

San Gabriel Valley TIME!

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

February 6 - 12, 2020

INSIDE

25 cents

Public Health Emergency / A3

Black History Celebration



Charles Brister / A7

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Commentary Financial/Consumer **Legal Notices City Notices**

The Sierra Madre Search and Rescue

Team's Year in Review By Carolyn Grumm For the Sierra Madre Search and Rescue Team (SMSR), 2019 was the 69th year that the Team served the community with our mission statement "anywhere in the wilderness where someone needs help." It was a year marked by some long searches with

Team members working a navigation exercise in Joshua Tree Na-

Flats. The team also responded in mutual aid with other search and rescue teams in Los Angeles County and throughout California. These calls took us to Mount Baldy, the Angeles Crest and the Sierra Nevada mountains.

101 subjects 45 injured 44 uninjured 83 hikers 2 dogs 2 runners

2 vehicles over the side

In 2019 SMSR helped a mountain biker with a broken leg, an exhausted dog out on the trail, hikers who had fallen when they tried to take a shortcut, and a man who broke a leg jumping off of the waterfall at Hermit Falls.

There were a number of notable searches this year. In April a field crew from SMSR located two hikers who had been lost near Cucamonga Peak for 5 days. Then in June, team members worked with searchers from throughout California to locate a hiker who had been missing for 7 days near Mount Waterman. Later in the summer a crew of SMSR searchers located a camper in Inyo County who had been missing for 4 days. Each of these subjects has an amazing story of survival and determination to tell. Bringing them safely off of the mountain and back to their families gives the team great joy and fuels us to keep doing the work we

Not all of the callouts have ended so well. Early in the year, team members joined the search for lost Marine Matthew Kraft in the snow-covered Sierra Nevada mountains. A SMSR crew was helicoptered into a remote re-



Some of SMSR's 9,499 training hours were spent in caves.

gion of Sequoia Kings National Park where they searched for 2 days, camping overnight in the wilderness. Unfortunately, Kraft has not yet been found.

The year ended with the Team participating in a week long search for a missing hiker on Mount Baldy. During this search operation, fellow searcher Tim Staples from the West Valley Search and Rescue Team was tragically killed after an apparent fall in steep, icy terrain. Three crews of SMSR searchers were in the field at the time. They remained in the field to assure that Staple's crew mate got out safely before coming off of the mountain themselves.

17,619 total donated hours 9,499 hours of training

5,007 hours on operations 25 team meetings 16 public education events Team members spend nearly

twice as many hours training as

brings us joy to serve our community in the mountains that we enjoy so much. Since 1951, the all-volunteer Sierra Madre Search and Rescue Team has responded to calls for help in the local mountains and beyond. SMSR also provides a range of wilderness safety programs. The Team never charges for any of these services, and is funded entirely by charitable donations. For more information,

to donate, or to arrange a wilder-

ness safety demonstration for

your school or group, visit

www.smsr.org.

they do on operations in order to

safely assist those lost or injured

in the wilderness. We train to

navigate frigid snow and ice on

steep mountain sides, dark under-

ground caves, hot deserts, steep

rock, dense brush, and swift wa-

ter. Serving on the team is a huge

commitment of time and energy

but we love the wilderness and it

County And City Community Development Project Receives 2020 Audrey Nelson Award

happy endings. These reminded us of the importance of our team

philosophy to "go on every search and rescue mission with a posi-

tive attitude, committed to the belief that the person who needs

our help is alive and can be found." Other missions had so-

bering endings that reminded us

of our philosophy that asks us to

"bring to every search and rescue

mission the highest level of

mountaineering and rescue skill,

training and self discipline that

87 operations

52 rescues

35 searches

60 in the local area

17 mutual aid in LA County

10 mutual aid outside of

LA County

were in our local response area

which spans from Hastings Ridge

above Sierra Madre to Fish Can-

yon in Azusa. This included re-

sponses to Bailey Canyon,

Monrovia Canyon, and Chantry

In 2019, most of our calls

we can produce."

Covina Senior and Community Center Receives National Recognition

- The Los Angeles County Development Authority (LACDA), in partnership with the City of Covina, is proud to announce that the National Community Development Association (NCDA) has selected the Covina Senior and Community Center project as a winner of the 2020 Audrey Nelson Achievement Award. The award, which recognizes outstanding community development projects and programs across the country, was created 33 years ago in honor of NCDA's first Deputy Executive Secretary, Audrey Nelson.

Completed in July 2019, the new Covina Senior and Community Center is dedicated to enriching the lives of seniors through a variety of services such as nutrition, health information, recreation classes, lifelong-learning opportunities, and special events. NCDA recognized the Covina Senior and Community Center project, which held its ribbon cutting on July 31, 2019, for the measurable impact in meeting the needs and improving the quality of life for seniors and residents of the City of Covina.

"It's an honor to be recognized by NCDA for our partnership with the City of Covina to finance and deliver this project. We are committed to developing and implementing programs that further our mission of Building Better Lives and Better Neighborhoods and the Covina Senior and Community Center project exemplifies our mission," said Emilio Salas, LACDA Acting Executive Director.



Los Angeles County Development Authority staff accepting the



Covina Community and Senior Center

The City of Covina's project was a response to clear and compelling community needs. Using layered funding sources including \$789,000 in Community Development Block Grant (CDBG) funds, \$2.5 million in Section 108 Loan Guarantee Program funds, \$1.9 million in Los Angeles County Parks grant funds, and \$3.3 million in City bonds funds, the City was able to reduce its impact on its General Fund.

"To make this project happen in a City with no available general funds, a lot of collaboration and partnership had to occur. The City of Covina would like to thank the U.S. Department of Housing and Urban Development and the County of Los Angeles for their partnership in making the new Covina Senior and Community Center a reality," said Chris Marcarello, Interim City Manager of the City of Covina.

NCDA recognized recipients of the 2020 Audrey Nelson Award during the NCDA Winter Conference in Washington D.C., on January 31.

San Gabriel to host Lunar New Year Festival on February 8



SAN GABRIEL - The City of San Gabriel will welcome the Year of the Rat at the 2020 San Gabriel Lunar New Year Festival on **February 8** from 11:00 a.m. to 8:00 p.m. A unique take on the ancient Lunar New Year tradition, the San Gabriel Lunar New Year Festival combines traditional performances and celebrations with contemporary musicians and entertainment in an experience unique to the region.

Located in the San Gabriel Mission District, this year's event will be headlined by AJ Rafael, one of social media's most popular artists with over 140 million views on YouTube and over 410,000 Facebook fans. The festival will also feature performances by experimental pop artist Jett Kwong, magician/ stuntman Joseph Tran, the Immortals Lion and Dragon Dance Troupe, Master Zhong and his face changing act and the Viet Cam dance group. Rising K-POP

dancers from across the region will also showcase their talents at our K-POP Dance Cover Con-

test on our festival stage. "The City of San Gabriel is proud to present our 6th Annual Lunar New Year Festival to bring in the Year of the Rat with happiness, peace and prosperity," said San Gabriel Mayor Jason Pu. "We hope to share the Lunar New Year and Spring Festival with everyone and to bring the entire

community together!" This year's festival will include a variety of Asian street foods, including Kai Kai dumplings, Seoul Street food, Tanota Takoyaki, Tian Jin BBQ, Norigami Tacos, Steam Bun Truck and much, much more. The festival will also feature San Gabriel's Ogopogo Brewing, Sapporo USA, Choya Umeshu USA, the Boston Beer Company and Anchor Brewing. Local and regional artisans will also be

housed in the festival's marketplace, selling traditional and modern Asian goods.

The San Gabriel Lunar New Year Festival is presented by the City of San Gabriel, along with Jade Sponsors Hilton Los Angeles/San Gabriel and EDI Media, Kaiser Permanente, Athens Services, T-Mobile, Tawa Supermarkets, the San Gabriel Mission Playhouse, The Olson Co., the Citrus Pest & Disease Prevention Program, Citizens Business Bank, Rose Hills, Southern California Gas and the San Gabriel Valley Medical Center.

The San Gabriel Lunar New Year Festival will run from 11:00 a.m. to 8:00 p.m. on February 8, 2020 in the Mission District located at 320 South Mission Drive in San Gabriel.

Festival admission and parking is free. For more information about this year's festival, please visit SGLunarNewYear.org.



S.G.V. EXAMINER February 6 - 12, 2020

Hope Lutheran Celebrate National Lutheran School Week



Students of Hope Lutheran form the letters H O P E on their school grounds

By Jayam Rutnam

GLENDORA Lutheran Preschool and School celebrated National Lutheran School Week from January 26 thru February 1st.

Hope Lutheran School began educating children on September 12, 1960, after several years of careful planning by church members. Mr. Don

Simpson was called as the first principal and upper-grade teacher and, along with Miss Shirley Mosshammer began educating approximately 60 first through eighth-grade students in an atmosphere of Christian love. The necessity for additional classroom space was quickly recognized and plans for a new education building were made. The new education building was dedicated in March 1964.

