularly scheduled City Council meeting on May 28 beginning at 7 p.m. The actual appointment will then be made at a special City Council meeting on June 4, with the new City Councilmember formally taking their oath of office at the first June meeting on June 11, 2019.

For more information, call the Duarte City Manager's office at (626) 357-7931, ext. 221.

The San Gabriel Valley

S.G.V. EXAMINER May 9 - 15, 2019

## Seussical the Musical Jr. at the Sierra Madre Playhouse



Some of the cast of over fifty members take a curtain call.

By Jayam Rutnam

**SIERRA MADRE** - It's a little playhouse with a big show. Page to Stage Productions presented a beautiful musical with an enthusiastic and very talented cast. It plays from May 2nd till May 11th at the historic Sierra Madre Playhouse.

Based on Dr. Seuss' Cat in the Hat books, Seussical the

Musical Jr. was put on by Music Theatre International based in New York.

All the enthusiastic cast members are homeschooled Christian children, who showed how talented they were.

The main players were Annika Lang who plays the Cat in the Hat, Horton played by

Ezra Lima, Gertrude McFuzz played by Faith Perez, JoJo played by Anna, Granillo, Thing 2 played by Samantha Djahanshahi and Thing 1 played by Faith Nicholson.

The Sierra Madre Playhouse is located at 87 Sierra Madre Boulevard in Sierra Madre. Telephone 626-355-4318.

## **VFW State Commander Lamont Duncan Visits Azusa Post 8070**

By George Ogden

AZUSA - The California State Commander Lamont Duncan visited Azusa during a District meeting held at the Azusa Post 8070.

Duncan gave accolades to the Post and District for the many good thing that they did throughout the year. He talked about membership and how important it is to get involved with the community. Staying connected and letting combat veterans know that there is an organization that is there for them to become involved with.

The VFW is not just a gathering place to have a few drinks, it is an organization that reaches out and assist with many other programs from youth programs to hospital visits. They do flag ceremonies for events and funeral ceremonies for those that have passed. They are all volunteers and work off of donations to pay for their costs.

on April 26.

ton teachers.

fessional artists and Washing-

"Washington students re-

ceive weekly art instruction

from our talented teacher, Seda

Sevada, thanks to the support

of our PTA," Principal Sandra

Dunville said. "We are proud

to provide foundational arts in-

struction to every student, from

transitional kindergarten to fifth

**Student Creativity** 



State Commander for the VFW visits Azusa during District Meeting

As numbers are dwindling for VFW members, it is important to try to find those that qualify to become members and to keep the history alive.

While there, the State Commander gave the ceremony for

San Gabriel Unified Elementary's

10th Annual ArtFest Celebrates

the installation of new and old officers for the coming year. After the ceremony and the close of the meeting he visited many of the members, thanked them for everything that they have done over the years.

## **Easter Baskets For Children** at YWCA WINGS Shelter



Glendora Woman's Club members display the 23 Easter Baskets assembled and wrapped by clubmembers for the 23 children currently staying with their mother at the YWCA WINGS Shelter during the recent Easter Holiday. Club members pictured ate, from left, Judy Gillham, Rose Myers, Chris Ohrmund, Connie Halbert and Sue Falls. Photo by Rose Myers.

By Joan Hallidy

Glendora Woman's Club's on- for the project. going service projects at Easter Time is the YWCA WINGS (Women in Need Growing Strong) Shelter for battered woman and their children.

For this year's recent Easter Basket project for the Shelter, Woman's Club members shopped for Easter Basket

items, and received special do-**GLENDORA** - One of the nated items from clubmembers

> Committee members packaged and wrapped 23 Easter Baskets, one for each of the 23 children currently staying with their mothers at the Shelter. Each basket was filled with toys and gifts based on the child's age and gender, said

project chair Rose Myers.

During the year, the Woman's Club also provides Mother's Day Corsages and gift bags for the mothers staying at the Shelter, personal supplies, clothing for children, and personal supplies and gifts for the children at Christmas time.

This year marks the 31st year that the Glendora Woman's Club has selected the WINGS Shelter as one of the ongoing service projects, according to co-president Carolyn Cunningham and Joy Martau.

For information about joining the Woman's Club, its service projects, or special events, call Chris at 909-598-0554; for information about renting the clubhouse for a special event, call Ryan at Cambria Catering at 626-335-7010



ArtFest, a celebration of student talent and creative expression.

grade, ensuring a well-rounded kindergarteners that earned education for every Washing-

ton Warrior." Following the campus tour mances, including an enthusiastic rendition of "You've Got

a Friend in Me" from

ST. DOROTHY

CATHOLIC SCHOOL

raucous applause. Washington Elementary also

provides choral and instrumenof student artwork, Washing- tal instruction, part of San ton Elementary students enter- Gabriel Unified's TK-12 arts tained attendees with choral pipeline and efforts to foster and instrumental perfor- creativity, boost student engagement and provide a wellrounded educational experience.

## **Fairmount Pioneer Cemetery Memorial Day Observance**

**GLENDORA** - Fairmount Pioneer Cemetery Cordially invites you to attend the 143rd Annual Memorial Day Observance Program Monday, May **27**, at 11:30am.

A Special Dedication of our new Historical Designation Marker will be unveiled During this year's program. The program is open to all members, friends and families of our communities Please plan to join us on this National Day of Observance.

Fairmount Pioneer Cemetery is at 345 Shorey Dr. Glendora. Enter from Barranca and Elderberry Drives. Follow the signage.



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DPSS warns customers to be aware of suspicious letters sent by U.S. mail

#### LOS ANGELES COUNTY

- The Department of Public Social Services (DPSS) has issued a warning about the latest scam targeting Electronic Benefit Transfer (EBT) cardholders using U.S. mail to fraudulently attain client personal informa-

According to the California Department of Social Services (CDSS), a client reported receiving a letter in the mail instructing them to call (559) 461-9778 to renew their benefits. THIS IS A SCAM!

EBT cardholders should never provide personal information to unknown third parties. If anyone receives such a letter or suspects that they've been a victim of this scam, they should immediately call the phone number on the back of their EBT card, change their PIN and report their EBT card as lost or stolen.

Here are a few ways to make sure your identity is not com-

• Know who you share in- at (866) 613-3777. formation with;

#### Store and dispose of your personal information securely, especially your Social Security

LOS ANGELES CO

· Ask questions before deciding to share your personal

information;

• Maintain appropriate security on your electronic devic-

If you believe that you have been a victim of a phone or text scam, please call the DPSS Customer Service Call Center

## **LACoFD Hosts Fire Explorer Program Recruitment & Open House**

LOS ANGELES COUNTY sic safety training, first aid skills - Drop by and learn about the

opportunities available through the Los Angeles County Fire Department (LACoFD) Fire Explorer Program.

Becoming a Fire Explorer provides participants with ba-

INFORMATION GUIDE

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· We also believe in accuracy in

fact and context. Journalists

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• We believe in growth. Therefore,

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Thank you for your cooperation.

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complaints

diligently

accordingly.

and CPR certification, and valuable hands-on experience, including ride-alongs. Fire Explorers must meet the

- following requirements in order to participate:
  - 15-20 Years Old Maintain a 2.0 GPA
- Submit a Physician-Completed Medical/Physical Exam

• Pass a Physical Agility Test Open House is on Saturday, **May 11** from 9:00 a.m. - 10:00 a.m. at LACoFD Fire Station 58, 5757 Fairfax Avenue, Los Angeles.

