

25 cents

Housing Bonds / A3

Mike Bertelsen / A7

Commentary

**Legal Notices** 

**City Notices** 

**Financial/Consumer** 

**INDEX** 

**A**4

**A5** 

**B1** 

**B12** 

**Police Chief** 

**Sworn In** 

Since 1997 • Published in GLENDORA, California A Weekly Adjudicated Publication Serving all of Los Angeles County

To reach us: Phone: (626) 852-3374 Fax: (626) 852-1904 E-mail: sgexaminer@aol.com Web: www.sgvexaminer.com

Volume XXII, Issue No. 39

#### STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

#### Sept. 26 - Oct. 2, 2019

# INSIDE

**Posed as Deputy Sheriff to Extort Money** LOS ANGELES COUNTY -Between March, 2019 and April, 2019, an imposter posing as a Los Angeles County deputy sheriff stole thousands of dollars from numerous victims. The imposter called residents, told them he was a deputy sheriff with the Los Angeles County Sheriff's Department (LASD) and demanded payment of a fine for failing to respond to a jury duty summons.

In fear of being arrested, victims paid the fine in the form of gift cards. The truth was, the imposter lied about the jury summonses, and used a fraudulent sense of emergency and pressure to coerce hard-earned money from unsuspecting people, many of them elderly.

Several reports with similar characteristics were received and investigation of the crime spree was assigned to detectives from the Fraud and Cyber Crimes Bureau-Emerging Cyber Trends team. As the investigation proceeded, it became clear the imposter used a sophisticated set of techniques to hide his location and identity, including telephone number spoofs and the use of names of real LASD personnel.

Detectives identified the suspect as Nicolas Brady Kennedy, 29, of Loganville, Georgia. They



travelled to Georgia, where they worked with investigators from the Loganville Police Department and the U.S. Marshalls Service, to obtain and serve a search warrant at the suspect's residence. During service of the warrant, the suspect and additional evidence were located, as well as a second suspect, Ashley Marie Walker, 28, of Loganville, Georgia.

Kennedy was charged with six counts of Extortion, California Penal Code Section 518, and three counts of Attempted Extortion, California Penal Code Sections 664 and 518, by the Los Angeles County District

Attorney's Office. Kennedy is being held in the Gwinnett

counts of Extortion, California Penal Code Section 518, and three counts of Attempted Extortion, Penal Code Sections 664 and 518, by the Los Angeles County District Attorney's Office. Walker is currently out of custody. A warrant was issued for

Chief Pat Nelson outlined the investigation and presented methods of preventing falling prey to similar scams. "The main focus... is to make sure we try to avoid additional victims," he said. "It's much better if we're able to warn the public of the danger, to begin with."

If you receive a demand for arrest for outstanding warrants or

other legal issue.

• They pressure victims to purchase various types of gift cards or instruct them how to purchase bitcoin.

• Once a victim makes the purchase, the scammer instructs them to read the gift card numbers or bitcoin key over the phone.

• Once the scammer is satisfied they received the necessary information, the line is disconnected.

· Los Angeles County Sheriff's Department personnel will never ask for any type of payment over the telephone. Financial transactions with our agency are handled at patrol stations, court houses and custody facilities.

#### PREVENTION METHODS:

• If you are unsure if a call or email is real, verify the identity of the contact through an independent source, such as a phone book or online search. Do not use the contact details provided by the caller or in the message they sent.

• Do not feel pressured by a threatening caller. Hang up and verify their story.

• Never send money, or give bank account, credit card or personal information to anyone you do not know or trust.

• A government agency or trusted business will never ask for payment by unconventional methods, such as gift or store cards, iTunes, cards, wire transfers, or bitcoin.

## **Police Department Reminds Pedestrians** and Drivers to Think Two Steps Ahead

payment by telephone, email or

other means of communication,

to be made in any form for any

reason, from someone portrav-

ing themself as a deputy sheriff

or other Los Angeles County

Sheriff's Department employee,

do not comply. Los Angeles

County Sheriff's Department

personnel will never ask for pay-

ment over the phone or by email.

tim of this type of crime, con-

tact your local law enforcement

Here are some tips to identify

a potential threat-based imper-

sonation scam and how to prevent

vourself from falling prey to this

• Scammers pretend to be

• They threaten victims with

scam or similar scams:

from a government agency.

TACTICS:

agency and report the incident.

If vou believe you were a vic-

September is Pedestrian Safety Month

**Toast To The Best Club Speakers** 

SAN DIMAS - In the September 19th meeting of the San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880, was well attended including 2 guests, Ms. Genoveva Rocha and Jose Yirrveta.

The theme was Grito de



County Jail in Georgia on a probation hold, pending extradition to California. Walker was charged with three

**Two Suspects Identified in Telephone Scam; Imposter** 

her arrest.

Delores "Cry for Delores" Mexican Independence Day" and the word of the day was "gloaming". Ms. Estrella Zumaeta introduced herself in her Icebreaker speech. JoAn Haase LD1 spoke about her "Best Mentor Ever". Then Art Douglas, DTM gave a great introduction to "Navigating Pathways" Pathways is Toastmaster's new improved approach for members to acquire the skills they want.

Speakers were evaluated by JoAn Haase, LD1; Peter Romero, CC; and Teresa-Michelle Ruiz, EC1. Jon Phillips, PM3, was Table Topics Master quizzing us on a variety of subjects including Halloween and our greatest regrets.

Open House! Save the Date - November 7th for our Open House. A Keynote speaker will

LOSANGELES COUNTY

- The County Registrar wants

every one to be knowledgeable

and comfortable voting on

these machines so they are of-

fering MOCK ELECTIONS at

selected locations on Septem-

ber 28 and 29 from 10 a.m.

Anyone from 10 to 110

to 4 p.m.

Ms. Teresa-Michell Ruiz, EC1, won Best Evaluator, Estrella Zumaeta won best Speaker and guest, Jose Yirrveta won Best Table Topics! Ms. Ruiz is our newest member and Estrella our second newest. Ms. Ruiz also just became a "Qualified Speaker" in nearby District 100 of Toastmasters.

years old can participate in the DJs, surprise celebrities, food

lot more!

are below.

present. Come see how a Toastmasters meeting is done!

Thursday, October 3rd is our next meeting. You can stop by to meet with us at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave (Between Walnut & San Dimas canyon Rd) San Dimas [http:// 5880.toastmastersclubs.org/]. Contact is Art Douglas, DTM, VP of Membership of Toast To the Best (951) 505-0555.

Our San Dimas chapter of Toastmasters International,

Mock Elections. We're keep-

ing this light and fun, no real

contests from past or future

elections. But you will vote on

things like your favorite sports

team, park or music venue!

And there will be .... Celebs,

Select locations will have live

Prize Giveaways and More!

Toast To The Best Club, Club # 5880 meets every 1st and 3rd Monday from 7 PM to 8:45 PM. Learn to motivate and lead? Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere.

trucks and chances to win L.A.

experiences such as: tickets to

professional sports games,

amusement parks, celebrity

meet and greets and a whole

The Mock Election Centers

in the 48th Assembly District

**MONTEREY PARK** Monterey Park Police Department is working with law enforcement agencies across the state to promote safe behaviors that allow drivers and those on foot to get where they need to go

safely. September is Pedestrian Safety Month and California continues to see more and more pedestrians getting injured or killed on roads. In 2016, 867 pedestrians were killed and more than 14,000 injured in California alone. A report (external GHSA PDF link) released earlier this year by the Governors Highway Safety Association (GHSA) projected that more than 6,200 pedestrians were killed in the United States last year, the highest number since 1990.

In order to reduce the number of collisions involving pedestrians, Monterey Park Police Department will have additional officers on patrol throughout the month of September specifically focused on drivers and pedestrians who violate traffic laws that increase the risk of crashes. These violations include speeding, driving or walking distracted and/or impaired, failing to stop for signs and signals, and not yielding to drivers/pedestrians who have the right of way.

"Someone crossing the street should not have to fear for one's life, but they should also be mindful that drivers are going places too," said Monterey Park Police Chief Jim Smith. "It goes both ways."

Despite advancements in vehicle technology that increase the chance of survival for drivers and passengers in crashes, pedestrians face the same amount of risk



of getting seriously injured or killed when struck by a vehicle.

"Sooner or later, a driver has to get out of their car and walk. so we are all pedestrians at some point," Chief Smith said. "Think about how you would want a driver to act when you are walking and vice versa. Keep that in mind and follow the rules of the road so we can all arrive where we're headed safely, regardless of how we get there."

Monterey Park Police Department offers steps drivers and pedestrians can take to keep everyone safe:

#### **For Pedestrians**

• Look left-right-left before crossing the street. Watch for cars turning and obey traffic signals.

• Only cross the street in marked crosswalks, preferably crosswalks at stop signs or signals.

· Avoid distractions. Stay off the phone while walking.

• Make eye contact with drivers. Don't assume drivers can see vou.

• Be seen. Wear bright clothing during the day and use a flashlight at night.

• Always walk on the sidewalk.

If there is no sidewalk, walk on the shoulder, facing traffic and as far away from cars as possible.

• Do not walk near traffic after drinking or using drugs that affect judgment and coordination.

#### **For Drivers**

• Follow the speed limit. The higher the speed, the longer it takes to stop.