A kindergarten class was added in 1967. The current sanctuary of Hope Lutheran Church was dedicated to the glory of God in 1969. Hope Lutheran School and Preschool is located at 1041 E. Foothill Boulevard in Glendora.

sible to local students in the El

Monte Union High School Dis-

Woodstock Revival Fundraiser Dinner

EL MONTE - Are you in- Avenue in El Monte. Doors terested in meeting new people, making new friends, and helping good causes? Do you want to make a difference in the community and enjoy networking? El Monte Women's Club is a local philanthropic service organization dedicated to enriching the quality of life.

On Friday, February 21, El Monte Women's Club will have their annual fundraiser dinner. This event will be held in the Grace T. Black Auditorium, part of the El Monte Community Center, 3130 Tyler

LIVE ENTERTAINMENT BY:

SOULS

will open at 5:30.

The theme is Woodstock Revival, and 1960's era theme attire is encouraged. There will be live themed entertainment by The Gil T Band and also Thee Midnight Souls, both from El Monte. You call also enjoy raffles, door prizes, an opportunity raffle, dancing, and fun. Dinner will be catered by Kiko's Mexican Grill and served by El Monte Police officers from 6:00 to 7:30.

The main goal is to provide as many scholarships as pos-

ENCOURAGED

Catering By:

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Kikos Mexican Gril

EMPD will be serving Dlnn from 6pm -7:30pm

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ANNUAL SCHOLARSHIP FUNDRAISER

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Through the El Monte Womans Clubs Scholarship fund

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MUST BE PRESENT TO WIN

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(626) 780-7963

Donation \$30 After Feb. 18 , \$35 | Doors open 5:30pm-10:30pm

trict. The El Monte Union High School District includes Arroyo High, El Monte High, El Monte-Rosemead Adult, Ledesma Continuation, Mountain View High, Rosemead High, and South El Monte High Schools. What a great feeling to know your generosity will help facilitate a young person's dream, by making it a bit more affordable. El Monte Women's Club is

a friendly, caring group of women of diverse ages. This club has existed since 1902. Last year El Monte Women's Club raised enough money to fund 30 academic scholarships!

To receive event information and purchase tickets, you can phone 626/780-7963. Tickets are \$30 if purchased by February 18 and \$35 if purchased at the door with cash, check or credit card.

To purchase tickets online, please go www.squareup.com/store/ emwc-scholarship

To learn more about El Monte Women's Club, contact Gina via email at either elmontewomensclub@yahoo.com emwc.ginamorales@gmail.com or visit the club online at www.elmontewomensclub.org and www.facebook.com/ emwomensclub

West Covina Unified High School Senior Wins Spoken Word Poetry Scholarship

WEST COVINA-Edgewood High School senior Yuriko Chavez's poetic perspective on social justice won her the 2019-20 Romero Scholarship for Excellence in Spoken Word on Jan.

Chavez's poem submission 'Mission First, Mission Always' was ranked No. 1 on four out of the five judges' score cards.

"The poem is about toxic partying and assault, and how women are not portrayed as victims," Chavez said. "I use a lot of military metaphors and how women fit in that context, such as having to check in with people and traveling in packs; there's a procedure to everything.'

The scholarship is funded by David A. Romero, a Mexican-American spoken word artist, and is given to one high school senior in the United States each year.

"I never thought that what I wrote was ever good enough to be recognized by a competition," Chavez said. "It's a super surreal feeling and an honor."

Chavez was inspired to write the poem after listening to a song about partying from the male perspective.

The prize will help fund Chavez's pursuit of a journalism and ethnic studies degree at either Occidental College or UC



Edgewood High School senior Yuriko Chavez's poetic perspective on social justice won her the 2019-20 Romero Scholarship for Excellence in Spoken Word on Jan. 20.

Irvine.

"I'm really passionate about journalistic-style writing and I want to continue my journey and life articulating my experiences through spoken word," Chavez said. "I sincerely thank my parents for consistently encouraging my journey through the arts," Chavez said.

Chavez, editor in chief of Edgewood High School's yearbook and president of the National English Honor Society,

said the arts and writing provide a way to gain new perspectives and value others' stories, unifying the community.

"I want to thank Mr. Michael, who recommended the scholarship to me in the first place, Mr. Pirraglia, who let me perform the poem, and all the teachers and staff at Edgewood High School who support arts and spoken word," Chavez said. "It's great to be a part of a supportive community that values the arts."

Tips to Easily Shift to Daylight Saving Time

Spring is just around the corner, which means that so too is Daylight Saving Time (DST). While many people look forward to the start of DST all winter long seeing it as a marker of warmer, longer days ahead, making the actual shift is not always so simple for your body, mind or schedule.

Here are a few ways to "spring forward" with ease:

1. Expect mornings to be a bit touch and go for the first several days. You may be extra groggy as your body adjusts to the new schedule. Luckily, there are plenty of eye-opening ways to energize your morning, including getting some exercise (even if it's just a quick 5-10-minute routine), playing up-tempo music, hydrating and eating a healthful, protein-rich breakfast. And of course, there is always coffee.

2. Likewise, it may take a few days before you start to feel sleepy at your typical bedtime. Create a wind-down routine in the evenings that will help relax you and get you primed to feel sleepy. This can include meditation, journaling and shutting down devices that emit blue light.

3. You'll already be losing an hour of the weekend when DST starts, so don't waste any time manually setting your watches and clocks forward. For those who prefer a simple timekeeping device this process can be simplified. For example, by linking the Casio Edifice EQB1000D-1A to a smartphone, you can get the correct time not only in your current location, but for over 300 cities around the world (making travel smooth sailing as well). The watch accounts for both time zone and daylight saving time status of your current location, giving you one less to-

do on this already short weekend. 4. If you like to eat meals at a

fixed time, you can adjust your schedule gradually over the space of four days by bumping meal times 15 minutes at a time in order to give your stomach a chance to catch up with the clock.

Don't let the transition to longer evenings create undue stress for you and your family. With some smart strategies, you can adjust to DST with ease. (StatePoint)



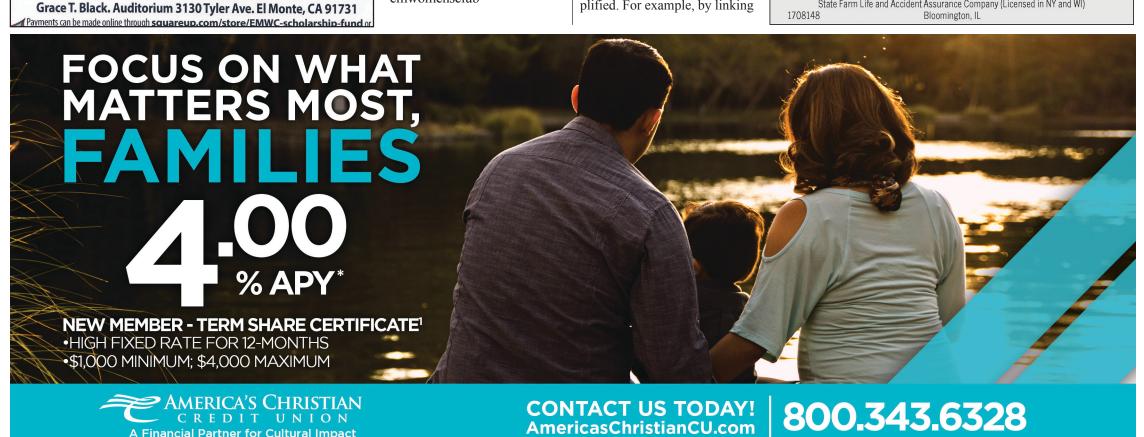
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Rates are accurate as of 07/01/2019. Rates, terms and conditions are subject to change without notice. Additional restrictions apply. Must qualify for membership. A \$2 membership fee may apply. The credit union is federally insured by the National Credit Union Administration. Added savings protection provided by American Share Insurance. Please speak to a credit union representative for details. Equal Housing Opportunity.

NCUA VISI (DOLLO)



Public Health Announces Updated Guidance in Accordance with CDC Declaration of Public Health Emergency

LOS ANGELES COUNTY-The Los Angeles County Department of Public Health (Public Health) continues to take steps to prevent the spread of novel coronavirus. The health and wellbeing of the community remains Public Health's top priority. In LA County, as in counties across the U.S., the threat to the general public for contracting coronavi-

rus remains low. Although LA County only has one confirmed case of novel coronavirus in a traveler from Wuhan, and there are only 11 additional cases diagnosed across the United States, there continues to be a significant increase in the number of people infected with this virus in China (over 17,000 cases as of today), and isolated evidence that there can be transmission from an asymptomatic person. As a result of the deteriorating situation in China, the U.S. Department of Health and Human Services declared a public health emergency to allow local, state, and federal officials



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· We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain

We also believe in accuracy in

fact and context. Journalists should be accountable for any news or subjects they write about. • We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected

accordingly. · We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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Contributing Writers:

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every

Thank you for your cooperation.

partnership with public health departments, emergency management teams, airports, health care professionals, and first responders. Late Friday, the White House issued a set of new direc-

tives that include the following: · Restricting all foreign nationals who have traveled or been in China the last 14 days to enter the U.S. This order can be renewed by the President every 14

• Requiring all U.S. citizens and their close family members returning from China to enter through one of eleven airports in the U.S. (including LAX), where they will be screened by U.S. Customs and Border Protection agents. If travelers are showing signs of respiratory illness, they will be sent for additional testing to a health care facility. Those that were in the Hubei Province at any time in the past 14 days will be quarantined at a secure location and monitored for illness for 14 days from their last exposure. Returning travelers from other places in China who have been in close contact with a confirmed case of novel coronavirus may also be subject to a quarantine for 14 days from last exposure. Returning travelers from all other parts of China who have not been in close contact with a confirmed case of novel coronavirus will be allowed to travel to their final destination where they will be monitored by their local public health department and asked to remain in their homes and avoid public places for 14 days from last exposure.