For more information, contact Battalion Chief Roland Sprewell at (626) 625-3989 or Community Services Liaison Rosemary Vivero at (213) 215-

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#### BART The **BLOCKHOUND**



A gentle breeze of Freedom chastened by the Holy Spirit wisped 'cross my soul trapping infirmity in its sails carrying it out to sea...

**Book of BART** 

### **Senator Chang's Legislation Mandates Necessary Warning Label for DNA Kits**

Amateur Scientists are Experimenting on Themselves in Kitchens and Garages

Judiciary Committee unanimously approved a consumer protection bill authored by Senator Ling Ling Chang (R-Diamond Bar). Senate Bill 180 requires sellers of gene therapy kits known as "DIY CRISPR Kits" to include a notice prior to the point of sale, as well as a label on the package, stating that CRISPR kits are not intended for self-administration. This proposals aims to prevent safety misfires in the citizen-scientist and biohacker movement to sell and use CRISPR kits outside the lab.

"As an advocate of STEM education, I've also been a propo-

**SACRAMENTO** - The Senate nent of making science a creative process for everyday people. But with the advancement of technology, there's also the potential of misuse and unforeseen consequences. My legislation takes a proactive approach, rather than reactive. A simple label stating that these kits should not be selfadministered can prevent serious health risks," said Senator Chang. "While CRISPR may benefit educational institutions, I am very concerned about the amateur use of this innovative technology and its impact on consumer safety and public health."

CRISPR, short for CRISPR-Cas9, is an acronym for "Clustered Regularly Interspaced Short Palindromic Repeats" which are unique DNA sequences found in some bacteria and other microorganisms. It is anticipated that the global market for this new gene editing technology will reach \$8.1 billion by 2025.

The United States Food and Drug Administration has stated that the sale of gene therapy products with the intent of self-administration is against the law, and cites concerns about safety risks. There have been cases in which research teams have recreated extinct strains of viral diseases from scratch.

## **Monterey Park Police Dept Encourages Everyone to Make** Bicycle Safety a Top Priority

**MONTEREY PARK -**

Monterey Park Police Department and the California Office of Traffic Safety (OTS) are encouraging drivers and bicycle riders to look out for one another during National Bicycle Safety Month.

"Traffic safety is a shared responsibility," says Police Chief Jim Smith. "People get around in a variety of ways, including bikes and walking, so it is important that we are aware of one another and do our part to ensure everyone is able to get to their destination safely."

Unfortunately, deaths in bicycle related crashes are on the rise. In 2016, 138 bicycle riders were killed on California roads, a nearly 25 percent increase from 2011. Among the primary factors in these crashes were failing to yield right of



way, speeding, improper turning, using the wrong side of the road and not following traffic signs or signals.

"Bicycle safety remains a key concern in our community," Chief Smith said. "It is why this month, and really every month, we are committed to educating and informing the public on safe ways to go, whether on two wheels or

Monterey Park Police Department offers a few tips to ensure the safety of everyone on the road:

• Drivers should look behind them before making a turn at an intersection, especially if crossing into a designated bike

- Drivers should use extra caution backing up or leaving a parking space.
- Bicyclists should go with the flow of traffic and let faster traffic pass. • Bicyclists should make
- themselves visible and wear brightly colored clothing. • Bicyclists are advised to

use lights from dusk to dawn

- (front white light and rear red flashing light or reflectors). • Bicyclists should always wear a helmet and use hand signals when turning or stop-
- ping. • Both drivers and bicyclists should avoid distractions like using their cell phone.
- To learn more about safe ways to get around visit gosafelyca.org.

## \$207 Million Notice Of Funding **Availability Released To Build Permanent Supportive Housing**

No Place Like Home Adds to the County's Infusion of Affordable Housing Investments

LOS ANGELES COUNTY -In partnership with the Los Angeles County Department of Mental Health (LACDMH), the Community Development Commission/Housing Authority of the County of Los Angeles (CDC/HACoLA) released its highly anticipated \$207 million No Place Like Home (NPLH) Notice of Funding Availability (NOFA).

In 2016, Governor Brown signed Assembly Bill 1618, which authorized the creation of the NPLH Program. The NPLH Program authorizes issuance of \$2 billion in bond proceeds to be repaid with funding from the Mental Health Services Act (MHSA) Fund for the capital development of supportive housing. With support from the Los Angeles County Board of Supervisors, the County successfully applied to become an Alternative Process County, where the NPLH Program will be jointly administered by CDC/HACoLA and LACDMH.

Monique King-Viehland, CDC/HACoLA Executive Director said, "The County recognizes the need to continue to invest in supportive housing for residents that not only struggle to meet the high rent prices, but also manage their personal health challenges. As an agency, we are committed to pursuing and securing funding, such as NPLH, to create more opportunities to get people housed, which is often the first step to establishing stability. We are grateful to partner with LACDMH to help our mutual clients take advantage of the scope of services the County has to offer." While the CDC/HACoLA will

administer the NPLH Program funding, LACDMH will provide supportive services for at least 20 years to residents of the NPLH-funded units. Future residents of NPLH-funded units will include adults with serious mental illness, as well as children with severe emotional disorders and their families who require acute psychiatric in-patient care, residential treatment, or outpatient crisis intervention because of a mental disorder. NPLH Program funds will also provide supportive housing for those at-risk of chronic homelessness, including individuals with mental illness exiting institutionalized settings with a history of homelessness prior to institutionalization, and transition age youth experiencing homelessness.

"Providing both housing and

supportive services to our neighbors with mental health needs within our communities is essential to both collective and individual wellbeing. We're grateful for the support from the state legislature and our Board of Supervisors to help people on their path to recovery," said Jonathan E. Sherin, MD, PhD, Director of LACDMH.

The total NPLH Program funding allocation to Los Angeles County will be approximately \$700 million. Eligible uses of NPLH Program funds include acquisition, design, construction, rehabilitation, preservation, and capitalized operating reserves for supportive housing providing homes for qualifying residents. For the first tranche of funds, CDC/HACoLA will first seek to fund projects that did not secure financing through NOFA Round 24-A, which was released in September 2018, as well as projects that have initial funding from the City of Los Angeles Housing and Community Investment Department, but require additional funding to enable construction. CDC/ HACoLA will also release periodic NPLH Program NOFAs that target the creation of housing opportunities for NPLH-eligible

## **National Food Drive**

On Saturday, May 11, the National Association of Letter Carriers (NALC) and the United States Postal Service will kick-off the annual Stamp Out Hunger Drive in the Los Angeles Area. Donated food will be collected by Letter Carriers

throughout the nation that day. All food donated in Covina and Glendora will go to Shepherd's Pantry serving those inneed living in the East San Gabriel Valley. When your Letter Carrier distributes the bags to

households during the second

week in May, please give generously for those in need. Shepherd's Pantry provides food for over 150 individuals and families every week, totaling around 12,000 lbs of food per month. All non-perisable, unopened food is appreciated!

The San Gabriel Valley Examiner

### Gas and Soda Taxes Ready for Approval

I pulled into the gas station Friday morning with a little gas still left in the tank - between the one-fourth and one-eighth lines - laid \$40 on the counter and told the attendant I was going to "filler 'er up". Didn't happen. Forty bucks and I didn't reach the top line indicating tank full!

I left the station and proceeded on my way to work. Fully half the streets I traveled were rough and bumpy needing refinishing and there is one pothole I swerve to avoid every morning. So much for those promises to fix potholes with the tax passed in the middle of the night that now makes gas \$4 a gallon in California and the highest in the nation!

