

25 cents

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Volume XXIII, Issue No. 45

November 5 - 11, 2020 West Covina Unified School District Breaks

INSIDE

Women of Distinction / A3

Naked

Suspect

Arrested

Jesse Alexander Hunter / A7

Commentary

Legal Notices

City Notices

Financial/Consumer

INDEX

A4

A5

B1

B13

Ground on Performing Arts Center WEST COVINA - West Covina Unified's Board of Education ceremonially broke ground on a 650-seat Performing Arts Center on Oct. 27, launching construction on a flagship facility where students can showcase their artistic talent.

Housed at West Covina High School, the West Covina Unified Performing Arts Center will offer dedicated performance and practice spaces for the high school's visual and performing arts programs, as well as a venue for all West Covina Unified schools to stage visual and performing arts events.

"West Covina Unified is committed to providing students with facilities and resources that inspire excellence," WCUSD Superintendent Charles D. Hinman said. "We are excited to break ground on the Performing Arts Center and move one step closer to providing a venue for students of all ages to explore their artistry."

The \$31 million Performing Arts Center, funded by the voter-approved Measure ES,



West Covina Unified Board of Education members and Superintendent Dr. Charles D. Hinman break ground on the District's Performing Arts Center on Oct. 27.

is expected to take 22 months to build and open in fall 2022. The complex features a dance studio and dedicated spaces for the school's theater department-including a black box theater - and choral department.

The center will also serve as a hub for the West Covina High School Performing Arts Academy, which will offer an exclusive fine arts education in a free, public school setting.

Highly motivated students with a passion for the performing arts will receive valuable

tional and career opportunities at the Academy, which is accepting applications for 2021-22 enrollment.

The Performing Arts Center is the latest of several Measure ES-funded projects to progress in 2020; its groundbreaking follows the completion of the Edgewood Event Center and Edgewood Sports Complex in September.

With the support and encouragement of Board President Camie Poulos, Vice President Eileen Miranda Jimenez, Board Clerk Dr. Rose Lopez and Board Members Michael Flowers and Daniel C. Monarrez, the District continued construction on its state-of-the-art facilities during school closures while following county public health guidelines.



West Covina Unified's 650-seat Performing Arts Center, expected to be completed in fall 2022, will provide performance and practice spaces for West Covina High School's visual and performing arts programs.

CHP Welcomes New Officers Equipped

Monrovia Unified Honors Local Family with Dedication of Monrovia High School Weight Room

MONROVIA - For their longtime support of the District and Monrovia High School (MHS) Athletics, Fred and Diane Bowden were honored during an Oct. 27 dedication ceremony that named MHS's weight room the 'Fred and Diane Bowden Weight Room.' Fred, who passed away in 2018, and Diane, graduated from Monrovia High School in 1959 and 1961, respectively. The two always looked for ways to give back to the District and with Fred's passing, Diane and the Bowden family made a commitment to continue that support. "Monrovia High School is very fortunate that so many alumni feel so close to their Wildcat campus. Our district is very fortunate that Diane and Fred Bowden have always been willing to support their Alma Mater," Board President Rob Hammond said. "Over the years, the Bowden family has been extremely generous to our community. Thank you to Diane and Fred for Living the Wildcat Way." In September, the District celebrated a grand reopening for the weight room, which was renovated with help from the Bowen family. The room was outfitted with new equipment, painted and redecorated. The



industry insight from teaching artists, gain internships and prepare for advanced educa-



Monrovia Unified School District honored Fred and Diane Bowden, along with the Bowden family, during an Oct. 27 dedication ceremony at Monrovia High School that named the school's weight room the 'Fred and Diane Bowden Weight Room.'

District also improved the varsity locker room.

Head MHS Football Coach Christian Williams and Monrovia City Councilmember Larry Spicer helped organize the refurbishing efforts.

"We are thankful for the staunch support of the Bowden family and excited that our Wildcat athletes will be able to focus on strength training with the equipment they need we return to school," Superintendent Dr. Katherine Thorossian said. "Even during these trying times, our community continues to show up for our stu-

dents "

Diane and the Bowden family were present during the socially distanced event to receive the dedication honor from the District and MHS.

"This renovated weight room will help strengthen our athletics program and inspire our student athletes," Principal Kirk McGinnis said. "Monrovia High School Wildcats are thankful to the Bowden family, Councilmember Larry Spicer and Coach Williams for their dedication to our students and their athletic goals."

With Real-Life Experience



Members of the California Highway Patrol's Cadet Training Class III-19 during their graduation on Friday, October 30, 2020, in West Sacramento, California. (Photo courtesy of the CHP).

SACRAMENTO - The California Highway Patrol (CHP) congratulates its 77 new officers who were sworn in today during an unprecedented socially distant graduation ceremony at the CHP Academy. The graduating class begins their new career with more hands-on experience than any class in Academy history.

As concerns of the COVID-19 pandemic intensified, the CHP closed its live-in Academy in West Sacramento on March 20, 2020. All cadets were sent home and assigned to work in CHP Area offices located as close to their residences as practicable. Prior to leaving, the seven women and 70 men of Cadet Training Class (CTC) III-19, who started October 21, 2019, had completed 23 weeks of their 29-week training at the Academy.

During the six months spent working in CHP Area offices throughout the state, cadets had

an unprecedented opportunity to observe a wide variety of activities and tasks, enhancing their classroom work. On ride-alongs with officers, they experienced a CHP officer's shift in the field and learned first-hand how to complete crash reports and assist the public. They also learned the administrative side of the job filing reports, answering the phone, and performing general tasks that may be unfamiliar to many officers. On September 14, 2020, all members of CTC III-19 who left in March returned to the Academy for their final weeks of training with enhanced health and safety protocols.

"We are all so proud of this class," CHP Commissioner Warren Stanley said. "These cadets faced the uncertainty of the pandemic with resolve and returned to the Academy energized about their new careers, benefiting from a wealth of real-life expe-

rience that no other cadets have had."

At the CHP Academy, cadet training starts with nobility in policing, leadership, professionalism and ethics, and cultural diversity. Training also includes mental illness response and crisis intervention techniques. Cadet instruction covers patrol operations, crash investigation, first aid, and the arrest of suspected violators, including those who drive under the influence of alcohol or drugs. The cadets also receive training in traffic control, report writing, recovery of stolen vehicles, assisting the motoring public, issuing citations, emergency scene management, and knowledge of various codes including the Vehicle Code, Penal Code, and Health and Safety Code.

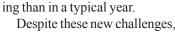
Upon graduation, the cadets are assigned to CHP Area offices throughout the state.



Glendora Costume Contest Winners

Congratulations to the WINNERS of this year's Glendora Costume Contest hosted by the Community Services Department! Thank you to all 52 spooktacular contest entries and to Chick-Fil-A for donating the prizes! We hope everyone had a fun and safe Halloween weekend!





pletely address. With many adults and kids alike experiencing

"Zoom fatigue," maintaining motivation throughout the school year will be even more challeng-

Between schoolwork, social-

ization and gaming, kids will

likely be online more than ever

this year, especially with many

students continuing to learn re-

motely. Families are yet again facing the challenge of ensuring

children's online usage is bal-

anced, healthy, and safe. Here are

a few of the issues around in-

to the National Sleep Founda-

tion, blue light emitted from

electronic devices disrupts quality shuteye, as it can delay the

release of melatonin, a natural

sleep hormone. Over time, com-

promised sleep can create a num-

ber of physical and mental health

• Safety threats: With kids

online more hours a day and less supervised than they would be

during a typical school day, online predators have taken advantage of

the situation. The National Center for Missing and Exploited

Children's Cyber Tipline re-

ported a notable surge in com-

• Mental health issues: The physical separation from friends, teachers and the classroom has created new mental health challenges for students, not all of which remote learning can com-

• Disrupted sleep: According

creased screen time:

concerns.

plaints.

there are many steps parents can take to help kids strike a healthy balance with their screen time for a happier, more successful school year:

Keeping Kids Safe Online

• Set a schedule: A typical school day includes natural breaks. Families can recreate this at home with scheduled time for kids to walk around, stretch, and get fresh air between assignments.

• Monitor online usage: With parents themselves busy during the day, monitoring what children are doing online is a challenge in many cases, and impossible in others. However, screen time management solutions for parents, such as OurPact from Eturi Corp., can prove a valuable tool

safe. Using the app, parents can set schedules, grant access to needed sites, create daily screen time allowances, block inappropriate content and apps and monitor internet use. To learn more or download, visit OurPact.com.

