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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

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October 24 - 30, 2019

Walnut Valley Unified School District Salutes 2019 Teachers of the Year

WALNUT - Walnut Valley Unified School District paid tribute and thanked an extraordinary group of educators during the 22nd annual Salute to Teachers on Wednesday.

The fifteen Teachers of the Year for 2018-2019 specialize in different subjects and grade levels, but share a passion for ensuring the best education for their students.

Over 300 educators, families, friends, and local officials gathered for the celebration of excellence held at the Diamond Bar High School Theatre on October

Congratulations to the following Teachers of the Year: Julie Park – Castle Rock Elementary, Rich Langham - Chaparral Middle School, Kelly Revells -C.J. Morris Elementary, Diane Zell – Collegewood Elementary, Alice Choe – Evergreen Elementary, Teresa Hebert - Diamond Bar High, Vanessa Mabini -Maple Hill Elementary, Jennifer Fetchik – Quail Summit Elementary, Marla Rickard - Ron Hockwalt Academies, Crystal Dira - South Pointe Middle School, Priscilla Chan -Suzanne Middle School, Janine De Vera - Vejar Elementary, Henry Lin – Walnut Elementary,



Ring the Bell! Walnut Valley USD pays tribute to the 2018-2019 Teachers of the Year during Salute to Teachers held on October 16. Shown: Front Row: Garrett Lim, Kelly Revells, Vanessa Mabini, Rich Langham, Jennifer Fetchik, Alice Choe, Diane Zell. Back Row: Julie Park, Danielle Hawkesworth, Marla Rickard, Janine De Vera, Priscilla Chan, Crystal Dira, Henry Lin, Teresa Hebert.

School, Danielle and Hawkesworth - Westhoff El-

The recognition ceremony included personalized tributes, awards, and student entertainment by the Diamond Bar High School Marquis Choir.

"Today's fifteen special honorees truly represent the best of

Garrett Lim – Walnut High the best," said Superintendent Dr. passion and care that you show Robert Taylor.

> "I've been in all your classes and am both amazed and impressed by all that you do - you are awesome!"

> "And to all our 600-plus teachers across the District, thank you for the commitment, dedication, and pride you have in your work," Dr. Taylor added. "And most importantly, the com

to our 14,000 students every day."

At the culmination of the program, Superintendent Dr. Taylor announced music teacher Rich Langham as the 2019 District Teacher of the Year.

The 16-year education veteran taught choir and guitar at Chaparral for the past seven years, and

recently accepted a position as choral music director at Diamond Bar High.

He was also named a semifinalist in the Los Angeles County Teacher of the Year competition.

Langham recalled that after fighting "his destiny of becoming a teacher for a long time", he whole-heartedly committed himself to the craft of teaching.

"It dawned on me that my greatest joy and talent was working with kids; that teaching was my calling. Fascinating, intriguing people, from many cultures, walk into my classroom every year, and we can go on adventures together. We can explore, learn, be inspired, and reinvent the process of learning every day."

Each Teacher of the Year received an apple bell award courtesy of the Walnut Valley Educational Foundation.

Honorees received rolling carts filled with gifts, school supplies, and certificates of achievement.

A special thanks to the following Salute to Teachers sponsors: Massage Envy, Benihana Restaurant, Schools First Federal Credit Union, Chaffey Federal Credit Union, Lifetouch Photography, Rubio's, Nature's Juice, and California Pizza Kitchen.

Glendora Community Coordinating Council's October Award Recipients

GLENDORA - Cathy Napoli is Glendora born, raised and community member. She has been a member of St. Dorothy Catholic Church since childhood and has been an active member involved in serving at many of their events and projects over her lifetime. She recently retired from Citrus College where she worked for 34 years in the administration and records office. Cathy is a charter member of the Glendora Kiwaniannes since 1984. She has served as president for three terms and has held every position and served on every committee available. Cathy is a dedicated volunteer bringing her unique and creative flair to each and everything she does. We are honored to recognize Cathy with October's Humanitarian Award.

Monique Vobecky is a junior at Glendora High School. She is a very gifted student, someone with high integrity who is looking to make a difference in the Glendora and the San Gabriel Valley communi-She is currently taking all AP and Honors classes with a GPA of 4.7. She is a member of the String Orchestra and has also participated in the girl's soccer program. In addition to these accomplishments Monique is the founder of the Little Sunshine Foundation. This foundation began in July 2018 and helps children from all over the valley. It provided



Rose Wentz, Glendora Community Coordinating Council President with October's Humanitarian Award recipient Cathy Napoli.



Glendora Community Coordinating Council President Rose Wentz, Donna Crowther, October's Tim Crowther Youth Recognition Award recipient Monique Vobecky and Glendora High School principal Paul Lopez.

different types of sports balls to kids during the Thanksgiving holiday, to the YMCA and also sponsored eight AP scholarships for those students who could not afford the exam. In addition, the Little Sunshine Foundation participated in the African American Parade and gave away 1,000 books along

the parade route. This foundation was named the 2019 Non-Profit of the Year for the City of Glendora. Monique is truly an amazing person and it is with great honor Glendora Community Coordinating Council recognizes her with the October Tim Crowther Youth Recognition Award.

The GCCC is always looking for volunteers from the city to be recognized each month. If you have a nominee please visit our website www.glendoracoordinatingcouncil.org for a form and contact information. We'd like to thank Glendora Chamber of Commerce for being our meeting sponsor.

Queen of the Valley Hospital -**Dedicated • Innovative • Expanding**

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A drawing in perspective of the new Emergency Department.

WEST COVINA - The Queen of the Valley Hospital was built in 1962 to accomodate 40,000 visits per year, today they are approaching 85,000 visits yearly, of which presently 25% are pediatric visits.

Emergency care services are the #1 most requested service in public polls. Out of all their initiatives nothing is more important to them (or the community) than this emergency department. One of the busiest emergency departments in Los Angeles County, they expect that the visits will continue to rise, estimated at 110,000 by 2029. The QVH Emergency Department in West Covina is the primary service area for more than 12 cities in the San Gabriel Valley. The Emergency Department works with local school districts and law enforcement to coordinate the treatment of pediatric and adolescent behavioral health conditions. QVH is an Emergency Department approved for Pediatrics facility which requires additional training for staff and allows them to provide more effective care to their pediatric

population.

They are presently drastically under-sized at 24 beds. The Emergency Department staff train eleven different community fire stations on a monthly basis. They are the dominant health care provider in the East San Gabriel Valley. The Emergency Department serves an unique function of connecting the community to high quality care. It is a community-based health care organization that cares for the underserved, including people of all socioeconomic levels, particularly those with financial difficulty, children, mental health, underinsured and uninsured. A 36,000 square foot planned expansion with designated treatment areas, and a primary stroke center, they are working toward becoming a comprehensive stroke center.

Biplane imaging is one of the most advanced interventional medical imagining technologies available, allowing for critical neuro-interventional procedures.

"This is my community. The people here are really hardworking people and they de-

serve the best. Our next step is this expanded emergency department to help us excel and push forward and be that special place – a beacon that glows in West Covina, said" Sergio Hernandez, MD, Medical Director, Emergency Services

"Queen of the Valley is a community and family hospital. Our emergency department has become a safe haven and primary care site for people who don't have a medical home. This is definitely a hub for this community," said Stephanie Nakata RN, Director of Emergency Department, ICU/CCU.