 Never drive distracted or under the influence of alcohol and/ or drugs.

• Look out for people walking, especially at night and in poorly lit areas.

• Pedestrians have the right of way at crosswalks even if they are not at a stop sign or signal. Prepare to stop when a pedestrian enters a crosswalk.

• Avoid blocking the crosswalk when attempting to make a righthand turn.

• Be careful backing up and leaving parking spaces in shopping centers with heavy foot traffic.

Funding for pedestrian safety enforcement is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Azusa	Memorial Park	320 N. Orange Ave
Duarte	Pamela Park	2236 Goodall Ave
Glendora	Crowther Teen & Family Center	241 W. Dawson Ave
La Puente	San Angelo Park	245 S. San Angelo Ave

#### Examiner The San Gabriel Valley

# **County Registrar To Run Mock Elections**

## Glendora Woman's Club To Present New Club Officers And October Program

#### By Joan Hallidy

**GLENDORA** - The Glendora Woman's Club will begin the 2019-20 Fall Season at the club's luncheon-meeting on Tuesday, October 1. With a welcome by Club President Chris Ohrmund and her new Board, and the afternoon program by the Glendora LaFetra Singers.

The club day will begin with a social time at 10:30 a.m. followed by the business meeting at 11 a.m. The catered luncheon y Cambria Catering around noontime and the afternoon program will follow.

The program intitled "The Joy of Singing" will feature the La Fetra enter Chorus Group, under the direction of Kim Hollard, with piano accompaniment by Pat Kelly, said program vice president Helen Storland. Selections will include old favorites and special arrangements. The groups program marks a return engagement to the Women's Club. One of the club's special displays each month is the Members' Participation Art Display that features a different theme each month. This month's theme will be "God Bless the U.S.A." And members are encouraged to share items from hoe for the display, said project chair Susan Lepkojus.

Coming i[ next month at the club's November 5 meeting, clubmembers will be asked to donate nonperishable food items for the Glendora Coordinating Council's Annual Holiday Basket Program. The community program is one of the club's annual service projects that helps Glendora residents in need during the holidays, said philanthrope chair Gloria Aparicio and Coordinating Council representative Judy Gillham. Also, cash donations will be greatly appreciated for the service project, they said. Information flyers will be available at each table.

With this year marking the club's 111th year of service to Glendora, Club Historian Rose Myers has planned a display of several of the club's special awards and service projects from the club's archives.

For member's rejoining the club, or for those joining the club for the first time, the club's membership Vice Chair president Joy Martau. Annual membership dues are \$40 per year. The booklets list club information, including programs for the year, service projects, the clubs four departments and their meetings, special events and the membership roster.

For membership information or the club's special events, call 626-335-7010; for information about renting the clubhouse for an event or meeting, call Ryan at Cambria Catering at 626-335-7010. The Clubhouse is located at 424 N. Glendora Avenue in Glendora.

Glendora Woman's Club President Chris Ohrmund, pictured at right, is shown with her new board for 2019-20 following installation, Board members are from left, Joy Martau, membership vice president; Sue Falls, house and rentals; Pam Drennan, corresponding secretary; Susan Lepkojus, parliamentarian; the late Gilda Skinfill recording secretary; Helen Storland, program vice president; Connie Halbert, treasurer; Loretta Salazar, recording secretary; Suzanne Rodgers, co-ways and means vice president; and Carolyn Cunningham, co-ways means vice president. Not pictured were Gloria Aparicio, philanthropy and Kathryn Martin, accountant.

## West Covina Unified Student Excels in Purdue Summer Science Program

WEST COVINA – Edgewood High School senior Vanessa (Ching Ying) Li returned to West Covina for the 2019-20 year with an elevated zest for science after conducting weeks of intensive biochemistry research during Purdue University's Summer Science Program (SSP).

Li joined 35 high school students from across the country for the highly selective program at Purdue, enjoying 39 days of hands-on, collaborative experimental research, mentorship from university professors and behind-the-scenes tours of local scientific and cultural sites.

"I learned a lot in the classes and lectures, and it gave me more confidence to prepare for a career," Li said. "It is a real community; you live together for six weeks and have the chance to bond and learn in a supportive environment."

Li spent her time focused on biochemistry research, using wet lab techniques and model-



Edgewood High School senior Vanessa Li conducted weeks of intensive biochemistry research during Purdue University's Summer Science Program.

ology is fascinating to me and I always look for opportunities to expand my interests," Li said.

Li's SSP experience aligns with her studies as an International Baccalaureate (IB) Di-

nd so I was prepared for the work es in SSP."

Li is an active member of Science Olympiad Club, National Alliance on Mental Illness club and Key Club and is a passionate dancer who loves to

# **Breathe Easier**

Many people may be surprised to learn that some things used to keep their homes looking good and feeling fresh—scented candles, air fresheners, cleaning products, paint, furniture—actually contribute to indoor air pollution.

The Problem

These items—and many others—produce volatile organic compounds (VOCs) which, the EPA says, can irritate skin, eyes, noses and throats and cause headaches, nausea and dizziness. Extended exposure, the EPA warns, can even cause asthma, liver, kidney and nervous system damage.

Some Answers

Fortunately, you can reduce

your exposure. Here's how: • Improve your ventilation.

• Store products containing VOCs outdoors.

• Seal surfaces containing dangerous compounds.

• Keep your HVAC air ducts clean.

Indoor air gets pulled into the

Man Shot After Being Seen with a

with a gun", they saw the man go



BREATHING CLEAN Healthy Air. Healthy Home.

#### To fight indoor pollution, you need to keep your air ducts clean.

system and contaminants can build up in the ductwork. Getting your air ducts properly cleaned can improve the ventilation throughout your home and lessen the number of pollutants in the air you breathe.

Be sure the duct cleaning company is a member of the National Air Duct Cleaners Association (NADCA). They pledge to a Code of Conduct and clean according to strict standards. Learn More

For further facts, see www.BreathingClean.com. To find a NADCA member nearby, visit the Find a Professional Directory there. (NAPSI)

ing software to study an enzyme from a fungal pathogen and designing a small molecule inhibitor to protect crops from the enzyme.

"I love to learn about the systems within us – molecular bi-

ploma Programme candidate, which encourages students to explore the real-world context of their studies.

"Edgewood and IB are very rigorous and it's taught me how to absorb information quickly,



choreograph contemporary and hip-hop routines.

She hopes to explore her interest in science further by pursuing a degree in biological engineering followed by career in the medical field or at a startup company.

"I want to inspire younger generations to work hard and achieve their goals," Li said. "It might not seem possible, but if you work for it you can do anything."

## Upcoming Event? Let us know at

SGExaminer@aol.com



#### WE'RE HERE FOR ALL OF YOUR TECHNOLOGY NEEDS!

#### SERVING THE GREATER GLENDORA AREA.

SERVICES: COMPUTER REPAIR

SMART HOME INSTALLATION

... MANAGED IT SERVICES

## CALL RAYMOND AT: 626-691-5278

## **Shotgun at Scene of Brush Fire**

#### By George Ogden

**COVINA** - Calls came in to the around 9:20 p.m. Thursday, Sept. 19th near the intersection of Badillo Street and Vincent Ave. A brush fire had been reported in an empty lot just north of Badillo on Vincent. This was next to the old 99 Cent Store that had closed sometime back.

Firefighters who arrived felt there was a threat and requested for police assistance. Covina police soon arrived and saw a man with a shotgun in the field. They closed off all the streets in the area.

While officers were in the process of setting up the containment area and working on a plan to remedy the situation, "man

over a fence into the backyard of a residence. Sheriff's deputies also arrived and started evacuating homes along the 4000 block of North Morada Avenue which is just north of Badillo and one block west of Vincent. Officers and deputies feared the armed man would try to break into an occupied home and endanger the lives of the residents.

It appeared the armed suspect was jumping through backyards. The suspect then hurled rocks and decorative bricks at officers who were looking for him. He hid out until around 12:30 a.m. when he was located. At that time the suspect failed to comply with officers' commands, such as dropping the weapon and getting into a safe position for officers and deputies to take him into custody. The suspect then compromised his own safety by a threating action that caused officers and/or deputies to fire their weapons at the suspect for their own protection and safety. The man was hit several times went down.

Paramedics were called in once the area was deemed safe and they treated the man and transported him to the hospital who was in serious condition at that time.

The shotgun was recovered and they are investigating to see if he fired at the firemen or officers.

It is undetermined if the man started the fire, but he is a suspect.

The name of the suspect has not been released and he has a number of charges pending including assault on peace officers with a deadly weapon.





## **FS OSA**

**County To Join Legal Effort Seeking Supreme Court Review Of Boise Decision On Public Camping** 

LOSANGELES COUNTY-The Board of Supervisors, on a 3-2 vote, approved a motion by Supervisors Kathryn Barger and Janice Hahn to add the county to the legal action seeking Supreme Court review of Martin v. City of Boise.

"Los Angeles County and municipalities across the nation are facing a deepening homelessness crisis that demands we have more tools ---not more road-blocks-necessary to address the issue in an effective, compassionate manner," Supervisor Kathryn Barger said. "One of the most difficult challenges we face in combatting homelessness is assisting those on our streets living with a serious mental illness. The Martin decision ties the hands of municipalities from enforcing common sense public camping ordinances that would allow us to provide life-saving treatment to this vulnerable population."