That's not enough, so we now have another tax proposal, SB 246 (Wieckowski) creating an estimated \$1.5 trillion from an oil extraction tax at 10% of the barrel cost and 10% of the cost per unit of natural gas. This obviously will raise the cost of gas at the pumps once again, but we are being told this increase will go to education and health care so I guess that makes it a good tax,

But the gas tax is only the beginning! There are a dozen or more proposals for tax increases poised for passage as we come to the end of the fiscal year with \$19 billion in the rainy day fund. One of those taxes is the Soda Tax touted to cure obesity and diabetes by the author of AB 138, Richard Bloom (D-Santa Monica). Tax it, no one will buy it and all live healthy ever after is the plan. The soda tax goes back several years with several failed attempts to pass it and some interesting intervention ploys last year.

Richard Bloom has two previous attempts at a \$0.02 an ounce soda tax and neither of those bills made it out of committee hearings when the American Beverage Industry organized and funded campaigns against Bloom's efforts. Reports from Michael



**Shade's Perspective** Lois M. Shade Former Mayor of Glendora

Thom, a University of Southern California professor and an expert on tax incentives, rebuked the notion a tax would cure the desire for sodas and suggested in Bloom's hometown paper, Santa Monica Daily Press, people would find their sugar fix in other sources, like milkshakes.

Then in 2018, with California Sugar-Sweetened Beverages Tax initiative ready for the 2020 ballot allowing that soda tax if voters approved the initiative, things took a quirky little turn as reported in the Sacramento Bee, June 26, 2018. It seems then Gov. Jerry Brown hosted a June 6th dinner party at the Governor's Mansion with representatives from Pepsi, Coca Cola and the American Beverage Association. Denials occurred across the board of negotiations on that initiative and constitutional amendment, but what we ended up with became a concern for some of us.

The initiative would have taxed sugar-sweetened beverages at \$0.02 a fluid ounce starting on July 1, 2021, and authorized local governments to impose additional taxes on the same beverages. The \$2 to \$3 billion in revenue generated by that tax, according to the ballot initiative, would have gone into the new Public Health Fund and been exempt from the Gann Limit. The Gann Limit prohibits state and local governments from spending revenue in excess of per person spending at base year 1978-79 with COLA and population adjustments annually.

The proposed sugar tax initiative, after that meeting, was pulled from the ballot. Pulled because the rules on initiatives had changed. At one time, when an initiative had been submitted with enough signatures to qualify it for the ballot, it was a done deal, would be on the ballot and couldn't be pulled back. But, Darrell Steinberg, when sitting in California's Senate, wrote a law changing the initiative process that allowed a sponsor(s) of an initiative to withdraw the proposal even after it had enough signatures to qualify it for the ballot. His reasoning: the legislative process requires compromise. And, what occurred in Sacramento over the soda tax was a legislative compromise ... or was it the voice of the people that was compromised?

After the soda tax initiative was pulled from the 2020 ballot, AB 1838 surfaced as a trailer bill preventing only cities and counties from imposing sugary drinks or soda taxes until 2031, but not the state legislators. AB 1838 was chaptered (became law) 6/ 28/18.

Hence, we have Assemblyman Richard Bloom back again with AB 138 and his proposed state tax on soda to fund programs that prevent diabetes and obesity.

But that's not all. We have a first ever water tax that may surface again this year. And proposed taxes on pain pills, lawyers, car batteries and tires ... \$6.2 billion in new taxes pending. Seems liberal Sacramento Democrats believe strongly ... if moves tax it; and, if it doesn't move, tax it; and, if at first your tax doesn't pass, come back next year and try, try again! Or perhaps create a trailer bill?

## Is Criticism Of Israel Anti-Semitic?

This is the second column discussing continued charges that any criticism of the Israeli government is anti-Semitic. Last week I briefly described the formation of the state of Israel flowing from the long history of anti-Semitism culminating in the Shoah. (the Holocaust). Jews who survived Hitler's final solution were invited to relocate in this newly established homeland. Thus Israel was born as a creature of the United Nations. Over the next years, however, this same international body has raised serious issues regarding Israeli policies that violate the rights of the non-Jewish populations that for centuries had seen Palestine as their homeland.

Since 2013, the state of Israel has been condemned in 45 resolutions by the <u>United Nations</u> Human Rights Council. Since its creation in 2006, the council has continually questioned Israeli policies and actions in its treatment of the Palestinians. These 45 resolutions were almost half (45.9%) of all country-specific resolutions passed by this respected body..

Resolution 181, passed by the United Nations General Assembly in 1947, called for the partition of Palestine into Arab and Jewish states, with the city of Jerusalem as a "separate entity," to be governed by a special international body. However, this resolution has been ignored by all succeeding Israeli governments.

Later, The United Nations Security Council adopted Article 242 demanding that lands seized by Israel in the 1967 war be returned, but with that resolution Palestine would to be established in only 23% of the land, not 45%, which was the UNs original allotment.

**United Nations Security** Council Resolution 2334 was adopted on 23 December 2016. It concerns the Israeli occupation of Palestinian territories, including East Jerusalem. The resolu-



Charles H. Bayer

tion passed in a 14–0 vote. Four members with veto power, China, France, Russia, and the United Kingdom, voted for the resolution, but the United States abstained. The resolution states that Israel's settlement activity constitutes a "flagrant violation" of international law\_and has "no legal validity." It demands that Israel stop such activity and fulfill its obligations as an occupying power under the Fourth Geneva Convention.

And it must be remembered that the Balfour resolution of 1917 calling for a Jewish homeland included the words: it being clearly understood that nothing shall be done which may prejudice the civil and religious rights of existing non-Jewish communities in Palestine ...

The United States has either abstained or vetoed every effort by the Security Council to confront continued Israeli violations. Without the military and the financial support of the United States, Israel could not continue to ignore the rest of the world and the United Nations sanctions.

Every U.S. administration, Republican and Democratic, has vowed to support Israel and its policies no matter what the rest of the world says. This position has largely resulted from the enormously powerful lobbying effort principally by AIPAC (The American Israel Public Affairs Committee) and the support of a significant part of the Congressional delegation.

In addition, many American

Christians still support Israel. There are two reasons. For more liberal Christians there is a continuity based on the historic continuum relating Judaism and Christianity. We speak of the "Judeo-Christian" tradition. In recent days, however, that support is beginning to weaken with resolutions boycotting industries doing business with Israel. And yet a significant number of conservative Christians see that the absolute support of Israel has biblical sanction. The survival of Jerusalem as the Israeli capital is seen as essential in following prophecies about the "last days" and the return of Christ. These events are seen by many evangelicals as vital in the effort to convert the Jews and secure their salvation as Christians, and that is the real goal!

The criticism of Israeli policy and anti-Semitism are often seen as the same thing. Thus any criticism of the Israeli government, no matter what the rest of the world and the United Nations say, is called anti-Semitism. As a result, any political, religious or secular figure that in any way and with any intent criticizes Israel is tarred with an anti-Semitic brush.

But criticism of a government that is in continual flagrant violation of international law, and a prejudice against Jews and Judaism are **not** the same thing! The intractable problems continually resulting from the Israeli-Palestinian conflict will not be addressed until the United States and its people see the distinction. Criticizing Israel is NOT anti-Semitic. Until that distinction is recognized, neither a one-state nor a two- state solution is possible. The result is the continuation of the present condition, which is nothing less than apartheid. Honest criticism of Israel must become American policy, since it is our support that continues to allow Israel to disregard international law.