Emanate Health, formerly Citrus Valley Health Partners, is the largest health care system in the San Gabriel Valley. The health system includes Foothill Presbyterian Hospital in Glendora, Inter-community Hospital in Covina, Queen of the Valley Hospital in West Covina, Emanate Health Hospice and Home Care in West Covina.

You may visit them at www.EmanateHealth.org/ Foundation.



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S.G.V. EXAMINER October 24 - 30, 2019

Glendora Woman's Club to Present Ocean Sailing Adventures of Glendora's Loretta and Joe Salazar

GLENDORA - The Glendora Woman's Club will feature club member Loretta Salazar and her husband Joe in a program "Ocean Sailing Adventures," spanning ten years from 1987-97, at the club's luncheon-meeting on Tuesday, November 5.

The social hour will begin at 10:30 am, followed by the business meeting at 11 am, said Club President Chris Ohrmund. The luncheon by Ryan of Cambria Catering around noontime and the afternoon program will follow.

The Salazar's sailing program for the Woman's Club will also feature a 20-minute video on their ocean cruises. Some of destinations included visiting Mexico, Panama, Costa Rica, and the Caribbean Islands, to name a few, said program vice president Helen Storland. Their 40-foot yacht named "Sweet Loretta" was their home for 10 years of ocean travels before returning home to Glendora.

At each club meeting, members are encouraged to participate in the Members' Participation Art Display that features a different theme each month. This month's theme will be "Time To Give Thanks," and members are encouraged to share an item from home for their display, said project chair Susan Lepkojus.

One of the club's annual service projects coming up at the club's November 5 meeting is participating in the Glendora Coordinating Council's Annual Holiday Basket Program that serves Glendora families in need during the holidays. Club members are asked to donate nonperishable food items for the project, said philanthrope chair Gloria Aparicio and Coordinating Council committee member Judy Gillham. Also, cash dona-



Glendora Woman's Club member Loretta Salazar and husband Joe are set to present their program "Ten Years of Ocean Sailing Adventures" featuring video highlights at the club's November 5 meeting. The couple are pictured relaxing aboard their 40 - foot vacht named "Sweet Loretta" that was their home during their ocean travels before returning to their home in Glendora.

tions will be greatly appreciated, they said. Donations of items will be collected on a table in the club's entry way displaying the "Holiday Basket" sign.

An ongoing service project each month is Shepherd's Pantry located in Glendora. Members are asked to donate nonperishables food items for the Pantry, that serves those in need in 10 area cities, said project chair Gloria Liddle.

The Glendora Woman's Club, organized in 1908, is one of the oldest active service clubs in Glendora, said historian Rose Myers. Each month, the Historian's Display features a selection of records, awards newspaper coverage, and photos from the Club's archives.

New members are welcome throughout the year, said membership vice president Joy Martau. The club offers members four departments with events and activities, service projects, special events, and monthly program

For information about membership, special events or service

Harvest Festival at Hurst Ranch

By George Ogden

WEST COVINA - The Hurst Ranch in West Covina held its annual Harvest Festival event on October 19. The kids and their families had real home town farm activities.

It was harvest time for the pumpkins and the kids had the opportunity to do just that and bring their harvested pumpkin home with them.

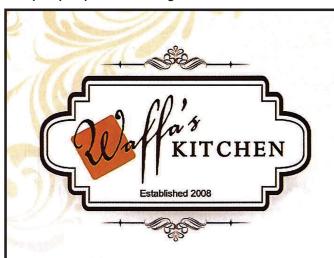
There was all kinds of activities and farm chores to do. They picked pumpkins, made butter, pump water, do farm chores, make crafts, and much more. The kids as well as the parents had a great time.

Hurst Ranch gives back to the community through education. Often, they have classes for the kids at the ranch as a school project or field trip. They have a history area that is like a museum to include an old classroom from yesterday. They have old cars on display as well as a 1923 fire engine that people can enjoy.

The ranch is part of the San Gabriel Valley's history.

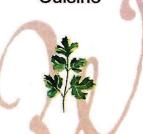


Kids pick pumpkins and doing other activities at the Hurst Ranch



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Arcadia Woman's Club **Holiday Fashion Show**

ARCADIA - As the holidays approach, "It's the Most Wonderful Time of the Year", and that is the theme of the Arcadia Woman's Club fashion show fundraiser. This event will be held on November 9, a Saturday, from 11:30 a.m. to 2:30 p.m., in the historic Clubhouse at First and Diamond Avenues. The room will be decorated in festive holiday glitter as guests enjoy seasonal fashions presented by Magnolia of Arcadia. Arcadia High School's Senior Men and Women Club will be serving luncheon to the guests.

projects, call 909-598-0554; for

information about renting the

club's ballroom or tearoom for

an event or meeting, call Ryan at

Cambria Catering at 626-335-

7010. The club house is located

at 424 N. Glendora Avenue in

Glendora.

The Woman's Club Clubhouse fover will host vendors displaying their unique boutique items, providing an opportunity for optional leisurely shopping for gifts or personal treats. Door prizes, silent auction items, and opportunity drawings will be available as well as no-host wine and champagne.

Tickets for the "It's the Most Wonderful Time of the Year" fashion show are \$50 per person and reservations may be made by contacting Joyce Platt at 626-574-1303 jgn4paws@pacbell.net. The Arcadia Woman's Club is a nonprof-

To learn more about Arcadia Woman's Club, contact them via email at info@arcadiawomansclub.org or visit them online at www.arcadiawomansclub.org www.facebook.com/arcadiawomansclub.org

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"Celebrating the Stories of Our Community" at Baldwin Park's **Annual Anniversary Parade**

dents, business owners and community members are invited to line Baldwin Park Boulevard for the City's 63rd Anniversary Parade. The "Celebrate Baldwin Park Parade" kicks off Saturday, November 2, at 9:45 a.m. and includes a weekend carnival, October 31 through November 3- at Morgan Park, 4100 Baldwin Park Boulevard.

October 24 - 30, 2019

This year's event is themed "Celebrating the Stories of Our Community." City officials plan to showcase the stories of Baldwin Park residents and visitors through its community groups, local businesses and residents.

The parade route will be along Baldwin Park Boulevard between Olive Street and Ramona Boulevard and conclude at Morgan Park's Cesar Chavez Amphitheater with the special awards ceremony. This year's festivities will also include a special performance by Erik



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 We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain.

We also believe in accuracy in

fact and context. Journalists should be accountable for any news or subjects they write about. • We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.

· We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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Contributing Writers:

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every

Thank you for your cooperation.

BALDWIN PARK - Resi- Antonio with Mariachi Nuevo Amanecer located at the Cesar E. Chavez Amphitheater starting at 11:00 a.m., which will provide live entertainment for those in attendance.

> The 63rd Anniversary Parade's Grand Marshal will be Ayydé, On-Air Radio Host for REAL 92.3's "Big Boys Neighborhood." Her captivating sound is one of the familiar voices heard on L.A.'s morning airwaves. Not your average girl next door brought up in Long Beach, California, Ayydé lives passionately through life and its adventurous ups and downs effortlessly. As an advocate for females and the Latinx community, Ayydé remains consistently involved in her community throughout the year as ambassador of several philanthropies that benefit children with cancer and the homeless. She will lead the parade accompanied by her big smile, hard-working passionate attitude, and of course, a deep love for Hip-Hop and the Latinx community. Come out and meet her in person as she serves as the honorary Grand Marshall, on November 2nd.