The severity of the homeless-



ness crisis in Los Angeles County is acute. According to the Los Angeles Homeless Services Authority, a record-high 58,936 county residents are experiencing homelessness, an increase of more than 12% from 2018, with increases among children and youth, 8,500 of whom are experiencing homelessness, up 24% from 2018.

The average life expectancy for individuals experiencing homelessness in the County is 48 for women and 51 for men, compared with California's average life expectancy of 83 years for women and 79 years for men. In 2018, 918 individuals experiencing homelessness died across the County. As of early September 2019, 698 homeless people have died this year. Nearly three homeless persons die each day.

In 2019, the U.S. Ninth Circuit Court of Appeals published Martin v. City of Boise. The City of Boise filed a petition seeking

review in August 2019. Amicus briefs in support of the City of Boise are due later this month. At least two dozen California cities and counties, including San Jose, Sacramento, San Diego County and Sacramento County, are supporting an amicus brief, along with the City of Los Angeles.

Other impacted sectors will also be filing amicus briefs in opposition to Martin, including stakeholders from local businesses and on-the-ground homeless services providers including the People Concern and Chrysalis, who deal firsthand with the homelessness crisis.

Today's action instructs County Counsel to file an amicus brief and/or join as amici to any legal action seeking to overturn Martin v. City of Boise, and any other litigation aimed at challenging this decision, as deemed appropriate. Supervisors Kuehl and Solis dissented.

**Tax-Exempt Multifamily Affordable Housing Bonds for Cameron Park Apartments in West Covina** Park Community Partners, LP. from new appliances to retrofit-

Cameron Parking Community

Partners, LP will continue to

maintain Cameron Park Apart-

ments as 100% affordable. The

complex provides one, two,

three, and four-bedroom apart-

ments to low-income residents in

with Citibank and Orrick, Her-

rington & Sutcliffe, LLP to pro-

vide the \$55,400,000 in tax-ex-

CSCDA and CPP partnered

West Covina.

WEST COVINA-The City of West Covina is pleased to announce that the California Statewide Communities Development Authority ("CSCDA") has approved the issuance of \$55,400,000 in tax-exempt multifamily affordable housing bonds for Cameron Park Apartments at 929 West Cameron Avenue. "The availability and production of housing are critical to the social and economic security and vitality of West Covina and its residents" said Mayor Lloyd Johnson, speaking for the City Council.

Cameron Park Apartments is an acquisition and rehabilitation of 158 multifamily affordable housing apartments by Cameron

#### empt multifamily affordable anticipated completion in Sumhousing bonds. The project will mer of 2020. undergo extensive interior and For more information, please exterior renovations including contact the City Manager's Ofupgrades to the kitchens and bathfice at (626) 939-8401 or visit rooms, new flooring, to energy the City website efficiency upgrades ranging www.westcovina.org

## **Duarte Unified Accepting Applications To Fill Vacant Seat on Board of Education**

**DUARTE** - Due to the resignation of Douglas Edwards, Board President, the Duarte Unified School District will have a vacancy on its Board of Education on September 20, 2019. At the Regular Board Meeting of September 19, 2019, the Governing Board announced the process to fill the vacancy by a provisional appointment.

The school district is requesting all those interested in serving on the school board to submit an application. Applications are available on the district website, www.duarteusd.org and at the District Office, 1620 Hun-

tington Drive, Duarte, CA, ed or appointed member of the 91010.

To be eligible to apply for appointment to the Governing Board, an individual must be at least 18 years old, be a resident of the Duarte Unified School District, be a registered voter in the State of California, and not be disqualified from holding civil office by the constitution or any law of the State of California.

This appointee will hold office until the next regular election in 2020.

An employee of the Duarte Unified School District may not be sworn into office as an elect-

Governing Board, unless he or she resigns as an employee. If the employee does not resign, the employment will automatically terminate upon being sworn into office.

**A**3

at

S.G.V. EXAMINER

ting windows. Exterior improve-

ments will include stucco repair,

new roofing, laundry room up-

grades and community building

improvements. The financing of

Cameron Park will maintain the

affordability of units for low-in-

CPP has begun pre-construc-

tion inspections and prep work,

with start of construction sched-

uled for October 2019 with an

come tenants for 55 years.

Return completed applications to the Superintendent's Office, 1620 Huntington Drive, Duarte, CA 91010 or email to Mercedes Ruiz at mruiz@duarteusd.org, by the filing deadline of Thursday, October 3, 2019, at 4:00 p.m.

For additional information contact Mrs. Ruiz at 626-599-5037

## **Update on Lung Illnesses and Deaths Associated with E-cigarettes in LA County**

LOSANGELES COUNTY-The Los Angeles County Department of Public Health (Public Health) continues to warn residents about the use of vaping and e-cigarette devices as potentially harmful to proper lung function, and urges residents to STOP VAPING NOW! As of September 2019, there have been 16 reports of serious vaping- associated pulmonary injury and one death assymptoms such as coughing, difficulty breathing, fever, and may have vomiting and diarrhea. Locally and nationally, the cause for this threat remains unknown.

• Approximately 2 out of 3 cases reported are in individuals age 25 and younger. Both males and female cases have been reported.

• All but one reported using both an e-cigarette and a can-

ported and remain under investigation. No specific vendor, product or substance has been identified as the cause.

Pulic Health continues to urge healthcare providers to be on the alert for signs of severe respiratory illness among patients who recently used vaping products including e-cigarettes and report cases by phone to Los Angeles County Department of Public



San Gabriel Valley Examiner, published weekly by Eumo Enterprises, has been adjudicated as a newspaper of General Circulation for the County of Los Angeles, California in Court Case No. KS 005341.

Lois M. Shade

Julia Yoder

**Gene Morrill** Jenny Park

#### **Mission Statement**

· We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain.

• We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about. • We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.

• We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

#### DISCLAIMER

Views and opinions of writers, contributors and columnists are their own and do not necessarily reflect the views of the publisher or the newspaper.

#### SUBMISSION POLICY

All submissions for publication become the property of San Gabriel Valley Examiner and will not be returned. San Gabriel Valley Examiner does not guarantee submissions to be published. All submissions are subject to editing, including to conform to space limitations.

#### **Contributing Writers:**

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer Thank you for your cooperation.

**Medicare Questions** 

Call us with your

(626) 963-3244





blue 🗊 of california

137 N. Glendora Ave. Glendora, CA 91741 CA LIC. #0809588



Hey, it's a bing bang bong kind of ding dong day... Take it for what it's worth...

sociated with e-cigarettes in Los Angeles County. Nationally, there continue to be reports of people showing up in emergency departments with similar

nabis-type product, not necessarily at the same time. One reported using flavored liquids only (no nicotine, THC, or CBD). Various devices and products were re-

Health at 626-299-3504.

For more information about the dangers of vaping, visit: http:// /publichealth.lacounty.gov/docs/ VapingFAQs.pdf.

## **Recruitment for Civil Grand Jury**

LOSANGELES COUNTY-The County of Los Angeles is soliciting assistance in finding well-qualified citizens to volunteer for the 2020-2021 Civil Grand Jury which will be impaneled on July 1, 2020.

The task of insuring that the pool of grand jury nominees is representative of the ethnic and racial composition of Los Angeles County is not only challenging, it is required by law. There-

fore, your assistance in helping us to meet this challenge is vital.

Available by request is a Grand Jury packet which contains the Civil Grand Jury application form, brochure, and other pertinent information.

Civil Grand Jury service is virtually a full-time commitment over a period of one year. The deadline to submit the application form is November 1, 2019. If you have any questions,

please call Mr. Waymond Yee, Sr. Management Analyst at (213) 628-7916, and he will be happy to assist you. Written communications may be directed to the Superior Court of California County of Los Angeles, Clara Shortridge Foltz Criminal Justice Center, Attention: Grand Jury, 210 West Temple Street, 11th Floor, Room 506, Los Angeles, CA 90012.

## **11 Critical Home Inspection Traps** to be Aware of Weeks Before Listing Your Glendora Home for Sale

GLENDORA - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale. Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of re-This report is courtesy of DT Realty, DRE# 02093567. Not intended to solicit buyers or sellers currently under contract. Copyright © 2019

pair. That's why it's critical port that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable preinspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from arowing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free re-

entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a FREE Special Report, visit www.CAhomesinfo.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-833-818-1082 and enter 2403. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.

The San Gabriel Valley Sty Examiner

## EN

## What Is The Right Thing To Do?

A fundamental ethical question concerns how to evaluate decisions about doing the right thing, particularly when the issue is complex. Clearly right and wrong are rooted in commonly held values. Obeying the handed-down law is essential in any society. Yahweh did not offer ancient Israel ten suggestions. For orthodox Muslims, Sharia law is not negotiable. For Americans, the Constitution and every level of government flowing from it is rock-solid. But then, one must accept the law's authority. For most Americans Sharia law has no legal authority

But there is another way to determine what is the right thing to do. It is to evaluate the results. It is the end product flowing from any decision that must also be considered. If I am rushing an accident victim to the hospital and the speed limit is 35, perhaps I must violate that legal restriction for a larger good.

