



San Gabriel Valley Examiner

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

March 17 - 23, 2022

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Glendora Historical Society Museum Celebrates Pi Day

By Marsha Edwards Mason

GLENDORA - Glendora's Historical Society Museum has a lot to offer residents with its rich history. Glendora was founded in 1887 and incorporated as a city in 1913. There was a lot going on by our pioneering men and women that made Glendora what it is. Our pioneer women made quilts while developing civic duties, providing safe roads and water for the citrus groves and animals. These quilts are on display in the Quilter's Circle in the museum. The founding women of Glendora have one quilt on display with their names stitched on it. Such pioneer women as Sutherland, Englehardt, LaFetra, Thompson, Suydam, and Gordon.

Next to the Quilter's Circle is a display of an old Singer Sewing Machine and accessories to remind Glendora's of the Singer family and their estate once here in the north hills of Glendora. A picture of Dorothy Rubel and friend Sally Rand are showcased next to a display of Sally Rand's pink shoes and see-through short cape. A picture of Sally Rand posing with her famous fan of feathers while scantily clad is on display.

A newspaper article from World War II features several young men from Glendora that lost their lives fighting for freedom. Uniforms of men and



Docent Pat dishing up Pie on Pi Day.

women from the armed services and the Red Cross from the 1940's is on display.

The Glendora Historical Society calls their annual event Pi Day because the mathematical equation of Pi is the irrational number (approximately 3.14) that results from dividing the length of the circumference of a circle by the length of its diameter. Also, the address of the museum is 314 N. Glendora Avenue. The Historical Society decided to celebrate Pi Day by serving pies from Kara's Corner Restaurant on the date of 3-14 (March 14).

Pi (3.14) at 314 on 3-14=Pi

Day. Karen Garcia is the Museum's curator. She welcomed all the visitors to the historical museum and informed the crowd of a recent grant from the Ludwick Foundation that has allowed the museum to make recent improvements and procure a tall railroad light that used to stand at the train station in Glendora. The old train signal has been restored and is proudly on display along with some of the original



Contractor James Veith, Marsha Mason and Jim Stickley, Glendora Trails photographer.

railroad track through Glendora dating back from 1887.

Improvements to the museum made with recent grant funding allowed the museum to restore the original flooring. LED lighting has been added to protect the sensitivity of the old items, and new paint added a clean, bright new look. There is a gift shop of interesting items. There are a variety of books, pins, coffee mugs and photos. On Pi Day there is an assortment of pies, coffee and

bottled water. As with all museums there are well informed volunteers that are a wealth of storytelling history at your fingertips, ready to assist and impart their knowledge.

To reach out to the Glendora Historical Society they can be reached at 626 963-0419 and online at Glendorahistoricalociety.org. Be a supporter. Watch for their interesting upcoming events.

LASD Jazz Band Entertains Women's Club of West Covina



LASD Jazz Band entertaining at the the Women's Club.

By George Ogden

WEST COVINA - The March meeting for the Women's Club of West Covina had the Los Angeles County Sheriff's Department Jazz Band, group of musicians dedicated to giving their very best for the band, the Sheriff's Department, and the community. In addition to the concert band, the LASD Swing Band and the LASD Jazz Combo entertain audiences throughout Southern California.

Their history takes them back to 1914, when it was first established as the L.A. Police Band. It was originally comprised entirely of sworn officers and played for police graduations, civic functions and Los Angeles-area schools.

The band performed for countless police, fire, military and civic events. The band's role as musical ambassador has taken it

to Mexico, Sweden, Italy, Washington D.C., Ohio and Sacramento. The band has played for events such as the dedication ceremony of the California State Police Memorial and the dedication ceremony of the National Police Memorial in Washington, DC. The Los Angeles County Sheriff's Department Jazz Band is under the direction of Dan Glass.

Dan Glass caught the law enforcement bug and changed his major to criminal justice, ultimately joining the El Monte Police Department where he worked for many years. The combination of music and law enforcement has made Dan a natural fit to be the band's leader.

Having the band come to the Women's Club lunch meeting, at the South Hills Country Club in West Covina, was a real treat for everyone who attended. A mix of

swing and jazz with a lot of old songs and music delighted everyone who was there.

The story of The Woman's Club of West Covina began back on November 16th, 1956 when twelve neighbors decided they could do more, help the community, and help other Women find a place to call home, create better friendships, and support each other in all their efforts. A few months later, on March 28th, 1957, the club joined the Federation of Women's clubs. Since that time, and with the help of the last remaining Charter member, Louise Crouse, the club has continued to grow in size and in humanitarian service. A few of the many projects they engage in include:

- Scholarships and Youth Leadership programs
- Conservation through Penny Pines
- Troop and Ontario USO
- YWCA WINGS program
- Friends of West Covina K-9

The club is affiliated with: San Gabriel Valley District Federation of Women's Clubs, the California Federation of Women's Clubs; and, the General Federation of Women's Clubs.

Azusa Public Library "Creating Connections" for Children with Autism



Christine Ramirez, Azusa Connects; Mary Rietta-Ramirez, Azusa Connects; Logan; Azusa Mayor Robert Gonzales; Yolanda Pena, Azusa Connects; Azusa Mayor Pro-Tem Jesse Avila

by Andrew Rietta

AZUSA - On Wednesday, March 9, 2022, the Azusa Public Library launched a new program, "Creating Connections," which provides activities and resources for children with autism. Inside the library, tables were set up with various activity stations. One station had "sensory tubs" with wooden balls, coins, squish-and-squeeze beads, pop-its, and other objects with various textures and consistencies. Another station was set up for children to paint and decorate birdhouses. The event began with Children's Librarian Ginger Antunez welcoming all in attendance. She introduced Azusa Mayor Robert Gonzales, who graciously thanked the library staff and everyone involved in creating the program. Next, the library's Community Resource Specialist, Sandra Serna, shared resources available through Parent's Place in Covina for families with children with special needs.

The idea for this program came about when Azusa residents Mary Rietta-Ramirez and Christine Ramirez, founders of the Azusa Connects non-profit organization which works to bring resources and aid to those in need in the city of Azusa and it's surrounding neighborhoods, approached Azusa Mayor Robert

Gonzales with the idea of creating a program to serve the needs of children on the autism spectrum. Mayor Gonzales endorsed the idea, and the wheels were put in motion to get the program created. Mayor Gonzales brought the concept to Azusa City Manager Sergio Gonzalez and the Director of IT and Library Services Ann Graf. The Azusa Public Library staff were enlisted, took the concept, and put together "Creating Connections," providing a safe space for children with autism to participate in interactive play, practice social skills, and work on arts and crafts. Members of the Azusa Unified School District then helped to distribute event flyers to local schools.