> An estimated 80 entries - including marching bands, school and community groups, businesses from Baldwin Park as well as community participants throughout Los Angeles County - will make up the Anniversary Parade. This year's host band, Sierra Vista High School, proudly representing the Bald

win Park Unified School District. Also on tap for the event is the participation of Terra Cotta Middle School traveling over 54 miles, visiting us all the way from Lake Elsinore, CA -, making it the furthers traveling band on the parade route. Additionally, we welcome Giano Intermediate Gladiator Band and Color Guard, for their first-ever official parade debut. The City of Baldwin Park is honored to serve as the platform for local middle and high school bands to compete for the parade sweepstakes.

The Anniversary Parade will be complemented with a carnival that begins Thursday. October 31, and concludes Sunday, November 3. The carnival will feature various carnival-style rides, games and food booths for the entire family. Carnival hours are from 5 p.m. to 10 p.m. Thursday and Friday, and from 1 p.m. to 11 p.m. Saturday and Sunday.

Admission to the carnival is free, although ticket costs for rides and vendors vary. There will also be a carnival opening night special of only \$1 per ride, available and valid only on Thursday from 5pm-10pm. Additional discounts for the carnival include the unlimited ride wristband for only \$15 with coupon on Saturday or Sunday only from noon-6pm.

For more information, call (626) 813-5245 or visit www.baldwinpark.com

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LA County Library Offers Free Flu **Shot Clinics at 21 Libraries This Fall**

LOS ANGELES COUNTY-Flu season is here. To help you stay healthy, LA County Library is partnering with the LA County Department of Public Health for the sixth year in a row to offer free flu shot clinics at 20 community libraries throughout the county in the months of October, November, and December. Last year, 2,170 free flu shots were given. No appointment or insurance is required.

According to the CDC, up to 20% of Americans become ill with the flu (also known as influenza) each year, leading to thousands of deaths. There were 117 reported flu deaths in LA County alone during last year's flu season. Because flu is highly contagious, vaccination not only protects the person who gets the shot, but also reduces the risk for their family, co-workers, and other close contacts. Flu vaccines are recommended for everyone 6 months of age and older, including healthy adults. Pregnant women, children, adults 50 years of age and older, and immuno-

compromised individuals are especially susceptible. The best way to prevent the flu is to get vaccinated!

"The wellness of our customers and their families is important to us," said LA County Library Director Skye Patrick. "Partnering with LA County Department of Public Health to offer these flu shot clinics at our library locations provides a valuable resource to help keep our customers healthy."

"Every year, influenza causes millions of LA County residents to become sick and thousands become hospitalized or die," said Barbara Ferrer, PhD, MPH, MEd, Director of the Los Angeles County Department of Public Health. "Even healthy people can get very sick from the flu and spread it to others. We all need to take steps to keep ourselves and our loved ones healthy. The single best way to prevent seasonal flu is to get immunized each year. We urge everyone 6 months of age and older to get a

flu shot (immunization) every season." "Now is the time to get immunized since it takes your body about 2 weeks after immunization to develop the protection needed to reduce your risk for influenza," said Muntu Davis, MD, MPH, Los Angeles County Health Officer. "We never know how bad each flu season will be. We do know that the more people are immunized, the better the season will be."

To view the complete list of dates, times and library locations, and for additional information, please LACountyLibrary.org/FluShot.

If you have a severe egg allergy or are sick the day of the clinic, check with your doctor before getting vaccinated. Call your regular health care provider to see what other shots you may need. If you don't have a regular provider, call 2-1-1 (LA County Information Line) or visit publichealth.lacounty.gov for a list of no cost or low-cost vaccine providers.

Pursuit Crash Kills Two in West Covina

By George Ogden

WEST COVINA - An early morning short pursuit of an armed carjacking suspect in West Covina ended up with the suspect crashing into another vehicle and killing two innocent people and critically injuring a child.

The tragic events unfolded when there was an armed carjacking in Baldwin Park. According to West Covina Police Department: On Saturday, October 12, 2019 at about 1:00 AM, the West Covina Police received information from the Baldwin Park Police Department about a carjacking that had just occurred in their city. At around 9 p.m., a suspect, wielding a knife, threatened a man for his car, which was parked at Hilda Solis Park in Baldwin Park. The vehicle, described as a 2010 Jeep Patriot, was last seen entering the city of West Covina.

WCPD officers began check-

ing the area and located the suspects vehicle near Durness and Sandy Hook in West Covina at about 2:00 AM. The suspect headed south on Sandy Hook to Michelle and went east to Glendora Ave. The vehicle turned north on Glendora Avenue with the police unit following. Once the suspect crossed Vine Street it accelerated. Officers attempted to stop that vehicle, it failed to yield and increased his speed and a pursuit was initiated. As he began crossing Cameron Avenue, it collided with a vehicle in the intersection traveling eastbound occupied by 2 adults and 1 child. The two adults in the victim's vehicle were ejected and were pronounced one dead at the scene and the other later at the hospital. The child in that vehicle was also injured and transported to a hospital for treatment and he is in critical condition.

The Los Angeles County Coroner's office identified those killed as Gracie Contreras, 53, of Covina, who died at a hospital; and Edward Contreras, 55, of Covina, who died at the scene. The young child was not identi-

The suspect, who has not yet been identified, was also injured and transported to a local hospital. Most likely the suspect will be charged with murder for the deaths of the two victims.

The intersection at Glendora and Cameron was shut down for several hours. The California Highway Patrol responded to handle the traffic collision investigation. There was a congregation of people over the next few days at that intersection where a memorial has been set up with candles, flowers and messages of

The investigation is ongoing.

Police Dept. Asks Drivers to "Stop on Red" during National School Bus Safety Week

from school, an alarming number

MONTEREY PARK - During National School Bus Safety Week October 21-25, the Monterey Park Police Department is supporting efforts across the state to make sure children are safe taking the bus to and from

National School Bus Safety Week is a way for parents, children, teachers, bus drivers, school officials and law enforcement to emphasize the importance of school bus safety. This year's theme is "My School Bus, The Safest Form of Student Transportation!"

While riding the bus is the safest way for children to get to and of drivers illegally pass school buses that have their red lights activated. According to a 2016 survey by the California Department of Education, more than 26,000 drivers failed to stop for a school bus that had students getting on or off.

California law requires drivers to stop from either direction when a school bus flashes red lights. Drivers must remain stopped as long as the red lights are on. Drivers who fail to stop face up to a \$1,000 fine and could have their license suspended for one year. If a bus is on the other side of a divided street or

street with two or more lanes in each direction, drivers do not need to stop but should slow down and look for children.

"There is no excuse for passing a bus that is stopped with red lights," Monterey Park Police Chief Jim Smith said. "Red means stop. All drivers should be alert around schools, especially before school starts and when classes are out."

School buses are the safest way for children to get to school. Teaching drivers and children to follow best safety practices will ensure that children are as safe as possible when traveling to and

How to Sell Your Glendora House Without An Agent And Save the Commission

your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here's a way to help you to be as prepared as possible.

To assist homesellers, a new industry report has just

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GLENDORA - Because Fast and for Top Dollar." It what can make or break the tackles the important issues sale of your home. you need to

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Prop. 13 Is Disappearing

I received my L.A. County Property Tax Bill last week and was surprised at the big increase and angry my bill showed voted indebtedness and direct assessments were now 53.5% of my total tax bill. I now know some out there want to kill Prop. 13.