Consider the dilemma currently facing the Democrats: shall we impeach the President, or shall we hold off? If the police have evidence that I broke into a house and stole the jewelry, they are obligated to arrest me. If members of the House of Representatives believe the findings of the Mueller report offer sufficient evidence to charge President Trump with "high crimes and misdemeanors," is it not their obligation to seek his impeachment? The only given reason Mueller did not bring criminal charges flows from the Constitution's generally agreed upon prohibition of indicting a sitting President. That alternative resides with a Congress that was all but invited to move toward impeachment. With the Mueller



#### Charles H. Bayer

evidence, certainly the House has a Constitutional duty to proceed. If following the law is the only standard, why should these sworn officials hesitate?

But hold on. What about the other standard for right action the results? No matter what evidence has been produced and what the House legitimately has the obligation to do, what would be the result? The Senate as it is currently constituted would probably not convict, and the President would be catapulted into the election as an innocent winner. So despite evidence moving toward impeachment, the right decision based on the law, might be the wrong decision when the likely results are considered.

But wait. There is an additional factor to be considered: timing. When is an action appropriate and when is it ill-advised? In this case if the legitimate result is to remove the President from office, instead of a losing a current impeachment effort, might it be more likely to defeat him in the election? He would then be gone from office, and what is more, he then could then be indicted on criminal charges. Doing the right thing, considering both obedience the law and

weighing the results, is not so simple.

Given the alternatives we can certainly agree with the House members who believe that they must follow their constitutional mandate and bring articles of impeachment.

Conversely, we can agree with the Speaker and other House Members who believe that an obvious result in the Senate would override the action of the House. At this time I must agree with Speaker Pelosi and suggest that they put all their effort into defeating Trump in the upcoming election, and/or changing the composition of the Senate. While nothing might be lost in pursuing the current pre-impeachment effort, even that has its risks.

More is at stake than what might happen to President Trump. Critical action concerning the destruction of the environment, the crisis on the border, the threat of war with Iran, the disastrously unfair division of the nation's resources, medical insurance for every American-and much more are all at risk. To spend the next year in a losing debate about impeachment strikes me as the wrong action. Putting all our effort and our resources into next year's election strikes me as the right action.

So how do you know what is the right thing to do? While in this case there is no simplistic answer, what is right and what is at stake cannot be ignored in the name of ideological purity. HereI the right thing to do must rest on 1-the legal authority. 2-the probable results. 3-the proper time.

Contact Charles Bayer at candwbayer@verizon.net

## "TIME JOCKEY" - Jury Duty Again

#### By Joe Castillo

City Hall... As a registered voter you are eligible to be called for Jury Duty service. For some, it's considered an interruption into their normal routine, a traffic-filled trip to downtown LA or another location, and the possibility of having to judge someone on which side of the law they may stand. But for me, its an adventure to see what I can find in downtown LA which ties to the in 1853, the founding of Los Anhistory of the city. First off, the architecture of many of the government buildings in LA is simply amazing. Most of the buildings were built in 1920's, in the heyday of the city's growth into one of the nations' most advanced metropolises. The center of downtown LA is City Hall, an artdeco building with a classical base, built in 1928 and designed by Architects John Austin, Albert Martin and John Parkinson. It was the first high-rise in Southern California at 452 feet and until 1964 it was the tallest building in Los Angeles. The primary engineer on the project was also the architect Albert Martin, who only used gravity and wind tools in its design which were good enough to withstand the earthquakes of

1933, 1971, 1984 and 1994. The building was retro-fitted after the 1994 quake just as a precaution. The interior of the building is filled with artwork and relics from nearly a century ago. The tall brass doors leading to the inside are engraved with scenes of the city's past including the American occupation of 1846, the Spanish arrival in 1769, the establishment of public schools geles in 1781 and the building of the breakwater in Los Angeles Harbor in 1931. The interior floors are tiled with Spanish designs and tall windows enclose the lower floors. Ornamental brass designs are located throughout the interior rooms and halls and a large image of a Spanish galleon is located on floor beneath the center rotunda. Even though there is no formal museum in the building, the 3rd and 4th floors are filled with pictures of Los Angeles over the past nearly 100 years, and floor 26 includes framed pictures of all the past mayors. Floor 27 is the observatory deck which allows all visitors to see the City of Los Angeles from high above ground level. The flag of Los

Angles which was carried on the Space Shuttle "Challenger" in 1984 is displayed in a plexi-glass case on the main floor. The flag clearly displays the tri-colors of green-yellow-red with zig-zag patterns. The seal of the city includes a shield with four image which depict the flags which flew over Los Angeles including Spain, Mexico, the Republic of California and the United States plus there are three additional images which represent the rich agriculture of the area: grapes, oranges and olives. The original Los Angeles City Hall was built in 1889 and was a multi-story brick building which was located not too far from the present government structure. However, the City became too big for the old hall, and the new 1928 building was needed to keep pace with the growing city. Now over 90 years old, Los Angeles City Hall continues to stand tall as the center of Los Angeles.... Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joeacastillo@aol.com.

## **Chu-Schiff Push Santa Monica Conservancy - Part II**

Gearing up for the November 2020 election are those seeking favor and, of course, big dollar contributions to get them back into their seats in Sacramento or D.C. They are promoting themselves and telling voters why they need to support their causes and agendas.

Examples are proposals from Cong. Judy Chu and Cong. Adam Schiff. Both are promoting expansion of open space and wilderness areas in our mountains through additional National Recreation Areas (NRA) and more land area added to the National Monument through Chu's HR 2215 and Schiff's Rim of the Valley Corridor Act. Both proposals are supported by Sen. Dianne Feinstein and presidential candidate, Sen. Kamala Harris. Harris has two other bills in two other areas.

Questions: Are these Democrats just doing a "campaign dance" for attention and support from the environmental community or is there a more specific agenda? Why try to convert this area into a Santa Monica Mountains Conservancy (SMMC) and National Recreation Area (SM-MNRA) unit? The San Gabriel Valley has been a loose political establishment, aside from the other areas in L.A. County, with its own identity, and last time Chu went forward with an NRA proposal, residents were outraged at the thought of being tagged a SMMNRA.

The Santa Monica Mountains Conservancy Act was signed into law in 1979 by Gov. Jerry Brown determining the Santa Monica Mountains Zone was a "... unique and valuable economic, environmental, agricultural, scientific, educational, and recreational resource that should be held in trust for present and future." To ensure that directive was enforced, Brown appointed 28-year old Joe Edmiston as head of that agency, and Edmiston has remained the executive officer ever since.

Edmiston is determined, aggressive and has a track record for achieving results. He makes no bones about his objectives of preserving open space and parkland and makes questionable



Shade's Perspective Lois M. Shade Former Mayor of Glendora ta Monica National Recreation

Area

In 1985, the state legislature created the Mountain Recreation and Conservation Authority (MRCA) an umbrella of various environmental organizations and established a joint powers agreement between the SMMC and these organizations known as MRCA. Joe Edmiston sat as executive director of both organizations and directed the grants established through various state bonds to MRCA and these other organizations.

When Rep. Judy Chu came forward in 2014 with her proposal for the San Gabriel Mountains NRA it was the result of the 2003 federal legislation requiring a study of consolidation of National Forest Service and National Parks Service with the goal of increasing recreational opportunities, preserving watershed areas and wildlife habitats in L.A. County, and parts of Orange and San Bernardino Counties. That study involved 1,000 square miles, 2/3 managed by the Forest Service, 1.5 million people affected, 50 communities, parts of the Puente-Chino Hills, San Gabriel and Rio Hondo Rivers (Emerald Necklace) and portions of the Santa Ana River, Santa Clara River, and Antelope Valley and Mojave watersheds. Chu's proposal was a piece of the longterm goal and objective of Joe Edmiston.

Local residents pushed back and we did end up with a massive reduction in the original effort and the San Gabriel National Monument was created. Original proposal was 621,860 acres of the San Gabriel Valley and the Angeles and San Bernardino National Forests. San Gabriel Mountains National Monument

is 346,177 acres and includes only forest lands.

Problems for residents in the original bill and new Chu legislation:

· Boundary lines of the NRA run through private property then and now. Chu says, "Even though private property is included, the legislation includes several provisions that preserve the rights of property owners ... [ and is just] stitching together the network of existing open space ...."

• Did not adequately address concerns about water and had legislation declaring certain rivers wild and scenic and that is once again is pending. Wild and Scenic preserves free-flowing conditions, no impediments like dams, debris basins, and adjacent areas must remain untouched  $\frac{1}{2}$ mile around the river.

• A busing-kids-in program from inner cities to the mountain areas through quiet neighborhoods.

· National Park Service, management agency, had, still has, a \$12 billion backlog in maintenance.

Cong. Adam Schiff is supporting Rim of the Valley Corridor area be to be a unit of the Santa Monica Mountains NRA. In his fact sheet he states his concern about L.A. County residents living in park-poor areas and even if they are able to access those parks they are in poor condition. 47% of Californians live within 2 hours of the study area. Both he and Chu have supported busing kids in from the park-poor areas to recreate in the National Recreation Areas they are trying to establish as part of the SMM NRA.