In all, there were seven families present for the initial kick-off event for the program, including nine children who participated. All the kids had a great experience, and the parents and guardians accompanying them received access to great resources they did not realize were available to them. The children were able to take their birdhouses home, as well as any of the sensory items that were set up at the stations. The library revealed that they now have "Sensory/Activity Backpacks" avail-

able for checkout. This was a great start for a wonderful community resource available to any child on the autism spectrum. We look forward to an even bigger turnout at the next event as we strive to grow "Creating Connections" to reach even more of our community's children.

This program will be held once each month at the Azusa Public Library at 729 N. Dalton Avenue in Azusa. The next date is Wednesday, April 13th starting at 4pm. With April being Autism Awareness Month, there is even more incentive to come participate! Pre-registration is required to ensure enough material is available for all participants. To register, or for more information, please contact Ginger Antunez at (626) 812-5146 or via email at gantunez@azusaca.gov.

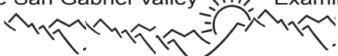
Special thanks to all the supporters who made possible the creation of this wonderful program: Azusa Mayor Robert Gonzales, the Azusa City Council, Mary Rietta-Ramirez, Christine Ramirez, Azusa City Manager Sergio Gonzalez, Azusa Director of IT and Library Services Ann Graf, and Azusa Public Library staff members Leila Hassen, Ginger Antunez, Alyssa Congdon, and Sandra Serna.

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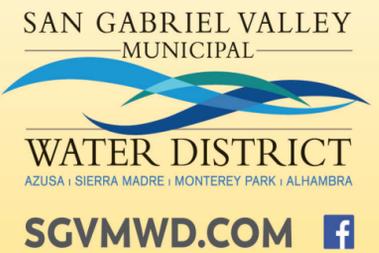
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<ul style="list-style-type: none"> Irrigation system inspection Replacement of existing irrigation controller Controller programming and training customized for your home Sprinkler nozzle retrofit/replacement on existing spray heads 	<ul style="list-style-type: none"> Residential water customers in Alhambra, Monterey Park, Azusa and Sierra Madre Must have a working irrigation system with a controller 	<ul style="list-style-type: none"> Up to \$1,000 in equipment and service (one controller per customer) Save water and save money! 	<ul style="list-style-type: none"> First Come First Serve: Time and funding are limited Contact the District's partner, EcoTech Services, at 866-308-8391 or ecotechservices.net



Saving Water...it's a good thing

For further information, contact the District at (626) 969-7911 or by email (info@sgvmwd.com).



Where **healthy** comes from

When it Comes to Stroke, Every Second Counts.

Stroke patients who receive treatment quickly achieve better outcomes and faster recovery. Queen of the Valley Hospital is now a designated Comprehensive Stroke Center, where our medical experts treat even the most complex stroke cases. Learn more about our state-of-the-art technology and award-winning stroke care team here: emanatehealth.org/stroke



Los Angeles County Urges Tenants and Landlords to Apply for State Rent Relief Before March 31 Deadline

LOS ANGELES COUNTY - The Los Angeles County Department of Consumer and Business Affairs (DCBA) reminds Los Angeles County tenants and landlords that COVID-19 Emergency Rental Assistance is available and applications are open through March 31, 2022. Eligible tenants and landlords are urged to apply immediately. Applications will no longer be accepted after March 31, 2022.

Recent data from the Census Bureau's Household Pulse Survey estimates that hundreds of thousands of Los Angeles area tenants live in households that are behind on rent but have not applied for assistance.

If these households do not receive help, many could lose their housing, worsening the region's homelessness crisis. County officials have redoubled their efforts to get the word out about the program before the end of the month. Every eligible applicant seeking assistance for eligible costs submitted and incurred on

or before March 31, 2022, will be assisted. Rental assistance helps tenants and landlords avoid the eviction process and makes sure that all rental obligations are paid. Eligible households may receive up to 18 months of assistance to cover rent debt accrued during the COVID-19 pandemic between March 2020 until March 2022.

Those in need of rental assistance for unpaid rent and utilities owed from April 1, 2020 through March 31, 2022, should visit housing.ca.gov. For additional information, including eligibility and application help, residents should call the CA COVID-19 Rent Relief Call Center at (833) 430-2122. Income-eligible applicants may qualify regardless of immigration status and will not be required to show proof of citizenship.

Residents who are facing eviction should immediately contact www.stayhousedla.org. Stay-HousedLA will continue to provide LA County renters with information about their rights as tenants, workshops, legal assistance, and other support to keep tenants housed in Los Angeles County even after the State deadline of March 31, 2022.

"Emergency rental assistance programs provide much needed

relief for low-income tenants who are behind on their rent and utility payments," said DCBA Director Rafael Carbajal. "These rental assistance programs have helped prevent unnecessary housing displacement and have helped ensure our most vulnerable residents have remained protected throughout the pandemic."

"Thousands of County residents have received rent relief, but data shows that many thousands more may be missing out on available help," said Emilio Salas, Executive Director of the Los Angeles County Development Authority. "Now more than ever, we encourage landlords and renters who have been affected by the pandemic to apply by the State's March 31st deadline."

As of March 9, the State has received 234,809 applications from LA County residents and paid out over \$1.2 billion.

For more information about how Federal, State, and County laws can protect tenants and property owners, call the Department of Consumer and Business Affairs' Housing and Tenant Protections team at (833) 223-RENT (7368) or visit rent.lacounty.gov.

For information about LA County's Mortgage Relief Program, visit nhslacounty.org/mortgagereliefprogram/.

Los Angeles County's Election Administration Plan is Now Available for Public Comment

LOS ANGELES COUNTY - Los Angeles County Registrar-Recorder/County Clerk (RR/CC) Dean C. Logan announced the 2022 Election Administration Plan (EAP) is available for public review and comment on LAVOTE.GOV.

The EAP includes the RR/CC's strategy to:

- Administer elections under the California Voter's Choice Act
- Communicate the County's voter education and outreach plan
- Identify and operate Vote Center and Ballot Drop Boxes

- Staff Vote Centers and provide multilingual services
- Deploy security and contingency plans

The RR/CC will hold two (2) virtual public hearings for the public to provide feedback on the EAP.