Safe Clean Water, Measure W, the special tax for L.A. County to capture stormwater, was the highest next to the sewer assessment tax. The promise made is to pay for infrastructure to capture, treat and recycle rainwater to be compliant with the Clean Water Act. We are paying 2.5 cents per square foot of "impermeable area" on our property. Impermeable surfaces are concrete, structures ... anything on property restricting rainwater and runoff from getting into the ground, and in our area, back into the Main San Gabriel Basin for recharge. Businesses will pay based on their asphalt parking lots. 69.45% of voters voted 'yes' for this new tax after a 4-1 vote by the L.A. County Supervisors to put it on the ballot. Supervisor Kathryn Barger voted 'NO' on this

That tax is estimated to raise \$300 million a year and will be parceled out to County Flood Control and cities for projects to capture rainwater. Problems I

- No end date this tax will go on until taxpayers vote to repeal it and that is if we have a Board of Supervisors who will put it on the ballot.
- Promises were made to provide funding to cities for their projects but, at the time of the proposed tax, no specific projects were targeted or named, no time frame laid out for this plan or guarantees for funding. And cities are still held responsible and liable for capture.
- Property owners who capture stormwater can apply for a reduction in their taxes, but I haven't found any guidelines and the owner would have to apply every two years.
- There is already a flood control tax on my bill which indicates



Shade's Perspective Lois M. Shade

Former Mayor of Glendora perhaps our leadership has a faulty priority list or bad manage-

Supervisor Sheila Kuehl was the strongest voice placing this on the ballot. Kuehl said, "There are many reasons L.A. County must recycle, capture, and reuse stormwater. Climate change is a primary reason. We're already seeing more extreme weather, and it will only get more extreme. We're also looking at more serious drought, flooding, and wildfires. We need to capture more water when it does rain to prepare for future droughts." Apparently, the cost to the low-come and middle-class is not of any concern and not penciled into the thought process here.

I opened my tax bill and had a flash of anger driving me online searching out costs of tents. I found one I could purchase for less than the amount of Safe Clean Water tax - 100 bucks. It comes in blue, red, tan or an alpaca print. Polyester water resistant, storage pockets inside, mesh windows with zip open panels, awnings to enable views and ventilation while providing weather coverage ... apologies for the sarcasm, but take a look out your front door.

See the people living on the streets, the homeless, who can't afford a house or apartment because of the cost and only a tent if they are lucky. Costs because tax after tax after tax is levied preventing buying or renting any form of housing and keeping those people on the streets.

Environmental restrictions are, in part, preventing good water policy to be negotiated up in Northern California to enable water delivery equitably and fairly throughout the state and eliminating the outrageously expensive, duplicative water retention and conservation tactics. Supervisor Kuehl says, "The water that runs down our curbs picks up trash and toxins and runs out into the ocean. As a result, our beaches and ocean are often filthy after a heavy rain. That's a public health problem. We estimate that as many as 1.5 million people every year get sick from water contamination at L.A. beaches." In that case, why wouldn't this be a budget priority in L.A. County instead of a special tax?

Next up: L.A. County Fire

Department is considering a parcel tax for the March 2020 ballot to raise \$1.4 billion for infrastructure needs. In our area Azusa, Covina, El Monte and Pomona will be hit. Covina was given two weeks' notice to choose to put it on the ballot or accept, automatically, a potential tax increase of \$75 to \$100 on residents' tax bill if the Board of Supervisors approves moving forward with this. Covina Council Member, Patty Cortez, revised the resolution to ensure the voters understood, if it is on the ballot, it is so Covina voters are able to choose to support the increase or not. Mayor Pro Tem, Jorge Marquez, said he and voters are tired ... gas, utility, sales taxes ... where does it end? There is no end to this proposed tax unless repealed by voters. March 2020 ballot is the same time local elections are occurring. Does anyone think that happened by accident?

Recent reports tell us L.A. County Sheriff's Department is facing a \$61 million budget overrun. Is the Sheriff in the que for his tax increase?

These taxes are not a Republican or Democrat issue - they have become survival issues.

"TIME JOCKEY" - Early Landowners Of The Pueblo

By Joe Castillo

De Los Angeles... As the Pueblo de Los Angeles began to grow, the number of landowners who were granted large amounts of lands to support the growing economy also grew. The names of the landowners coincided with their own importance. Juan Jose Dominquez gained a land grant of 75,000 acres after serving as one of Gaspar de Portola's military guard. He is often referred to as the first ranchero of Los Angeles and was so good at ranching that he drove his herd of horses and 200 head of cattle from San Diego to San Pedro. The cattle were situated on his Rancho de San Pedro which overlooked the Bay of San Pedro. Dominquez was hailed for his resolve to populate his rancho with heavy livestock as his large parcel of land required anyone



who needed to get to the ships in port or take merchandise from the ships in port to pass through his rancho. In other words, Dominquez controlled access to the only port in Southern California which the Spanish were able to bring in their huge trade cargo ships. Corporal Jose Maria Verdugo and his brother Mariano of the Spanish military were granted 36,000 acres north of Los Angeles in the present-day area of Glendale/Burbank. The Verdugo's most valuable asset was cattle which provided an abundant number of hides for transport from San Pedro to New York and Boston. Even more valuable than the cowhides were the parties that the Verdugo's threw at their hacienda. With the Los Angeles landowners holding the largest number of ranchos with horses, cattle, grains, livestock and employees than any other rancho community in California, the celebrations were nearly continuous. As the wealth of the rancheros grew, the number of those dependent on the prosperity of the rancho increased. With free labor available from the indige-

nous natives, rancho businesses grew even faster making the rancho landowners even wealthier. Fiestas and fandangos were given for a wide assortment of reasons from birthdays, anniversaries, feast days and just celebrations that the Pueblo of Los Angeles became the leading 'party' place in California. The Plaza area of the pueblo, today known as Olvera Street, was penned it to allow bull fighting to take place. But in this instance the bull was rarely sacrificed as the bull was worth too much to just kill it off. The ranchero period in Southern California lasted for a relative short period of time but the excitement, energy and celebratory period lasted for a much shorter timeframe. However, it was this time period which provided the most stories and tales of California's romantic rancho and ranchero period. ..

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He bereached joeacastillo@aol.com.

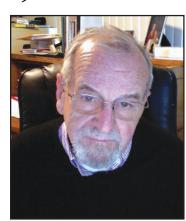


Forgotten, Like A Dream

My nights are currently filled with dreams. Some are snapshots and some are movie length during which I can hit the pause button, and when I go back to sleep and hit the play button, the dream picks up where it left off. Of course, by mornings, try as I might, I cannot recall any of it. EXCEPT sometimes my dreams are interspersed with actual memories, and these half-awake episodes, if not always coherent, are occasionally recoverable.

Let me illustrate. A young woman came in a dream asking me to help her sort through a problem she was having. While I had never seen her before, she looked familiar. There was something about her speech pattern that reminded me of a parishioner in the small rural church I served during my seminary education. So in this dream I told her about a man who had arrived in her community carrying a large bag of wheat seeds he had brought from Russia or somewhere, seeking to plant them in Northern Oklahoma.

"I know who that was" she said. "It was Hiram Spalding, my greatgrandfather. He told my that story a dozen times." I remembered such a person and could easily recall his face and his story. And I knew exactly where his farm was located. While at my nearby college for a series of lectures, I visited this farming communi-



Charles H. Bayer

ty where I had been pastor. It was gone! I mean the whole town had dried up in the Oklahoma hot winds. But that is another story.