Schiff and Chu both insist their proposals respect private property rights and do not allow for acquisition of private property through eminent domain. Under the Santa Monica Mountains Conservancy Act, section 33203 allows for property acquisition through eminent domain, but must occur through action of Public Works Board with Department of General Services overseeing the action.

The Conservancy consists of 9 voting members, 3 ex-officio members and 6 legislative members and a 26-member Advisory Committee. Forestry was recently given voting privileges.

#### deals to support those plans. When the Act was created in 1979 it came with 33,000 acres and jumped to over 100,000 acres when Congress approved the San-

## **Begging for Money with Fake Signs**

Are you tired of all those people, transients and homeless, coming up to you in parking lots asking for your spare change or if you have a couple of spare dollars they can have? They try to intimidate you, especially women, to give them money to go away.

There have been cases where husbands and/or boyfriends, and fathers, who have returned to the parking lots to confront and even beat down those who intimidated their loved one. And in many cases, they find that there is a herd of these people in the park-

ganizations battling the epidemic of veteran suicide.

5. Support fundraisers and events, such as the Shepherd's Men Run. Annually, a team of committed volunteers runs seven days of half marathons in multiple states wearing 22-pound flak jackets-to increase awareness of treatment options and suicide prevention for veterans. Shepherd's Men have raised millions for this heartfelt mission.

Veterans and those who want to help can call 404-603-4314 or visit www.shepherd.org/share and www.shepherdsmen.com. (NAPSI)



George Ogden That's just the way it is! ing lot that come to the aid of the transient and turn the tables. Not a good idea. Some of these people are criminals and carry weapons such as guns and knives.

Some people who have a kind heart and give them money, you are now one of the enablers.

Some of you may remember a story I did about this guy begging for money on the Vincent offramp from the I-10 Freeway. He held a sign that stated he was a disabled veteran and needs help. I knew the times he was there and what time he left. I parked at the gas station just north of the freeway offramp. When he left, he went north and turned on the next street. He got into a rather new Toyota pickup truck. I followed him to a Covina home not far from that off-ramp. I pulled into the driveway right behind him. He looked startled. I told him who I was and showed him my ID from the VA (Veterans Administration) as I am a Veterans Service Officer. I soon found out he was a fake and has never been in

the service. He was also upfront to tell me that this was easy money. For about 3 hours he can make \$200 to \$300 per day. I actually followed him to see if I could help this veteran, but like I said, he was a phony.

Most people don't know this, but if a driver decides to give money to someone begging on the off-ramp or corner, you can get a traffic ticket. It's fun to see beggars with a \$1000 cell phone and smoking a cigarette from a \$6 pack of Marlboros that smelled of alcohol and asking you for money for milk for their baby. Are you kidding me?

The people get creative to get you to give them money. They make up signs that someone has died and need money for the funeral. They have a picture on the sign of their loved one.

A lady outside of the Covina Post office with little kids and a sign written in English on a large piece of cardboard with a marking pen. The sign was asking for money for milk and diapers for her babies. I stopped to talk to her and she didn't speak English. Excuse me, your sign is in English. About that time a van pulled up and she gathered her kids, blanket and sign got in with other ladies with kids already in the van and they drove away.

There are so many fakes out there, you will never know who is real and who is not.

"That's Just the Way It Is!"

## **5 Ways To Help Prevent Veteran Suicide**

It's a tragedy: Every day, 22 U.S. veterans take their own lives—a needless loss of 8,000 service members a year.

The Problem

Returning veterans may experience divorce, joblessness, homelessness and hopelessness.

The often-devastating effects of mild to moderate traumatic brain injury (mTBI) and posttraumatic stress (PTS), plus the loss of their military community support, can cause a downward spiral.

Symptoms of mTBI include headaches and problems with balance, sleep, vision and memory. Emotional signs include depression and anxiety. But today's treatment approaches and therapeutic technologies offer hope for veterans feeling overwhelming physical and emotional pain from these invisible wounds of war.

What You Can Do

1. Be observant about behavior changes. For many veterans, the physical symptoms of mTBI are not obvious. Be on the lookout for loss of interest in meaningful activities, personality changes, social isolation and substance abuse.

2. Reach out and spend time together. Let a veteran know he or she is not alone. Meet for coffee or go for a walk. Listen and encourage them to seek help.

3. Tell veterans and their families about helpful programs. Encourage caregivers, spouses and friends to seek help on behalf of a veteran.

One outstanding option that's transformed the lives of more than 550 veterans and their families is the SHARE Military Initiative at Shepherd Center in Atlanta, Ga. This innovative program provides up to 12 weeks of intensive rehabilitation, at no cost to the veteran, to treat mild to moderate brain injury and psychological concerns of those who served in the U.S. military since September 11, 2001. Treatment plans are personalized to each veteran's needs. The program is open to all post-9/11 veterans, including those with other than honorable discharges.

Because of intensive and comprehensive therapy, rehabilitation and life coaching, SHARE has become a model for centers nationwide. Experts in working with veterans provide medical consultation, physical therapy, occupational therapy, speech and cognitive therapy, recreation therapy,

case management, neuropsychology, chaplaincy and counseling.

4. Volunteer or donate to or-

Learn More



## **The Best Is Yet To Come!**

These last several weeks were the most volatile of the year. August used to be great. August was up in 80% of the years prior to 1950, when the economy was more agriculturally oriented. The best August was the second-best month of the 20th Century: August 1932 (+35%), just after the nomination of Franklin D. Roosevelt. The following August (1933) was up 13%. In modern times, the birth of the big bull market began in August 1982, up 11.5%, with a booster shot in August 1984, up another 10%. In recent years, August has been the third worst month in the last 50 years!

The best news is that over the last 20 years - basically, the 21st Century - the fourth quarter has eclipsed the first three quarters combined, by a long shot. The first three quarters averaged a meager 1.26% gain, while the fourth quarter more than tripled that gain, at 4.5%, pushing the full year gain up to nearly 6%.

In the Democratic candidate debates, much is made of wealth inequality, income inequality, college debt burdens, Medicare for all, wage inequalities, and other financial challenges, but the old verities still work. Get educated, live frugally at first, save, and invest. I did it. My Mom and



Dad did it also - my mentors. Rather than trying to mend a broken family after decades of bad decisions, let's teach our children the proper use of their limited resources when they are young and they, too, will end up well off in their golden years.

Those at the top of the income and wealth distribution are those that invest in common stocks, those that pour the maximum allowed into their 401(k) contributions at work, and then open up another account or two on the side. The latest studies by the Fed show that investing in the stock market has been the primary driver of household net worth over the past 30 years. U.S. household nominal net worth has quadrupled since 1987 from barely \$20 trillion to about \$104 trillion at the end of 2018, according to the Fed's report.

Yes, the rich have gotten far kenherman46@hotmail.com

richer, but the total pie has grown 5-fold, so even many poor have gotten slightly richer. The Fed report says the top 10% of U.S. households have increased their net worth from about \$12 trillion to about \$70 trillion. Sadly, the bottom 50% is only worth \$1 trillion, up from \$0.8 trillion. Some Democratic candidates snidely refer to "Wall Street fat cats," but stocks are available to anyone, including mutual funds with small minimums. Instead of stoking envy, why don't they teach the poor how to save and put "skin in the game" by investing in stocks, turning a little bit into a lot over time.

Beyond owning stocks, the real American Dream is owning your own business, not owning your own home, which is a margined investment that needs constant maintenance, is illiquid, and can quickly go under water if bought on slim (under 5% down) margin. Let's teach our children and grandchildren investing, entrepreneurship, and other financial principles rather than relying on government promises.

LIVE LOCAL, SHOP LO-CAL - THIS IS THE TIME **OUR MERCHANTS NEED US** I welcome your questions and comments:

I know that term life insurance is the least expensive, and that whole life insurance is the most expensive. Is there anything in-between? What my clients like to do is

get a life insurance policy that can, like whole life, build a cash account usable while living, and then add a term life insurance rider to cover the "what ifs" during the earlier years of life. The "what-ifs" might include the possible loss of a breadwinner's income needed for housing and college educations. When the house is paid for, and the kids are out of college, the term policy can expire with the main policy still in effect.

Is there a way to offset the copays of health insurance plans?

With the government health insurance plans, the higher the level, the higher the premium, and the lower the co-pays. You might set up a Health Savings Plan to have funds available for deductibles, co-pays, and notcovered expenses. There are non-insurance medical discount plans (typically negotiated medical charges which refund your expenses), accident plans, and critical illness plans, too.

We are new to southern California and need to know how to prepare for an earthquake. How can we get supplies without busting our budget?

You can find earthquake pre-



Your Money - Ask Julia

Julia Yoder

internet sites. The Red Cross site gives you a Before, During, and After guide. What do you already have on hand? Next, go to an Army Surplus store, and check bargain racks at grocery and drug stores. Also check online for Survival(-ist) supplies. Start by getting the absolute necessities, then continue to add items.

Is there an investment that I can rely on to get payments for *my whole retirement lifetime?* 

My clients usually decide to invest in fixed or fixed indexed annuities, or get a fixed-indexed universal life insurance policy. Insurance companies issuing these product lines came to realize the negative points that scare folks away from investing in them, so they made changes. Now these products are packed with a variety of living benefits. Most carry a contractual guarantee (based on the strength of the company) that you can choose to receive income for life.

have time to recover from big losses in the stock market. How can I protect my retirement savings?