Contact Charles Bayer at candwbayer@verizon.net

## The Bill of Rights

By D.B. Shimel

(Part 3 of 3) In two previous articles I discussed the first six Amendments to the Constitution parage others retained by the peoknown as the Bill of Rights. Presented in the first article were the 'why' of the Bill of Rights and the essence is that; any right that the first three Amendments. The second article discussed Amendments III (3) through VII (6). This writing will address the remaining Amendments VII (7) through X (10). A disclaimer here is necessary as I am not a lawyer and can only address the wording of some of these amendments and not ensuing legal precedent.

Amendment VII (7)

"In suits at common law where the value in controversy shall exceed twenty dollars the right of trial by jury shall be preserved, and no fact tried by a jury shall be otherwise reexamined in any Court of the United States than according to the rules of the common law"

This Amendment allows people who have a complaint against another person that exceeds a monetary value greater than \$20.00 can demand a jury proceeding and the outcome of the jury trial cannot be revisited. This Amendment does not prevent a loser in a civil case from appealing a monetary decision rendered by the court.

Amendment VIII (8)

"Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishment inflicted"

This Amendment is provides that a bail amount established in a court by a judge shall be in line with the crime that the person is accused of having committed. Also any fine levied shall be fitting of the offense. Probably the most important wording of the Amendment is that "nor cruel and unusual punishment inflicted" meaning that the punishment must fit the crime and that unusual punishment may not be used. Amendment IX (9)

"The enumeration in the Constitution of certain rights shall not be construed to deny or disple."

What this Amendment says in people would expect and ought to retain, will remain as a right of the people. This limits the government to the rights defined in the Constitution and unless the Constitution gives right or power to the government the government cannot usurp those rights that properly belonging to the people.

Amendment X (10)

"The powers not delegated to the United States by the Constitution, not prohibited to the states are reserved by the States and respectively to the people".

This says, States and the people therein shall retain all rights not explicitly given to the U. S. government in the Constitution.

Prior to the presidency of Theodore Roosevelt the governments many states were larger than that of the National Government. Roosevelt was the first "progressive" President in what has become a long line of progressives in our government. Under their leadership the role of the U. S. Government has changed drastically. The most prevalent idea of progressives is that people have changed and so too should the role of the federal government. Further, the Constitution is outmoded and should be abandoned. The Federal Government should control almost everything and that the people should have only those rights given to them by the government.

This concludes the discussion on the Bill of Rights. However, several very important amendments were added later to the Constitution. Most notably were the Thirteenth, Fourteenth and Fifteenth Amendments.

The Thirteenth Amendment abolished slavery and indentured servitude within the United States and all territories under the jurisdiction of the U.S...

The Fourteenth Amendment states in the first sentence, 'all persons born in the United States and under the jurisdiction thereof are citizens of the United States'. What was intended was that anyone born here of people who were in the United States legally were citizens. What has happened is that the "under the jurisdiction thereof" is being totally ignored.

The Fifteenth Amendment gave the right to vote to all "MEN". Sorry women but you would have to wait until the ratification of the Nineteenth Amendment in 1920 to secure the right to vote.

Also noteworthy are the Sixteenth and Seventeenth Amendments. The Sixteenth Amendment gave the government the right to collect income taxes. The Seventeenth Amendment put the election of Senators in the hands of the people. Previous to these amendments the government could not tax individuals or companies, and, the State governments appointed Senators. Many people feel that these Amendments were mistakes.

For more information on this subject the Republican Center in Covina at (626) 331 - 0738 or come in. The Center is currently open Tuesday through Saturday from 11 Am to 2 Pm.

## TIME JOCKEY" - El Camino Real

By Joe Castillo

on the Spanish foundation for roads which started in the 16th century. Spain developed a series of roads which crisscrossed the countryside with rough and poorly maintained dirt roads which connected small towns with larger commercial centers. The roads allowed a path for trade and commerce to flow thus enabling the population to maintain their households, farms, livestock and crops. The Spanish crown required a solid network of improved roads in order to serve the population, move its military, transport goods and collect tax-

For centuries, the Spanish worked to create, develop and maintain a dependable network of roads in Spain, useable in any type of weather, so that the requirements of the Spanish crown were achieved. The primary objective of the Spanish network was to funnel all traffic on the road to Madrid, the future capital of Spain and the residence of the King of Spain. The new roads were to be highly maintained, protected by the military and under the direct administration of the King. The name of the "Royal Road" or El Camino Real was

used to define the roadway which leys along the coast, Missions Spanish Origins... Califor- was used to allow the people of developed crops and livestock nia's El Camino Real was based Spain to connect with the King becoming sustainable centers of

and his royal administrators. The concept of Spanish roads went everywhere the Spanish flag was planted including the Americas and the New World. In Baja California and Northern Mexico, a series of Spanish Missions were established by the Jesuits for the purpose of opening a corridor to connect all the Baja California Missions to each other. But in Alta California, the Franciscans and Dominicans established the California Missions for another reason, protection.

Starting a 1769, Missions were to be built from San Diego to Monterey, usually a day's ride from one another, with a military establishment or presidio placed at strategic locations to provide protection along the road. The primary function of the California network of roads was to support the presidios at San Diego, Monterey, San Francisco and Santa Barbara. Soon settlements were organized in the fertile val-

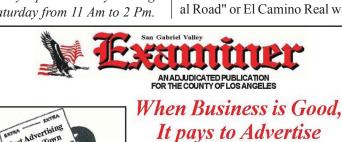
Kirk

commerce, and the presidios provided protection from any Native and foreign threats.

The El Camino Real connected all the entities to each other and the "Royal Road" allowed the Spanish to maintain its purpose and serve the Spanish Crown. Nearly 50 years later after Mexico won its independence from Spain, the El Camino Real was no longer used to serve the King, and its use and importance became non-existent. One-hundred years later, with the Mission Revival era, the El Camino Real returned, this time as a transportation road for Californians to navigate the vast costal lands of the Golden State...

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He bereached joeacastillo@aol.com.

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## Don't Sell In May And Go Away!

Through last Friday, the S&P was up 17.3% for the year (and 25% since Christmas), while NASDAQ was up 22.8% for the year (and 31.6% since Christmas), but don't think about selling today, or significantly reducing your stock exposure yet!

Why do I say this? Because for many years the stock market went to sleep from May to October. About five years ago, pundits loved to tell people "we're in for flat-to-falling markets".

If you had followed this advice, you would have missed last summer's gains; and, you would have gotten back into the market just in time to suffer December's terrible market bloodbath. Ouch! Let me hasten to say: Past performance does not indicate future performance.

There are several problems with this "sell in May and Go Away" theory. If you own stocks in a taxable account, you must pay short-term capital gains taxes every year you sell. Even if you have a non-taxable account, the paperwork is still a pain in the neck. Secondly, when do you reenter? July is usually a great month. Do you nibble a little then? October has been great in recent years (although not last year). Truth to be told, there is no guarantee, so I personally prefer to just hold. There is no way of knowing about what stocks will do in the next few months, and the general long-term trend should be UPWARD.

The 10-year Treasury closed at 2.50% last Friday while the 2year note closed at 2.29%. That's a positive 2-10 spread of 21 basis points. As the classic measure of the slope of the Treasury yield curve, that also means key rates have not yet inverted. It is true that the 10-year Treasury closed below some shorter-term government rates like T-bills and the like quite a few times in 2019, but I do not believe that this represents a true inversion.

Longer-term Treasury yields are being pulled lower by action





**Economic Analyst** & Former Glendora Mayor

in the German and Japanese bond markets, where 10-year bunds closed at -0.02% while 10-year JGBs closed at -0.03%. There simply isn't enough yield in key global bond markets, so multinational financial companies end up in the U.S. Treasury market.