But back to my extended dream. It continued in a funeral service I was leading for the community's aged matriarch. In the middle of my sermon, a tiny baby started to cry. The embarrassed mother got up to carry the baby out, and I stopped what I was saying and said to her, "Please leave the baby here and let us listen to her soft cry. It will be a message from above. "Generations come and generations go, but the word of the Lord endures forever." I was not sure any such verse appeared in Scripture, but it just seemed right for that moment. Here is the strange thing. While this was part of my dream, it was a verbatim duplication of an actual funeral I had conducted in that community.

Some of my readers may wonder why this column and what it has to do with anything I have been chewing on. I do not know that much about dreams, except they tend to reflect on something that has been churning during our wide-awake hours.

I have recently been chewing on just who might be the right Presidential candidate. Perhaps the dream was telling me that our marvelous aging candidates must give way to a new generation of leaders. Perhaps it reflects Tennyson's conclusion that it is time for the old order to give way to the new, "lest one good custom should corrupt the world." So perhaps our two outstanding senior men and the same age woman need to make way, if not for a crying infant, to someone from a new generation.

Perhaps the dream had nothing to do with that, but only was a way for me to connect with part of my history-or was it just recalling my great-grandfather, or what is even more likely, was I trying to come to terms with the fact that I am now a great-grandfather and need to pay more attention to precious little ones? And perhaps writing about it was the best way to deal with whatever it might say. The dream is gone and only the memories remain.

Contact Charles Bayer at candwbayer@verizon.net

Making An Impact On Homelessness Among Veterans

Homeless veterans-a term that is not unfamiliar, but one that will receive little recognition or fanfare this Veterans Day.

In spite of the growing crisis of homelessness in our state and nation, this Veterans Day we will celebrate our country's veteransthose who fought in wars around the world and served at home in times of peace-with little consideration that 11 percent of the adult homeless population are veterans.

The U.S. Department of Housing and Urban Development estimates that more than 40,000 veterans are homeless on any given night. And that number is growing. According to the National Coalition for Homeless Veterans, about 1.4 million other veterans are considered at risk of homelessness. It is a sobering fact that in 2010, approximately 12,700 veterans of Operation Enduring Freedom, Operation Iraqi Freedom and Operation New Dawn were homeless.

A complex set of factors have been attributed to homelessness among veterans. Many mirror those of the larger homeless population. However, a significant number of homeless veterans



By Dr. Edward C. Ortell Citrus College Governing **Board Member**

also deal with post-traumatic stress disorder, as well as a lack of family and social support networks. In addition, military occupations and training are frequently not transferable to the civilian workplace.

Providing specialized veterans programs that include social support networks and benefit services while addressing veterans' skills gap are where community colleges are making an impact.

In 2007, Citrus College became the first college in the nation to offer a transitional course for veterans who were returning to civilian life. Since then, the college opened its Veterans Suc-

cess Center, a 3,000 square foot facility that provides such services as GI Bill processing information, specialized counseling, mental health services and peerto-peer support groups. The center has computers, study space and a welcoming atmosphere. As with other community colleges in California, Citrus College also has programs in place to serve its homeless students.

Soon the words "service" and "sacrifice will reverberate at Veterans Day celebrations across the nation. Few would argue that the men and women of the United States Armed Forces deserve our respect and our gratitude. They also deserve the opportunity to pursue the education and training that will ensure their future contributions to our coun-

About the Author:

Dr. Edward C. Ortell is the senior governing board member at Citrus College and a Professor Emeritus at Pasadena City College. He has served on the California Community College Trustees (CCCT) state board of directors and 11 terms as president of the Citrus College Board of Trustees.

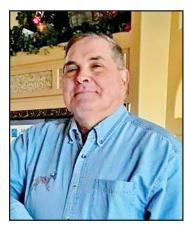
MYTURN: From Russia with Love

Defenders of Hillary Clinton love to ridicule people who question her mental stability and her obsession with harping on the reasons she believes are the cause of her 2016 Presidential campaign loss. They like to accuse the critics of Hillary as being every possible kind of conspiracy theorists.

But it looks like the person that may be getting a fitting for a tin foyle hat now is none other than...Hillary Clinton.

She claims the Russians (here they are again) are grooming a third party candidate and she is hinting that the candidate is in the race right now, all but actually saying it is...Tulsi Gabbard.

Apparently, Hillary Clinton has a problem with the one candidate in the looney train called the Democratic Presidential field for 2020, that is actually not a loon and is, heaven forbid, a moderate. I don't agree with many of Tulsi Gabbard's policies, but frankly, I wouldn't be too disappointed if Gabbard became a Republican and we could replace



Charles Lopresto

her with some of these wimps in the GOP that include Mitt Romney and John Kasich. She is a military veteran, and she has a better "touch" with the people than any of the nuts in the field that have, for God knows why, higher ratings in the race.

Hillary tried to say that Jill Stein was a Russian asset in the 2016 election campaign, coming up with yet another excuse to offset and hide the fact that the real reason she lost is simply because she was a lousy candidate.

Now I guess she thinks Gab-

bard is the new Russian asset. But will her defenders contin-

ue to call us obsessive tin foyle loons? Frankly, you have to be a loon to support, defend and vote for this political hack and crooked politician who is a poster child for Washington swamp creatures...Hillary Clinton her-

Hillary, if you are going to get in the stupid race, then get in already. Otherwise shut up and go away. Find a hobby. Keep busy. Jimmy builds houses. George helps Wounded Warriors and paints. Al promotes climate change initiatives. Please, please, please, Hillary, find something to do, and get out of our hair.

Her supporters also say we are obsessed with Hillary because we won't let it go. We can't let it go because she won't go away. I would love to get through one day where I don't have to see or hear her talk about the 2016 election.

She fails to see the obvious...nobody cares.

The San Gabriel Valley

How Optimistic Should We Be Regarding A Trade "Deal"?

Recent events involving the launching of a partisan impeachment inquiry probably added a new wrinkle in the political optics of the China trade negotiations (even as some agreement appeared to be close last week). Leading up to this pivotal round of talks, there was widespread consensus that the U.S. was in a better position to anticipate an agreement satisfactory to American positions.

political rhetoric has reached a visceral level, taking away from the optimistic inking of an acceptable deal with China (that would accomplish something no President has been able to manage since China joined the World Trade Organization). To have China actually adhere to accountable measures, that run counter to its current illegal and secretive practices, would be a huge accomplishment. How this gets done, what measures of accountability are put in place, is largely unknown (but appears to be integral to any deal).

To put further pressure on China (in a surprise development that opened up a new front in the trade dispute) reports of efforts to restrict China in its access to U.S. capital markets and possibly delist Chinese stocks caught the market fully off guard, triggering wild volatility. Though the White House denied the reports, there is gathering momentum on Capitol Hill that such capital controls on China would be a potentially powerful tool of leverage.

Under the Obama administration, China signed a memorandum with the U.S. in 2013 that exempts Chinese companies from submitting to U.S. audits and Dodd-Frank regulations. This was and remains outrageous. The current notion of capital controls being considered by Trump & Co. reflects a bipartisan legislative effort spearheaded by Senator Marco Rubio (R., Fla.).

What's up in the Economy?