If you leave your money where it is, you stand the chance of losing, or gaining. If you move your money to DCs and Money Market accounts, your money is safer, but when you factor in the low rates, taxes, inflation, and recession, you're probably losing money. There are new and better places for your money. When you look at these, don't get caught up in "semantic biases." Here's what I mean. What's the first thing that comes to mind when I say, "Nitroglycerine." About half of you will say, "Explosives." The other half of you will say, "Heartattack, life-saving medication." Neither is wrong; you're just expressing your "semantic bias." When looking at different places for your money, it really doesn't matter what the product is named. Focus on what it can do for you when you put your money there.

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance OC83859, RE Broker 01238153. Accident-Medical-Dental discount plans:

## **New Online Tax Guide for Local and District Taxes**

The California Department of sales over the Internet, those Tax and Fee Administration (CDTFA) has created a new online tax guide, Local and District Tax Guide for Retailers (https:// www.cdtfa.ca.gov/industry/ localanddistricttaxes.htm). The guide helps to assure you collect, report, and pay the correct tax rate for each transaction.

New online guide overview The CDTFA understands that allocating local tax and determining whether district tax applies to your sales or use tax transactions can be complicated. This new online guide is intended to help you properly allocate local tax and determine how district taxes apply to your business transactions. The guide contains helpful use taxes imposed by cities, examples and important local tax counties, and other local jurisdicand district tax information for retailers such as lessors, construction contractors, those with multiple locations, those making

What would it mean to high

school students and their parents,

as well as state taxpayers, if stu-

dents were able to take the first

two years of college while at-

tending courses on their high

expense of two years of college

and the ability to enter the work-

force two years earlier? Better

yet, for those students who are

typically underrepresented and

not already college-bound, stud-

ies show these types of "dual en-

rollment" programs increase de-

gree completion, reduce remedi-

ation and stimulate greater inter-

In 2015, Assemblymember

Chris Holden (AD 41) authored

AB 288, the College and Career

Access Pathways (CCAP) Act.

The bill created partnerships be-

tween high school and commu-

nity college districts to allow a

broad range of students to take

college courses on their local

high school campuses. The goal

was to develop a seamless path-

way from high school to commu-

nity college for career technical

education and transfer prepara-

tion, while providing students

with a good foundation for future

When AB 288 became law,

dual enrollment programs, also

known as concurrent enrollment

and early college, were already

college success.

est in higher education.

How about saving the time and

school campuses?

making sales into California from out-of-state, and more.

What is local tax? Local taxes are imposed by local jurisdictions, usually cities or counties. Sales and use tax transactions are allocated to the city or county where the sale or use occurs. The one (1.00) percent "Local Jurisdiction" portion goes to the city or county where the sale or use occurs. The one quarter (.25) percent "Local Transportation Fund" portion always goes to the county where the sale or use occurs.

## What is district tax?

District taxes are voter-approved transactions (sales) and tions (district). District tax rates are added to the current 7.25 percent statewide sales and use tax rate making the tax rate higher in

New Bill Saves Taxpayers Money,

**Streamlines College Completion** 

some districts.

Find your tax rate

You can find all the tax rates in the state on our website. Please see our California City and County Sales and Use Tax Rates (http://www.cdtfa.ca.gov/ taxes-and-fees/rates.aspx). To find a sales and use tax rate by address, select the link https:// gis.cdtfa.ca.gov/public/maps/ taxrates/. Be sure the address information you input is the address you intended. The tax rate given will reflect the current rate of tax for the address entered.

For more information If you have additional questions regarding this notice, you may call our Customer Service



Cars have become increas-**Expert: Noun** – a person who ingly sophisticated but many shop reactive. This enables us to corowners and technicians haven't. It costs money to buy the equipment to service and repair today's vehicles and it takes training. Our education is on-going because there are changes made by manufacturers each year.

that need attention now or soon. We prefer to be proactive, not rect a problem early. Not only does this save you money, as prevention is always less expensive than a repair, it can keep you from experiencing a breakdown situation. We care about your safety and welfare and prefer not to see your vehicle come to us by a tow truck.

Center at 1-800-400-7115 (CRS:711). Customer service representatives are available Monday through Friday from 8:00 a.m. to 5:00 p.m. (Pacific time), except state holidays.

has special skill or knowledge in some field; specialist; authority. Adjective – possessing special skill or knowledge; trained by practice; skillful or skilled

#### **MICRO COMPUTERS**

PERT

We live in the age of specialists or experts. Many can still recall the days when people took care of maintaining their own vehicles. There was even a term for these handy types. They were called "shade-tree mechanics." Where have they all gone? Cars didn't used to be so complicated but each year when the new models are rolled off the assembly - \$35,000 each.

**EXPERTISE REQUIRES** MANAGEMENTAND TECH-

WE WANT ONLY THE **BEST FOR YOU** 

Many independent shops are closing their doors because they refuse to pay the money to keep current. They don't require continuing education for their staff and they don't require it for themselves either. They don't buy the state-of-the-art equipment because they and their staff aren't trained to use it. We keep current in all areas. Because of this, we attract the best staff. SmartMoney.com states that "a mechanic you can trust is worth his weight in gold." We work hard to be worth our weight in gold each day.

#### WHYAN EXPERT CHANG-**INGYOUR OIL ISANADVAN-**TAGE

The important thing to us is keeping your car in perfect running order. When we change your oil, we notice other items

#### **DEALING WITH AN EX-**PERT SAVES YOU MONEY AND TIME

We have the equipment and the training necessary to make the correct diagnosis for your car. Those who don't have our expertise are "parts replacers" and that costs you in time and money. The non-expert will just keep replacing parts, and you pay for each part even if it doesn't fix the problem, until finally the car is "fixed." It is bad enough that this costs you more money on parts you didn't need but it also takes more time.

#### **EXPERTS IN CUSTOMER** SERVICE

Today's technology is only as good as those who know how to understand it. Only a qualified technician can assess the condition of your car. You can almost always expect a list of recommended services from us but we will also tell you which are crucial and which can wait till sometime in the future. This way we feel we are working with you to keep your vehicle healthy. We are always available to discuss your car's needs.

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions, and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can **Count On!** 

By Dr. Edward C. Ortell **Citrus College Governing Board Member** 

proving very successful for high school students throughout the nation. In California, however, existing education code requirements made such dual credit programs much more difficult to implement. Thanks to Assemblymember Holden's vision, commitment to the value of dual enrollment and his steadfast persistence, CCAP became law in California in January 2016.

Following more than two years of successful implementation at high schools and community colleges throughout the state, Assemblymember Holden introduced AB 30 this year. Among other things, AB 30 streamlines the CCAP application process for students and extends the sunset date of the program until January 1, 2027. The bill passed both houses of the Legislature without a single "no" vote, and is now sitting on the Governor's desk awaiting his anticipated signature.

At a time when college costs are skyrocketing and education beyond high school is becoming a perquisite for the majority of high paying, in-demand careers, streamlining the pathway to college is a very good thing.

About the Author:

Dr. Edward C. Ortell is the senior governing board member at Citrus College and a Professor Emeritus at Pasadena City College. He has served on the California Community College Trustees (CCCT) state board of directors and 11 terms as president of the Citrus College Board of Trustees.

lines the built-in computers make it more difficult for shade-tree mechanics to exist. Cars have anywhere from 10 to 75 microcomputers on board and all network and talk to each other. Even for us experts, a scan tool is needed. This testing device requires software and is then plugged into the car's data port, telling our technicians what and where the problem is. The scan tools alone cost between \$2,500

**Barger Applauds State Approval Of Private Bond Financing For Vegas-to-Victorville Rail Project** 

LOSANGELES COUNTY -Supervisor Kathryn Barger applauded California Treasurer Fiona Ma and members of the California Debt Limit Allocation Committee for their decision to approve \$300 million in private activity, tax-exempt bonds to XpressWest (now Virgin Trains

USA) for their proposed high speed rail line that will connect Las Vegas to Victorville.

"This private sector project will bring a fast, convenient and reliable alternative to automobile congestion along I-15 while creating more than 15,000 quality

jobs over a 10-year period," Supervisor Barger said. "This effort will bolster local economies and quality of life."

Virgin Trains USA, the only privately-owned railroad in the United States, currently runs train routes throughout Florida.





## ALLEY/SENIOR N

# **Around the Valley & Senior News**

#### **AZUSA Azusa Women's Club Events**

Established in 1901 the Azusa Women's Club is a community of women dedicated to enhance the Azusa community by creating volunteer & leadership experiences. With public participation in the events, a leading benefit is the scholarships to the dedicated students.

Come support the Vendors Boutique on Oct 5 at 1003 N. Azusa Ave from 8:00a.m.-2:30pm. Contact djs36@hotmail.com.

Sip & Paint on Oct 5 at 1003 N. Azusa Ave at 6pm. \$25/person.