In LA County, as in counties across the U.S., the threat to the general public for contracting novel coronavirus remains low. Public Health will be working with the state and federal government to implement the new directives to contain the virus and is taking the following actions:

• Assisting the Centers for Disease Control and Prevention (CDC) with the safe transport of travelers arriving in LAX from China who need to be quarantined; such travelers will be isolated at the quarantine station at

to fully coordinate responses in LAX and then safely transported to and quarantined at a military base in Riverside County where they will be monitored and supported by personnel at the base.

- · Updating and distributing guidance to local healthcare providers around screening and treating people with suspected cases of novel coronavirus.
- · Working with schools, colleges and universities to ensure compliance with new guidance from CDC that excludes newly arriving travelers from China from public settings, including schools, for 14 days from their last exposure.
- · Providing accurate information to community residents through multi-lingual communications using print, radio, tv and social media outlets as well as delivering packets of fact sheets about novel coronavirus to over 800 community-based organiza-
- · Establishing protocols for monitoring the health of U.S. citizens and their family members returning from China who are in LA County and need to remain in their homes for up to 14 days: this includes making sure they receive appropriate services and testing should they become ill within 14 days of last exposure.
- Continued monitoring of all people identified as close contacts of any confirmed cases to assess health status, and, where appropriate, issue exclusion requirements in accordance with CDC directives.

Accurate information, including announcements of new cases in LA County, will always be distributed by Public Health through official channels in the form of a press release and will also be available on the Public website Health www.publichealth.lacounty.gov and social media accounts @lapublichealth.

For more information about 2019 novel coronavirus (2019nCoV), visit our website at http:/ /www.publichealth.lacounty.gov, and the CDC website at https:// www.cdc.gov/coronavirus/2019ncov/index.html or call 2-1-1.

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City Acts To Place Local Measure On The Ballot To Maintain Local 911, **Public Safety And Youth Programs**

AZUSA - At their regular response services so that people scheduled meeting of November 18, 2019 the Azusa City Council voted unanimously to place a local measure on the March 2020 ballot to maintain City services identified as priorities by the community.

"Public safety is a top priority in Azusa," said Police Chief Mike Bertelsen. "Last year Azusa police officers, local firefighters and paramedics responded to more than 100,000 calls for service, including 15,000 911 calls of which 1,900 were medical emergencies. An additional source of local funding for Azusa could be used to maintain 911

get help during an emergency."

After a community survey conducted earlier this year, where 76% of respondents said there is a need for additional funding to maintain City services, Azusa launched the Join the Conversation outreach campaign to engage residents citywide about City service priorities.

Residents identified several local priorities, including:

- continuing police anti-gang enforcement programs,
- addressing homelessness,
- maintaining police patrols of neighborhood schools,
 - maintaining police patrols of

neighborhoods, parks and recreations areas,

- preventing reductions to po-
- lice officer staffing levels, • maintaining City services,
- · repairing streets and pot-

"Additional local funding could be used to maintain Cityfunded after-school and recreational programs that serve thousands of local youth each year," said City Manager Sergio Gonza-

For more information or to Join the Conversation, visit https://azusaca.gov/1791/Join-the-Conversation.

City of Glendora Public Works **Department Hosting Ribbon Cutting Ceremony for Loraine Avenue**

GLENDORA – The City have been looking forward to get-Council, along with the Glendora Unified School District, will join the City of Glendora's Public Works Department to celebrate the completion of the water main replacement and street rehabilitation projects for Loraine Avenue on Wednesday, February 12th at 8:30am.

Loraine Avenue is a vital Glendora street, connecting Route 66 to the north end of the City, and has not been repaved for over 30 years. Several utility projects have been completed throughout the years, resulting in trenches and patches throughout the length of the street. Glendora residents

ting the street repaved for many years.

Water main construction began in February 2019. Aging water mains were replaced from Route 66 to Sierra Madre Avenue. After successful completion of the water project, street rehabilitation began. Street re-pavement was completed by the end of January 2020. Schools on Loraine Avenue were considered a top priority during both the water and street projects, with construction scheduled on weekends to minimize the impact on regular school function.

Replacing water mains and re-

paving streets are a necessity to the City's infrastructure. For the new water mains, ductile iron pipes were used to ensure a longer lifetime. Rubberized asphalt was used to repave the street, which promotes the use of recycled tires, provides a smoother riding surface, and absorbs vehicular noises.

"We're excited to deliver this long-awaited project," explains The City's Public Works Director, Alison Sweet. "The residents of Glendora have been requesting these road enhancements for quite some time and we're delighted to finally be able to meet their needs."

Beware of False Information

Visit PublicHealth.LACounty.gov for Verified Case Information

LOSANGELES COUNTY-

Following reports that a letter purporting to be from the Los Angeles County Department of Public Health (Public Health) is being distributed in the City of Carson regarding 2019 novel coronavirus (2019- nCoV), Public Health warns the public that this information is false and was not issued by Public Health. Accurate information will always be distributed officially by Public Health through our official channels in the form of a press re-

lease and will also be available on the Public Health website http:// www.publichealth.lacounty.gov and social media accounts @lapublichealth. There is no immediate threat to the general public, no special precautions are required, and people should not be excluded from activities based on symptoms of respiratory illness.

Health, along with state and federal partners, have appropriate systems in place to support appropriate screening and testing for those with an exposure to the novel coronavirus and healthcare providers are able to provide excellent care to manage respiratory illness. Public Health does not confirm suspect cases.

For more information about their race, country of origin, or 2019 novel coronavirus (2019recent travel if they do not have nCoV), visit at http:// www.publichealth.lacounty.gov The Department of Public and the CDC website at https:// www.cdc.gov/coronavirus/2019ncov/index.html or call 2-1-1.

New Sample Ballots in the Mail for the **March 3 Presidential Primary Election**

LOS ANGELES COUNTY

- The Los Angeles County Registrar-Recorder/County Clerk (RR/CC) began mailing 5,477,007 newly designed Sample Ballots to voters for the March 3 Presidential Primary Election.

The Sample Ballot contains critical election information on the new voting experience, step by step instructions on how to vote, expanded voting options, candidate and measure information and much more.

Following the Sample Ballots,

the RR/CC will issue two additional mailings including a book listing Vote Center locations with dates/times open and a personalized Vote Center postcard showing the nearest six locations to the voter's residence.

The personalized Vote Center postcard will list the six locations nearest to the voter's residence; although voters can go to ANY Vote Center in L.A. County. Vote Centers can be easily viewed and navigated to with the new Vote Center Lookup Tool.

Voters can now save time at a

Vote Center by accessing, reviewing and marking their selections prior to going to the Vote Center with the new Interactive Sample Ballot.

The Interactive Sample Ballot is an optional tool that lets voters make their selections prior to going to the Vote Center and securely transfers those selections to a paper ballot on the Ballot Marking Device. This is NOT online voting and still requires voters go to go to the Vote Center to cast a paper ballot.

Sen. Rubio's Bill Targets Revenge Porn, **Gives Victims More Time to Seek Justice**

SACRAMENTO - Sen. Susan Rubio (D-Baldwin Park) has introduced Senate Bill 894, which will finally give victims of revenge porn more time to seek justice after they discover their personal images, which were meant to be private, were shared with others.

SB 894 will allow a victim to seek charges against the person who distributed the images by extending the statute of limitations to one year from when the victim discovers the photo.

"Victims of revenge porn are harassed and humiliated, and have to deal with the devastating trauma for years, sometimes a lifetime," Sen. Rubio said. "Under

existing law, the crime has to be

prosecuted within a year from the date that the image was shared, which doesn't allow victims enough time to seek justice if they discover it years later. This outrageous loophole protects offenders who distribute these private and personal images instead of the victims."

"The problem of revenge porn looms large and the impact can be devastating and long-lasting on the lives of victims," said Mark Zahner, chief executive officer of the California District Attorneys Association, which sponsored the bill.

Recently, in Tulare County, a victim of revenge porn was unable to seek justice because she discovered a private photo of her was shared online years after it was distributed.

A study by the Cyber Civil Rights Initiative found that 93% of victims suffered significant emotional distress as a result of their victimization, 51% had suicidal thoughts, and 49% stated they had been stalked or harassed online by users who saw their material.