The Nasdaq 100 and the S&P 500 have already made fresh closing highs; and, the Dow Industrials are less than 1% off alltime highs. Unless the Chinese trade deal that appears almost done fails, we are likely to see further gains in share prices in 2019. I know the stock market is up a lot in 2019, but that's simply normalizing the abnormal performance in 4Q'18. Stocks today are approximately where they were at the end of last Sep-

Crude oil prices initially rose last week after the Trump Administration ended the waivers for countries to import Iranian crude oil. Prices at the pump rose dramatically frustrating consumers. The U.S. had previously granted eight countries a 180-day waiver to continue to buy Iranian crude oil despite U.S. sanctions. Now, with countries like China, India, and Turkey no longer openly buying Iranian crude oil, the Trump Administration's intention is "to reduce Iran's oil exports to zero."

Specifically, the White House said, "The Trump Administration and our allies are determined to sustain and expand the maximum economic pressure campaign against Iran to end the regime's destabilizing activity threatening the United States, our partners and allies, and security in the Middle East." The White House added that the U.S., Saudi Arabia, and the United Arab Emirates "are committed to ensuring that global oil markets remain adequately supplied." On Friday, President Trump told reporters, "Gasoline prices are coming down. I called up OPEC. I said you've got to bring them down. You've got to bring them down." As a result, crude oil prices fell sharply on Friday and erased all of the prior week's gains!

Maybe we should be focusing beyond this week's oil availability and pricing issues. Thinking ahead to the medium and longterm outlook, US pipeline infrastructure remains the most important variable, followed closely by the OPEC response to significant US production and export increases this year.

You may wonder why crude oil prices continue to rise as U.S. crude oil production soars. One reason is seasonal, since worldwide demand rises in the spring. Other reasons include a brewing civil war in Libya, sanctions on Venezuela, and the expiration on U.S. waivers on imports of Iranian crude oil. It now looks like crude prices may remain somewhat high through the summer months. On balance it appears too early to predict whether oil prices might rise or fall over the next

However, oil price changes should not significantly impact our economy or non-oil stock valuations any time soon. As long as America's business friendly government continues to make decisions beneficial to the longterm growth of our economy, owning stocks in quality USA businesses should be rewarded. Why would you "sell in May and go away"?

LIVE LOCAL, SHOP LO-**CAL - THIS IS THE TIME OUR MERCHANTS NEED US** 

I welcome your questions and c o m m e n t skenherman46@hotmail.com

## Your Money - Ask Julia

Happy Mother's Day! What are you doing to make this a special day for someone? Consider those whose mom has passed, or a mom who has had a miscarriage or has had a child pass. What about doing something to touch the life of the lonely mom or grandma in a nursing home? If you are a single mom, or it just seems that way because your spouse is serving in the military or travels often, set aside time to celebrate you and others in your situation.

When should I expect my tax refund?

You can go online to irs.gov and click on 'Where's my refund?" You'll need to know the exact amount you expect refunded just as it appears on the tax return you filed.

I'm 55. What are my options for accessing money in my IRA?

Although you must pay income taxes on these funds, the 10 percent early withdrawal penalty might be waived if you withdraw money from your traditional IRA or Roth IRA before age 59 ½ for any of the following reasons: 1. First-time home purchase, 2. Post-secondary school expenses, 3. Payments of health insurance premiums if you have received unemployment compensation for at least 12 consecutive weeks, 4. Disability, 5. Death of the IRA account holder. You might also see if you qualify to take substantially equal payments over an IRS-determined period of years.

Is there a way for us to help our children pay the tax when inheriting our estate?



Julia Yoder

Couples who want to help protect their legacy from estate taxes often use life insurance. The life-insurance settlement (death benefit) is typically paid out income tax free, and can provide heirs with the finances to help with final expenses and estate taxes that exceed the prevailing exemption amount. Some life insurance policies have living benefits, accessible as supplemental retirement income.

I'm in my mid-50's and have \$100,000 to put into some sort of investment. I'd like it to be safe and make the most interest. What would you suggest I

If you qualify, there are several safe avenues you could take with your money, including, but not limited to an IRA, an annuity, or life insurance with potential of a cash accumulation. There are many choices, so it's a matter of figuring out which product is best to meet your needs. (Guarantees are based on the strength of individual insurance company.)

We are so tired of renting, and really want to buy. What do

your finances and credit scores. Your 'Mortgage' credit scores are often lower than your 'Consumer' credit scores due to different determining factors. If you decide to pay off a credit card, do not close that account. It looks good if you are using 30-percent or less of the credit available. If you haven't used a card for a while, use it, and pay it off when you get the bill. Do you have enough money saved for the down payment, property inspection, closing costs, tax and insurance reserves, and several months' payments? Do you have your tax returns for 2017 and 2018? Second, apply for, and get loan approval. With so many different types of loans and rates, what you qualify for really depends on your finances and scores. There's almost nothing more frustrating than finding your dream home, and not being ready to make an offer because you don't have proof of loan approval. A pre-approval is vastly different from a pre-qualifica-

First, take an honest look at

#### Ask Julia by email: juliavoder@vahoo.com

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## **Frustration From Being** Tempted To Procrastinate

Ah spring is in the air and your mind wonders to the great outdoors after months of being cooped indoors dealing with cold, cloudy days, and mounting paperwork on your desk. Yes we all look for ways and situations to avoid the unavoidable and will use every excuse at our disposal.

A great way to overcome the temptation of procrastination and the resulting frustration that it can cause is to remove the things that trigger these thoughts. Have a plan to get the work done, make a game out of it, if you don't start you'll never finish. Remember the old adage, how do you eat and elephant? One bit at a time.

For example, if you have to clean up your desk or sort through a stack of jumbled notes before you can even begin working on a project, you are more apt to put it off than if it was all set up and

ready to go for you. Good habits to follow. Organize all of the paperwork on your desk. Keep your folders, both physical and those stored on your computer, organized and labeled for ease of use. For computer files you can spend a little time up front and map out each folder and their sub folders with their contents until it simple becomes routine and you no longer need



Michael Allawos **Principal Consultant Global Management Consulting** Services the map.

Use color-coding or other organizing systems like numbering or lettering for prioritizing and to track and separate the different segments of the project and make them easier to work with.

If you have implemented all of the above techniques and still find yourself battling with the pitfalls of procrastination, motivation may not be your problem. More likely, you have problem differentiating between the importance of each task and end up doing to many things at once.

This "being busy without actually accomplishing anything" mode can get out of hand and lead to your being bogged down with numerous areas of unfinished work. To defeat this type of pro-

crastination problem, you need to learn how to better differentiate between important projects and urgent ones.

Important tasks are those that must be done in order to further your career, build your business, or add to your personal life. These projects must be done on a regular basis and are usually easy to focus on because they are

Urgent tasks or projects, on the other hand, are those projects that require immediate actionyour website is experiencing problems, your shipper cannot make a deadline, your wholesaler will be unable to deliver the promised product- yet are not as important to your overall goals

as the important projects. Contacting your web designer to fix a website problem will, of course, make business run better today and into the future, but it is still a problem that is easily fixed with a simple delegation and follow-up that will affect the sort and long-term outcome of your business.

Again organizational skills and establishing priorities are key in reducing business stress and frustration. If you don't start you'll never finish.

## Why My Vehicle Needs an Inspection

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

about inspecting a car when it comes into a shop for service.