#### Tickets jus1viv@gmail.com **Volunteer Drivers** Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

#### **TOPS** Meeting

Wanted: Men and Women who want to lose weight. TOPS (Take Off Pounds Sensibly) is a nonprofit group that encourages men and women to lose weighy. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on on the latest Diabetes resoaurces. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-8829

#### ARCADIA **Father Daughter Dance!**

mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia Mc-Neill Senior Center or call (626) 813-5245, Ext. 323

#### **Explore Tuscany 9** Davs & 8 Nights

The Julia McNeill Senior Center in partnership with Collette will be traveling to South Dakota on October 31 through November 8, 2019. Prices are \$3,449 for Single Person, \$3,149 for Double, and \$3,119 for Triple. Included in price is round trip air from Los Angeles Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, and 10 meals. Cancellation waiver and insurance can be purchased for an additional \$315 per person. For more information regarding prices or trip details, please contact Daniel at (626) 813-5245 ext. 271, email at TTours@baldwinpark.com, or visit the following website link: https://gateway.gocollette.com/ link/904277.

#### COVINA **Community Garden** Parcels

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at covinaca.gov. For more information, call (626) 384-5340.

#### DUARTE **Community Clean-Up**, Hazardous & E-Waste **Round-Up**

On Saturday. September 21 from 8 a.m. to 2 p.m., Duarte will hold its bi-annual Community Clean-up Day at both Duarte City Hall (1600 Huntington Dr.) and Beardslee Elementary School (1212 Kelwill Way). Residents can dispose of electronic waste, appliances, mattresses and other large items. The Community Clean-Up Day is free and open to Duarte residents.

#### **Blood Pressure** Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. Every 2nd Tuesday of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

#### Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

#### **Alzheimer's Safe Return Registration**

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

#### Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

#### Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

#### <u>GLENDORA</u> **Taste Of Travel**

On Saturday, September 28 from 1:00pm to 3:00pm, explore travel opportunities, meet with our representatives from our travel companies and preview future extended tours while enjoying tasty refreshments and lots of door prizes! Please RSVP by calling the La Fetra Center at (626) 914-0560.

age personal space, time, and energy in this interactive class where your challenges, experiences, and solutions will be solicited. Pre-register at the La Fetra Center: 333 E Foothill Blvd., Glendora, CA or by calling (626) 914-0560. Fee: \$12.00 material fee payable to instructor, Mondays, September 16-30, 6:30pm to 8:30pm

#### **Glendora** After **Stroke Center**

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Toni Levyssohn at 909-843-5239. The program is Wednesdays 8:30 a.m - 12:00 pm.

#### **Instructors** Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at jmarkel@ci.glendora.ca.us.

#### **Cars 4 the Community**

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

#### LA VERNE **Get About Transportation**

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Diis hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the Fourth Wednesday of the month from 9:00am - 10:00am **Caring Crafters** 

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center every Wednesday. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. -3:00 p.m. at the Monrovia Community Center.

#### **Senior Stretch & Exercise Class**

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. -2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

#### SAN DIMAS

#### San Dimas **Toastmasters Club**

proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

### **WEST COVINA** Go West **Shuttle Service**

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more. For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777. The fixedroute service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holidays.

#### **TOPS Meeting**

TOPS (Take Off Pounds Sensibly) meets each Saturday at 9 a.m. at the Cortez Senior Center, located at 2501 E. Cortez St in the back classroom building. Visitors are always welcome and your first meeting is free. Come now and learn about nutrition, portion control, food planning, exercise, motivation, and more every week. This group has motivated members from all over the San Gabriel Valley. For details, call Erika Hernandez at 6 2 6 - 3 8 4 - 0 5 0 2

(ehernandez57@aol.com).

#### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a daily lunch service for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

Fathers, Grandfathers and Uncles, treat your princess to a night filled with fun and excitement while creating wonderful memories together. Come dressed in your most elegant attire for an evening featuring gourmet dining, a DJ, dancing, exciting games, and activities on Friday, September 27 from 6:30-9pm. This event is for girls ages 4-13 and is \$52 per couple, \$25 for an additional daughter and will take place at the Arcadia Community Center, 365 Campus Drive, Arcadia. Advance registration is required. No registration will be taken on site. For more information please call 626.574.5113. Arcadia Senior Card **Club Looking For New** Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771

#### **BALDWIN PARK McNeill Fitness** Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/ walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your

#### **Duarte Museum Needs Docents**

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

#### **Stress Management** & Controlling Chaos

Feeling overwhelmed can peak from a long to-do list which is increasingly common as demands on human attention increase. A clear sign of being overwhelmed or stressed is forgetfulness, anxiety, anger, and emotional chaos. Learn to manmas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

#### MONROVIA **Senior Blood Pressure Screenings**

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program



COVINA - Project 29:11, San Gabriel Valley's Food Bank, located at 418 Second St, Covina announces its annual fundraiser for October 10. South Hills Country Club will be hosting the event which honors Covina's Police Chief, John Curley. Tickets for the dinner and drawing (one

week at the Newport Marriott Vacation Club) may be purchased on line at www.project2911.net.

Project 29:11 is open Tuesdays and Fridays for distribution. Over 20,000 people have received bags of food sufficient to serve a family for a week for this year. The Non-Profit operates strictly by volunteers and is in need of more participants and donations.

Contact Kathy Novarro at (626) 862-4455 or email kathynovarro@aol.com for more information.

Suby Examiner



The San Gabriel Valley

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's



# **Mike Bertelsen Sworn In as Azusa's New Police Chief**

#### By George Ogden

AZUSA - Mike Bertelsen, a 25-year police veteran with the Azusa Police Department, was sworn in as Azusa's new police chief on Monday at the City Council meeting.

Chief Stephan Hunt retirement became effective Friday the 13th after serving three years as chief. Bertelsen was sworn in by Azusa Mayor Joe Rocha at the beginning of the council meeting. The chief thanked everyone for their support and reflected on his "Twenty-five years in serving the community groups and attending their events and meetings. He appreciated the community and support from the police department."



Azusa Mayor Joe Rocha swears in Mike Bertelsen as the new Police Chief.

Bertelsen started his police He rose through the ranks and career with Azusa 25 years ago and never left. He started as a jailer, and then became an officer.

covered every aspect of police work... including working gang enforcement.

## "Trash Talk" Makes an Impact

**DUARTE** - Steve Bradshaw of Burrtec Waste Industries came to "talk trash" at a recent Duarte Kiwanis meeting. He was able to share with the club some of the key changes/expansions that are coming soon on how and what gets recycled. Restaurants can partner with Berrtec to support a Food Rescue program within its existing Food Waste Recycling efforts to help divert edible food waste to local communities in need.

Since China has decided to stop accepting any recycling waste, we Californian's will need to come up with creative solutions for our waste stream. Burrtec is a great partner to do just that.

If you are interested in joining Duarte Kiwanis or being a speaker at a future event, contact Tina Carey at tinac51@aol.com.



Cheryl Reynolds, Duarte Kiwanis President and Steve Bradshaw, Burrtec Community Relations Manager.

## **Monrovia High School Students Learn Job Skills Through Coffee Cart Program**

MONROVIA – Monrovia High School students from the MHS Roasters program put on their aprons and stock a coffee cart at 7 a.m. to begin selling cups of coffee, tea, and hot chocolate to faculty and staff as part of Monrovia High's WorkAbility and Transition Partnership program for students.

The programs open doors to job opportunities from local business partners in the community. By going into the community and working for local businesses, students in special education classes learn independence and gain experience for life-skill development.

"Monrovia High's MHS Roasters program provides students with a chance to gain critical skills in academics, social interaction, communication, financial management, and job performance," Monrovia High Transition Coordinator Kymberly Hirst said.

Local business partners include Unleashed, Foothill Unity Center, REI, Grocery Outlet, Chuck E. Cheese, Wendy's, Walgreens, and Smart and Final.

"My son is very excited to get up in the morning now, and he shows up to school always ready to start working," said Leslie Hudspeth, mother of Monrovia High student Jason Travers. "This experience is going to give him the confidence he needs to go out to the community and hold his head up high because he will have the skills he needs to do the work."

Similar coffee cart programs are finding success in schools



A student from Monrovia High's Roasters prepares coffee sold to a staff member as part of the school's WorkAbility and Transitions Partnerships programs.

across the states, achieving a high degree of popularity on campuses and offering beneficial work experience, Hirst said. Students work alongside adults for support as they gain the skills they will need to be employed in the community.

"At Monrovia Unified, providing our students with the opportunities and experiences they need to be successful after graduation is one of our priorities," Board of Education President Ed Gililland said. "Our dedicated teachers and counselors at Monrovia High always ensure that our students have the opportunities they need to be successful not only academically, but in their personal goals as well."

Student training started with

making hot chocolate for a friend and then providing complimentary drinks for teachers who visited the cart. Students learned how to use a cash register and how to manage a line of customers. Now they crisscross campus on Tuesdays, Wednesdays, and Thursdays, selling coffee to faculty and staff.

"The growth of the MHS Roasters program follows the same successful trajectory of our other unique programs," Superintendent Katherine Thorossian said. "It begins with a great idea supported by an organization committed to creating opportunities for students. Our goal is to prepare students with the skills necessary to define their own future."