California led the nation in 2013 when it created the misdemeanor crime of revenge porn. Since then, 46 states and Washington, DC have joined the movement to criminalize revenge porn and protect victims of this



Houses or Mental Health Care Reform

Last week full focus was on SB 50 and the proposal by Scott Weiner (D-SF) with the support of Gov. Gavin Newsom, to usurp local government's zoning authority, and the right of our residents, to guide development in their cities. SB 50 was the bill to dump high density housing, 4 or 5 stories high or higher, along high traffic areas and rail corridors with no setbacks, no parking, wiping out floor-area ratios, waive environmental review ... you know the story. That bill failed passage by 3 votes eliminating Newsom's ability to say, "problem solved."

The message coming out of Sacramento is --- build housing to eliminate the homeless problem and our streets will be once again clean and tent-free. I received two messages this past week from two different sources that said just building housing isn't going to take care of the problem. A video clip with Dr. Drew Pinsky, who lives in Rep. Adam Schiff's Congressional District 28, said on Fox News, "He's asleep at the wheel [and] is ignoring issues that matter, like the state's homeless crisis," referring to Schiff.

Pinksy went on to tell Fox News he has proposed a bill, SB 640 to amend existing law that "... was intended to serve as a protection to individual liberties but has created a system that, instead of helping the most seriously mentally ill, relegates them to the streets, jails, and emergency rooms." SB 640 would expand the definition of gravely ill and make it easier to get, through public services, help for those who need it and who aren't able to do that themselves.

Ted Hayes is a person who chose to become homeless and live on the streets of L.A. After years out there he founded Dome Village, a homeless shelter that provides education, job training, food and allows families to be



Shade's Perspective Lois M. Shade Former Mayor of Glendora

housed together and even keep their pets. Hayes made a point that many on the street want to be on the street, don't trust government, don't want to live in houses and certainly are not willing to be forced into mental health care facilities.

End of January, Newsom said " ... counties have half a billion dollars in unspent money intended for mental health services generated by a tax on people who make more than \$1 million a year. Counties need to spend at least \$161 million of that money on mental health prevention and treatment services over the next several months or the state will take it back." SB 640 has been sitting in Sacramento - just sitting there - not happening to provide the flexibility and amended legal definitions to expedite and allow county services to happen for the mentally ill. Apparently, Adam Schiff is not the only one asleep at the wheel.

If Gov. Newsom takes back the tax on people making more than \$1 million a year, who administers the mental health programs that money was designated for and, better question, what happens to the money? Perhaps it is time for a little grassroots push here.

Gov. Newsom has been out creating new departments, programs and funds, among them a program that extended Medicaid to cover 138,000 low-income illegals costing the state \$98 million this year alone. If he is able to provide services to illegal senior citizens it will raise the annual cost. The latest headlines in the Sacramento Bee, California faces \$1.2 billion budget hit after Trump administration rejects Medi-Cal proposal, may force Newsom to take another look at his budget.

President Trump's administration has notified Governor Newsom's administration the proposed Medicaid financing proposal submitted has been rejected. While it won't affect this year's budget, if adjustments are not made the hit on the state general fund in 2021 could be \$1.2 billion.

As part of the Newsom budget this year, the Governor has come out with a proposal to lower prescription drugs by creating a first of its kind state drug label. There weren't a lot of specifics, including how it would be funded, how much it would cost, just that Newsom is in negotiations for the state to produce certain drugs with the goal of reducing the costs of those drugs in California. One of those mentioned was insulin. That proposal came with cautionary notes from the budget people relating to cost to implement and carry out the program. Newsom would need federal approval at some point in this

Gov. Newsom is moving ahead with his budget with new ideas and goals to improve the state of the state. The biggest problem I have with his new programs and new funds he creates for those programs is what I have to take out of my pocket to get his new programs off the ground. Sometimes I feel there is the shuffling the pea around under the pods to get where we think we might be going with the new money or program. Stay tuned in for more Newsom programs and plans.

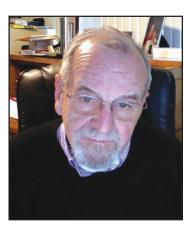
The Church And Its Community

This is the next to the final column inquiring as to whether the church has been a positive or a negative force in the world. The final column will ask, "what makes the difference?" So far we have been concerned about the larger issues in which Christianity has interfaced with the secular world. This week I will examine the way a single congregation has lived out the Christian witness in its community. The identity of this congregation is not important, but the details describing it are accurate. After a word about the congregation's earlier history, I will limit my analysis to its last forty years.

The congregation, founded a century ago, belongs to a mainline denomination. After World War II it had been one of the strongest churches of its national body, listing nearly a thousand members. By 1975 membership had shrunk to less than 400 and was mainly composed of senior long-time members. The church was housed in a prominent stone and brick building in the center of a midwestern city whose downtown faced serious problems. Both the city's growth and its wealth had increasingly migrated to the suburbs, while inner city retail business and middle-class housing were in economic free fall. This decline presented the congregation with the possible decision to of selling the property and relocating in the city's more affluent growing area. The decision was to stay and take more seriously the challeng-

es of the inner city Directly across the street from the church stood a large YMCA building in serious need of repair. When the Y decided to abandon the building and construct a new modern Family Y, the church was offered the property, tore down the building and backed by the denomination and using a government program, constructed eight stories of apartments for seniors with limited incomes.

Three blocks away, the YWCA also had a deteriorating building. Several downtown churches agreed to take over the top floor and convert the space into modest apartments and temporary



Charles H. Bayer

shelters for abused women and their children, and to offer a counseling service addressing the needs of the troubled new resi-

One of the two hospitals in the city decided to close, and sold its decaying building for \$1 to the same group of downtown congregations, offering an additional cash gift to help make the building useful. These congregations attempted to use the hospital rooms for homeless or poorer seniors, calling them, THE KEEN AGERS. That program lasted two years and was abandoned due to a lack of funds to keep the building habitable. Here was an example of how this and other congregations sought to meet the community's human needs.

Because of its commitment to both interpersonal and international peace, the denomination listed this congregation as a 'Shalom Church." That designation became part of the congregation's public face'

About the same time, the State closed the city's large hospital for the mentally ill, placing hundreds of its patients in community facilities. Many of the former patients found the church to be a welcoming place, and began attending services or just dropping in. The pastors offered an informal counselling service. But that is a story all by itself.

The same congregations that founded KEEN AGERS had previously developed a program offering hot noonday meals to the homeless, the mentally ill, single mothers and their children, and others longing for acceptance as well as food. A building was purchased and 200-300 people each day were welcomed and fed with congregations rotating staffing, cooking and serving the

It was obvious that alcoholism was rampant on the downtown streets. The congregation opened its door and each week several AA groups met in rooms formerly housing the large body of Sunday School youth and children.

Given the increasing age of the congregation's members, there remained few children and youth whose families were part of the church, while throughout the city there remained a significant number of neglected foster children. The congregation decided to love these children, and established a summer program calling it THE ROYAL FAMILY KIDS CAMP. The congregation funded, staffed, cooked and ran the camp supporting many of the most neglected community kids. The names of potential campers were discretely supplied by the judge of the Juvenile Court. THE RFKC has been in operation for over a quarter of a century, and involves increasing numbers of the church's members.

In more recent years, believing that Jesus welcomed those others thought of as outcasts, the congregation has welcomed and celebrated the inclusion of numbers of people from the Gay and Lesbian communities, as well as others of "the ratted on and spit upon."

There are other areas in which the congregation continues to address human needs, and what I have offered is just a sample. If you ask church members why the congregation has regularly taken on these ministries, although the answers may not come in traditional religious language, you might hear, "Isn't that what Christianity is all about?"

What this church does is duplicated in thousands of congregations in the United States, only they don't make a public fuss about it. Shortly I will conclude this series by asking why the church has sometimes been regarded as blight on the world and sometimes a blessing.

Contact Charles Bayer at candwbayer@verizon.net

'TIME JOCKEY' - Kobe

By Joe Castillo

Taken Too Early... The world continues to mourn the tragic death of basketball legend Kobe Bryant and 8 other persons who crashed in Calabasas while on a helicopter flight last weekend. Kobe and his daughter Gianna were among the passengers who were commuting from John Wayne Airport to Thousand Oaks to play in a youth basketball tournament game.

Over the past week, stories of Kobe, his legendary basketball career, his life as a husband and father, and his post-basketball retirement world have been played over and over on television, radio, newspapers and the internet. He was bigger than life, a personality who took his extraordinary basketball skills into the business world and beyond. He was a celebrity among so many other stars in Los Angeles, and achieved an international popularity that few have ever claimed.