• Have a conversation: Families should have an open dialogue about healthy digital habits. Parents can back up these conversations by setting a good example with their own device usage.

With the boost in online usage come new health and wellness challenges. At the same time, parents can help their children navigate the remote-learning environment by taking steps to promote healthy digital habits. (StatePoint)

in keeping kids productive and

Glendora's Halloween Home Decorating Contest

Congratulations to the WINNERS of this year's Halloween Home Decorating Contest! Thank you to everyone who participated, everyone who voted, and to Visiting Angel's Living Assistance Services for donating the prizes.

DECORATING st PLACE WINNER

Irwindale Halloween Home Decorating Contest

IRWINDALE - The City of Irwindale would like to thank all those who entered their Halloween Home Decorating Contest and congratulate this years winners:





Creative: Davila



Scariest: Velasco Family



Best Overall: Salgado Family

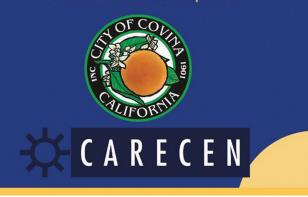
VIRTUAL CITIZENSHIP **CLINIC**

SATURDAY NOVEMBER 14, 2020 9 AM - 2 PM

Pre-Register at: https://tinyurl.com/Virtualcliniccovina

or through the CARECEN Naturalization Hotline: (213) 814-5248

Pre-Registration Deadline: NOVEMBER 10, 2020 CARECEN and The Covina Public Library are partnering to offer a Virtual Citizenship Clinic.





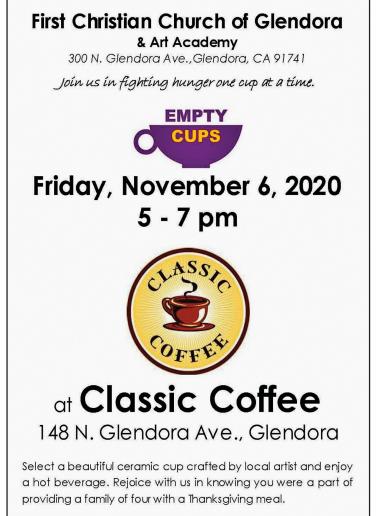




WEDNESDAYS NOVEMBER 4TH, NOVEMBER 18, HOLIDAY PANTRY DECEMBER 9TH 8:00 - NOON * WHILE SUPPLIES LAST*

> Fairplex Gate 17 1101 W. McKinley Ave Pomona CA 91768

(909) 293-7735 | receptionist@sowingseedsforlife.org



\$15 includes handmade ceramic cup

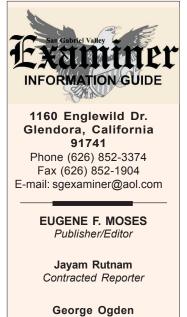


ES JOS ANGEI

Senator Chang Recognizes Women of Distinction Honorees from **California's 29th Senate District**

SACRAMENTO - As the only Asian American female elected to the California State Legislator, Senator Ling Ling Chang (R-Diamond Bar) considers herself a pioneer and works diligently to uplift other women leaders. Senator Chang hosted the First Annual Women of Distinction event to recognize approximately two dozen women who are pioneers in the fields of sports, mental health, public service, education, youth leadership, nonprofit, and more. The honorees and their supporters joined Senator Grove in a virtual event and shared their inspiring stories to other future women leaders.

"I'm proud to commemorate the 100th anniversary of 19th Amendment earlier this year which gave women the constitutional right to vote. Remarkable women leaders have paved



Contracted Reporter

Glenn Purbaugh Photographer

Contributing Writers Joan Hallidy Ken Herman Charles H. Bayer Lois M. Shade Julia Yoder Gene Morrill Jenny Park Ed Torres

the way for us including Rosa Parks who once said, 'To bring about change, you must not be afraid to take the first step. We will fail when we fail to try.' I have had the pleasure of working with many of these women leaders and I am proud to recognize them. It is not enough to support our future women leaders, but we must also highlight their contributions which is why it is my honor to recognize these outstanding women in Senate District 29," said Senator Chang.

2020 Women of Distinction for Senate District 29:

- Carrie Buck Community Champion on Homelessness
- Rosa Chang Disabilities Advocate
- Kristen Davidson Developmental Advocate
- Tyler Fezzey Athletics Champion
- Amy Gaw Non-Profit Leader

• Ruqia Hamed - Honorable Mention

• Denise Jackman - Lifetime Achievement

 Tamara Jimenez - Mental Health Champion

• Lisa Keyworth - Public Service Award

• Dr. Roozehra Khan -Progress for Women

• Deborah Kopit - Woman of the Year

• Marie Laveaga - Business & Industry Award

 Julienne Lee - Educational Leadership Award

• Jo-Anne Martin - Outstanding Veteran

 Romarilyn Ralston - Social Justice Champion

- Melanie Schlotterbeck -Environmental Champion
- · Shawna Smith Community Partnership Advocate
- Susie Sokol Business & **Professions Award**

• Pryscila Verduzco - STEM

Youth Award

• Dr. Dagny Zhu - Health and Wellness Champion

organization representing more

than 14,000 companies of all

sizes. At the conclusion of each

legislative session, the Cham-

ber compiles a scorecard for

each legislator based on key

business legislation and the leg-

islators' position/votes on those

measures. This year it highlight-

ed 10 bills in the Senate that

were deemed a priority, includ-

ing opposition to a measure that

would have made it more dif-

ficult for some employers to

return employees to the work-

force post pandemic.

S.G.V. EXAMINER **A3 Board Approves Motion By Supervisor Barger To Provide Funding For Pasadena Hope Center**

LOSANGELES COUNTY – The Board of Supervisors unanimously approved a motion by Supervisor Kathryn Barger to provide critical funding for the Pasadena Hope Center, a new Permanent Supportive Housing project that will be developed by The Salvation Army in the City of Pasadena.

The Pasadena Hope Center will feature a modern, four-story building that will provide 65 studio apartments for highly vulnerable single adults who are experiencing homelessness in the region. The first floor will provide space for supportive services on-site, including The Salvation Army's Pasadena social services offices, which serves low-income individuals and families with a large client choice food pantry and supportive service referrals. The Fifth Supervisorial District is allocating \$378,000 in Homeless Services Center (HSC) funds to this much-needed effort.

"We know that housing alone does not solve the complex issue of homelessness," said Supervisor Barger. "It is essential to include robust supportive programs on-site, such as mental health services and employment support, to provide highly acute individuals with the tools needed to retain their housing long-term."

On the night of the 2020 Homeless Count, there were a total of 527 people experiencing homelessness in Pasadena, a significant decline from the peak count in 2011 which identified 1,216 individuals. This 50% reduction in the population of people experiencing

homelessness in Pasadena follows a system-wide implementation of Housing First best practices and a strong focus on targeted strategies to increase the availability of permanent housing.

"In partnership with the City of Pasadena, we have made tremendous progress through enhanced prevention, diversion, housing navigation services, street outreach, interim and permanent housing thanks, in large part, to Measure H-funded strategies," Supervisor Barger continued. "As individuals and families continue to fall newly into homelessness, we must continue to support interventions focused on permanent housing and supportive services to reduce homelessness locally and regionally."

Suspicious Envelope Prompts Evacuation At Edison Facility In Irwindale

IRWINDALE - On Thursday, October 29, at approximately 8:14 A.M., Irwindale police officers and the Los Angeles County Fire Department responded to the Southern California Edison (SCE) Gateway Center located at 601 O N. Irwindale Avenue regarding the report of a suspicious envelope found by employees in a mail processing room.

On arrival, officers determined that two (2) employees working in the mail processing room discovered a suspicious envelope while processing mail as part of their regular job duties. As a precaution, the staff immediately initiated SCE's emergency protocol by isolating the envelope and self-evac-

uating from the building. A total of nine (9) SCE employees self-evacuated prior to the arrival of emergency personnel. They were medically evaluated at the scene, however none of the employees reported any symptoms and none required medical care.

Irwindale police officers investigated the incident along with the Los Angeles County Sheriff's Department CBRN Hazmat Detail and the Los Angeles County Fire Department Health Hazardous Materials Unit.

It was ultimately determined the suspicious envelope contained a granular substance which was found to be nothing

more than dirt. The substance was not hazardous and there was no public health threat. At approximately 12:30 P.M., emergency personnel cleared from the scene and the impacted SCE employees were allowed to return to work.