Economic Analyst & Former Glendora Mayor

In June, Rubio, along with sen-Unfortunately, the Washington ators Tom Cotton (R., Ark.), Bob Menendez (D., N.J.), and Kirsten Gillibrand (D., N.Y.), cosponsored the EQUITABLE Act, which would "delist from American exchanges foreign companies that do not comply with U.S. accounting and oversight regulations." That bill would, if implemented, give Chinese firms three years to either alter their financial reporting practices or be cut off from the world's largest capital market. To say this legislation is WAY OVERDUE is an understatement.

So, any future trade talks that have been framed out by both sides now have some new catalysts at work. On the one hand, it would seem President Trump is now more than ever motivated to strike a deal with China so as to maintain political momentum against a backdrop of rising political criticism surrounding the Ukraine affair. Meanwhile China is facing a new and deeper threat to its economic future - being cut off from lucrative U.S. markets, as part of a larger goal of a "financial decoupling" with China.

With the latest announcement of some preliminary agreement being reached, the impending tariff increase from 25% to 30% on \$250 billion of Chinese goods planned for October 15 have been postponed. Further tariffs slated for December, plus the prospect of capital controls as well as limitations on access to U.S. financial markets add a new

dimension of uncertainty to the ongoing China negotiations.

Equity markets rallied late last week on the "bad news for the economy is good news for further Fed easing" line of thinking. The odds of the Fed lowering the Fed Funds Rate from 1.75% to 1.50% at the upcoming October 30 FOMC meeting spiked from 39.4% a week ago to 76.4% last Friday. Further volatility in response to weak PMI and ISM data triggered a trap door sell-off that took almost 1,000 points off the Dow over a two-day period, exposing just how sensitive the market is to negative news that signals potential or even exaggerated cracks in the U.S. econ-

The pressure to do a detailed final deal on U.S. and China trade has been ratcheted higher. I see the pressure on both sides being much higher. We haven't even addressed how the whole protest movement in Hong Kong could impact the trade talks if that situation results in Chinese troops invading Hong Kong. However, it appears that China's crackdown on Hong Kong has already begun. That could have a devastating effect on that country's economy and the surrounding territo-

Recently, China's President Xi proclaimed at the 70th anniversary of Communist party rule that "no force can shake the status of this great nation" - even as all hell is breaking loose in Hong Kong. So, while there may be a trade deal of sorts (to avoid further punitive actions and market volatility) there will remain significant attention on China and how it conducts itself on the world stage.

LIVE LOCAL, SHOP LO-CAL - THIS IS THE TIME **OUR MERCHANTS NEED US**

I welcome vour questions and c o m m e n t s: kenherman46@hotmail.com

Your Money - Ask Julia

PG&E cut power to several areas where they provide electricity. Can other electric companies do that, too?

Yes, it's very possible. SC Edison has stated that they might cut power if they determine it's a safety issue. Hope for the best; plan for the worst. Take some time to get more prepared for an outage lasting several days to a week, or more. Consider purchasing a generator (dual-fuel, gas, solar) that, at least, will keep your refrigerator running, and power your electronics (medical, computer, phone, internet). What will you use for lighting? Candles can be dangerous. There are lights that use batteries, or solar power. If stores and gas stations close, what will you do? Do you have extra food? How will you cook that food? Preparing for a power outage will also help you be more prepared for other di-

sasters like an earthquake. I've been getting SO MANY phone calls and so much mail about enrolling in various Medicare Supplement and Prescription drug programs. How can I know if these guys are for real or if they are fakes?

If you suspect that you are being taken advantage of, have questions about an insurance offer, scheme, or agent, call the Dept. of Insurance 1-800-927-4357, or go to www.insurance.ca.gov Here are some tips: 1. Make sure the person is a licensed insurance agent. 2. Don't accept uninvited sales calls of any kind. 3. Never give out personal information (Social Security number, bank account numbers, or credit card information over the phone. 4.



Julia Yoder

Be aware: Medicare has no official sales reps. 5. Federal regulations prohibit marketing of Medicare products wherever healthcare is delivered. 6. Federal regulations prohibit offering free meals for listening to a sales presentation or for signing up in a particular plan. 7. Federal regulations prohibit selling additional insurance products during any sales or marketing presentation for a Medicare Advantage or prescription drug plan. 8. Read and understand the plan.

Last year we had to pay capital gains on our mutual fund's distributions. Is there a way to decrease the amount of capital gains tax we must pay?

With investments like mutual funds, stocks, CDs, and savings, your earnings are taxed annually. You might want to consider moving at least some of your mutual fund's dollars to a tax-deferred investment, or to an insurance product. With a tax-deferred investment, you'll pay taxes only when you withdraw funds. Some insurance products offer "loans" which are not taxable, and which could be re-paid from the death

Can I take money from my annuity to help a relative?

It depends on the rules in your annuity policy. You can contact your agent, or the annuity company to ask them the particulars about your policy. Some policies allow you to take out up to 10% per year after the first year (up to a pre-set amount of your initial investment), waiving the usual early-withdrawal contractual penalties and fees. AARP recently stated that annuities can be great, but can also be a nightmare. Annuities are great, and only become a nightmare if you do not follow the policy's rules. The most common mistake heirs make is to cash out an inherited annuity, sometimes losing thousands of dollars.

My dad served in the military. How do I help him get his VA

Find out where his local VA office is, and either present his 214 Discharge papers, (or they can probably find him in the system), and fill out an application. Make an appointment with a VA patient advocate.

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

Arcadia To Launch A Next **Generation Website**

ARCADIA - The City of Arcadia is rolling out an improved online experience for residents, businesses, and visitors on Wednesday, October 30, 2019. Although the look, feel, and functions of the site are different, how you connect with the City will remain the same: ArcadiaCA.gov.

Powered by Revize, one of the most exciting features on the new site is a best-in-class smart search tool enabling residents to quickly find what they are looking for. "It's like shopping on Amazon for public services," said City Manager Dominic Lazzaretto. "Our community will appreciate how quick and easy it will be to find the services and information they are looking for. We wanted to reinvent the way the community engages with its local government. This website does that."

In addition to enhanced tools like submitting online service requests, payments, and multilingual translation, the organization of the website has been completely overhauled with the enduser in mind. The City's new site is grouped by similar functions and services in a concerted effort to connect citizens to services in as few clicks as possible.

To accomplish this goal, City departments and their corresponding services have been or-

ganized into four categories: • Enrich Arcadia - Wellness, lifelong learning, recreation, and community programs

- Protect Arcadia Public safety, emergency preparedness, and crime prevention
- Shape Arcadia Business development, construction, streets, utilities, and public spac-
- Discover Arcadia City news, special events, and general information

These four categories mirror the City's social media presence as well to help facilitate targeted communication and community engagement.

For more information about the City's new website, please contact the City Manager's Office at (626) 574-5401.

"AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

If Car Trouble Scares You...Read On..

Sometimes there is nothing scarier than car trouble...you know how it is...you drive along and all is great then suddenly...

• You hear a different noise (squealing or scraping sound when you hit the brakes, knocks or pings when you climb a hill. rumbling or hissing sound from your muffler, thumping from a tire, clicking of a worn CV joint, chugging when you turn off the engine)

• You notice a different smell (moisture or antifreeze odor inside the car)

• You see a small leak or a puddle from under the car (antifreeze, oil, brake fluid)

• You see lights illuminated on your dashboard (check gauges, check engine light)

• You hear nothing at all (dead battery)

Your mind immediately goes into panic mode! You wonder how long it will take to fix the problem? How will you get to work? How will you pick up the children or get them to school or practice? How will you run errands? How much will it cost? Will it need to be towed? Is it safe to drive to our shop for needed repairs?