The first public hearing will take place on Wednesday, March 23 from 5:30 PM to 6:30 PM, and a second public hearing on Thursday, March 24 from 12 PM to 1 PM.

Details on the public hearings are available on LAVOTE.GOV.

With Revised TK-12 School Guidance, Layering Safety Protections Critical to Protecting Vulnerable Children, Teachers, and Staff

LOS ANGELES COUNTY - With the state issuing the new guidance on TK-12 schools, the layering of safety protections is critical to protect vulnerable children, teachers, and staff at schools. Starting March 12, indoor masking at schools will no longer be required. However, the state and the county are strongly recommending indoor masking for students, teachers, and staff, regardless of vaccination status, until transmission is lower.

School districts in LA County can continue to require masking at schools and during school activities, along with other appropriate safety protections, for their school community. At campuses where masking becomes optional, Public Health encourages that information about the importance of masking is shared with all members of the school community, and that schools support all teachers, staff, and students who want to keep wearing a mask.

The county is also aligning with the state in revising isolation and quarantine requirements for TK-12 schools. Schools must

continue to require COVID-19 cases to isolate, and a negative test will be required to exit isolation after day five. Masking and testing for asymptomatic students remaining at schools during their quarantine period are strongly recommended.

The revised LA County TK-12 school guidance is posted on the Public Health website.

Public Health also urges parents to fully vaccinate their eligible children, as the vaccines offer the strongest protection against the virus. As of March 6, 35% of children 5-11 years old and 85% of children 12-17-year-olds have received one dose of the vaccine and 29% of 5-11-year-olds and 77% of 12-17-year-olds are fully vaccinated.

Public Health data shows that unvaccinated children ages 5-11 were two times more likely to be infected when compared to those who were fully vaccinated. For those ages 12-17, unvaccinated teens were two and a half times more likely to be infected and five times more likely to be hospitalized when compared to those who were fully vaccinated.

To make it easier for children to get vaccinated, Public Health is working to make vaccines widely available at many school sites. For the month of March, 921 school vaccination sites are scheduled with 89% located in hard-hit community areas, including South Los Angeles (including Compton and Inglewood), Southeast Los Angeles County (including Bell, Cudahy, Hawaiian Gardens, South Gate, Huntington Park, Lakewood), the San Fernando Valley (Reseda, North Hills, Panorama City, Canoga Park, Pacoima, and Sylmar) and areas in the Antelope Valley.

Local schools are continuing to see a decline in the number of positive tests and test positivity for their students and staff. Between February 28 and March 4, over 470,000 tests were administered at K-12 schools across the county with 1,381 positive tests, resulting in a test positivity of 0.3%. There were five new school-associated outbreaks (two outbreaks in elementary schools, two in middle schools, and one in youth sports) between February 27 and March 5.

Barger Counters Plan to House Youth Offenders at Camp Scott

LOS ANGELES COUNTY - In response to a motion recommending that Camp Joseph Scott in Santa Clarita be used to permanently house youth formerly under the supervision of the Division of Juvenile Justice, Los Angeles County Supervisor Kathryn Barger submitted a competing motion that instead designates Barry J. Nidorf Juvenile Hall in Sylmar to serve as a Secure Youth Treatment Facility for this population.

"I strongly oppose Camp Scott permanently housing youth who were formerly supervised by the state," said Supervisor Barger. "It doesn't make sense. Our county's own Probation Department — which is staffed by the professionals and subject matter experts who are tasked with overseeing these youth — recommended that Nidorf Juvenile Hall serve as a Secure Youth Treatment

Facility. Their proposal clearly articulates a rationale for why Nidorf is a sound option. It's the right choice, which is why I'm placing this alternative motion on the table."

Barger's comments about the Los Angeles County Probation Department's recommendations reference a proposal, dated February 8, 2022, in which the Department presented a plan to re-imagine Barry J. Nidorf Juvenile Hall as a state-of-the-art Secure Youth Treatment Facility where trauma-informed services, therapy and programs would be anchored to help offenders prepare for a successful re-entry to society.

The proposal articulated a series of benefits in favor of the Nidorf site, noting that it has plenty of available space to accommodate the projected population of 150 male offenders and

could be reconfigured without impacting services to the youth it currently serves. The proposal also noted that Nidorf is centrally located and thereby ideal for visiting families, community-based providers and partner agencies.

"There are renderings of reimagined spaces where therapeutic, educational and secure quarters would be located," said Barger, in reference to designs of interior and exterior spaces at Nidorf contained in a presentation that accompanied the proposal. "If the County is serious about its commitment to reimagining how juvenile offenders will be helped, we can start by approving Nidorf. This will enable us to leverage the work that's already been done to get a County facility ready as quickly as possible. We cannot afford to pass up this opportunity."

Amazon Leaves Project in West Covina, Taking Jobs and Money with Them

By George Ogden

WEST COVINA - Amazon announced that it will no longer continue with the planned project to have a delivery station in West Covina at the former Faith Community Church on Badillo Street

in West Covina.

With them leaving, they take with them all those potential jobs that was earmarked for those who lived in West Covina and Covina which was part of the planned

deal. They also take the \$4,000,000 plus that was set up for West Covina where the "plus" was additional funding negotiated by Councilmember Tony Wu and an extra incentive.

Amazon spokesperson Alisa Carroll would not give the specifics as to why they are leaving. Greenlaw Partners who owns the site will look for new industrial tenants.

ESGV Republican Women Federated Monthly Meeting

WEST COVINA - The East San Gabriel Valley Republican Women Federated (ESGVRWF) is having their regular monthly meeting on Friday, **March 25th** at 10:30 a.m. at South Hills Country Club, 2655 S. Citrus St. West Covina. Reservations are required for this \$25 luncheon.

Speaking this month at the ESGVRWF General Meeting is

Mark Meuser, top lawyer at the Dhillon Law Group's Center for American Liberty, and running for U.S. Senate. Mark is one of sixteen candidates, six of which are Republicans, running for U.S. Senate against Gov. Newsom's appointed incumbent, Alex Padilla.

Meuser represented Sen. Melissa Melendez challenging SB 27 requiring candidates for Governor and President to file five years of tax returns with the Secretary of State in order to appear on the primary ballot. California Supreme Court found that the law violated the State Constitution.

Mark Meuser has a history in politics serving as Chief of Staff for Missouri State Senator, John Loudon, Director Logistics for Tim Donnelly's governor campaign, and a strong advocate for election integrity in his race for Secretary of State against Alex Padilla.