The investigation into the source of the envelope and its contents, as well as why the material was sent to the location, remains on-going.

Thankfully, SCE staff trains for incidents such as this. Even though this incident did not result in a threat to the community; it does illustrate the importance of screening and responding to suspicious mail and packages.

HP: Stay Alert, Stay Alive

SACRAMENTO-Daylight similar impairment effect as Director Toks Omishakin. Saving Time ended on Sunday, drugs or alcohol."

According to the Centers for Disease Control and Prevention, being awake for at least 18 consecutive hours is the same as having a blood alcohol content of .05 percent. On average, in California there are more than 6,000 crashes annually that are attributed to drowsy driving. "If you're feeling sleepy, you shouldn't be driving," OTS Director Barbara Rooney said. "When you ask yourself, 'Am I OK to drive?', the answer should factor in not only if you've been drinking or have taken drugs that impair, but also if you've had enough rest." "We should all remember that despite the pace of life, it's vitally important to avoid driving when fatigued or without adequate rest," said Caltrans "Caltrans operates more than 85 Safety Roadside Rest Areas throughout the state, each providing a convenient place to rejuvenate before returning to the highway."

Score From CalChamber SACRAMENTO - Senator ness community." CalChamber is a non-profit

Sen. Chang Earns Perfect

Ling Ling Chang (R-Diamond Bar) earned a ranking of 100 percent from the California Chamber of Commerce on its 2020 Legislative Report Card for her efforts to promote economic growth and job creation in California.

"I am honored to earn this recognition from CalChamber," said Senator Chang. "The COVID-19 pandemic has shuttered too many businesses and devastated job growth in California. I remain committed to prioritizing economic development, and will continue to be a champion for our small busi-

Man Breaks into Home, is Stabbed and Dies

Champion • Breanna Yang - Senator's

The

-

By George Ogden SAN DIMAS

Sheriff's department reported

that they responded to a San

Dimas home Friday morning,

October 30 around 4 a.m. in

the 400 block of Portola Street

about a burglary, where a sus-

pect was confronted by the

homeowner. A fight ensued

between the homeowner and

the suspect where the uniden-

tified suspect was stabbed by

The suspect ran from the

home and got into a pickup

truck and fled the scene. The

suspect then crashed a few

blocks away at Walnut Avenue

the homeowner.

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Mission Statement

· We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain

· We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about. · We believe in growth. Therefore, complaints mistakes or erroneously committed will be entertained and investigated diligently and corrected accordingly.

· We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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All submissions for publication become the property of San Gabriel Valley Examiner and will not be returned. San Gabriel Valley Examiner does not guarantee submissions to be published. All submissions are subject to editing, including to conform to space limitations

Contributing Writers:

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer

Thank you for your cooperation.

Deputies responded to both scenes. The suspect in the pickup truck was taken to a hospital and later died that day.

It appears that the suspect went to the home where his exgirlfriend was living with her new boyfriend in his house. It was reported that both men knew each other. The suspect kicked in the front door and the home owner and suspect got into a fight and the suspect was stabbed. He retreated to his truck and fled the scene and crashed a few blocks away.

Deputies did not identify any of the people involved nor were there any arrests. The event is still under investigation.

struck the man who ran in front

of the vehicle. The driver, said

be 27 years was no cited or ar-

rested. The investigation is

continuing with this accident.

If anyone saw this accident is

requested to call the West

Covina police department and

assist them by letting them

know what they saw.

November 1. The time change may disrupt sleep patterns and affect the ability to concentrate and safely operate a motor vehicle. To highlight the lifethreatening dangers of fatigued driving, the California Highway Patrol (CHP) joins the Office of Traffic Safety (OTS), the California Department of Transportation (Caltrans), and the National Sleep Foundation in recognizing Drowsy Driving Prevention Week, November 1-8, 2020, and encouraging

stay alive. "Staying alert behind the wheel goes beyond avoiding distractions," said CHP Commissioner Warren Stanley. "The other major contributor to driver inattention is drowsy driving. Fatigue can have a

Californians to stay alert and

The public can view rest area locations by visiting: http:// quickmap.dot.ca.gov/.

Some suggested tips to avoid drowsy driving include getting at least seven hours a day, sticking to a sleep schedule, and avoiding alcohol or medications that can cause drowsiness. Caffeinated beverages may help in the short term, but are not a substitute for sleep or rest. Stay alert and drive without distraction not only to protect yourself, but also your passengers and other motorists.

The mission of the CHP is to provide the highest level of Safety, Service, and Security.

West Covina Pedestrian **Dies a Week After Accident**

By George Ogden

and Arrow Highway.

WEST COVINA - Police reported that a man hit by a Cadillac Escalade SUV while crossing Azusa Ave. south of Amar in West Covina on Monday, Oct. 26, has died from his injuries on Sunday, November 1st just after 7 p.m.

The man has not been identified however he was said to be in 30s.

The man was crossing Azusa in the middle of the block and

Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. We request that articles be in Word format while photos be in jpeg. Articles should be in good taste.

Free Personal Protective Equipment not using a crosswalk. The **For Small Businesses** SUV was headed southbound from Amar on Azusa when he

The County of Los Angeles Department of Consumer and Business Affairs' Office of Small Business has partnered with public and private sector organizations to create access to personal protective equipment for small businesses across County of Los Angeles through PPE Unite.

Sign up today for:

- Face masks
- · Hand sanitizers
- Face shields

The PPE Unite[™] program is a joint effort to give small business owners and their employees access to much-needed personal protective gear. This public and private partnership program creates access to PPE, promotes



Free PPE for LA County Small Businesses

PPE use, and provides additional resources for businesses.

This PPE has been made available to California small businesses through the California Governor's Office of Emergency Services (CalOES) in collaboration with the Office of the Small Business Advocate (CalOSBA).

Distribution is conducted in

partnership and coordination with Los Angeles County, the LA Regional SBDC Network, VSEDC, and Logisticom to eligible LA County small businesses.

Get your 30 day supply of free Personal Protective Equipment to keep your business compliant and employees safe. Sign up now to get PPE while supplies last at https://www.ppeunite.org

The San Gabriel Valley Lxaminer

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The Day After Newsom Pandemic Lawsuits At 30

Rallies have turned into massive crowds of people gathering on streets waving American, Blue Lives Matter and President Trump flags and chanting support for Donald Trump's re-election and law enforcement efforts. As you try to digest the poll numbers coming out, take one thing into consideration -- the thousands - yes, thousands - of people showing up at Trump rallies when he flies into big cities and more importantly the hundreds -- yes, hundreds if not thousands -- who show up on street corners on Saturdays and Sundays with flags, Trump hats and pins in towns across California. Cars and trucks drive by with American and Trump flags attached honking and waving to show support. People are charged up and ready for a change in how our politicians lead our government at all levels - D.C. and California particularly - and have become "fight back" inspired.

While the Trump rallies grow and become a loud shout-out for Trump's policies and his re-election, the same loud voices are being heard in protest of Gov. Newsom's rigid edicts, purportedly to curb COVID 19, with recall petitions being signed at the Trump rallies and being inked out in lawsuits - at least 30 lawsuits at last count.

One of the lawsuits filed has been by two aggressive young Republican Assembly Members, Kevin Kiley and James Gallagher, who said about their lawsuit: "We are at a critical juncture in our fight against Gavin Newsom's one-man rule ... California Emergency Services Act does not authorize Newsom's unconstitutional actions ... " Thirty-two weeks after Newsom's first lockdown order, counties are gathering and forming coalitions to challenge Newsom, his edicts and color-coded tiered openings devoid of any substantive guidelines. Michigan State Supreme Court ruled Gov. Gretchen Whitmer extended the COVID 19 emergency lockdown without the legislators' approval and was illegal according to Michigan's Constitution.

Another lawsuit has been filed



Shade's Perspective Lois M. Shade Former Mayor of Glendora

by the Restaurant Association of California to help their industry recover more than \$100 million in fees for liquor, health permits and tourism charges. Our small mom & pop restaurants, just as hair salons and barber shops, have become very creative and determined not to be forced out of business by erratic communications coming out of Sacramen-

Monrovia Happenings posted a news report from KTLA Channel 5 news about Rudy's Restaurant in old town Monrovia. The owner has been shutdown and cited by the health department for not having barriers at each table, but Rudy, the owner, said he's never been given any standards for those barriers --- like what material to use or how to install them to be in compliance. When he asked health officials for instructions, they said they didn't have any. Rudy was closed down even for food to go. Health officials, as KTLA was doing this interview, were walking the rest of downtown Monrovia to see who else was out of compliance.