In years past vehicle manufacturers suggested you change your oil every 3,000 miles. That meant you visited a service facility 3-4 times a year; that was 3-4 times a year that your technician had the opportunity to look over your car and catch potential failures in your vehicle's tires, wipers, brakes, fluids, leaks or any other con-

Today, the vehicle manufacturers are now extending oil and servicing to 7, 10 and even 15 thousand miles. This also extends the time your technician gets a look under the hood of your vehicle. This gives your

There are a lot of questions technician less times per year to inspect and identify issues with your vehicle.

Consider air transportation; a jetliner goes through a safety inspection before each flight. In fact, all public transportation including planes, trains and city busses all go through a certification and regular inspection process to find, identify and fix potential problems before they

Our personal vehicles, on the other hand, usually see their technician for oil changes and maybe get a check over every few years. Just as regular oil changes keep your car healthy, having a professional inspection done on a regular basis will save you time, money and

avoid the headaches of major mechanical repairs.

A basic inspection can be simple, fast and efficient. It will allow the technician to fill your tires, top off your fluids and give you peace of mind when you are on the road.

Talk to your service professional about a scheduled inspection program to supplement your vehicle's service plan.

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## West Covina Selects Developer for Resort Hotel Project

WEST COVINA – The City of West Covina is pleased to announce the selection of Singpoli Group, LLC of Arcadia, California as the master developer of a resort hotel and park space project. At their April 30, 2019 Meeting, the City Council selected the proposal submitted by Singpoli Group, LLC, and directed interim City

Manager David Carmany to prepare and execute a Letter of Intent and to open escrow for the purchase and license of the site. In addition, Singpoli is seeking purchase of the former Redevelopment parcel as part of their development for the The Singpoli proposal for

development of the 218-acre

site on Azusa Avenue includes a public park with amphitheater, horse & hiking trails, a glamping campsite, habitat preservation, a solar and green house program, a virtual reality park, an aerial adventure zipline park, and a 400-room resort hotel. "We look forward to working with the City of West Covina team" said William Chu.

The City received a total of four proposals. Proposals were submitted by Justus Enterprises, LLC, PVNavigator, LLC, Great Ecology, and Singpoli Group, LLC.



## **Around the Valley & Senior News**

ALLEY/SENIOR N

#### **AZUSA**

#### **Volunteer Drivers** Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

#### **TOPS Meeting**

Wanted: Men and Women who want to lose weight. TOPS ( Take Off Pounds Sensibly) is a nonprofit group that encourages men and women to lose weighy. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on on the latest Diabetes resoaurces. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-

#### **ARCADIA**

#### Mother's and Father's Day Art Market

Arcadia Public Library is hosting a Mother's and Father's Day Art Market on Saturday, May 11, from 2:30 to 4 pm. These popular family programs let children of all ages get—for free special APL dollars to buy a variety of supplies to make special gifts for mom and dad just in time for Mother's and Father's Day. All materials will be provided and available while supplies last. Younger children must be accompanied by an adult to help with the crafts. Visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library for more information or call the Jerry Broadwell Children's Room at 626.821.5566. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia.

#### **Fun Crafts for Teens**

Teens are invited to stop by Arcadia Public Library for monthly drop-in craft programs. On Tuesday, May 14, from 3 to 5:30 pm, DIY Ribbon Leis—with lots of ribbon available in many colors—are the featured craft: braid one in your school colors! The program will take place in the Cay Mortenson Auditorium and is free (while supplies last). Teens from grades 9 through 12 are welcome! For more information, please call 626.821.5569 or visit the website at www.ArcadiaCa.gov/Library. The Library is located at 20 West Duarte Road, Arcadia.

#### **Photography Contest** and Exhibit

The Gilb Museum of Arcadia Heritage announces its 11th Annual Juried Photography Contest and Exhibition. This year's theme is "Social Issues: Through Your Eyes." The museum will accept entries from Tuesday, May 14, to Saturday, May 18. The photographs will be judged by a panel

of local artists and educators, and will be exhibited at the Museum from June 8 through August 10. For more information, please call 626.574.5440 or visit the website at www.ArcadiaCa.gov/museum. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum Education Center is located at 382 W. Huntington Drive. The Museum is open Tuesday through Saturday from 10:00 a.m. to 4:00 p.m. (closed 12-1). Admission is always free.

#### **Orchid Hobbyists** Auction

San Gabriel Valley Orchid Hobbyists invite you to our May 16 Annual Auction at the L.A. County Arboretum 301 N. Baldwin Ave. Arcadia, Ca. Ayers Hall. Preview at 6:00 p.m. Auction starts promptly at 7:00 p.m. Checks and cash only. Refreshments. Super orchids, great fun!

#### **BALDWIN PARK McNeill Fitness** Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/ walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia Mc-Neill Senior Center or call (626) 813-5245, Ext. 323

#### COVINA

#### **Mother's Day Lunch**

The City of Covina Parks & Recreation Department - Senior Services Division is holding Mother's Day Lunch at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Friday, May 10, from 11:30 a.m.-1 p.m. Let's celebrate these fabulous ladies! Join us the "motherlode" of all events! These ladies are dressed up and ready to party. Nominal suggested \$3 donation for lunch through Nutrition Program. For more information or to register, call (626) 384-5380.

#### **BUNCO!**

The City of Covina Parks & Recreation Department is hosting BUNCO at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on the 2nd and 4th Thursday of each month, 1-3 p.m. The cost is \$2. For more information, call (626) 384-5380.

#### Indoor Chair Beach Volleyball

The City of Covina Parks & Recreation Department hosts "Indoor Chair Beach Volleyball" at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursdays, 1:30-2:30 p.m. For more information, call (626) 384-5380.

#### **Community Garden Parcels**

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at covinaca.gov. For more information, call (626) 384-5340.

#### Walk The Walk

The City of Covina Parks & Recreation Department offers "Walk the Walk." This is a casual walking experience where you can walk at your own pace, improve your heart's health, and meet new friends. Wear your walking shoes and bring water. The walk takes place on Wednesdays at 9 a.m. at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina). For more information, call (626) 384-5380.

#### **Medicare & Vitality** Center

The City of Covina Parks & Recreation Department in conjunction with Inter Valley Health Plan, invites seniors to the Medicare & Vitality Center on Tuesdays, 11 a.m.-12 p.m. and Fridays, 9-11:30 a.m. at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina). Obtain information on how to maintain your vitality and stay healthy. Vitality Center offers free screenings, informative presentations, "Doc Talks" and refreshments. For reservations, call (800) 251-8191, ext. 625. For more information, call (626) 384-5380.

#### **DUARTE**

#### **Duarte Museum Needs Docents**

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

#### **Blood Pressure** Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. Every 2nd Tuesday of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

#### Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

#### Alzheimer's Safe **Return Registration**

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative informa-

## **New Community Handbell Choir**

982-0875.

LA VERNE - Windsong Southland Chorale, directed by Dr. Janet Harms, has acquired a beautiful set of handbells, graciously donated by Dr. Donovan Gray, formerly of Azusa Pacific University.

Consequently, a new commuity Handbell Choir, named The Bells of Windsong is being formed, under the direction of Joan Hamm. Joan joined Windsong in 2002, and has previously

directed the Windsong Handbell Choir. She also sings with the California Philharmonic Chorale at Disney Hall each summer. Joan has been actively involved with choral and handbell music for over 30 years, and employs her sensitive leadership as the director of Foothill Vibrations Handbell and Chime Ensemble, and Make a Joyful Noise, a children's handbell choir, at St. Joseph's Catholic Church in Upland.