Reservations call 626-919-1057.



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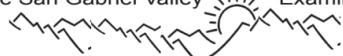
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Myocarditis

Any opinions are mine based on the research I have done. I am not in the medical field; if you have any concerns you should talk with your doctor.

There is evidence that the COVID-19 vaccines are the sole cause of death in healthy young boys. They develop vaccine-induced myocarditis. Myocarditis is an inflammation of the heart muscle. There are pre-clinical studies that suggest the lipid nanoparticles from the vaccine actually go right into the heart. The heart then expresses the spike protein whereupon the body attacks the heart.

Those pushing the vaccine minimize the rising death count after injection saying the exact cause of death is not known. Myocarditis due to the vaccine is much more serious than myocarditis contracted from the virus according to Dr. Peter McCullough, a top cardiologist and COVID-19 expert.

90% of children developing myocarditis after the vaccine require immediate hospitalization to prevent heart failure. It is a big deal. Currently the grossly under reported Vaccine Adverse Events Reporting System, (VAERS) is showing 35,913 cases of myocarditis as of this writing. In reality, adjusting for the under reporting by a factor of 41, the actual number is more likely 1,472,433 according to Steve Kirsch. He is the founder of the COVID-19 Early Treatment Fund



Karin Schott

and has personally invested millions of dollars of his own money to the help with the COVID situation, including looking at all the adverse events.

Lets look at an actual case in New York, where 24 year old George Watts Jr. decided to get the Pfizer vaccine. He wanted to take in person classes and the requirement was that he had to be fully vaccinated. He got his first shot in August. After this shot, he had blood in his urine, but did not tell his parents. In mid-September he received his second vaccine whereupon he started developing flu-like symptoms.

He developed a cough and his face became puffy as if he was having a sinus infection. His father took him to the emergency room in October. They did a work-up and diagnosed him with a sinus infection and prescribed antibiotics.

A week later he was feeling so week, his father took him to the emergency room again. He had the same symptoms and doctors

said it would take some time before the sinus infection cleared up.

By the end of October he got worse. He was coughing up blood, had pain in his extremities and he became very sensitive to sunlight. His dad planned on taking him to the emergency room the next day after work. That never happened. On October 27 he collapsed in his room and was pronounced dead later that morning.

The Coroners Office showed that he died from "COVID-19 vaccine related myocarditis". He was a healthy young man with no underlying conditions. He chose the Pfizer vaccine because he was under the misinformation that it had been approved as President Biden mistakenly announced to the world. It had not, Pfizer's EUA was extended.

His parents are devastated, as this was a young man that did not need to die. The majority of children and young adults do not need this vaccine. The risk of the vaccine is higher than the risk of getting very ill with COVID.

Karin Schott is a long-time Glendora resident, having lived in the city since 1989. Currently retired, having spent 34 years as a software engineer. She spends her time with gardening clubs, dancing classes, yoga classes and volunteering for Glendora causes. She defines herself as a "truth-seeker".

11 Years of War in Syria

This week marks the eleventh year of war in Syria.

As a Syrian-American, it is difficult to acknowledge such a grim milestone without feeling a profound sense of anguish over the nearly 500,000 lives lost, displacement of over 13 million Syrians, and destruction of its cultural relics. I often wonder whether Syrians I've met during my travels there are still safe. I cling to memories from before the war, like that tranquil day in 2004 when I basked in the splendor of the impressive Roman ruins at Palmyra, years before ISIL terrorists badly damaged the ancient city.

Despite such unrelenting tragedy, the Syrian people have remained resilient while confronting the challenges before them. Refugees have also adapted to their resettled homes and refugee camps throughout the Middle East. While the circumstances are hardly ideal, they are focused on rebuilding their lives and some have started their own businesses. This speaks to their inspiring grit and bravery, which rarely makes the news.

Regardless of how many anniversaries, the solution to the conflict remains the same. The international community must broker a meaningful political settlement in Syria that will finally end hostilities and allow for much-needed reconstruction to take root.

The war started eleven years ago when "Arab Spring" protests for freedom and human rights broke out across Tunisia, Egypt, and Libya. In the city of Daraa in southwestern Syria, a group of Syrian children painted graffiti on a wall opposing president Bashar al-Assad. In response, government security forces detained and reportedly tortured them. Outrage over their horrific treatment sparked protests for the dignity of all Syrian people and a denouncement of the Assad family's decades of authoritarian rule and corruption. Mounting poverty magnified



Farrah Hassen

their concerns, as Syria's mostly agrarian-based economy had been suffering from the consequences of a serious drought. Collectively, these factors ignited a wide-spread uprising on March 15, 2011.

As demonstrations grew, Assad responded brutally and provided few concessions. Eventually, the initially peaceful protest movement evolved into an armed opposition supplied by powerful regional states like Saudi Arabia and Turkey. Non-state terrorist groups who opposed Assad's rule, like ISIL, exploited the chaos. The U.S. then led an anti-ISIL military coalition in 2014, which still conducts operations inside Syria and has further contributed to the violence. As the fighting intensified, long-time Syrian allies Iran and Russia stood by Assad. At Assad's request, Russia formally intervened in 2015, and has undoubtedly kept him in power.

What started off as a Syrian uprising has mutated into multiple proxy wars, including at one point between the U.S. and Russia. Neighboring Israel, which still occupies the Syrian Golan Heights, periodically bombs Iranian targets inside Syria. In the span of a decade, Syria has become a recruiting ground for terrorists, a battlefield for states competing for geopolitical interests, and a boon for the arms industry. It's no wonder then that the world's largest refugee crisis

ensued.

The fundamental rights of the Syrian people who courageously rose up and demanded dignity have been disturbingly lost amidst this chaos. A 2021 report by the Independent International Commission of Inquiry on Syria found that all sides in the conflict have committed the "most heinous" human rights violations and abuses. In one case, a U.S. drone attack in 2019 killed up to 64 women and children in the town of Baghuz, according to a New York Times investigative report. In other instances, Syrian military and Russian air forces have bombed civilian neighborhoods, including crowded markets. All parties must be held accountable for such crimes.