After posting both the Association lawsuit and the Monrovia businessman's dilemma on 48th Facebook, I received an email asking two questions about the lawsuit:

• As a California taxpayer, should I be concerned about this issue?

· Does the state need to reimburse the entities it demanded be closed due to the pandemic without "just cause"?

First, there is now a question of whether the action by Gov.

Newsom closing businesses, schools and churches under the Emergency Services Act without confirmation from the state legislators is legal.

And second, to answer the concerned citizen questions:

 Yes, I am concerned and always wary of government when it involves money. If Gov. Newsom can charge the restaurant owners for services not being provided and using the COVID 19 excuse, he could do that with any regulation, any business owner and every taxpayer in California.

I remember something called the Boston Tea Party when American Colonists got fed up with "taxation without representation" and dumped 342 chests of tea, imported by the British East India Company into the harbor. Restaurants are being charged a "fee without purpose." Health inspection fees on closed kitchens and no guidelines to allow them to stay open; a tourism tax with global travel restrictions in place and no tourists showing up; and, liquor license fees for closed up bars, pubs and breweries. Just fees I call a tax with no purpose and no help to keep them open.

The second question asked was, 'Does the state need to reimburse the entities it demanded be closed due to the pandemic without "just cause". The Restaurant Association says \$100 million has been collected from large and small operators that are not allowed to operate or fully operate to recoup that cost. My answer: Yes! When has it been legal to charge for something not received?

What is unconscionable is the erratic, knee-jerk management of the pandemic that has come out of Gov. Newsom's office one Executive Order at a time. It is almost like he is having 3 a.m. epiphanies and can't control the urge to react, so he issues more "guidelines" that provide no substantive or rational plan for any of our businesses, churches, or schools to get back to "normal".

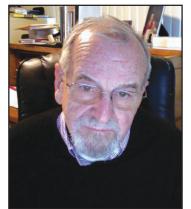
Rudy's Restaurant in Monrovia said he's willing to play by the rules. Can someone send him the info?

How do serious politicians deal with the results the day after the votes have been counted? Of course they are expected to stand before their faithful supporters, thanking them for all their hard work. And then they must say an affirmative word about their adversaries. Particularly this year, given the overflow of emotions during the weeks leading up to the election, it is Important that they respond with some degree of rationality. So what are they to say today?

I have known candidates who face their supporters, the opposition and the public, carrying in their pockets two speeches, one to be used if they have won, and the other if they have lost. Thus, they are saved from an immediate emotional outpouring that might prove both unworthy and destructive. I learned this lesson in the one municipal election I lost. Operating out of a rational response would have been far better then what I did say to an almost empty hotel ballroom. It was not the gracious response I should have employed. I needed to have previously written two sets of remarks.

What is true of politicians is also true of journalists and others who have been deeply invested in the election.

This column is appearing on Wednesday, November 4, the day after the election. What might save me from responding out of



Charles H. Bayer

an overheated emotional caldron? It may be the way these weekly pieces get produced. My columns are first drafted and continually revised in the weeks before they are sent to my various audiences. At best, the final draft goes to my faithful proofreaders one full week before publication. I assume that Biden will have won, tallying margins of several million popular votes and a substantial majority in the electoral college.

If I am wrong I probably should say very little. But what if I have been reasonably accurate? Gloating over the size of the victory or trashing an already bruised Donald Trump is inappropriate and crude. His reference to the newly elected Vice President as a Communist monster is no excuse for descending with him into that sewer. So here is my response to the electoral results if Democrats have won.

While it is good to savor the

fruits of victory, this is no moment to rehash the arguments or heap abuse on the losers. The curtain must now come down on this brutal political contest. President-elect Biden must resist every temptation to disrespect the loser. Every effort must now be directed to healing the terrible wounds inflicting the nation. Here are a few of our immediate concerns.

Health insurance for all, doing what is necessary to shut down the crippling virus

Carefully and safely opening the nation—its schools and colleges, its large and small businesses

Recovering and re-imagining jobs

Healing racial and ethnic divides

Recovering our historic international alliances

Re-asserting America's leadership in the care of the earth *Generating a tax system that*

honors economic equity Renewing our trust in the Constitution

These are among the concerns that now must consume the American effort of both winners and losers in the contest that is now over.

If my hope is misplaced, may I be saved from exploding all over the page.

Contact Charles Bayer at candwbayer@verizon.net

The Transition Of Power From The People To The Government

The Constitution, Progressivism and the Administrative State.

My Opinion: By D. B. Shimel September 17, 1787 was the real beginning of our national Government, as we know it. This was when the Articles of Confederation were replaced with our Constitution. At its inception, this nation was conceived on the notion of "We the people" are the rulers. Additionally, the intent of the writers of the Constitution was the Federal Government would be limited in size and limited in the power that it wielded. If one looks at the Ninth and Tenth Amendments to the Constitution one will see that point illustrated. The Ninth Amendment states that all rights that should rightfully belong to the people are retained by the people. The Tenth Amendment savs that any power not explicatively given to the Federal Government in the Constitution remains with the states. How this notion has changed. Now let us turn to the concept of progressivism. What is Progressivism? Simply stated this ideology is based on the concept that the government has all the power and the people's rights are given by the government. Additionally, the Constitution is outdated and should be replaced with a new version and a new form of government. Progressive thought in this nation first came to the forefront with the administration of President Woodrow Wilson and was further expanded under President Franklin Delano Roosevelt. In 1885, then Professor Woodrow Wilson, wrote a book entitled Congressional Government. In this work he put forth several ideas which, had they been implemented, would have instituted major changes in our form of government. He pontificated that the US needed to adopt the British form of government - a Parliamentary style of governance. The President would be selected from among the parliament and serve at the will of the parliament. He argued that having a totally separate presidency was inefficient and ineffectual. Wilson also believed in a "living constitution." A Constitution that can be changed by government at any time the government sees fit. President Franklin Delano Roosevelt took this concept even

further when he passed his "New Deal" programs. According to the logic of the time, what caused the Great Depression was the country and the world were over-producing - too much of too many products. Some of his New Deal programs were challenged in the Supreme Court and ruled unconstitutional. Thwarted, he then tried to pack the Supreme Court, but that plan too was blocked by his own party.

To administer all his New Deal programs, Roosevelt needed a new group of government exmore than one way to skin that cat." What he meant was he would use the Environmental Protection Agency to create a set of laws to circumvent Congress. He did just that.

When Nancy Pelosi said of the Affordable Care Act (Obama Care) "We must pass it to see what is in it," she meant it. She knew that the real law would be written by the "experts" of the "Administrative State". This group turned a document that contained about two thousand words into a document of several thousand pages. The "Administrative State" in action. Summarizing, starting with Wilson and continuing through today, true progressives believe that people get their rights from society. In a progressive government there is no Bill of Rights. Further, all men are not endowed with unalienable rights but get their rights from the government. "The Swamp" will decide what is right for you. Freedom loving people do not see government as the answer. They look to themselves as their own liberators. Progressivism, like Socialism, is like a volcano -- it may look beautiful in the dark, but in the light of day it reveals the total destruction of everything it touches. This election was about more than Trump or Biden. It was about - will we select freedom or more progressive "Big Brother" oppression? The dye has been cast.

Glendora Unified School District Return-To-School Update

By Cory Ellenson Member, Board of Education **Glendora Unified School** District

After reading the recent PO-LITICO article about Governor Newsom sending his children back to in-person learning in a California private school, I felt compelled to make a statement in response and provide you with a comprehensive update on Glendora Unified School District's (GUSD) return to school progress, status, and plans. It was very frustrating to hear that Newsom's children are returning to in-person learning while GUSD is still not allowed to offer a safe in-person learning option to anyone other than the 25% of our students who are SPED, EL, or at-potential.

Newsom "reiterated his belief that schools need to open as soon as possible, citing academic and social-emotional concerns, but emphasized that the decisions remain up to local districts." Contrary to Newsom's statement that the decision remains up to local districts, LA County is only allowing districts within its jurisdiction (like GUSD) up to 25% of students who are SPED/EL/at-potential, and selectively granting TK-2 waivers.

GUSD cannot wait for LA County to reach the red tier (which may never happen during this 2020-21 school year), and cannot remain at the mercy of LA County DPH Director Barbara Ferrer to exercise her discretion as to what % she will allow to return to in-person learning. Even Newsom acknowledges that the academic and socialemotional toll on children is now significant enough to consider an in-person learning option.