Before you panic, call us. We have the tools and equipment to return your vehicle to normal!

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions, and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can

Charter Oak High School Football Stadium Named for Lou Farrar

School Board approves naming stadium to honor long-time football coach

COVINA – The Charter Oak Unified School Board voted to name Charter Oak High School Football Stadium for Coach Lou Farrar at their regularly scheduled October 3, 2019 meeting. Coach Farrar has been coaching football for 52 years and has served as the head coach at Charter Oak High School for 34 years.

"It is an honor to recognize the numerous contributions Coach Farrar has made to Charter Oak High School and the players under his care over the years," said School Board President Jeanette Flores. "He has truly made an impact to students and staff not only on the athletic field, but also on campus and in the community.

We have been very fortunate to have his leadership touch the lives of so many of our students, staff, and families."

The Governing Board may name district grounds, athletic fields, and facilities (including individual building or schools) in recognition of individuals, living or deceased, who have made outstanding contributions of school community, state, national or worldwide significance. A public hearing was held September 12, 2019 for members of the public to provide input and feedback.

"Coach Lou Farrar has been generous in his time and commitment to the players, football program, and Charter Oak High School," commented Interim Superintendent Jose Banda. "We are extremely grateful for his contributions and can think of no better way to honor him."

Coach Lou Farrar has won five CIF Southern Section Championships, 18 league championships, and accumulated 320 total victories.

Charter Oak community members suggested the football stadium be named for Farrar. He was hired in September 1970 and taught psychology and civics at Royal Oak High School, where he began coaching. Farrar moved to Charter Oak High School in 1985. Since his retirement in June 2007, Farrar has continued coaching football.

LA County Ordinance Protects Area Renters from Recent Spike in Rent **Increases and Evictions Without Cause**

LOS ANGELES COUNTY - On Oct. 8, 2019, Governor Gavin Newsom signed Assembly Bill 1482 (Chiu), also known as the Tenant Protection Act of 2019, into law. The bill restricts rent increases on most rental housing statewide and includes important eviction protections for tenants so they cannot be displaced without cause. AB 1482 becomes effective on Jan. 1, 2020.

However, recent media reports indicate some landlords have served their tenants with substantial rent increases and eviction notices prior to AB 1482's effective date. The Los Angeles County Department of Consumer and Business Affairs (DCBA), which enforces rent stabilization and related tenantprotections laws in unincorporated areas, reminds landlords

and renters that existing laws

in unincorporated Los Angeles County protect most tenants from large rent increases or nofault evictions.

"In many cases, tenants served with increases or eviction notices will be displaced or irreparably harmed financially," said DCBA's Director, Joseph M. Nicchitta. "In unincorporated areas of Los Angeles County, renters are already protected from eviction without just cause. Many other cities in Los Angeles County also have laws protecting tenants from rent increases and evictions. Landlords and tenants should educate themselves about their rights and responsibilities under

the law." On Nov. 20, 2018, the Board of Supervisors adopted an interim rent stabilization ordinance applicable to the unincorporated areas of Los Angeles County. The ordinance is effective independent of AB

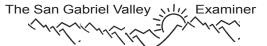
• Caps rent increases at 3% per year for units built before February 2, 1995

• Establishes "just cause" eviction protections for all renters in unincorporated County regardless of when their units were built, with limited excep-

• Requires landlords to provide DCBA a copy of all eviction notices.

• Establishes fines of up to \$1,000 per day for violations of the ordinance.

If you live or own property in the unincorporated areas of Los Angeles County, you can learn more about L.A. County's rent stabilization ordinance by visiting rent.lacounty.gov or calling (833) 223-7368.



October 24 - 30, 2019

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

Wanted: Men and Women who want to lose weight. TOPS (Take Off Pounds Sensibly) is a nonprofit group that encourages men and women to lose weighy. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on on the latest Diabetes resoaurces. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-

ARCADIA

Senior Painters at Gilb Museum of Arcadia Heritage

Celebrate the arts and visit the Gilb Museum's temporary exhibit featuring local senior artists from Arcadia starting on November 2. The collection highlights their artwork, which offers diverse interpretations of the California lifestyle. The exhibition opens with a reception on Saturday, November 2, from 2 to 4 pm and closes on Saturday, January 4, 2020. For more information, please call 626.574.5440 or visit website

www.ArcadiaCa.gov/museum.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

BALDWIN PARK Annual Día de los **Muertos Celebration**

Baldwin Park Unified's Baldwin Park High School will host its ninth annual Día de los Muertos Celebration from 5 to 9 p.m. Thursday, Oct. 24, featuring live music, face painting, food and refreshments, an art gallery and an altar-decorating competition. Hosted by Baldwin Park High School's Dual Language program, the event will be at 3900 Puente Ave., Baldwin Park.

Lights On

Afterschool Event

Baldwin Park Unified will highlight the importance of afterschool programs during a nationwide Lights on Afterschool celebration from 4 to 5:30 p.m. Thursday, Oct. 24 at De Anza Elementary School, 12820 Bess St., Baldwin Park. Students, families, educators and teachers from Think Together, the nonprofit that runs the District's after-school program, will play sports and explore academic opportunities

McNeill Fitness

Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/ walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia Mc-Neill Senior Center or call (626) 813-5245, Ext. 323

Explore Tuscany 9 Days & 8 Nights

The Julia McNeill Senior Center in partnership with Collette will be traveling to South Dakota on October 31 through November 8, 2019. Prices are \$3,449 for Single Person, \$3,149 for Double, and \$3,119 for Triple. Included in price is round trip air from Los Angeles Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, and 10 meals. Cancellation waiver and insurance can be purchased for an additional \$315 per person. For more information regarding prices or trip details, please contact Daniel at (626) 813-5245 ext. 271, email

TTours@baldwinpark.com, or visit the following website link: https://gateway.gocollette.com/ link/904277.

COVINA **Annual Fall Book &** Bake Sale

The Friends of the Covina Public Library will be hosting its Annual Fall Book & Bake Sale on October 26 from 10am to 3pm. at the Library Community Room. Pre-sale for members is from 9am to 10am. The public is invited to socialize, enjoy donated homemade baked goods and coffee, peruse and purchase books, DVDs and magazine. Fundraising proceeds support the library's year-round programs and initia-

Community Garden Parcels

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at covinaca.gov. For more information, call (626) 384-5340.

DUARTE

Halloween Howl

Duarte's legendary Halloween Howl, hosted by Duarte's Parks and Recreation Department, will be held from 6-9 p.m., Thursday, October 31 at Royal Oaks Park (2627 Royal Oaks Drive). Children 12 years of age or younger are invited to celebrate Halloween with the City. They can play in the FUN Zone, a themed inflatable play area; enjoy carnivalstyle games, partake in a costume parade (participants gets complimentary candy!), and enjoy refreshments, music and more! Carnival games are priced at \$0.25 each and entry to the FUN Zone is \$5. For additional information on either fall program, please call Duarte Parks and Recreation at (626) 357-7931.

Duarte Museum Needs Docents

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

Blood Pressure

Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. Every 2nd Tuesday of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Alzheimer's Safe **Return Registration**

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-

Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

GLENDORA Glendora After

Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Toni Levyssohn at 909-843-5239.

The program is Wednesdays 8:30 a.m - 12:00 pm.