For twenty years, Kobe grew to become the star of a city filled with stars showcasing his skills and work ethic on the polished floor of the Staples Center as the high-flying guard of the Los Angeles Lakers. He was drafted by the Lakers right out of high

older and more experienced players of the NBA. He was brash, showed off his bravado, showed no fear and gave very little respect to the stars of the game who had laid their claim to their own accomplishments. Kobe played like he was in a hurry to get home or catch a bus or get a coffee before Starbucks closed. He had one speed, faster than anyone who was on the floor or would be on the floor in the

But after 20 years of playing, if you were paying attention you could see something in him that we all go through, he matured. Kobe seemed to be paying more attention to what his coaches were saying, to trying to help his teammates, and was actually engaging with fans. He was no longer a young, fearless, bold player but an experienced player who chose his moments and time. After his retirement, he seemed content and at ease being a father, a businessman and a coach to his daughter Gianna. Kobe was still on the basketball court, in his familiar place, in the place he ex-

On Sunday morning, I was out and about in Ventura County. It

school and played alongside the was a cold dreary day but you could see the thick clouds roll over the coastal range. The previous day was much warmer, the sky was filled with blue, and some high clouds drifted high above but on Sunday, it was the complete opposite. By the time I returned home to the San Gabriel Valley, I was at a location which one can usually see the airplanes flying low overhead making a turn to their final destination. Even at 4PM, I could not see the airplanes but could only hear their engines. Over the past 5 years and hundreds of times being in the same location, I have always been able to see the airplanes. But on January 26, 2020, everything that could go wrong did go wrong. It was the day that Kobe, his daughter and seven others died in a helicopter crash that brought the entire sports world to a sudden stop and left fathers hugging their families. It was the day that we realized that tomorrow is not promised....

> Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He bereached joeacastillo@aol.com.

Halftime Super Bowl Porn Show, with Kids... Really!!!

Jennifer Lopez (JLo) and Shakira (Shakira Isabel Mebarak Ripoll) put on a "Halftime Show" for Super Bowl 54 that had to be one of worst halftime shows in the history of the Super Bowl.

This was more of a public porn show where JLo and Shakira were dressed with hardly any clothing covering their private parts. Dancing, spreading their legs showing the crotch area, pole dancing, crotch grabbing by the male and female entertainers along with simulated sex acts from the rear. The choreography wasn't all that great and some of the singer entertainers were hard to understand.

This was the type of performance that should have been done in Las Vegas as a Vegas Show and not a halftime show. I would consider seeing this type of show in Vegas, but not at this



George Ogden That's just the way it is!

event. Sad too, was the fact they used kids in the show as some type of choir. I don't think this was cool for this adult themed

On Social Media, from Facebook to Twitter lit up with negative comments about the show.

Don't get me wrong, I like Vegas Style shows when I am there, but at a football game, really?

I will say that these two girls for their age have done well. JLo is over 50 and my hat is off to her and Shakira is in her mid-40s is doing very well also.

Some feel that is was a great show... that is fine, however the bottom line is way too many people felt that this wasn't the place for this kind of adult themed show.

One would wonder if next year the program directors might invite a Swinger's Party Club to do their thing(s) during halftime with the porn music in the background. This seems that this is the direction that they are tak-

"That's Just the Way It Is!"

Arcadia Library Explores Voting Changes 2020

ARCADIA - Are you ready for This promises to be a busy, eventthe major changes to how we vote in Los Angeles County? Arcadia Public Library is hosting a special presentation by the League of Women Voters on Thursday, **February 13**, from 7 pm to 8 pm. The new voting centers, ballot system, and voting equipment will be explained by representatives from the League of Women Voters, followed by a question-and-answer session.

ful election year: be prepared to be an informed, confident voter!

This event is free, but please call 626.821.5569 or stop by the Arcadia Public Library to register. For more information, please call 626.821.5569 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia.

Covina Women's **Connection Luncheon**

COVINA - The Covina Women's Connection will be having their monthly luncheon, Tuesday, February 11th, from 11:30 a.m. to 1:30 p.m. (Raffle ticket for early birds). Anderson Hall (adjacent to Bethany Church) 763 N. Sunset Avenue, West Covina. Luncheon, Music, Special Feature "Stampin Up" showing creative patnsammylucy@yahoo.com.

stamping ideas and speaker Monique Denger. The cost is \$15 all-inclusive. Reservations are encouraged however, WALK-INS ARE ALWAYS WEL-COME. For more information or to make a reservation, please call Maxine Depweg at (909)929-8016 or email Pat Almeida



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Almost All Investors Love A Great Rally!

While recent volatility may be concerning to some of us, the rally that has taken the Dow, S&P, and NASDAO to new lifetime highs still appears to have the ability for extending its run. Liquidity related to the Fed boosting its balance sheet, the signing of the China Phase One agreement, plus the passage of the USMCA trade agreement represent just a few catalysts for potentially pulling more of that \$1.4 trillion in cash and shortterm instruments "off the sidelines" and into equities.

The S&P 500 was expected by many to run into severe resistance at 3300, thinking that would trigger the 5% correction hoped for by "would be buyers". However, "Cash-Rich Investors", not wanting to pay up for stocks at recently high levels, have been watching one market threat after another fall by the wayside. Will bullish momentum again be taking over - the kind of momentum which can last for weeks- or will patient buyers find at least some slightly less pricy investment opportunities?

Earnings appear to be looking like they might surprise to the upside in a broad-based manner. Aside from scandal-ridden Wells Fargo (WFC), the big banks recently posted Q4 numbers that "shined". JP Morgan (JPM), Citigroup (C), Bank of America (BAC), Goldman Sachs (GS), Morgan Stanley (MS), State Street Corp. (STT), and Black-Rock Inc. (BLK) all crushed es-

Equally as impressive, the market is broadening out - a technician's utopian scenario. The majority of the S&P's eleven sectors are steaming ahead. Not only did the tech and financial sectors



& Former Glendora Mayor

provide stellar leadership, the industrials, utilities, consumer discretion, consumer staples, homebuilders, and healthcare all traded up to new all-time highs recently.

Only energy, real estate, materials, and transportation have not posted new lifetime highs. However, we've been in a very orderly market where every sector appears to be eventually getting its turn. Energy may be a holdout, but new highs for real estate, materials, and transportations look possible in the nottoo-distant future.

This kind of breadth is the "stuff "of extended rally phases, and may carry the market higher through the heart of earnings season. Taking into account this broadening momentum, the market may not take a significant breather until early-to-mid-February, when the investing landscape will be devoid of any fresh catalysts. At that time investors' attention could turn to the Fed unwinding their overnight repo operations (six months down the road). Or maybe their focus will be on the election primaries that are sure to give reality TV competition.

What is very telling is that some sectors I've noted have broken out of bases going back as much as two years (to January 2018) and thus appear to have real "room to run". The old Wall Street saying of "the longer the base, the bigger the rally" still holds true in most cases. This is not a market to sell short. Sure, taking profits on select sectors like tech and healthcare (that are trading well north of their 10-day moving averages) makes sense; but there are hundreds of largecap stocks that are just now "coming to the party".

My opinion is that a significant portion of sideline cash may likely have capitulated and piled into stocks by Valentine's Day. Timing will be key, because the most heavily-weighted, overbought, and technically-extended sector - technology - likely will be pulling back (maybe even "hard") and removing some momentum from the rally.

That doesn't mean that investors won't ultimately be "right" if they hold through what I believe will be a shallow pullback to 3,150-3,200 for the S&P (or 5% below where the index recently traded). Tech should also come back in a constructive manner, finding buyers at rising support lines, and very likely leading the S&P to 3,500.

Could a pullback come earlier? Sure, as noted, the tech sector is way "overbought". But again, the move up has been broadening out, the sky appears to be clear of trade threats and/or recession fears, and the earnings parade is about to come marching down a Wall Street that is sitting on a whole lot of cash.

LIVE LOCAL, SHOP LO-CAL - THIS IS THE TIME **OUR MERCHANTS NEED US**

I welcome your questions and c o m m e n t s :

kenherman46@hotmail.com.

Your Money - Ask Julia

What is the Secure Act?

Setting Every Community Up for Retirement. This Act was passed in 2019, effective 1/1/ 2020. There are 29 changes. Here are a few: The age for RMD (Required Minimum Distributions) is now age 72 (was $70 \frac{1}{2}$). However, if you turned 70 ½ in 2019, to avoid a 50-percent penalty (on the amount you should have taken), you must take the 2019 RMD by April 1, 2020 and the 2020 RMD by Dec. 30, 2020. Now you can contribute to an IRA past age 70 ½. Employers are encouraged to include annuities in their retirement plans, offer retirement plan to employees who work at least 500 hours for 3 years, and recognize lifetime income in retirement plans. Statements are to include estimated lifetime income based on amount you have in that retirement account. The catch to these positive changes: more restrictions for Stretch-IRAs and plan accounts. Person who inherits tax-deferred retirement account must complete withdraws within 10 years of the death of the plan participant. (There are exceptions, of course.) To avoid the 10-year limit, some of you might opt to convert your tax-deferred retirement account to a Roth IRA.

Any ideas on how I can treat my Valentine well, not look like penny-pinching tightwad, and still stick to my goal of getting all my credit card debt paid off?