As the world's attention focuses on Russia's war in Ukraine, Russia has also continued its war in Syria. Alongside the ongoing death toll and displacement of Syrians, the poverty rate hovers at 90 percent. According to the UN, 14.6 million people inside Syria depend on humanitarian aid. The Ukraine war has further threatened Syria's food security since most wheat imported to Syria comes from Russia and Ukraine. The U.S. economic sanctions on Syria are also hurting civilians more than their intended targets. They have not led to Assad's ouster but have left communities without essential commodities.

The war in Syria should never have reached an eleventh year, but only an international political settlement can put an end to the fighting and the Syrian people's suffering. For the sake of the deceased and other long-forgotten victims, the international community must display the same resolve to end the war in Syria as it has so far in Ukraine.

Farrah Hassen, J.D., is a writer, policy analyst, and adjunct professor in the Department of Political Science at Cal Poly Pomona

MY TURN: How Do We Really Define A Liberal?

"lib'er-al, I.a 1. Possessing or manifesting a free and generous heart; Bountiful. 2. Appropriate and/or fitting for a broad and enlightened mind. 3. Free from narrowness, bigotry or bondage to authority or creed. II.n 1, Any person who advocated liberty of thought, speech or action."

This was posted on social media and on the internet promoting a definition of what a Liberal is. But what kind of Liberal is this referring to? Maybe the traditional version which might include John F. Kennedy, Harry Truman or even some one as current as Alan Dershowitz. Maybe it includes Joe Manchin, or Kyrsten Sinema or Tulsi Gabbard. But they have become anomalies. JFK or Harry Truman would have to run as a Republican these days. It is not stretch to say maybe Manchin, Sinema and Gabbard would have to join the GOP as well. If this definition of Liberal is seriously used today to describe the Democrats, it really can't any longer. Neither the Progressives, the Left, the "squad" or the Congressional Black Caucus sound at all like this kind of Liberal. When Maxine Watters told people to confront Republicans and get in their face, Nancy Pelosi referred to rioters as "people (who) will do what they do," Tim Kaine said activism must be taken to the streets, one has to wonder. Trump staff members were thrown out of restaurants. President Biden, himself, promised to pick someone of color and of the female gender to be his Vice-president and his first appointment for the Supreme Court. What happened to the "content of one's character, not the color of



Charles Lopresto

their skin?" It wasn't Conservatives that fired Roseanne or Tim Allen for their personal opinions. Conservatives didn't tear down statues and monuments of Lincoln and Washington or get rid of sports mascots, names and uniform designs. Conservatives didn't advocate non-vaccinated people losing their jobs or see to the end of Keystone pipeline jobs or coal miners' jobs. Universities that have created safe spaces for students of a particular point of view while marginalizing any student that spoke of alternative viewpoints, were not marginalized because of Conservative professors. There are not enough of them for that to even happen. Liberty of thought, speech or action? Where is that happening? A President of the United States is banned from facebook? Comedian Jerry Seinfeld says he will no longer take his comedy act to colleges because they are offended by his "humor?" Another comedian, Adam Corolla teamed up with Dennis Prager to make a film called "No Safe Spaces" to explore the world of college and university bans on free speech. But the media which has become Pravda for this "liberal" movement totally ignores that film and

any other Conservative leaning films. And those films often include actual free-thinking old school Liberals.

Ironically, as time passes, the "cancel culture" created by so-called Liberals with their free and generous hearts have even spilled over to targeting other Liberals. Maybe the other Liberals really are Liberals, but the cancel culture was never about them. It was not about Kanye West and Kim Kardashian when they dared to meet with Donald Trump in the White House. Some Hollywood Liberals are starting to question how other Hollywood Liberals like Sharon Osborn, can be black-listed.

One facebook post showed Joan Baez displaying a painting she did of the Ukrainian President, praising his bravery. I happened to comment on the site that Baez was likely a person who voted for the guy that was partly responsible for President Zelenskyy, the Ukrainians and the Americans, as well, being in this mess in the first place. I got the usual Liberal backlash for not having a broad and enlightening mind capable of understanding that Ms. Baez is a talented artist so naturally she has talented artistic opinions about politics. Liberals, especially the new version, rely on emotion for judgement rather than facts and logic. It is the reason that President Biden, Baez's buddy, can shut down our energy independence and then approve of energy rights, pipelines and the like for other countries while begging them to produce more of the oil we are no longer allowed to produce, ourselves. As a result, it makes the strength of sanctions impossible for us to effectively use. So the result is, as always, an emotional #hashtag appeal, because we are handicapped from doing anything else that is constructive. For Liberals it is "how we feel," not "what we do."

So I will go on, trying to figure out how this definition of "Liberal" still applies, if it ever did in the first place. While I figure it out, I can't say too much about it, because, the folks free from narrowness, bigotry and bondage will shut down my account.

Russian/Ukraine War... WHY???

With Russia attacking the Ukraine and invading their country, I can't for the life of me figure out why they did this.

Here you have a country, Ukraine, who was self-sufficient and really poses no threat to any other country, but yet Russia feels it's necessary to go in and kill these people and try to take over their country. Why the Russian President Putin thinks this is necessary, is beyond imagination.

Leave Ukraine alone, they didn't do anything is what is being expressed by many, including people in Russia. According to OVD-Info, an independent Russian human rights media group that monitors protests, more than 13,912 people have been arrested for participating in anti-war actions in Russia since the 24th of February. It has been reported that anti-war protests have taken place in 53 cities in Russia.

If you are asking how many have died in Russia Ukraine conflict? I would guess what information that is coming out of there is questionable, but the United Nations said Sunday at least 596 civilians had died in the war, including 43 children, while another 1,067 civilians had been injured. The U.N. said those figures most likely undercounted the actual death toll. Ukrainian officials said that 85 children had been killed and more than 100 injured. Pictures coming out via news and social media which showed a young mother with her two young children murdered by Russian soldiers. Sad, needless deaths.

Moscow also says at least 2,870 Ukrainian troops have been killed and more than 3,500 wounded - figures Ukraine's government disputes. An estimated 1,300 Ukrainian troops have been killed since Russia began its



George Ogden

That's just the way it is! invasion, according to Ukraine President Zelenskyy, who claims 12,000 Russian forces have been killed.

All these sanctions against Russia by all these other countries are absolutely useless and a joke in my opinion. How is this helping the Ukrainians now? What they need is military arms. We see Russian caravans and convoys bogged down. They are lined up on the highways going nowhere. If the Ukrainians had some military aircraft that could go down and destroy the Russian vehicles where they sat, this would be a huge help for these people who are trying to survive. Without question, the Russian soldiers would evacuate that location and take cover leaving their vehicles for their own personal protection.