To the approximately 3,000 families and 700 staff members that I prioritize in my service on the GUSD Board of Education, please know that I recognize and appreciate that everyone is in a different place on the spectrum of comfort level regarding the return to in-person learning. For those students that do not feel safe returning to in-person learning, we will always offer a remote/virtual learning option, but we must do everything we can to offer a safe in-person learning option for those students that do feel comfortable choosing to return.

We must also work collaboratively with administrators, teachers, and classified staff members on a measured return-to-school approach to ensure that all safety protocols are followed and all precautions are taken to keep everyone safe. We know that positive cases of COVID-19 will inevitably come up, and we are prepared to follow all mandatory guidelines, contact tracing protocols, and potential closures when those instances occur.

The GUSD Board of Education unanimously believes that in-person learning is clearly what is best for our students, and the Superintendent is dutifully following our direction to work collaboratively with administrators, teachers, and classified staff members to prepare for a safe return to in-person learning for those students that feel comfortable choosing to do so as soon as possible. I am grateful to my colleagues on the Board of Education and our Superintendent for being proactive in this regard.

When LA County allowed us to bring back visual and performing arts and individual athletic conditioning, we did it. When LA County allowed us to bring back 10% of students who are SPED/ EL/at-potential, we did it (GUSD was one of only two districts in the entire San Gabriel Valley to do so). When LA County finally began accepting applications for TK-2 waivers, we sent applications for all five elementary schools on day one (GUSD was one of only a handful of districts in all of LA County to complete its applications with the then-required letters of support from teachers, classified staff members, and PTA). When LA County indicated that we would be allowed to bring back 25% of students who are SPED/EL/at-potential, we are doing it.

Please join us in banding together with other like-minded districts to advocate on behalf of our students to our LA County and State of California representatives to allow us to offer a safe in-person learning option for those students that feel comfortable choosing to return. GUSD is represented by LA County Supervisor Kathryn Barger, State Assemblywoman Blanca Rubio, State Senator Anthony Portantino, and Governor Gavin Newsom. Please join us in contacting these representatives to express your opinions and request the actions that you would like to see them take.

The San Gabriel Valley Lexaminer

perts. Experts who would decide how much of any crop the farmers could plant. How much of any product could be produced. This progressive philosophy has led this nation into a government controlled by the "Administrative State," aka "The Swamp."

This forth branch of government is not made up of politicians but rather by political "scientists." They are not elected by the people and they outlast any administration. This group of government employees are protected by a public sector union. We have been told that they are the benevolent experts who know how to write laws better than the politicians. This group is destroying our Constitutional Republic. This is a bold statement, but let me illustrate just what I mean by this.

In 2010, when the new Republican Congress would not enact his "cap and trade" laws, President Barack Obama said, "There is

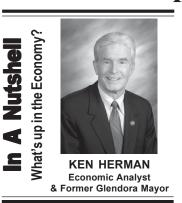


Truth Is Better Than Corruption And Lies

All time high levels of questionable news and commentary filled with politically spun propaganda repeatedly has been addressed to American voters in recent weeks. While The EP-OCH TIMES, plus various conservative commentators on Fox News, as well as conservative radio personalities have been trying to expose seemingly constant political exaggerations or outright lies for some time, ongoing anti-America "news" still dominates what most Americans hear or read. Disinformation financed and propagated by those who apparently hate our constitutional freedoms have recently been "off the charts".

Have Americans who love our country reached the point of saying enough is enough? The almost completely one-sided media has ignored much (if not all) evidence generated against the Biden machine, has focused its efforts on derailing Trump's momentum, while also ignoring Tony Bobulinski's recent commentary on Biden family adventures. Alternatively, much of the media and most political pundits have thrown everything at Trump - from fake Russian clandestine themes, to the unjustified impeachment extreme. Fortunately, nothing yet has stopped President Trump, but that unfortunately only makes way for the next round of false media accusations.

The ineptness of Joe Biden from not knowing what or where he is, to making verbal mistakes reading the teleprompter, demonstrate that he could be a danger to America if he were in any



position of power, let alone the Presidency of the United States (the world's most powerful and respected country).

Over the past 47 years Joe Biden's now exposed corruption may even have been relatively harmless, while his political contributions to America have generally been insignificant. However, Joe's desire to be President of the USA certainly should frighten most Americans who still love our unique constitutional freedoms and liberties. Additionally, Joe's extreme leftist running mate and Joe's questionable health and mental capabilities should frighten most Americans much more than just Joe himself.

What those of us who have been paying attention now know about Biden family corruption should worry anyone believing polls saying Joe could become President! Extensive revelations have recently shed more light on what the Biden family really stands for. Tony Bobulinski's exposure of how the Biden family has worked with Chinese Communist Party leaders should be concerning to all American's.

Joe Biden's lies about never discussing or getting involved with his son's (Hunter's) foreign business interests have definitely been exposed.

Money has been said to be the root of all evil, and that seems to be the primary motivator in the Biden family's pay to play involvement with many foreign countries (including the Chinese Communist Party). If you missed the one-hour interview with Tony Bobulinski on the Fox New's Tucker Carlson show Tuesday, October 27, watching a re-run would give you a sense of the corruption spewing from this family.

Maybe you haven't heard anvthing related to this recently exposed Biden family corruption issue. Or, alternatively you believe the false narrative that this Biden family story is somehow Russian disinformation. There is an understandable reason behind your lack of knowledge. The media (except Fox News and a very few newspapers, such as the Washington Post) have swept this Biden family corruption under the carpet.

It is important for voters to understand exactly what has occurred, and to realize the Bidens are for hire and for sale. Don't let the Greatest Country ever on earth be destroyed by those who either hate the USA or only want to profit from its demise!

LIVE LOCAL, SHOP LO-CAL - THIS IS THE TIME **OUR MERCHANTS NEED US** I welcome your questions and

comments: kenherman46@hotmail.com



Oil Consumption

Question: How often place opening the hood and liver the fuel into the engine. pulling a dipstick or visually in-Yep, this is for MPG also. specting the under-hood fluid, Combine all these changes and add the extended oil change in-Every 1,000 miles of driv-I get concerned. The warning systems are great backups but terval, and you get major oil should not replace physically consumption. inspecting items. The car mentioned above, The reason for the oil conwith no oil on the dipstick, also sumption concern is due to low did not have a warning light on Question: How often do to let the driver know what was tension piston rings used to get going on. That tells us the light better miles per gallon. This causes engines to run hotter comes on when the car is be-Our shop is seeing more cars than ever to achieve better yond critical for the oil level MPG. Today, lighter oils (0w20 and is doing internal engine and 5w20) are also used for, damage. The old adage that an ounce you guessed it, better MPG, with 0w16 in the new models of prevention is worth a pound coming into production. of cure, in car terms, means The latest change is GDI servicing your car more, and (gasoline direct injection), often equals 200, 300, or even When technology builds in which is a completely different 400,000 miles of driving. We way for the fuel injector to dehave many customers that have continued success because they adhere to regular servicing of their car! Certified Auto Specialists: the friendlier and more helpful The Irwindale Chamber of Commerce office auto shop! Feel free to call 626is currently under renovations to implement 963-0814 with any questions COVID-19 safety protocols. and we will be glad to help, or visit our website at Office will be open by appointment only! CertifiedAutoCa.com

Your Money - Ask Julia

What is this secret, tax-free method of investing that I've read "Washington insiders" (Senators, Congressmen, etc.), and the very wealthy, are using to save for retirement? Can I get it?

You've seen the hype, along with the solicitation to pay for a newsletter subscription in order to receive the 'free' report about a much better retirement account than a 401(k) or IRA. Here's the scoop, and you're getting it for free! This "secret" method is not really a secret. It's is a 702(j), or 7702 (IRS code that regulates life insurance contracts). These life insurance policies are not like the old whole-life or universal life insurance policies. These are permanent life insurance policies which offer much more than the death benefit. The cash value component of these policies can be equity-indexed (similar to many of today's annuities), with company-backed guarantees to protect your funds. These policies have much more transparency, allowing you to choose between several equity indices, and several crediting methods. Basically, you pay for insurance, plus you fund the policy with additional funds. If used as a part of your retirement plan, you could later 'borrow' from that cash value component during your retirement years. Loans are not taxed. Typically, death benefits from a life insurance policy are not taxed. Ultimately, paying off the loans you've taken from the policy would be paid off from the death benefit. A real win-win. Qualifying for one of these policies is like getting any other life insurance coverage.