It's the thought that counts, not the price of the gift(s). It should mean more to your Valentine that you took the time to think about, and plan a fun, memorable, yet



Julia Yoder

inexpensive way to show your love. Look for a community concert, take a hike, enjoy a romantic picnic, write a love letter and read it out loud in a romantic location. Start saving a little each month for the next event.

Is there a way for us to avoid paying taxes on our Social Security income because we earned too much interest and dividends on our investments?

You could legally minimize your reportable earned-income, (thereby distancing yourself from the Social Security income threshold), by moving your investment dollars to a tax-deferred product. Using a tax-deferred product, the compound interest helps your investment balance grow faster, too. There are even tax-deferred products that offer a bonus on money you move there. Perhaps this would be a way for you to recoup some of the taxes you have to pay this year.

I'm 53 years old, married, with 2 kids in high school, and 2 in college, and am the only employee in my own business. I pay myself well. Is there a retirement plan for me?

What you might want to look at is a one-person defined benefit plan. There are pro's and con's to this type of plan. It allows the individual to build a retirement account fast, and can be a tax deduction for the business. However, it is expensive to make any changes in the plan. This is a problem if there is a lack of funds due to a down year in business. Instead, you might consider buying a life insurance policy with living benefits. The cash account of this type of life insurance can be used by you for anything, and does not have the government RMD (required minimum distribution) rule that hits at age 72.

When we got married, my wife moved into my home. We want her to be on the Title, too. How do we do that?

To add a person onto the Title (Deed), you can contact an Escrow company or attorney to get that done. For information on different ways to hold Title (right of survivorship, etc.) you could contact any title company rep (Bob Mello 818-240-4912, Kim Fanucchi (626) 675-1008).

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Nat'l. Ethics Assoc. Accident-Medical-Dental discount

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YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

The Basics Of A Healthy Car

Cars are built better than id, air conditioner refrigerant, ever these days and give us miles of service. Keeping them healthy is important and extends their life.

- Oil is their lifeblood. Dirty oil makes it harder for your engine to turn over and causes premature engine wear.
- Belts and hoses are made of very durable material with relatively long lives, but they do deteriorate over time. We recommend an eight to tenyear replacement cycle.
- Leaks are not normal except for condensation from your air conditioner. 11 different fluids keep your car running; brake fluid, antifreeze, engine oil, power steering flu-
- shock absorber fluid, battery electrolyte, windshield washer solvent, rear axle or CV boot lubricant and fuel. If any of these leak, they need to be fixed right away.
- Tires need to be kept properly inflated to save gas and tire wear and rotated every six months.
- Coolant, when neglected can corrode and leave sediment throughout your cooling system causing clogging that results in damaging hot spots that can harm your engine. Flushing every two years is recommend-
- The battery needs to have the cables securely attached

and free of corrosion in order to get power to the starter and accessories so the alternator receives a charge.

Keeping your car healthy means getting it serviced regularly. Remember, we are a fullservice preventive maintenance and auto repair center. We work on all makes and models, import and domestic!

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Year of the Rat Brings Prosperity for those Who Plan ey is going each month, so you

While most people in the U.S. don't have a positive association with rats, in Chinese symbolism, rats are considered a sign of wealth and surplus. So with the Chinese zodiac's 2020 being the Year of the Rat, this year is expected to be the year for prosperity and new beginnings.

As such, Chinese astrologists predict the Rat Year of 2020 to be a prosperous and lucky year for us all, especially regarding goals and aspirations related finances - such as investing, buying real estate or starting a business. They also advise that that these types of efforts will only be successful if carefully planned.

Bank of America financial advisors and banking specialists couldn't agree more!

Now is the time, with the Year of the Rat, to do some careful financial planning by setting and sticking to new financial goals.

Here are four realistic financial goals you can set to start using to improve your financial health this fortuitous year:

1) Pay down debt. You can be savvy about paying down debt by breaking it down. Determine a realistic way to approach reduc-



Leng Quoch, Small Business **Banker for Bank of America**

ing what you owe by paying off a little at a time. And remember, not all debt is created equal. You'll want to pay down high-interest debt first and focus on other debt later.

2) Make savings simple. Saving for big-ticket items can be tough, especially if you have unexpected expenses that take your savings off course. Giving yourself smaller, shorter-term goals may help you reach your savings goals sooner. Consider setting benchmarks for your savings goals along the way to give yourself a psychological boost.

3) Track your spending. Tracking your spending can give you a better sense of where your mon-

can determine where and if you need to cut back. Using technology can help. Apps, along with mobile and online banking, offer solutions for tracking your spending and identifying areas where you can make cuts.

4) Invest in yourself. Saving for retirement is an investment in your future self. Take a look at how you're planning for retirement to see if you're maximiz ing your resources. Can you contribute more to your 401(k) or IRA? Remember, retirement plans often offer tax advantages. Take time to research and take advantage of available options.

BetterMoneyHabits.com can help build know-how on topics like budgeting, saving, managing debt, homeownership, retirement and more – so people have the power to learn and take action.

Setting and working towards financial goals are an important part of your financial health. With the right planning, you can build lasting positive habits that guide prosperity and wealth in your financial life – not just for the Year of the Rat, but every year!

The Lunar New Year ends on February 11, 2021.

Supervisors Authorize The County's First Enhanced Infrastructure Financing District – A Big Win For City Of La Verne And The Region

LOSANGELES COUNTY

 The Board of Supervisors unanimously approved an Enhanced Infrastructure Financing District (EIFD) for the City of La Verne, announced Supervisor Kathryn Barger. The State of California created Enhanced Infrastructure Financing Districts in 2015 as a tool for local governments to finance infrastructure projects and improvements as a replacement for state redevelopment funding. EIFDs do not impose new taxes, but instead rely on tax increments from interested agencies and jurisdictions.

"Today's action by the Board of Supervisors caps several years of collaboration between the County of Los Angeles and the City of La Verne, who have worked together to identify common public investment needs, boost private investment, and leverage funding to finance projects," Supervisor Barger said. "This is a prime example of what we can accomplish to serve our residents and local businesses by effectively stretching the value of each dollar."

As a result of the approved resolution, the City of La Verne will construct nearly 100,000 square feet of retail space, a 150,000 square-foot business park, a 150-bed hotel, and 1,700 market rate and affordable housing units. This effort will bring hundreds of jobs to the local community.

The Metro Gold Line Foothill Extension spurred the City of La Verne to pursue the EIFD. The Gold Line light rail will extend to Pomona and eventually to Montclair, including a new station in La Verne.

Job Placement Services Coming to Duarte

DUARTE - Learn how to prepare yourself, your resume, and sharpen your interview skills to compete for the job you want in your own backyard. The City of Duarte and the Foothill Workforce Development Board (FWDB) have teamed up to bring job seeking Duarte residents the services they need to find the right job! On the second Tuesday of every month from 9:00 am to noon, the FWDB will bring their custom mobile jobs unit to the Duarte Senior Center located at 1610 Huntington Drive. Find the mobile parked on Huntington Drive for easy access, the staff will provide

Glendora Chamber **Coffee Mixer**

GLENDORA - Please join the ductions will be their speaker. Glendora Chamber at The Wishing Well for their February Coffee Mixer. Networking, Mixing,

Education, Fun, and more! Ken Salzman of SanZman Pro-

Coffee Mixer will be on February 7, from 8:00 AM - 09:00 AM at The Wishing Well, 200 N. Glendora Ave., Unit D, Glendora. Admission is free.

hands-on training, skills and resume development. FWDB career specialists pride themselves on having the right tools to help you get the job you want, as well as what best fits your talents. The following dates are confirmed:

Feb. 11, 2020 Mar. 10, 2020 Apr. 14, 2020 May. 12, 2020 June 9, 2020

They understand that looking for work is a full-time job and can provide you with the most efficient tools available on-site and online. For additional information on the FWDB Mobile Unit, contact (626) 796-5627.

The San Gabriel Valley Examiner

Around the Valley & Senior News

AZUSA

Volunteer Drivers

Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

Wanted: Men and Women who want to lose weight. TOPS (Take Off Pounds Sensibly) is a nonprofit group that encourages men and women to lose weighy. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on on the latest Diabetes resoaurces. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-

ARCADIA

Chinese New Year Luncheon

Come to the Arcadia Community Center, 365 Campus Drive, on Friday, February 7 at 11:30am to celebrate Chinese New Year, with a delicious lunch and entertainment. Tickets are \$10 and are for sale now at the Arcadia Community Center. Don't wait to purchase your ticket for this fun event as they are going fast! If you have any questions, please call 626.574.5130.

Oscars Party at The Arcadia Library

Come celebrate the Oscars with the Arcadia Public Library on Saturday, **February 8**, at 2:30 pm in the Cay Mortenson Auditorium. Guests will enjoy watching trailers, talking about this year's contenders, casting their ballot, sharing light refreshments, and getting to watch one of this year's nominees. All for free-and no tuxedos or ball gowns necessary! Adults over 18 only, please. For more information, please call 626.821.5569 or visit the Arcadia Public Liwebsite brary's www.ArcadiaCA.gov/library.The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia.