Our country has a surplus of jet fighters that we are not using. We could sell these to the Ukrainians and they could use this to defend themselves. They could be

used as defense weapons and a deterrent. In the long run, many lives could be saved if these convoys were stopped and destroyed.

Getting back to Russia's upper political management personnel, I'm surprised somebody hasn't tried to take out Putin. He needs to be gone by whatever means necessary. Pulled out of office, being arrested or simply neutralized in some way in my opinion.

I can't help but wonder what Trump would have done if he was still president? I think our present administration is extremely weak and Obama's directives to Biden are not very effective at the moment. I feel that this country needs to take a better stand like some of the other countries already done.

So, if the Russians are successful in taking over the Ukrainian country, tell me, what is in it for Russia? It's sad to see the needless murder of innocent people along with the killings of the military personnel on both sides. It's a shame that the Russians will have repercussions from this for a long time to come. They will never recover from this for a very long time. Ukrainian people along with the Russian people didn't deserve this.

When you have people out there like Putin, this world will never be safe.

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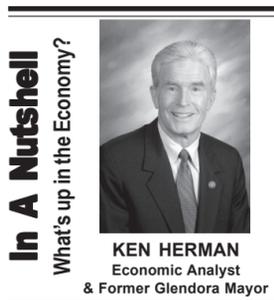
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Miscalculations of a Madman

Russian President Putin ordered his invasion of Ukraine over two weeks ago expecting a quick, easy victory. Instead, he brought the world \$130+ oil, rising grain prices and falling stock prices. The war in Ukraine has sent global trade into a state of disarray. As if the COVID-induced supply chain disruptions of the last two years weren't enough, the war in Ukraine has made things worse. Not only are oil prices increasing, shipping container rates are at record highs, and the S&P 500 is down over 10% YTD. Did Putin miscalculate because he has isolated himself? Apparently only a few advisers still have access to him, with brief meetings from the other end of a 30-foot table to dispense advice often ignored by a leader convinced he is smarter than his entire team.

The unprovoked Russian invasion of Ukraine elevated geopolitical threats to the forefront of global economic concerns. The impact of sanctions plus production and logistics disruptions are already evident in soaring commodity prices. The landscape keeps evolving, continuing to change daily. While the Fed will likely still begin tightening in March, Chair Powell again promised to be "nimble" in the face of downside risks from the conflict in Ukraine.

At this stage there are far more questions than answers. There is both remarkable movement in most markets and - in



Ken Herman
Economic Analyst
& Former Glendora Mayor

longer tenors - unexpected lack of movement. This indicates Wall Street traders are convinced the war will be highly disruptive in the short run, while they have no clue what it means in the long run. Is not making a decision really making-a-decision?

My colleagues on Wall Street, regarding inflationary fears, feel that even a best-case, quick war ending outcome is likely to see US inflation pushing very close to 10% before it subsides, given what has already happened to commodity prices. Markets however appear priced for a quick return to status quo, suggesting traders are banking on a best-case return to the world we knew in January. But is that realistic?

For now, it's helpful to put Russian oil into a global context to consider its economic impact. Headline inflation will rise in the coming months as households pay more at the pump and higher production costs are passed to consumers. Eventually the bite on disposable income could put downward pressure on core infla-

tion as spending diverts toward energy. The Fed will be emboldened in its priority to fight higher prices, especially at first. However, the risks to growth give The Fed a rationale to hike interest rates at a more gradual pace. This Russian war could result in the Fed hiking rates less overall.

JPMorgan thinks there is significant risk of a full-blown economic collapse in Russia, like the one leading to default in 1998. Russian President Putin pledged he would not invade Ukraine the day before the invasion, and then promised not to shell civilians the day before destroying civilian neighborhoods in Kharkiv with shells.

Who believes the promise that Russia will honor all its financial obligations?

There will likely also be serious, even deadly repercussions from the sudden shortage of food and energy related to this Putin war. Parts of the world are already in danger of famine from the rise in food prices. The USA is shielded from the worst outcomes because we are not the marginal consumers of energy and food products. The price we will pay is even higher inflation and an eventual slowdown in core goods consumption.

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Your Money - Ask Julia

Our budget is being decimated as prices rise. People are worried, irritable, and angry. Crime is increasing. The stock market is eating away our retirement account. And Covid continues to morph into more variants. Are things going to get better? Or worse?

Add the feelings of guilt and fear. Guilt that we have life so much better than the people in Ukraine. Fear when there are whispers of a recession, nuclear or chemical warfare, or WWII. The pandemic and the economy are global problems. I don't know if things are going to get better or worse. What I do know is that it's best to follow the old saying, "Plan for the worst, and hope for the best." Learn to accept the fact that there are things you can control, and there are things you cannot control. You can say nice words and do random acts of kindness rather than reacting with anger to other's rudeness or anger. You can review your budget and make adjustments wherever necessary. You can organize your insurance and investment paperwork. You can examine your earthquake emergency plan and supplies. You can spend less time watching the news or scrolling through social media, and more time with family, nature, and hobbies. It's said to be therapeutic to plant and nurture a garden, watching the plants produce food or flowers.

I'm a contract worker, so I only get paid when I work. I got a breakthrough variant of Covid and have to quarantine for 10 days. That's more than a week's pay loss! What can I do



Julia Yoder

to relieve some of my stress?

While you are quarantined, review your budget to see what temporary cuts you can make. Consider applying for a different job where you'd get benefits. Does the company you are working for have any non-contractor employment openings? This is an opportune time to look for a work-remotely (aka from home), or a job close to your home so that your travel time and expense are decreased. Take this time to earn an online certification that could improve your skill level. Depending on the type of work you do, you might consider starting your own business. If you choose this route, be aware that it takes time and money to get a business up and running profitably enough to replace your earned income. Although it divides your focus, it's almost always best to keep your job and build your business concurrently.

All my retirement savings is in a 401k at work, so I can only make changes once a year. My retirement savings dropped along with the Stock Market. What can I do?

Start by making an appointment to talk with the 401(k) provider's financial advisor. (This should be free.) Keep in mind that you still own the shares of stock, so when they gain, your balance will go up. Rather than focusing on one day's or one week's movement of the stock market, look at charts for 1 year or more. By the way, you are not required by law to invest in that 401(k). You might see if you qualify to invest in an IRA, Roth IRA, an FIUL (Fixed Indexed-Universal Life Insurance) policy, or an FIA (Fixed-Indexed Annuity).