My annuity (IRA) contract says I will have to pay a penalty



Julia Yoder

if I take the money out too soon. I turn 70 next year, so I'll need to start taking Required Minimum Distributions. Is there a way to do that without a penaltv?

Even though the annuity contract states there's an early withdrawal penalty, it is waived for RMD.

I have a lump sum of money from a CD. Is there an investment that is safe, and that will give me lifetime income right away?

An immediate annuity would give you exactly what you are looking for - safety and immediate income. The insurance company gives you choices for payout: for a fixed period of time, for the rest of your lifetime, or for the rest of your and your spouse's life, and more.

We have really good credit, a good amount of savings, and we rent an apartment. I want to buy a small home or condo, but my husband doesn't think we can afford to make this change. Do you think we could afford to buy?

Try to take the emotions out of this big decision. Discuss this difference of opinion with as many facts as possible. A good start would be to use an online

mortgage calculator. Keep in mind that the expenses of homeownership are not limited to the mortgage, insurance, and property taxes. Maintenance and repairs must also be budgeted. On the other hand, while you rent you are paying your landlord's mortgage, and building his equity in the property. Your financial affordability facts become obvious when you apply for a mortgage. To find a local mortgage broker (able to shop for the best loan for you, who is not limited to loans offered by a bank or credit union), go to: Findamortgagebroker.com

Should we wait until we're in our 60's to buy long-term care insurance?

Although you'd be paying premiums for more years, there is a big cost for waiting. The older you are when you purchase insurance, the higher the premiums. Also, keep in mind that long-term care is not reserved for the elderly; serious injuries from an accident can necessitate care at a rehab-facility, nursing-home, or in-home. Presently, the IRS (under Section 213(d)(10), includes qualified long-term care premiums, up to certain limits, to be included with your tax-deductible medical and dental expenses.

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Member of Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

Super Bowl Contracting Opportunities for Local Small Businesses

LOS ANGELES COUNTY - The Los Angeles Sports and Entertainment Commission is looking for local, diverse businesses to provide various services during Super Bowl LVI, which will be held in Inglewood in February 2022.

contract opportunities. Certified businesses selected for the program will be profiled in the **Business Connect Resource** Guide, which NFL vendors and event producers use to identify and select local suppliers to fulfill their Super Bowl LVI

prise (MBE)

* Small Minority Business Enterprise (SMBE)

* Small Woman Business Enterprise (SWBE)

* Veteran Owned Small Business (VOSB)

* Woman Business Enter-

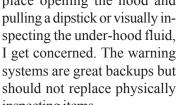
should you check the oil level in your car?

ing; the newer the car and the lower the mileage. This seems to be the forgotten "check list" item.

you check the oil level in your car?

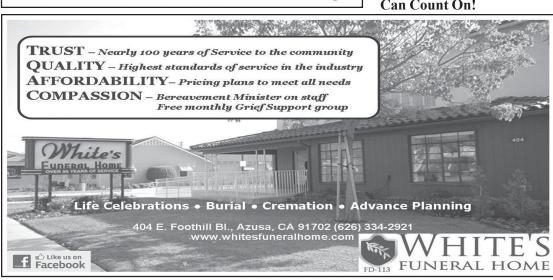
come in with no visible oil on the dipstick. Granted, the majority of the cars have 75,000 miles or more. Remember, that many cars with smaller engines also have less oil capacity (four quarts or less) to lubricate the moving parts.

lights, bells and whistles to re-





To schedule an appointment please call us at 626-960-6606 or email amanda@irwindalechamber.org



Hometown Service You Can Count On!

The application deadline for Super Bowl LVI Business Connect closes at 11:59 p.m. Pacific Time on February 1, 2021

The Super Bowl LVI Business Connect program is a partnership between the National Football League (NFL) and the Los Angeles Super Bowl Host Committee. The program aims to connect experienced, eventready Los Angeles County businesses with opportunities to compete for contracts related to the Super Bowl in Los Angeles.

The Business Connect program is committed to supporting minority, woman, LG-BTQ+ and veteran-owned businesses through professional development, networking and sub-contracting needs. Eligibility

Applications for Super Bowl LVI Business Connect opened on October 27, 2020 and closes at 11:59 p.m. Pacific Time on February 1, 2021. To qualify for Super Bowl LVI Business Connect, each business must:

• Be 51% owned by a minority, woman, LGBTQ+ or veteran individual and be certified as one of the following:

* Disabled Veteran Business Enterprise (DVBE)

* Disabled Veteran Owned

Small Business (DVOSB) * Lesbian, Gay, Bisexual and Transgender Business Enterprise (LGBTBE)

* Minority Business Enter-

prise (WBE)

 Have been in operation and have a physical office in Los Angeles County since February 2018.

• Provide a product or service requested by Business Connect (see Business Disciplines).

• Be the direct source of the goods and services you propose to sell.

• Be in good standing and eligible to do business with the City of Los Angeles, County of Los Angeles or State of California.

To help explain the process, the Los Angeles Super Bowl Host Committee has produced an informational video at https:/ /youtu.be/-Y5GH5PQnaE.

Iconic Southern California Pet Food Company Revitalized with New Owners

IRWINDALE - Breeder's Choice Pet Foods, a manufacturer of specialty super-premium dry dog and cat foods, announced it has been purchased by 30-year pet food veteran Joey Herrick and is becoming an independent business once again.

The new Breeder's Choice Pet Foods, LLC is a privately held ownership group of Southern California businesspeople led by Joey Herrick and Rick Rockhill, former executive at Natural Balance and Petco. The group also includes Los Angeles Dodger legends Orel Hershiser, Hall of Fame Broadcaster Jaime Jarrin, his son Jorge Jarrin, Frank Koch, former executive with Nature's

Recipe and Natural Balance, as well as Rick Taylor former Breeder's Choice President and son of the original owner.

Breeder's Choice Pet Foods has produced super-premium dog and cat foods for 73 years at the same location in Irwindale, California. Breeder's Choice produces AvoDerm® and Pinnacle® pet food brands which are exported globally. In addition to its own brands, Breeder's Choice is a leading custom manufacturer with extensive export capabilities to produce super premium brands and retailers' private label brands.

Joey Herrick co-founded Natural Balance Pet Foods in 1989

and grew it into a highly respected pet food brand. He also founded The Lucy Pet Foundation, a 501 © (3) charity and then Lucy Pet Products, a premium pet food company dedicated to improving the health of animals.

"Our formula for success is simple, never compromise on quality or ingredients, and always do what is right for the health of animals." Herrick said. "It starts with good people committed to quality, which is why Clint Hammond the Director of Plant Operations for the past 9 years, along with the production team remains in place at Breeder's Choice" Herrick added.

The San Gabriel Valley Examiner

VALLEY/SENIOR NEWS

Around the Valley & Senior News

"TIME JOCKEY" - Shaken, Not Stirred How Did the Elections Work Out

By Joe Castillo

James Bond 007... For baby boomers, the passing of Sean Connery brought an end of an era, an era which replaced World War II and western movies with a glorious look at the world of secret agents operating within the Cold War. James Bond portrayed the suave, cool, independent and confident secret agent known as "007" working for Britain's Secret Service to protect the world from the evil Dr. Julius No, Maximillian Largo, Ernst Stavros Blofeld and Auric Goldfinger.

The James Bond character was immortalized in Ian Flemings collection of novel publications but it was Connery who brought the character to life on the silver screen. His style, charming looks, foreign accent and quick wit were pure Sean Connery which James Bond adopted. Growing up in the 1960's, there were two types of films which brought kids to the theaters; Disney adventure films and James Bond 007 action films.

Spending an afternoon in the local theaters watching the latest release of James Bond battling against a new villain, was an event which was always marked on our

calendars. Dr. No (1962), From Russia with Love (1963), Goldfinger (1964), Thunderball (1965), You Only Live Twice (1967), Diamonds Are Forever (1971) and Never Say Never Again (1983) made Sean Connery one of the most popular and recognizable International film stars in the world. But when he started to age, he sought another type of role to play, and his success continued. His movie credits rolled on with "The Man Who Would Be King", "Robin and Marianne", "The Hunt for Red October", "The Rock", "Entrapment" and "Finding Forrester" were just a few of the over 70 movies which Connery starred.