Pop-Up Valentine's **Day Event**

Children and their families are invited to drop in and explore the Pop-Up Museum—Valentine's Day edition—at the Gilb Museum of Arcadia Heritage. Stop by and create custom cards for your friends and family on Saturday, February 8, from 1 pm to 3 pm. For more information, please call 626.574.5440 or visit the Gilb Museum's webpage https:// www.arcadiaca.gov/government/ city-departments/museum. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, Arcadia.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

BALDWIN PARK

McNeill Fitness **Program**

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/ walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or regis-

813-5245, Ext. 323 COVINA

tering, please visit the Julia Mc-

Neill Senior Center or call (626)

Covina Woman's Club monthly meeting

Come join the Covina Woman's Club monthly meeting on **February 10**. Lunch is always offered for \$10. Reservations are required, you can contact Carlene Saria at (626) 335-6741 for your reservation.

Our program this month is Louisa Williamson Hutchison and the Mystery of the lost Indian Baskets. Presented by Anne Collier, Curator of National History Collections, University of La Verne. Anne Collier is an entertaining and knowledgeable speaker. Its not just about the baskets, but the story about all the people who were involved with the basket collection.

Hospitality starts at 11am, Business meeting at 11:30, Luncheon at 12:15 and Program at 1:15p.m.

Community Garden **Parcels**

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at covinaca.gov. For more information, call (626) 384-5340.

DUARTE

Income Tax Preparation For Seniors

Volunteer tax aides will be available to people 55+ to prepare 2019 income tax returns. Visit the Duarte Senior Center (1610 E. Huntington Drive) to sign up. Appointments are re-

Measure D **Community** Education

Join the City of Duarte and the Chamber of Commerce at a Community Education opportunity. Factual information on the City of Duarte's Measure D, The Duarte Public Safety/Essential Services Measure will be discussed. A free "Pop-up Shop" event at the Duarte Chamber offices (1735 Huntington Drive), Tues., February 4 from 3-6 p.m.. For additional information on Measure D including "yes" and "no" arguments, please visit DuarteMeasureD.com

Duarte Museum Needs Docents

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

Blood Pressure

Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. Every 2nd Tuesday of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Alzheimer's Safe **Return Registration**

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-

Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington

GLENDORA

Genealogy Group

The Glendora Genealogy Group meets Tuesday, February 25 at La Fetra Center, 333 E. Foothill Blvd., Glendora. "Our Veteran Ancestors" is at 6:00 pm. The business meeting is at 7:00 pm, followed by the program: "The Language of Heraldry" by Julie Huffman, the genealogy librarian at the Central Library of Los Angeles Public Library. For questions about our group or this meeting, please contact Steve Dugan at sjdugan@hotmail.com.

Glendora After **Stroke Center**

A non-fee program for stroke survivors and their families. This supportive program offers relearning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Toni Levyssohn at 909-843-5239. The program is Wednesdays 8:30 a.m - 12:00 pm.

BART The *BLOCKHOUND*

Your most useful dialogue is a headspace monologue.. Bartology #033

Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235. or email jmarkel@ci.glendora.ca.us.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

LA VERNE

Pick Your Own **Oranges**

Enjoy a "Slice of La Verne's Past" while picking some of the best tasting oranges around. The Heritage Foundation offers you one of the last working orange groves in the area as a place to enjoy with your family. Bags of oranges are \$6, and mesh bags and the picking poles are supplied. The historic Weber house will also be open for tours from 10:00 a.m. - 12:00 p.m. Orange Picking is open Saturdays and continuing approximately until the beginning of March. For more information call (909) 293-9005 or check out their web site at www.laverneheritage.org. Her-

itage Park is at 5001 Via De Man-

Get About **Transportation**

sion, La Verne.

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuvda at 909.621.9900, Extension 228.

MONROVIA

Senior Blood

Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Commu-

nity Services at (626) 256-8246. Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the Second **Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the Fourth Wednesday of the **month** from 9:00am - 10:00am **Caring Crafters**

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center every Wednesday. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. -3:00 p.m. at the Monrovia Community Center.

Senior Stretch & **Exercise Class**

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. -2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per

<u>SAN DIMAS</u>

San Dimas **Toastmasters Club** The San Dimas chapter of

Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

Merced Elementary Named a California **Distinguished School**

Merced Elementary School was named a 2020 California Distinguished School, among just 323 elementary schools in the state to be honored for closing the achievement gap and exceptional student performance. Merced will be honored by the state on Monday, Feb. 10 during an awards ceremony at the Disneyland Resort in Anaheim.

Go West **Shuttle Service**

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more. For questions on the location of shuttle stops, assistance in locating the stop closest to vou, and route schedules please call (800) 425-5777. The fixedroute service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holi-

TOPS Meeting

TOPS (Take Off Pounds Sensibly) meets each Saturday at 9 a.m. at the Cortez Senior Center, located at 2501 E. Cortez St in the back classroom building. Visitors are always welcome and your first meeting is free. Come now and learn about nutrition, portion control, food planning, exercise, motivation, and more every week. This group has motivated members from all over the San Gabriel Valley. For details, call Erika Hernandez at 6 2 6 - 3 8 4 - 0 5 0 2 (ehernandez57@aol.com).

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a daily lunch service for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

Local Superintendents to Speak at Retired Teachers Meeting

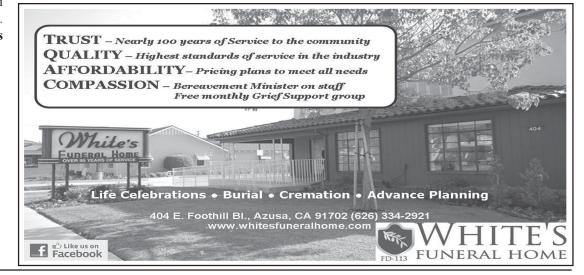
Retired Teachers Association #71 (CalRTA) will hear updates from local superintendents at its Friday, February 14, luncheon meeting at 11:30 a.m. The meeting will take place at the Senior Center Building in Arcadia Park (county park), 405 S. Santa Anita Ave., Arcadia, next to the Lawn Bowling Greens. The cost of the luncheon for members and guests

ARCADIA - The California is \$13. For those who pay at HSD; Alejandro Ruvalcaba, the door, the cost is \$14. Please call John Gera at (626) 286-0714 for reservations by the February 7 deadline.

> Although retired, members of the Retired Teachers never stop caring about education in general and are particularly interested in current education trends. Superintendents on the program's agenda are Dr. Edward Zuniga, El Monte Union

Rosemead School District; and Lynn Bulgin, Valle Lindo School District. Other superintendents may also be able to

Membership in the California Retired Teachers Association is open to all retired educators, and to any others interested in joining. CalRTA's motto is "Your Partner in Pension Protection."



Black History Celebration to Feature Charles Brister as Speaker

DUARTE - The Duarte Historical Society & Museum will hold its annual meeting on Feb**ruary 22** at 4:30 p.m. to celebrate Black History Month with Charles Brister as the guest speaker. Brister is retired from the Merchant Marines and will talk about the history of African Americans in the American military. His grandfather landed in Los Angeles from Mississippi. Charles and his father grew up in Monrovia. He attended school at Wild Rose Elementary School in Monrovia and graduated from Don Bosco High School in Rosemead. He then graduated from Merchant Marine Academy in Kings Point New York.

As an officer in the Merchant Marines he was stationed on a Navy ship during Desert Storm. "It was a job that had to be done," he says.

Since retiring, he owns a business called Unite Us Now striving to help businesses succeed, particularly African American – owned businesses.

The program will also be dedicated to Duarte Pioneer Everett Adams who died on Leonard Stovall (1887-1956). December 26, 2019 at age 87. His stories of early Duarte encapsulate a town that few Duarteans know.

The Millner family will also be honored. The 60s were transitional years in Duarte and those who were in local schools at that time look back with bitter- sweet memories. The five



Charles Brister

Millner siblings graduated from DHS in the 1960s-70s and today they all hold Doctorate Degrees and are professors. Their story is inspirational.

Also honored will be Dr. He came to Los Angeles as a child and graduated in 1912 from the University of California School of Medicine with a medical degree. It was his expertise and determination that made him a pillar in the African American medical communities of Los Angeles. When African Americans could find no hospitals in Los Angeles that would admit them for treatment of tuberculosis, he opened his own clinic in Duarte, and there saved many lives.

A brief business meeting will be conducted followed by refreshments.

777 Encanto Parkway in Duarte's Encanto Park. Admission is free. For further information www.RanchoDeDuarte.Org or

The Museum is located at

call (626) 358-0329.

ACCU Announces Selection Of New President/CEO

GLENDORA - The Board of Directors of America's Christian Credit Union officially introduced the new President and CEO at a specially called staff meeting this morning at 8:30am. Vicki VannBerstein will assume the post succeeding retiring CEO, Mendell Thompson, who has served for 34 years and been employed at ACCU for 43. "We are grateful to God for the good work Mendell has done and the way the Credit Union has grown during Mendell's years. The future is bright and we look forward to Vicki's leadership" said Board Chair, Rev. Dr. Kevin Mannoia.