The Bells of Windsong is open to anyone interested in ringing, whether new or experienced ringers. The only requirement is the ability to read music.

Rehearsals will be held at La Verne Heights Presbyterian Church. Anyone interested in joining, please contact Joan Hamm

joan.hamm@ymail.com or 909-

tion, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

#### **Volunteering Does** Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-

**Senior Lunch** The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

#### **GLENDORA**

#### **Genealogy Group**

The Glendora Genealogy Group meets Tuesday, May 28 at La Fetra Center, 333 E. Foothill Blvd., Glendora. Pat Chavarria leads a refresher class on genealogy at 6:00 pm. The business meeting is at 7:00 pm, followed by the program: "Foreign Language Records" by Linda Serna. For questions about our group or this meeting, please call Pat Chavarria at 909-592-4030.

#### Glendora After **Stroke Center**

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Sonia Schupbach at (626) 963-6186. The program is Wednesdays 8:30 a.m - 12:00 pm.

#### **Instructors Needed At** The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email jmarkel@ci.glendora.ca.us.

#### Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

#### <u>LA VERNE</u> It's Tiki Time, Aloha!

Join a Luau Themed evening featuring a live ballroom band, dinner, dancing, wine and so much more! Tickets are just \$10! Pre-paid reservations must be made in order to attend. To choose your assigned table, you must register at the Community Services Office, 3660 "D" Street, between the hours of 8 a.m. and 6 p.m., Monday through Thursday. For "best seat available", online registration is offered. Seating is limited, so do

## **Upcoming Event?**

Let us know at

SGExaminer@aol.com

not delay! Come in and purchase your ticket today!

Tiki Time will be on Sunday, May 19, 5-8 p.m. at the La Verne Community Center - 3680 D Street, La Verne.

#### **Get About Transportation**

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

#### **MONROVIA Senior Blood**

### **Pressure Screenings**

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the Fourth Wednesday of the **month** from 9:00am - 10:00am **Caring Crafters** 

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center every Wednesday. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. 3:00 p.m. at the Monrovia Community Center.

#### Senior Stretch & **Exercise Class**

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. -2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

#### <u>SAN DIMAS</u>

## San Dimas

**Toastmasters Club** 

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

#### **WEST COVINA**

#### Go West

#### **Shuttle Service**

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more. For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777. The fixedroute service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holi-

#### TOPS Meeting

TOPS (Take Pounds Off Sensibly) meets every Thursday at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: ehernandez57@aol.com

#### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a daily lunch service for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.



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May 9 - 15, 2019 S.G.V. EXAMINER

## Student with Disabilities Presents at Research Conference, Wins Award

GLENDORA - With the aid of assistive technology, Elina Hughes, a communications major at Citrus College, recently became the first student with a disability to ever present at the annual Student Research Conference presented by Honors 8 Transfer Council of California (HTCC).

According to an article from the June 4, 2017, issue of Logos Magazine, Elina was born with athetoid cerebral palsy, a neuromotor disorder caused by damage to the developing brain. She has relied on specialized educators, aides and assistive technology throughout her educational career. After graduating from high school, Elina enrolled at Citrus College to pursue a degree in communications. Speech impairment, involuntary limb movement and frequent muscle cramps have made her journey challenging, but Elina has shown incredible resolve, becoming a leader in the process.

When Elina submitted a paper in her honors history class about the United States government's policy on disabled military members during the American Revolution and Civil War, her instructor, Brian Waddington, realized that her



Elina Hughes, a communications major at Citrus College, gave a presentation at the 19th annual Honors Transfer Council of California Student Research Conference at the University of Irvine, California. Following her presentation, the conference committee presented Elina with an award for outstanding achievement.

accepted at the HTCC Student Research Conference.

"I was very impressed with Elina's research," said Mr. Waddington. "As I reviewed her work, I found myself learning about content I hadn't seen covered before. It was clear to me that Elina's disability had given her a passion for her research and a unique perspective into various subjects, helping to distinguish her research from others."

Using a personal assistant and an Augmentative and Alternative Communication program developed

research had the potential to be AssistiveWare, Elina shared her research before a large audience at the University of Irvine, California. Following her presentation, the conference committee presented Elina with an award for outstanding achievement. Her story and her fortitude have inspired hundreds.

> "Despite Elina's communication challenges, she has successfully and triumphantly moved forward as a communications major," stated Jennifer McLeod, a former counselor from the college's Disabled Student Programs and Services program. "Elina's accomplishment is a reminder to not put limitations on our students about what we think they can or cannot do. I am incredibly proud of and inspired by Elina."

"Elina Hughes' dedication and resourcefulness serve as a model for all Citrus College students to emulate," said Dr. Geraldine M. Perri, superintendent/president of Citrus College. "The entire college community is proud of Elina's outstanding accomplishment, and we look forward to seeing her academic career continue to

### **America's Christian Credit Union Celebrates 61st Annual Meeting And Lays Groundwork For Seventh Decade**

GLENDORA - On April 25, 2019 members of America's Christian Credit Union (ACCU) along with employees, Board of Directors, Supervisory Committee, and local ministry partners convened upon ACCU's headquarters in Glendora, CA to commemorate the 61st Annual Meeting of members. The Meeting marked the close of a successful sixth decade and the momentum ACCU carries into its seventh decade of service to over 130,000 members nationwide.

Annual meeting festivities be-

gan with the dedication of the newly constructed "Palmer" conference room. This room was named in honor of Phoebe Palmer (1807-74), known as the most influential woman in the largest, fastest growing religious groups in mid-19th century America, giving rise to denominations like The Church of the Nazarene, The Free Methodist Church, The Salvation Army, The Church of God, and The Pentecostal-Holiness Church, bridging 18th-century Methodist revivalism and 20thcentury Pentecostalism. Phoebe was also deeply concerned about social ills, which was expressed in her role as founding director of America's first inner-city mission, caring for the poor, downtrodden and marginalized. Fittingly, her famous quote, "Perfect love issues forth in passion for lives that serve humanity" now adorns the new conference room. Pronouncing God's blessing at the dedication, ACCU's Chair, Rev. Jerry Ferguson said, "What an honor to have a conference room at our corporate headquarters named after someone who perfectly embodies the identity,



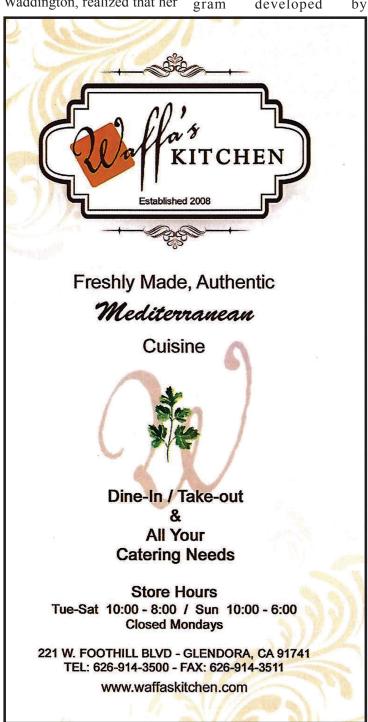
Julie Hartwig accepting 2018 Employee of the Year Award from ACCU President/CEO Mendell L. Thompson.