Even though the James Bond franchise has continued with Roger Moore, Pierce Bronson and Daniel Craig, it was Sean Connery who set the foundation for continuous releases featuring the successful British secret agent. In 1988, Connery won the Oscar for an actor in a supporting role for playing the street-smart cop who epitomized integrity and honesty, Officer Jimmy Malone, in the movie "The Untouchables". Playing opposite Kevin Costner, Officer Malone was part of the Treasury's Department Special Investigation Team who was investigating mod boss Al Capone. Connery stole the movie, turning the Malone character into a 1920's version of James Bond who eventually tracked down the villain and saved the City of Chicago. The movie's best scenes included Connery as the center of attention especially when he was fatally shot and still managed to crawl inside where he could leave a final clue before expiring.

In 2000, Connery received the highest honor to be bestowed by the Queen of England when he was knighted, Sir Sean Connery. Sean Connery will forever be synonymous with James Bond "007", but he will always be the indominable secret agent who fought against the evils of the Cold War and kept us safe at home waiting for his next movie release...

Joe Castillo is a freelance history writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joeacastillo@aol.com.

How Did the Elections Work Out??? Excuse to Riot and Loot?

Well, as I write this, the elections are going on and the results are not in. So, I guess I will make some more predictions and we can see if I am right or not.

No matter how the elections end up, there most certainly will be riots and looting. This will be an excuse for those to "riot, loot and get free stolen items" from all over the place. So, if and when this happened, who were the people doing this??? This isn't a race question, but many will make the riots a race issue. The people that are doing this are nothing more than "low-life criminals".

I have voted on some of the dumbest no-brainer propositions on the ballots. Who comes up with these things? What a waste of money to put them on the ballot. Now, here is the fun part... those that vote in the wrong di-

George Ogden That's just the way it is!

rection on these propositions, you can't help but think, "really" and then question if they have any "brain matter" in their skull. Just goes to show how the intellectual level is dropping in the United States. No wonder we have to import intelligent people into this country.

So, were the same people reelected? You know the ones that tell "us" what to do when in fact we are supposed to tell them what to do? Can't figure how citizens allowed this to happen.

As a combat veteran, I have a hard time when I hear the people vote along party lines. I would figure people would or should vote for people who will do the best for the citizens and our country. If it was up to me, I would get rid of all party affiliations. I am of the opinion that they are nothing more than money wasters and cost people their hard-earned cash. Whatever...

It sure is a shame that this country has reduced itself to the level it has. Other countries used to look up to us, now they don't want to be anything like us. Can you blame them?

"That's Just the Way It Is!"

Medicare Prescription Drug Plan Changes That Could Save You Money

Finding a prescription drug plan that meets your budget and needs is especially important during this year's Medicare Open Enrollment -- which takes place between Oct. 15 and Dec. 7,

As the COVID-19 pandemic persists, it's critical that seniors continue to stay healthy by managing chronic conditions. That starts with taking medications as prescribed. Having an affordable, reliable prescription drug plan, also known as Medicare Part D, helps ensure that happens.

For example, for people who need insulin to manage their diabetes, adhering to their medication regimen may help prevent vision loss, kidney failure, amputations and heart attacks.

Some insurance providers are taking steps to help Medicare customers manage their diabetes with predictable, affordable copays. As a result, you can expect to see expanded options this year using what Medicare has establow this Model.

Both plans have no deductibles and consistent copayments for select insulin drugs in all stages of Part D coverage up to the Catastrophic Coverage Stage (beneficiaries who receive 'Extra Help' do not qualify for this program). That means a plan member would have the peace of mind of paying the same low, affordable copay on their insulin medication from their first medication fill all the way through the end of what is known as the Coverage Gap.

Here is a little bit about what these plans offer:

• The Saver plan provides members with a \$0 deductible for select insulin drugs while getting low copays. From the Initial Coverage Stage through the Coverage Gap, members will be responsible for a consistent copay on the cost of these select insulin drugs: \$105 at a preferred home delivery pharmacy for a 90-day supply and \$35 for a 30day supply at all in-network rehome delivery and preferred retail pharmacies (\$0 deductible and \$11 copays at standard retail pharmacies). If a member goes into the Coverage Gap, they will continue to pay \$0 for a 90-day supply with preferred home delivery, \$0 for a 30-day supply at a preferred retail pharmacy or \$11 at a standard retail pharmacy.

As a reminder, home delivery is a good option to avoid potential exposure to COVID-19, as drugs are conveniently and safely delivered to your door. This is also true of temperature-controlled medications, which are delivered in special packaging.

To compare plans virtually, visit expressscriptsmedicare.com/info.

Whether you take medication every day or every now and then, it is especially important to understand your Part D options in these uncertain times. Having the right drug coverage can help you adhere to your medication regi-

Arcadia Unified in the Top 1% of Best School Districts in America

ARCADIA - Arcadia Unified School District remains a leader in public education in the United States, ranking in the top 1%, of the over 10,700 school districts across the nation, according to Niche.

Niche, an influential school and neighborhood review website, recently released its 2021 Best School Districts rankings, and Arcadia Unified has made the grade, achieving an overall A+ grade district-wide. Segmenting its rankings into national, state, and local categories, Arcadia Unified commands a top spot on each Niche list.

Arcadia Unified School District Niche Distinctions:

• Top 1% Best School Dis-

tricts with the Best Teachers in Los Angeles.

Each of Arcadia Unified's schools has also individually secured top Niche nods for being the best schools in Los Angeles. Arcadia Unified elementary schools (Baldwin Stocker, Camino Grove, Highland Oaks, Holly Avenue, Hugo Reid, and Longley Way) landed in the top 2 percent of the over 2,200 public elementary schools in Los Angeles. All three of Arcadia Unified's middle schools (Dana, Foothills, and First Avenue) rank in the top 2 percent of Los Angeles. The district's comprehensive high school, Arcadia High School, also remains a leader among its over 400 L.A. public high school peers, making Niche's top 10 Best Public High Schools in Los Angeles list. On top of receiving top marks from Niche, Arcadia Unified has continued to build on its commitment to educating the "whole child" by providing support not only for academics but also for social and emotional development and lifelong leadership skills. Since the 2018-19 school year, and though not a mandated requirement for local public school districts, Arcadia Unified has had at least one full-time school counselor at each of its schools in its dedication to student mental health and wellness. Likewise, the district also offers character education programs, such as "The Leader in Me" for students in TK-8 grade, and has adopted "restorative practices,"

which are techniques geared towards building strong, trusting relationships and community in classrooms and schools. This school year, Arcadia High has also implemented a virtual Wellness Center, which has a fulltime counselor solely dedicated to fostering mental health and wellness needs.

How does Niche arrive at its rankings? According to its website, Niche undergoes a rigorous analysis of key statistics and data from thousands of schools, which includes information from the U.S. Department of Education and millions of reviews from students and parents. Ranking factors also include state test scores, student-teacher ratio, student diversity, teacher quality, grade school ratings, and the overall quality of the school district.

during this year's Medicare O Enrollment -- which takes p between Oct. 15 and Dec 2020. As the COVID-19 pando persists, it's critical that ser continue to stay healthy by r aging chronic conditions.

tricts in America

• Top 8 Best School Districts in California

• Top 3 Best School Districts in Los Angeles

"Over the past 14 years of serving the Arcadia Unified School District, it's never been lost on me how truly special a place Arcadia Unified is," said Arcadia Unified Superintendent Dr. David Vannasdall. "This prestigious recognition is the direct result of each member of our team going above and beyond in countless ways each day to support our students and families."

In addition to the recognition above, Niche noted Arcadia Unified as being in the top 1% of the Best Places to Teach in the nation, California, and the Los Angeles area. Arcadia Unified also is in Niche's top five for Dislished as a Part D Senior Savings Model. For example, Express Scripts is offering two Part D prescription drug plans that fol-

tail pharmacies.

• The Choice plan provides a \$0 deductible for select insulin drugs with \$0 copays at preferred men affordably, so you can better manage chronic conditions and stay healthy all year. (State-Point)





Small Businesses Remain Homeless Man Breaks into Apartment, **Takes Shower while Female Tenants Sleep Resilient Amid Pandemic**

GLENDORA - On Thursday, October 29th at about 5:42 a.m., Glendora Police officers responded to the Avalon Apartments at 121 E. Route 66, after receiving a call from some residents. Two female college students woke up to an unknown person taking a shower inside of their apartment. They immediately dialed 9-1-1 and officers arrived within 91 seconds. The metal front door to the apartment was locked when officers tried to enter. One of the victims heard the officers trying to get into the apartment but found the naked suspect standing in the doorway of her bedroom. The victim forced her way past the suspect and was able to open the front door for the officers. The suspect was then immediately taken into custody.