When does one have to pay taxes on the different kinds of investments?

On savings, checking, CDs, mutual funds, stocks, bonds, and treasuries, you pay taxes NOW (annually). Pay taxes LATER (when you make withdrawals) on an IRA, a 401k, a 403b, other pension plans, variable and fixed annuities, and savings bonds. Pay taxes NEVER* on Roth IRAs, Municipal bonds, and life insurance cash value accounts. (*You already paid taxes on the money before investing in these.)

Ask Julia by email:
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Car Talk by THE CAR DOC

What You "AUTO" Know

By Gene Morrill - Certified Automotive Specialists

How Green Can You Go?

Most of us are concerned with keeping our environment green. We buy the reusable bags for our shopping trips and combine driving trips to be more fuel efficient. All these seemingly little conscious efforts add up to help our earth.

It may surprise you to learn that the automotive service and repair industry has been one of the leaders in keeping our environment clean...even before it was a popular theme with the general public. We are very careful with waste disposal in every way. As an example, one gallon of improperly disposed of motor oil can contaminate a million gallons of drinking water! When consumers bring their car in for regular service it is one of the biggest benefits

to cleaner air and the good news is...it saves you money too. In fact, it saves you money in more ways than one. It prolongs the life of the car you have, it saves money in fuel, and a regularly maintained vehicle saves you money on expensive repairs. It is a good deal all around.

- A regularly maintained car can last 50% longer.
- A properly tuned car keeps your engine firing properly...one misfiring spark plug can waste 30% in fuel efficiency!
- Keeping your tires checked and rotated makes them last longer and can help your engine work better and easier.
- Clean filters make a more

fuel efficient vehicle.

Of course, it also helps not to drive like you are trying out for NASCAR or using it to transport or store heavy objects. All of this contributes to wear and tear on your vehicle too plus cuts way down on fuel efficiency.

Working together, we can all help our earth be a bit greener... breathe a bit easier... and save ourselves more of our hard-earned cash.

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Ongoing Commitment to Service Earns Local Agents CENTURY 21 2021 Quality Service Pinnacle Award

Century 21 Real Estate LLC recently recognized the following local sales affiliates with the CENTURY 21 2020 Quality Service Pinnacle Producer Award. The annual award is based on results from the CENTURY 21 Quality Service Survey (QSS) which is emailed to consumers immediately after the purchase or sale of a home. To earn the CENTURY 21 Quality Service Pinnacle Producer Award, an agent must receive completed customer surveys for at least 80 percent of their transactions surveyed from January 1 - December 31, with an average survey score of at least 95 percent or better for two consec-

utive years.

* Andrew Mendez of CENTURY 21 Citrus Realty, located at 1100 Via Verde Drive in San Dimas

* Agnes Ma of CENTURY 21 Citrus Realty, located at 1100 Via Verde Drive in San Dimas

* Narciso Cuevas of CENTURY 21 Citrus Realty, located at 1100 Via Verde Drive in San Dimas

* Lisa Marie Pimentel of CENTURY 21 Citrus Realty, located at 1100 Via Verde Drive in San Dimas

* Aaron Rivas of CENTURY 21 Citrus Realty, located at 1100 Via Verde Drive in San Dimas

* Brenda Vazquez of CENTURY 21 Citrus Realty, located at 1100 Via Verde Drive in San Dimas

* Becky Kachlik of CENTURY 21 Citrus Realty, located at 1100 Via Verde Drive in San Dimas

* Amy Heffelfinger of CENTURY 21 Peak, located at 1241 E. 16th Street #1 in Upland

"The Quality Service Pinnacle Producer Award is an integral part of our brand's commitment to excellence and recognizes dedication to making each and every client interaction a positive one," said Michael Miedler, president and CEO, Century 21 Real Estate.

Groundbreaking Guaranteed Income Program to Provide Los Angeles County Residents Financial Room to "Breathe"

LOS ANGELES COUNTY - Los Angeles County announced that enrollment for its groundbreaking Breathe: LA County's Guaranteed Income Program will begin on March 31-ushering in one of the most significant programs of its kind in the nation. The program will award 1,000 randomly selected qualifying residents \$1,000 a month for three years. Other guaranteed income programs have proven to disrupt longstanding cycles of poverty and economic inequity by enabling participants to self-determine the budgetary strategies that will most benefit themselves and their families.

Stark and widespread economic inequities have been laid bare during the COVID-19 pandemic-highlighting the longstanding struggles of families in the nation's most populous county, where an estimated 25% of children live in poverty. Breathe: LA County's Guaranteed Income Program is aimed at addressing these inequities for 1,000 residents in targeted low-income communities-giving them financial space to breathe. Similar programs have found that recipients

use the money to pay bills, go to school and provide well-being for their families.

The program will be overseen by the County's Poverty Alleviation Initiative, launched last year to address poverty and income instability among LA County residents, many of whom are working but still unable to make ends meet.

A total of 1,000 participants who apply during the open enrollment period beginning March 31 will be randomly selected by a research team from the University of Pennsylvania's Center for Guaranteed Income Research, which is partnering with the County to design and implement the program. Direct monthly payments will be distributed via a debit card to selected residents and will come without strings or conditions, allowing participants to spend the money as they see fit to meet their needs.

LA County's three-year financial commitment is believed to be the longest for a program of its size and scope, and will allow the University of Pennsylvania researchers to study the longer-term impacts of this additional income on recipients' economic well-being. Additionally, the program will provide \$36 million in direct payments to participants over the three-year duration.

The program was initiated on May 18, 2021, when the Los Angeles County Board of Supervisors approved a motion by Supervisors Mitchell and Kuehl to declare that poverty and economic opportunity is a matter of public health and to direct the Los Angeles County Chief Executive

Office to establish a countywide Guaranteed Income program.

The County is partnering with Strength Based Community Change (SBCC), their community-based program administrator, and a network of over 50 other community-based providers, who are critical to the outreach and engagement process and supporting applicants through the enrollment process.

Residents interested in applying can find more information at: breathe.lacounty.gov, including a map to help determine whether they live in a qualifying community. The enrollment period opens March 31 and the deadline for applications is April 13. Selection will not depend on the timing of entries.

Applicants must be at least 18 years old and with a household income that falls at or below LA County's average median income (AMI) of \$56,000 for a single person household or 120% of AMI at or below \$96,000 for a family of four, for example. They must also have been negatively impacted by the COVID-19 pandemic and live within one of many low-income communities targeted by the program.