## **Newcomers and Friends of San Gabriel Valley Invites Local Residents to General Meeting**

joying new activities? New- joining is welcome to attend. comers and Friends of San You can bring a friend along or Gabriel Valley, a social club, invites local women to attend their next general meeting.

ested in meeting new people, learn about the club's wide vamaking new friends, exploring riety of daytime, weekday, fun well-known landmarks, and en- activities. Anyone interested in just come and meet your future friends! Additional Newcomers and On October 2, at 10:00 am, Friends' mostly-daytime, weekday activities include a Book Club, Bridge, Crafters, Day Trips, Games (Bunco, Rummikub, etc.), Golf, Hiking, Happy Hour, Lunch Bunch, Mah Jongg, Movies, Pinochle, Newcomers and Friends is www.eventbrite.com/e/sgv-wo- a friendly, caring group of women of diverse ages. This group currently has 118 members of various backgrounds and has existed since 1965. You can choose to be as ac-

based on your time and interests.

ARCADIA - Are you inter- of Newcomers and Friends and tively involved as you like, Gabriel Valley, contact them via email sgvnewcomers@gmail.com or To learn more about New- visit them online at



Life insurance from a real-life person.

Newcomers and Friends of SGV's "meet-and-greet" coffee will be held in Jordan Hall at Church of the Good Shepherd, 400 West Duarte Road, in Arcadia.

FREE tickets are available and Wine Tasting. Eventbrite, from mens-social-club-meet-andgreet-coffee-and-meeting-tickets-72874213735

This general meeting is a great way to meet the members comers and Friends of San www.sgvnewcomers.com

## A Look Back At The **History Of The Red Cars**

LA VERNE - On October 14, Michael Patris will be at the Maury Smeltzer Lounge at Hillcrest Retirement Community, 2701 Mountain View Drive, La Verne, to tell the history of the Pacific Electric Railway in Southern California. Seating begins at 6:30pm and the presentation will begin at 7:00pm. This event is free and open to the public.

Michael Patris is a third generation native of Southern California and co-author with Steve

Crise of Pacific Electric Railway, Then and Now. Michael is the President and founder of the Mount Lowe Preservation Society, Inc., President of the Pacific Electric Railway Historical Society, and past Sheriff of the Los Angeles Corral of Westerners (2010). He is also President and owner of Golden West Books, a publishing company focusing on the history of trains, trolleys, railroads and locomotive material.

Kyle A. Cline, Agent Insurance Lic. #: OD16727 1275 E Route 66 Glendora, CA 91740-3779 Bus: 626-335-0815

Get life insurance that comes with someone local (me). I'm here to help you protect your family's financial future. LET'S TALK TODAY.



State Farm Life Insurance Company (Not licensed in MA, NY or WI) State Farm Life and Accident Assurance Company (Licensed in NY and WI) 1708148 Bloomington, IL

# FOCUS ON WHAT MATTERS MOST, % **APY**\* NEW MEMBER - TERM SHARE CERTIFICATE HIGH FIXED RATE FOR 12-MONTHS •\$1,000 MINIMUM; \$4,000 MAXIMUM

AMERICA'S CHRISTIAN A Financial Partner for Cultural Impact

## CONTACT US TODAY! 800.343.6328

\*APY = Annual Percentage Yield

1. New Member Certificate: This 12-month Term Share Certificate (TSC) has a \$1,000.00 minimum balance and \$4,000.00 maximum balance per member. Account must be funded with new funds or funds deposited less than 30 days prior to opening. Early withdrawal penalties do apply which may reduce the principal. At maturity, this TSC will automatically renew for a 12-month term at the prevailing 12-month rate unless we are notified in writing prior to the maturity date. Offer valid for 60-days from membersh opening. One certificate per member

Rates are accurate as of 07/01/2019. Rates, terms and conditions are subject to change without notice. Additional restrictions apply. Must qualify for membership. A \$2 membership fee may apply. The credit union is federally insured by the National Credit Union Administration. Added savings protection provided by American Share Insurance. Please speak to a credit union representative for details. Equal Housing Opportunity



、小小 Examiner The San Gabriel Valley

# A Hiker's 10 Essentials: And Which Ones the Search and Rescue Team Really Wishes You'd Carry



Whether you're going out for a long trek or a quick hike you should always carry the 10 Essentials with you.

#### By Carolyn Grumm

The Sierra Madre Search and Rescue Team (SMSR) encourages you to pack the 10 essentials for your next hike. This well established list of hiking basics has been used for years by mountaineers, Scouts, the Sierra Club and search and rescue. These items can help you survive an emergency so that you can return home safely without our help.

Map and Compass: Know how to read the map and use the compass.

**Light**: Your phone doesn't count. Take a headlamp or flashlight and extra batteries

Water: Many factors affect how much you'll need, but hikers often underestimate it.

**Food**: Pack nuts or granola bars in case you end up being

out longer than you plan. Sun Protection: This includes sunblock, hat and sun-

glasses Extra Clothing: Take a warm layer in case of cold, or a rain jacket in case it gets wet

**Emergency Shelter**: An emergency bivy, space blanket or even a large trash bag can be used as shelter.

First Aid Kit: Make your own or purchase a pre-assembled kit. Include personal medications including inhalers and epi-pens.

Knife: Repair tools like duct tape and a sewing kit are also helpful.

Fire Starter: Buy a fire starter kit, make your own, or simply take a lighter and some birthday candles to start an emergency fire.

Assemble a small kit of the 10 Essentials to keep in your closet and toss it in your day pack whenever you go out for a hike, whether it is an all day trek or a quick trip.

Although SMSR truly believes every hiker should always carry the 10 Essentials we know some hikers just won't pull it all together. So which few items does the Team think are the most important for you to grab?

Map:

SMSR has rescued many hikers who missed a turn, took a shortcut or got confused and couldn't find their way because they didn't have a map. The Team has also rescued hikers who were relying on the maps on their phones. Phone batteries die or the GPS doesn't work

under the trees down in the canyon. Carry a paper map. Look at it ahead of time, know how to read it, and use it every time you get to a trail junction. Light:

We know what you're going to say, but no, the light on your phone does not count. Even if you don't plan on being out after dark, take a headlamp or flashlight and extra batteries. You may be delayed with a twisted ankle or in helping another hiker. The Team has gone out to search for many hikers who weren't lost, injured, or in any trouble. They just got "darked out" and couldn't keep hiking.

Water:

Especially on a warm day, if you're going on a hike, take water. If you're planning a longer hike, take a lot of water. SMSR rescues hikers every season who don't need anything more than water. When the Team heads out on really hot days, the first crew members hike in with their standard equipment including plenty of extra water. Team members in the following crews strip their



Hikers should carry a map and compass and know how to use them.

packs to the bare essentials and then fill them up with water to take in, because water is the most vital thing out there on a

hot day. In the last year SMSR has been called out 10 times to assist hikers who probably wouldn't have needed any help if they had been carrying the 10 Essentials. The Team has also participated in 5 rescues in the last year for hikers who went out for a day hike and ended up being out for multiple days. Carry the 10 Essentials with you, so that if this happens to you, you will be prepared.

200

Since 1951, the all-volunteer Sierra Madre Search and Rescue Team has responded to calls for help in the local mountains and beyond. SMSR also provides a range of wilderness safety programs. The Team never charges for any of these services, and is funded entirely by charitable donations. For more information, to donate, or to arrange a wilderness safety demonstration for your school or group, visit www.smsr.org.

## **Hospital Auxiliary 2020 Slate of Officers**

COVINA - Emanate Health Inter-Community Hospital Auxiliary announced the Executive Board for the year 2020 at the September 12 Luncheon. The officers are: President, Phyllis Rounds; Vice-President of Programs Nancy Kitamura; Vice-President of Membership Janice Clark; Vice-President of Special Projects Peggy Monges; Vice-President of Public Relations Jody Mentzer; Vice President In-Hospital Jackie Garretson; Re-

cording Secretary Jane Lee; Treasurer Carol Koon; Past President Reyna Conrado.

These ladies will lead the Emanate Health Inter-Community Auxiliary to a very successful 2020. These are all volunteers who give their time and energy to the auxiliary. Volunteers are always needed in all areas of the hospital. There isn't a time when we say no more...we are full. Not in the area of volunteering. The Gift Box, The Bargain Box,

Front Desk, Recovery Room, Surgery Waiting Room, Newspaper Delivery are all areas where a second pair of hands comes handy.

Call Tiffany Ramirez, Director of Volunteer Services at (626) 915-6237 or e-mail her at Tramirez@EmanateHealth.org to start the volunteer process.

Emanate Health Inter-Community Hospital is located at 210 W. San Bernardino Road in Covina.





## **Getting Older Doesn't Mean Life Has to Slow Down** Secrets of staying young

Attend the Aging Well & Younger Next Year Seminar -

No doctor's appointment necessary. Hear from the best physicians in Southern California!

Join us for an event that gives you exclusive access to learn the latest on:

- Sex health
- Joint care
- Brain strength how to stay sharp!
- Vitamins and supplements
- Aging well tips and tricks

Emanate Health, Cedars-Sinai Medical Center, USC Keck School of Medicine, and UC Irvine School of Medicine will all feature physicians at this event.

## Saturday, October 12, 2019 7:30 a.m. - 2:00 p.m.

**Pacific Palms Resort** One Industry Hills Parkway City of Industry, CA 91744

Only \$20 for those aged 55 and better – breakfast and lunch included!

## Space is limited – register now! Emanatehealth.org/agingwell

## 888.456.2847



The San Gabriel Valley Lexaminer