Around the Valley & Senior News

Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email jmarkel@ci.glendora.ca.us.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

LA VERNE

Get About

Transportation Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at

MONROVIA **Senior Blood**

909.621.9900, Extension 228.

Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the Second Tuesday of the month from 9:15 a.m. - 10:15 a.m. and on the Fourth Wednesday of the month from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center every Wednesday. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. -3:00 p.m. at the Monrovia Community Center.

Senior Stretch & **Exercise Class**

Stretching is essential for our

Trunk or Treat

ARCADIA - The members of the Church of the Good Shepherd in Arcadia will celebrate Halloween by inviting families of all faiths to join them at their ninth annual, FREE, fun-filled Halloween event, Trunk or Treat, to be held on Thursday, October 31 from 6:15 to 8:00 pm. Church members will create a ghostly adventure suitable for children of all ages in the church parking lot at 400 W Duarte Road in Arcadia. Last year, over 250 children

along with their parents and friends enjoyed this traditional Halloween event.

Congregation members will open the trunks of their cars revealing creative and elaborate Halloween decorations. Children are invited to visit each car and receive a special treat. Children should bring a goodie bag and remember that costumes are welcome for all. Adding to this fun-filled evening, professional puppeteer Kevin Noonchester

The San Gabriel Valley Examiner

will present a special Halloween version of The Three Little Pigs

Event organizers say this is one of their all-time favorite activities because it is always so much fun and it provides them an opportunity to serve the community by offering a safe alternative to the traditional door-to-door visits by little ghouls and goblins.

No reservations are required. For more information, call Lynne or Vern Whitaker at 626-446-7860.

bodies. The Department of Community Services invites seniors

to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the

vices at (626) 256-8246. Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. -2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per

Department of Community Ser-

SAN DIMAS

San Dimas **Toastmasters Club**

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

Woman's Club 62nd **Birthday** The Woman's Club of West

Covina will be celebrating its 62nd birthday at the South Hills Country Club, 2655 S. Citrus, West Covina at their regular meeting on Friday, November 1. The Woman's Club of West Covina is a service club started by a handful of local women anxious to serve their community back in the 50s. This month's entertainment features 2 For the Show, with Tricia and Tracy, Southern California's very own Premiere song & dance duo. The couple

has knocked the socks off crowds from San Francisco to San Diego. Guests are welcome. For reservations, please call (626) 918-

Go West **Shuttle Service**

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more. For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777. The fixedroute service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holidays.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) meets each Saturday at 9 a.m. at the Cortez Senior Center, located at 2501 E. Cortez St in the back classroom building. Visitors are always welcome and your first meeting is free. Come now and learn about nutrition, portion control, food planning, exercise, motivation, and more every week. This group has motivated members from all over the San Gabriel Valley. For details, call Erika Hernandez at 6 2 6 - 3 8 4 - 0 5 0 2 (ehernandez57@aol.com).

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a daily lunch service for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.



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Kiwanianne of the Year

By Pat Rasmussen

GLENDORA Gege Engwald-Parry, a member of the Glendora Kiwaniannes, was selected as Kiwanianne of the Year and honored at the club's October 17 meeting.

Engwald-Parry has been a member of the Kiwaniannes since 2008 and has served on the Board of Directors, helped with the club's website, and participated on various club committees including co-chairing the annual Community Tea. She was chosen by secret ballot by the club members who honor one woman each year for her exemplary service to the club.

The award was presented by Carolyn Thomas, who was selected as last year's winner.

"We are so pleased to recognize Gege for all the work she has done for Kiwaniannes," said Kandy Nunn. "Not only does she step up to help out in so many ways, but she has creative ideas and works so well with the rest of the club members. She's truly an outstanding Kiwanianne.

A long-time resident of Glendora, Engwald-Parry attended local Glendora Schools, is a member of Corral 35 Equestrians, and is a trained chef and



Gege Engwald-Parry (Center) was selected as Kiwanianne of the Year by members of the Glendora Kiwaniannes. Pictured with her are Carolyn Thomas (I) last year's Kiwanianne of the Year, and Kandy Nunn (r) current president of the Kiwaniannes.

real estate agent for Remaxx. The Engwald-Parry is the 37 recipiaward was first given in 1986 and ent.

Honoring 15 Years of Community Impact

Local humanitarians to be recognized

MONROVIA - The Santa Anita Family YMCA and LifeChurch announced that they will join together to recognize eight community heroes for their selfless and sustained support of families in crisis. Over the past 15 years, the honorees have labored, led, raised money, and donated to ensure that everyone in our community has the support they need when disaster strikes.

Donna Baker, Mary Ann and Corey Lutz, Betty Sanford, Becky and Chris Shevlin, Pastor Josh Smith and Mountainside

Communion Church, and Larry Spicer will be honored at a community celebration in Monrovia's Library Park on Friday, November 1st, 2019. This free familyfriendly event is open to all and starts at 7:00 pm. "For the past 15 years these community leaders have given us the support to walk alongside youth, adults and families during critical moments in their lives." says Ulises Gutierrez, community organizer. "I am grateful for our honorees and am thrilled to welcome my dear friends, Terry Hotchkin, Sonia

and Kurt Luginbuhl, and Pastor Richard Brown to the next phase of our community outreach efforts."

Friday's event will also feature the launch of iNSPIRE, a new community service organization that will focus on crisis response, community engagement, and family stability.

Attendees will enjoy food provided by Max's Mexican Cuisine, music, kids' activities, and raf-

To learn more about this event, call Ulises at (626) 703-2398.

West Covina Unified Invites Community Leaders to Serve as 'Principal for a Day'



Acting as principal for the day, health and nutrition instructor Reya Steele visits with Vine Elementary students on Oct. 11.

WEST COVINA – West Covina Unified School District welcomed community members, business leaders and city officials to step into school leadership roles during its second annual Principal for a Day event on Oct. 11.

The guest principals were greeted by colorful signs and student-led cheers at the District's 14 campuses, where they gained insight into the responsibilities of managing a school site and learned about the academic and extracurricular offerings in West Covina Unified.

"I am so impressed by all of the programs they have to help build the character of students," said Reya Steele, a health and nutrition instructor who visited Vine Elementary. "They have a social contract that uses special hand signals to foster respect among students and staff. I had never seen that before. I loved every minute of it. It's great to see how everything works."

At Cameron Elementary, lo-

cal dentist Dr. David Alfaro led the morning announcements, visited classrooms, read an excerpt from "Dragons Love Tacos" for kindergarteners and led them in the alphabet song. He also met with the PTA, talked to fifth graders about his career and supervised recess.

Walnut Grove Intermediate School Principal Rich Nambu invited fellow West Covina Rotary Club member Thomas D. Allison, an attorney, professor and social justice advocate, to visit classrooms and learn about the school's 1:1 device initiative, intervention programs, STEM and robotics instruction and peer mentoring programs.

"Our community plays a vital role in supporting the education process and raising children successfully," Nambu said. "We are thrilled to be able to invite local leaders onto campus to see firsthand what our schools have to offer. This also lets our students know that there are people in our community who are looking out for them and rooting for them to

succeed." The guest principals – which included West Covina's mayor, city manager, city council members and police chief - concluded the day with a luncheon at the district office, where they discussed partnership opportunities and recounted the day's

"West Covina Unified offers a wealth of engaging, rigorous educational opportunities, and we are thrilled to open our doors and showcase these offerings to our community," WCUSD Superintendent Dr. Charles D. Hinman said. "Thank you to our community for sharing an interest in the academic success of our students."

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