ACCU.' Through worship and fellowship, annual meeting attendees were able to reflect on God's faithfulness in allowing ACCU to grow and flourish its commitment to its mission. In a particularly poignant moment, a special tribute was made to President/CEO Mendell L. Thompson for his 42 years of service as he marked his final annual meeting before his March 2020 retirement. Among ACCU's many achievements under the leadership of Mr. Thompson was the placement over 1,850 children into loving families through its premier adoption loan program. Another was the \$235 million in funded church expansion projects that came to fruition through a wide variety of corporate loans and financing so-

"How wonderful it is to look back on all God has allowed me to do through ACCU. God has given us the opportunity to lead our members to reach their financial goals, and I want to thank you all for your hard

work in living out our mission. The children we help to find their forever families, and the ministries, churches and schools we walk alongside to extend the Gospel's reach, wouldn't be possible without your commitment to serving our members," commented Thompson in presenting the 2018 Annual Report to attend-

To round out the evening Julie Hartwig, Relationship Manager, was revealed as ACCU 2018 Employee of the Year, voted by staff. Hartwig a 12-year veteran of ACCU who oversees special accounts for churches and non-profits, honored for her dedication and exceptional service. In recognition of her achievements, she was presented with a commemorative plaque and congratulatory flowers. "Thank you so much for your support... I absolutely love what I do and you all (ACCU staff) make this a blessed place to come to and serve every day," enthused Hartwig.





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## Glendora Woman's Club's Recent Fashion **Show A Success**

By Joan Hallidy

**GLENDORA** - The Glendora Woman's Club's recent Fashion Show and Luncheon continues to be a successful fundraiser for the Club's service projects and philanthropies, said co-presidents Carolyn Cunningham and Joy Martau.

Some 150 guests attended this year's Fashion Show with the theme "Mardi Gras On The Avenue." Guests viewed a collection of contemporary casual fashions from One The Avenue Boutique

in Glendora with commentary by Patty Crow.

Guests attending the Fashion Show received a program booklet of 15 pages that included participants, Fashion Show committee members, program schedule, and a listing of many of the club's philanthropies and service projects.

Helping to make the event a continuing success were the more than 30 clubmembers serving on the show committee, the drawings for many colorful opportunity baskets and door prizes, the club's four departments, and member donors included in the special listing were the merchant donors, patron sponsors, and gold and silver sponsors, said event co-chairs Mrs. Cunningham and Mrs. Martau.

Publicizing the event were three local publications, and club event banner on display across Glendora Avenue announcing the club's upcoming Fashion Show.

And a special 'thank you' to clubmembers and the Glendora community for their continuing support of the Woman's Club, its projects, and activities' through the years, said co-presidents Mrs. Cunningham and Mrs. Martau.

For information about membership, service projects, and department events, call Chris at 909-598-0554; for information about renting the clubhouse for a special event, call Ryan at Cambria Catering at 626-335-7010. The clubhouse is located at 424 N. Glendora Avenue in Glendora.



**A8** S.G.V. EXAMINER May 9 - 15, 2019

### Glendora Woman's Club Honors Past Presidents At 111th Anniversary



Glendora Woman's Club past presidents recognized for their service at the club's 111 Anniversary Celebration in April are, seated from left, Shirley Geimer, Donna Henderson, Mary Hanna (holding one of the luncheon's birthday cakes), Gloria Liddle, Gerry McIntosh; standing from left, are Rose Myers, Helen Storland, Sue Bauer, Gilda Skinfill, Marilyn Edwards, and Carolyn Cunningham.

By Joan Hallidy

GLENDORA - The Glendora Woman's Clubs, one of the oldest, active service club's in Glendora, recently honored its special guests, the club's past presidents, at the club's 111th Anniversary Celebration.

Attending this year's celebration were the following 11 past presents, listed with their term of office: Shirley Geimer 1983-85, Rose Myers 1985-87, Marilyn Edwards 1989-91, Mary Hanna 1991-93, Helen Storland 1995-97 and 2005-07, Gloria Liddle 1999-2001, Sue Bauer 2003-05 and 2011-13, Gilda Skinfill 2005-05, Donna Henderson 2007-09, Gerry McIntosh 2009-11, and Carolyn Cunningham 2013-17. Currently serving for 2018-19 are co-presidents Carolyn Cunningham and Joy Martau.

The Glendora Woman's

Club's history began more than 100 years ago on April 28th, 1908, the date the club organized with 75 Charter members. The meeting took place at the Glendora Opera House in downtown Glendora, said club Historian Rose Myers.

On display at the Anniversary Celebration were photos of the inside and the outside of the Woman's Clubhouse at the time it was built in 1912 for the club at 424 N. Glendora Avenue in Glendora.

The builder was the R.M. Goebel Co. of Glendora. Included in the display were the club's first press book beginning in 1908, and several of the club's many awards.

Also featured in the Historian's display were two very special recognition awards received in 2012 - a plaque from the City of Glendora and one from the Glendora Public

enderson, Mary Hanna (holding sh; standing from left, are Rose and Carolyn Cunningham.

Library, both recognizing the Glendora Woman's Club as the founder of the Glendora Public Library in 1912. Through the years, the Woman's Club has maintained its historic link with the Library through con-

tinuing support, friendships,

and involvement, said co-presi-

dents Carolyn Cunningham

and Joy Martau.

From 1908 to the present time, the Woman's Club has continued its original purpose "To promote the advancement of civic, philanthropic, and educational needs of the community."

For information about membership, special events, or department projects, call Chris at 909-598-0554; For information about renting the clubhouse for a special event, call Ryan at Cambria Catering at 626-335-7010

#### **International Cultural Club Luncheon**



Members of the International Cultural Club of San Dimas pose at the Lucky Elephant Restaurant.

By Jayam Rutnam different ethnic types to enjoy just one of those given to mer

SAN DIMAS - The International Cultural Club of San Dimas had its "special" luncheon recently at the beautiful Lucky Elephant Restaurant in San Dimas, which serves cuisine from Thailand. The Club tries to choose restaurants of

different ethnic types to enjoy the diversity of the members of the Club. Lucky Elephant Restaurant Manager "Ken" went out of his way to make the guests comfortable and to patiently serve the guests.

This very enjoyable event is

just one of those given to members of the Club which was attended by a record number of guests. They recently had a Gala Celebration which was also extremely well attended. For information and membership please call (909) 592-3031.

# San Gabriel Unified Elementary's Fourth Annual Unity Fest Celebrates Music, Community

SAN GABRIEL – Roosevelt Elementary transformed the San Gabriel Library into a music festival on April 27 with dance routines to "Footloose" and "Thriller," a raucous Mariachi performance of "La Bamba" and a rock band rendition of "Earth Angel" during the fourth annual Music Immersion Experience (MIE) Unity Fest.

Unity Fest was created by MIE coordinator Samantha Theisen and staff as a way to highlight the impact of music to the community and showcase MIE elective



Roosevelt Elementary's Mariachi band elective students perform at the fourth annual MIE Unity Fest on April 27.

courses, which include handbell choir, ukulele, Orff percussion, camerata, drumline, Mariachi band and folkloric dance.

"Our students work hard every day to become better musicians, and we are always looking for opportunities to showcase their talent and dedication," Theisen said. "Each chance they have to share their joy for the music with the world presents new and exciting possibilities."

Formed in 2015, the MIE program enhances overall student learning and achievement through music education. All students receive fundamental music lessons daily, and second-

through fifth-grade students can also sign up for three additional elective courses that meet one to three times a week.

"This is my son's first year in MIE and I have seen him become more positive and more confident because of it," said Sandra Ruiz Htun of her fourth-grader Lukas Htun. "This program has helped him be engaged at school and at home too."

MIE is part of a Districtwide effort to foster creativity, boost engagement and provide context to learning, made possible through an award-winning TK-12 pipeline of music instruction.







\*APY = Annual Percentage Yield.

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