The two residents told the officers that they did not know the suspect and had never seen him before. They did not know how he entered the apartment and did not know why he was there.

Jesse Alexander Hunter, male, age 38, who is homeless from Los Angeles, was arrested. He told officers that he arrived in Glendora by bus and had no other reason to be here. Hunter is a registered sex offender, is currently on Post Release Community Supervision (PRCS) for a Sex Offense and had a "No Bail" violation of PRCS warrant at the time of his arrest.



Jesse Alexander Hunter

The case was presented to the Los Angeles District Attorney's Office, and based on the facts of the case and the statements made by the suspect, the following charges were filed:

Two (2) counts of Residential Burglary (459 PC),

One (1) count of Attempted Rape (664/261 PC), and

One (1) count of Providing False Information to a Police Officer (148.9 (a) PC).

Hunter faces a maximum sentence of 22 years, 8 months in

prison, and is currently being held without bail in the LA County Jail System.

This type of event is traumatic and should never happen to anyone. The police is asking the public for any information regarding this crime or this suspect. If you saw him in the area, or if you have any additional information, please contact the Investigations Bureau Sergeant, Michael Henderson at (626) 914-8281, or mhenderson@glendorapd.org.



Amid the historic coronavirus pandemic, businesses are adapting by making major changes to their operations, including increased use of technology, according to the latest PNC semiannual survey of small and midsize business owners and executives, which concluded Sept. 8.

Eight in 10 business owners reported that they have made adaptations in response to COVID-19, including safety changes in the form of new procedures or physical modifications, while others have adopted work-fromhome policies.

"Business owners have learned that the previous status quo won't work now. The majority of businesses have reconfigured their operations and for many, these changes will be permanent," says PNC chief economist, Gus Faucher. "Their confidence may be shaken, but we know through the history of this survey that business owners are resilient and they know how to adapt to change."

According to the survey, half of businesses report increased use of technology since the outbreak began. Nearly three in 10 have added or increased the use of electronic or touchless payment systems, electronic/ website-enabled sales or electronic banking/cash flow management services and 19 percent increased use of fraud/identity protection tools.

The pandemic has also forced many businesses to shake up their product lineups to better align with consumers' new habits. A third of business owners report making changes either to the way

they sell or deliver their products and services or to the types of products and services they offer.

via

Photo Source: (c) TuiPhotoengineer / iStock

Despite these positive signs of transformation and resilience, the drop in business activity over recent months forced many to take drastic measures through workforce reductions; nearly four in 10 businesses have cut workers since the start of the pandemic, although for 87 percent of those, the decrease is considered temporary or a furlough. In fact, 58 percent of the businesses who had temporary layoffs or furloughs have already begun rehiring.

Faucher said that while the worst may be over and economic activity is on the rebound, the "new normal" doesn't mean a return to robust job and business growth that existed early in 2020. (StatePoint)

Suspect Arrested in Connection with a Series of **Shootings and Vandalisms to Inhabited Buildings**

COVINA - Patrol and Detective Bureau personnel developed new investigative leads involving a series of shooting/ vandalisms to residential and commercial building investigations which began in December 2019. A suspect was identified, contacted and subsequently arrested for felony vandalism. A search warrant was executed in conjunction with this arrest. Detectives recovered a high-powered air rifle lated to this investigation or benumerous lead projectiles, air contact Detective Mclean at tank and air compressor in the (626)384-5617.

suspect's vehicle. Additional evidence was recovered at the suspect's residence. This investigation involved victims in the City of Covina and Unincorporated Area of Covina in the area of Cypress Elementary School (300 block of West Cypress). Los Angeles County Sheriff Department (San Dimas) is also following up on these recent leads.

If you have information re-





wrapped in camouflage fabric, lieve you are a victim, please



SUSPECT: Justin Lee Estep and a high-powered air rifle.



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Irwindale Welcomes New Ownership Group For Breeder's Choice Pet Foods



Pictured are Joey Herrick, Jaime Jarrin, Mayor Albert Ambriz, Orel Hershiser, and Jorge Jarrin.

ship for Breeder's Choice Pet Foods which includes Los Angeles Dodgers legend Orel Hershiser, Hall of Fame BroadJarrin, made a special surprised visit to Irwindale City Hall. We welcome you to the Irwindale family and look forward to our

IRWINDALE - New owner- caster Jaime Jarrin, his son Jorge continued partnership. Breeder's Choice has been in Irwindale for over 70 years and is one of Irwindale's longest operating businesses.

No Shave November

COVINA - Each day, 22,000 people die from cancer worldwide. There's a good chance that someone you know and love will be affected by this disease. Nearly half of cancer diagnoses and deaths are preventable. No-Shave November's mission is to not only raise funds for cancer research and treatment but to educate the population about preventative measures. Each whisker grown allows us to embrace our hair, which many cancer patients lose during treatment.

The City of Covina and the Covina Police Department support this cause in the relentless fight against cancer and holds dear those survivors, those still battling, and those remembered. The rules of No Shave November are simple: Put down your razor for 30 days and donate your monthly hair-maintenance expenses to the cause.



Tips for Enjoying a Drive-In Movie Experience



Social distancing guidelines across the country have made visiting a conventional movie theater difficult, if not impossible. However, what was once a relic of the past has now become an innovation in entertainment, the drive-in movie theater.

The drive-in movie theater is nearly as old as the automobile itself. While today, there are about 300 drive-in theaters across the country, many more are popping up wherever there is space. Indeed, Walmart recently announced more than 160 of its parking lots will be converted into drive-in movie theaters around the country and many small businesses are doing the same.

"A drive-in movie is the ideal event for anyone with a car because they can get out for a drive to enjoy a common experience with friends and family while taking appropriate social distancing precautions," says Rah Mahtani, marketing communications manager for MINI USA.

To shed light on this rediscovered institution of cinema, MINI USA created a guide for drivers to help them make the most of the experience. Here are five of their top tips:

1. Arrive early. Many theaters allow guests to arrive up to an hour before the show begins. Take advantage of this time to pick the best parking spot and stretch your legs. If the snack bar is open, grab a treat!

2. Bring the right car. A MINI Convertible is ideal for an open air viewing experience under the stars, while the MINI Countryman has room for the whole family.

3. Bring snacks. If your drivein allows it, bring your favorite movie-viewing snacks like popcorn, soft pretzels, candy and soda.

4. Safely enjoy with friends. You can still safely go to the movies with your friends while staying socially distanced. Meet at a nearby location to rally to the drive-in in separate cars. If you're

a MINI owner, check with your local MINI owner's club about a drive-in movie rally. You can even bring two-way radios or set up a group chat on your phone for live commentary of the movie.

5. Pack strategically. Be sure to pack a blanket in case there's an evening chill in the air. A small pillow can also help support your back through the movie. Bring a small trash bag, too for all of your wrappers, empty cups and popcorn buckets. And lastly, if your car doesn't already have one, bring a phone charger.

No drive-in theater near you? No problem. Try hosting your own. For more drive-in tips and fun facts, visit miniusa.com/ drivein.

It's no secret that over the past several months, almost everything we took for granted in our lives has changed dramatically, even nights at the movies. By taking a cue from the past, you can still enjoy the silver screen with extended family and friends. (StatePoint)



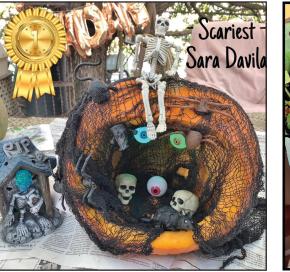


Irwindale Family Pumpkin Decorating Winners

Congratulations to the 2020 Family Pumpkin Decorating Winners: Funniest: 1st - Quinones Family, 2nd - Tapia Family (donuts) Most Original: 1st - Emma Zepeda, 2nd - Sadie Singh (Baby Yoda) Scariest: 1st - Sara Davila, 2nd - Kaden Tovar (pirate)



Funniest: 1st - Quinones Family



Scariest: 1st - Sara Davila

Most Original Emma Zepeda HUMMY

Most Original: 1st - Emma Zepeda



The San Gabriel Valley

Examiner

2nd Place Winners

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Infrared Thermometer	J Power Fold Wheelchair	Standard Wheelchair
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Gel Cushion	Duet Rollator (in Silver & Purple)	Steel Rollator
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