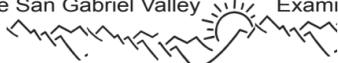
The application includes a survey that researchers will use to collect baseline data about participants and those selected to be part of a control group. Some of these questions about an applicant's overall health and well-being are sensitive but are only for purposes of gathering foundational research data. Data will remain confidential and will not be used in selecting participants.



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GCCC March's Humanitarian Award

GLENDORA - Nitzzi Barker moved to Glendora in 2007 following her retirement after serving 32 years as a Nurse Practitioner for the Pomona Unified School District. She has been a member of the Assistance League Pomona Valley for 34 years which operates a free dental clinic serving pre-school children through to senior citizens. Nitzzi was involved in the Operation School Bell Program which provides clothing for children in need. In 2020 she joined many others in "Stitched Together in California", which was founded by her daughter, to make masks for doctors' offices, hospitals, clinics, convalescent facilities and anyone who was in need. To date, she has sewn over 3,000 masks. Nitzzi has also generously donated to the Glendora Police Department over the years by providing baked goods, made sure teddy bears were in the patrol cars for children that needed comforting and sewed 150 mourning bands that officers use to place over their badges when a police officer has lost their life in the line of duty. She is an



Humanitarian Award Recipient Nitzzi Barker (right) with Nita Ulloa-Pedroni who submitted her application.

amazing example of what it is to give back to their community. The Glendora Community Coordinating Council is very honored to recognize Nitzzi Barker with March's Humanitarian Award.

The GCCC is always looking for volunteers from the city to be

recognized each month. If you have a nominee please visit their website at www.glendoracoordinatingcouncil.org for a form and contact information. The GCCC would like to thank Christy Cave for being their meeting sponsor.

High-Tech "Smart Fitness Studio" Is Smart Choice For Efficient, Effective And Safe Exercise

CLAREMONT - Known since 2011 as a "Smart Fitness Studio" franchise due to its bio-adaptive, robotic exercise equipment providing a customized, efficient workout, The Exercise Coach is considered a "smart" fitness studio. On March 2nd, Duarte, CA residents Jennifer and Adam Smith hosted an open house and ribbon cutting ceremony of their 2nd Exercise Coach studio at 578 E Baseline, Claremont, CA with the Claremont Chamber of Commerce serving clients in Upland, Rancho Cucamonga, La Verne, and Claremont. The location opened January 10th and is already supporting over 50 clients of all ages and fitness levels.

The Smith's also celebrated the 1-year anniversary of their first location in Glendora on March 3rd, which is supporting over 100 clients of all ages and abilities. One of their clients for over six months "I've been going



Jennifer and Adam Smith hosted an open house and ribbon cutting ceremony of their 2nd Exercise Coach studio.

to the Exercise Coach in Glendora since June. I told them at the beginning that they had their work cut out for them. The only exercise I got at the time was walking from the house to the car, the car back to the house and around Target. I'm now down 35lbs., my right knee is strong enough that I can go up and down stairs normally and I feel great! If I can do this, you can do this. 20 minutes a day, 2 days a week. No excuses for not fitting this into your schedule. Thank you Exercise Coach!!!"

Outfitted with high-tech computerized machines instead of traditional equipment, The Exercise Coach's personalized programs are optimized for efficiency, resulting in only two 20-minute workouts per week that can't be matched in effectiveness with even seven days a week of traditional activity-based exercise. The Exercise Coach's robotic exercise technology is combined with the guidance of certified coaches to provide a unique, comprehensive approach to fitness designed to be a perfect fit for anyone, regardless of current fitness levels. The studios create a dynamic exercise experience

that blends personalized strength and interval cardio training in each session.

"We are different from big box gyms as our boutique fitness studios have always been small, private and super clean. This remains our core offering," said Brian Cygan, Exercise Coach founder and CEO. "Additionally, we have adapted our already hygienic studio environment policy to further mitigate contagion for clients and staff."

More than 120 million Americans say they "know they need exercise and wish they participated more." The Exercise Coach uses its technology to capture the more reluctant exercise consumer - people who are either too busy to spend a great deal of time at the gym, dislike the gym scene and/or are afraid of injuring themselves. Rather than use their proprietary technology competing with other gyms to court the most athletic people, The Exercise Coach offers privacy, convenience, personalization, efficiency and guidance to change the quality of life for people who are less familiar with fitness successes.

Arcadia Likely Home of New Pasadena City College Satellite Campus, says Trustee Dr. Anthony Fellow

ARCADIA - Pasadena City College is a step closer to establishing a satellite campus in Arcadia after the Board of Trustees authored college officials to begin negotiations to purchase property on Santa Anita Avenue, according to PCC Trustee Dr. Anthony Fellow.

Dr. Fellow has been pushing for a satellite campus in Arcadia for the past two years. "I am delighted to report to the community the approval of efforts to begin the purchase of property at 325 N. Santa Anita Ave," said Dr. Fellow, who represents Area 7, which includes



Pasadena City College's new Satellite campus will likely be located at 325 N. Santa Anita Ave., Arcadia.

Arcadia, on the Board of Trustees. "This will be a tremendous resource to our students and cement a closer relationship between Pasadena City College

and the City of Arcadia."

Fellow has been pushing for a PCC satellite campus in Arcadia for years, especially with the possible closure of

PCC's satellite campus in Rosemead.

"I have been told the existing building will need little work to enlarge some of the classrooms," Fellow said. "In addition, it is an excellent location being across the street from the Arcadia Gold Line stop. It is a win-win situation for the college and city."

Pasadena City College Trustee Linda Wah said, "Dr. Fellow has been a champion for Arcadia students. His success in finding a satellite campus in Arcadia will ensure these students have the resources they need for their college success."

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We are very pleased to announce that **Patrick John Kurt, MD** has joined Emanate Health Medical Group!

Dr. Kurt is a Board-certified family medicine specialist who believes in treating the person, not the disease. He received his medical degree from Avalon University School of Medicine and completed his residency at the Medical College of Wisconsin: All Saints Family Medicine Program. Patients know him as a kind, compassionate, knowledgeable and trusted physician.

Now accepting appointments at:

Emanate Health Via Verde Medical Clinic,
(formerly known as Via Verde Medical Group)
1125 Via Verde San Dimas, CA 91773

To book an appointment with Dr. Kurt, call **909.592.9778**.

www.emanatehealthmedicalgroup.com



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