Vicki comes to ACCU from her role as Executive Vice President & Chief Financial Officer (CFO) of FirstLight Federal Credit Union in El Paso, TX. Her leadership and financial experience are broad and deep. Prior to FirstLight, she served as Executive Vice President & CFO at ServiceLink, the mortgage lending service for Fidelity National in Pittsburgh. She also directed a financial turnaround at PSCU Financial Services as Senior Vice President & CFO, and subsequently as Executive Vice President for Shared Services at PSCU.

Beyond her Credit Union experience, Vicki has deep experience in the corporate sector having served as Vice President & Controller of Tropicana with responsibility for the U.S. and Latin America. Also, as Vice President & Controller of the Swanson & Vlasic Division of Campbell Soup Company. Prior to that she held various financial management positions of Kraft General Foods.

Vicki received her B.S. in Economics/Accounting & Finance from Wharton School of Business in Philadelphia, and her MBA in Management & Finance from New York University.

Vicki and her late husband are the parents of two adoptive children, Steve (15) and Vikki (14) both of whom come from southern Russia. Vicki says, "I have always felt privileged that the Lord has blessed me in the strength of my family as I grew up, education, career, husband, children, and now this opportunity to assume the role of CEO of America's Christian Credit Union. I feel God has chosen this path for me."

Having grown up in Philadelphia and nurtured at church, Vicki testifies that in her adolescence while at one of the youth camps she attended, "One evening under brilliant stars I accepted Jesus as my Savior. I was growing in consciousness in the belief that I was not walking alone but had Jesus at my side." Her life-long pastor says about her, "Vicki has seen a lot of the pathos of life and she consistently



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and efficient.

CALL (626) 852-3374 SAN GABRIEL VALLEY EXAMINER 1160 Englewild Dr., Glendora, CA 91741 lives under the cross and by the grace of God." For his part, Thompson ex-

pressed excitement at the announcement. "I am honored by the selection of Vicki to succeed me as ACCU's President/CEO. Her strong educational background, wide range of business experience, and her demonstrated leadership skills in the CU industry make her an ideal selection. I'm confident she will advance ACCU's mission and sustain our financial strength and high standards of member service."

VannBerstein will assume her new role as CEO of ACCU on March 23, 2020 after relocating to the area. Her strengths in strategic leadership, financial analysis, and innovation are coupled with a strong work ethic and highly focused desire to see growth while stretching people to their

full potential. Board Vice-Chair, Dr. Barbara Dickerson affirms the new CEO, "Vicki will bring not only her professional expertise and lived faith in Christ to ACCU but as an adoptive parent she already has demonstrated that to whom much is given, much is expected. She and her late husband provided a forever family to her two wonderful children. She is a living example of one of ACCU's commitments to providing forever families for chil-

Mannoia adds, "She has a soft heart and a faith in Christ that are expressed in her work. Her commitment to forward movement and personal integrity coupled with her passion to help finance the Kingdom of God make her an excellent leader for ACCU as a Financial Institution that sees itself as a Ministry Partner."

dren!"



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Monterey Park Bruggemeyer Library Celebrates the Year of the Rat

MONTEREY PARK -Residents are invited to celebrate the Year of the Rat at Monterey Bruggemeyer Library's annual Lunar New Year program on **February 9** at 2:00 p.m. at the Barnes Park Amphitheater.

This event will feature traditional Chinese folk music and dance performances by local cultural artists as well as light refreshments and special door prizes for some lucky attendees. All ages are welcome. The program is sponsored by the Friends of the Monterey Park Bruggemeyer Library. For more information, please contact the library at 626-307-1368.

The Barnes Park Ampitheater is located on the corner of South Ramona and Harding Avenues. The Monterey Park Bruggemeyer Library is located at 318 S. Ramona Avenue, Monterey Park, CA 91754. Library hours are Sunday 1-5 p.m.; Monday and Tuesday 12-9 p.m.; Wednesday and Thursday 10 a.m.-6 p.m.; Friday Closed;



and Saturday 10 a.m.-1 p.m. For more information about library programs, www.MontereyPark.ca.gov/Library. For information about the City of Monterey Park, visit the city's website



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S.G.V. EXAMINER February 6 - 12, 2020

St. Dorothy Catholic School Open House

By Jayam Rutnam

GLENDORA - St Dorothy Catholic School had its Annual Open House on January 26th, 2016. A steady stream of parents with their children were seen walking through the classes and offices of the school This Open House coincided with their Science Fair where students show off their Science projects.

The judges for the Science Fair were from Citrus College: Dr. Eric Rabitoy, Dean of Biological Sciences, Megan Patterson, Michelle Terrazino, Monika Frausto, Kateri McKinney and Jesus Sabata. The judge from Cal Poly Pomona was Dr. Steven McCauley, Dean of Physics.

The junior high students



St. Dorothy Pastor Fr. Ron Clark, Principal Adrienne Ferguson and

School Secretary Kathy Jasso. were interviewed and had to be able to discuss their findings with the visiting scientists. They awarded 1st, 2nd, 3rd and honorable mention to the junior high classes.

St Dorothy Catholic School takes in students from TK through 8th Grade. They are located at 215 S. Valley Center, Glendora. Their telephone number is 626-335-0772.

Emanate Health Announces "Heart and Vascular Month" Activities in February to Promote a Healthy Heart

COVINA - February is commonly referred to as the month to know our hearts in health care. At Emanate Health, the largest health care system in the San Gabriel Valley, matters of the heart are also important because it will be hosting a series of events to mark "Heart and Vascular Month" in February to promote a healthy lifestyle and a healthy heart. Click on https:// www.emanatehealth.org/ knowyourheart/ or call 888.456.2847 to register.

"Emanate Health encourages members of the community to learn more about their hearts and be mindful of the important role that it plays for the overall health of our bodies," said Rob Curry, president & chief executive officer of Emanate Health. "Our 'Heart and Vascular Month' programs provide our patients and the community with the tools that they need for a healthy lifestyle and a healthy heart."

Emanate Health Heart Care Center at Inter-Community Hospital (ICH) in Covina offers the most comprehensive cardiovascular services in the San Gabriel Valley. ICH is officially designated a ST Elevation Myocardial Infarction (STEMI) Receiving Center (SRC) and is the leader in treatment times and heart attack survival rates for all of Los Angeles County. The hospital has also received the American Heart Association's Get With The Guidelines®-Heart Failure Gold Quality Achievement Award. Emanate Health Queen of the Valley Hospital earned the silver-level award.

Emanate Health will host a Structural Heart Innovations Heart Talk, February 12, and a Heart Health Fair & Cooking Session, February 26. Here is

more information about the events:

February 12 - Structural **Heart Innovations Heart** Talk: 6-7:30 p.m. at the Geleris Family Education Center, 427 W. Carroll Ave. Glendora. Learn about the latest cardiac treatments available from award-winning physician, Dr. Frank Lin, an interventional cardiologist who performs lifesaving heart procedures.

February 26 - Heart Health Fair & Cooking Session: 11 a.m. to 1 p.m. at the Conference Center Inter-Community Hospital, 210 W. San Bernardino Road, Covina. Visit heart healthy booths to learn important information about keeping your heart healthy. The health fair includes free body mass index (BMI), blood pressure, and cholesterol and blood sugar screenings. Enjoy a free cooking demo with hearthealthy tips, as well as free, light snacks and refreshments.

Both events are free, but community members must RSVP to attend by visiting https://www.emanatehealth.org/ knowyourheart/ or calling 888.456.2847 to register.

Call 626-852-3374

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Arcadia City Council Elections To Be Held On Tuesday April 14, 2020

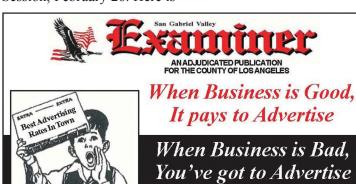
Register To Vote Today!

ARCADIA - The City of Arcadia will be holding an election for City Council Members representing City Council Districts 1 and 4 on Tuesday, April 14, 2020. This will not be a citvwide election and only registered voters in Districts 1 and 4 will receive a vote-by-mail ballot beginning March 16, 2020. The deadline to register to vote for this election is March 30, 2020. To determine whether you live in District 1 or District 4, please visit ArcadiaCA.gov/elections. The City Council candidates are:

District 1: April Verlato Yuli Sira District 4: Paul Cheng Peter Amundson

Completed ballots must be postmarked by Tuesday, April 14, 2020 in order to be counted. Alternatively, you can drop off your ballot at Arcadia City Hall, located at 240 W. Huntington Drive, by 8:00pm on Tuesday, April 14, 2020.

Other elections being held in 2020 include the Tuesday, March 3, 2020, Primary Election as well as the Tuesday, November 3, 2020, General Election. Registered voters will have the opportunity to use any of LA County's new Vote Centers or can mail in their ballot depending on how the individual is registered. To find a Vote Center near you or to confirm your voter registration, please visit LAvote.net.



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